

ATM robbed in blast

Police are investigating an ATM blast at the St George Bank in West St, Umina, that occurred in the early hours of Saturday morning, December 20.

According to duty officer Inspector Bruce McGregor, police were called to West St at around 3.20am after reports of an explosion.

Inspector McGregor said police arrived at the scene and discovered extensive damage to an automatic teller machine at the front of the bank.

He said a crime scene was established and the road was closed until 11.30am the same morning.

"There are similarities between this incident and other ATM raids reported over the last few weeks," Inspector McGregor said.

"Police are not ruling out a link between the Umina incident and other raids around the state.

Inspector McGregor said some form of explosive device was used in the robbery which forensics would soon determine.

"A significant amount of money was removed from the ATM," Inspector McGregor said.

"A witness saw three men in balaclavas at the scene prior to the

explosion but was threatened and told to leave immediately.

"Following the explosion the men were seen leaving the scene in a dark-coloured high-performance vehicle believed to be a Subaru or BMW."

Inspector McGregor confirmed Strike Force Piccadilly attended the crime scene and would be assisting Brisbane Water Police with its investigations.

Strike Force Piccadilly was established to target gangs of thieves using gas to blast ATMs to access cash boxes inside.

Police are calling on members of the public with information to come forward and assist with investigations by calling Crime Stoppers on 1800 333 000.

The State Government is offering a \$100,000 reward for information leading to a conviction over the thefts and \$50,000 from the Australian Banking Association.

The latest incident in Umina is the seventh time in a week that an ATM has been damaged by an explosion in NSW.

Other incidents have occurred in Telopea, Milperra and West Pennant Hills.

Clare Graham, 20 Dec 2008
Interviewee: **Bruce McGregor,**
Brisbane Water Local
Area Command



Police target Peninsula

The Peninsula will be targeted by police in the Operation Safe Arrival campaign during the Christmas break, according to senior constable Dave O'Shea of Brisbane Water Local Area Command Traffic Services

The traffic operation campaign came into effect on Friday, December 19, and will apply until midnight on Friday, January 2.

Senior constable O'Shea said the operation aimed to target

excessive speed, alcohol and drug impaired driving, driver fatigue and the failure of passengers to wear seat belts.

"Police from the Brisbane Water Command will be conducting mobile and stationary Random Breath Tests in an effort to further reduce the number of alcohol-related crashes," senior constable O'Shea said.

He said police were targeting areas identified as having high numbers of alcohol-related accidents.

"Areas identified include the Peninsula, on Friday, Saturday, Sunday and Monday between 5pm and 7pm.

"Over half of all the alcohol crashes have involved people who had been drinking at private premises and homes.

"Therefore more emphasis will be placed on mobile patrols with marked and unmarked vehicle's in back streets."

Press release, 16 Dec 2008
Dave O'Shea, Brisbane
Water Police

Man charged after fatal crash

A 23-year-old man has been charged following a fatal single car crash near Pearl Beach on December 5.

According to police, the man attended Gosford Police Station on December 15, where he was arrested and charged with dangerous driving occasioning death, fail to stop and assist after vehicle impact causing death,

negligent driving (occasioning death) and drive conveyance taken without consent of owner.

He was refused bail and appeared at Gosford Local Court on December 16.

The male passenger, who was killed in the December 5 crash, was finally identified as an 18-year-old Toukley man.

Press release, 15 Dec 2008
NSW Police Force

THIS ISSUE contains 55 articles. Read more at www.PeninsulaNews.asn.au



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Opportunity to buy affordable solar power

The Peninsula Environment Group is giving Peninsula residents the opportunity to reduce greenhouse gas emissions and electricity bills by purchasing affordable solar power.

The 1kW photovoltaic solar panel system is available for a reduced rate of \$1400 through the Peninsula Environment Group in conjunction with Climate Action Newcastle and solar panel retailer Aussie Solar.

"A 1kW system might generate \$200 of electricity a year," Peninsula Environment Group president Mr Mark Mann said.

"At current electricity prices, it could pay for itself in seven to 10 years - or less if electricity prices rise.

"The panels have a 25-year warranty, so you could get 15 years or more of free electricity from them.

"This price includes the Federal Government's \$8000 rebate.

According to Mr Mann the \$1400 price includes installation and connection to the electricity grid for a single-storey home with a tin roof.

Mr Mann said the price increases by \$250 for a tiled roof and an extra \$300 for two-storey homes.

Residents must be a homeowner with a household income of less than \$100,000 a year to qualify for the \$8000 government rebate.

For more information visit the Peninsula Environment Group website at www.peg.org.au

Press release, 15 Dec 2008
Mark Mann, Peninsula Environment Group

Activities planned at vacation care

The Peninsula Community Centre in Woy Woy will be running a vacation care program for children throughout January next year.

The Woy Woy Vacation Care program will run from Monday, January 5, to Friday, January 23.

During week one of the program, the vacation care group will visit the Hunter Valley Zoo, the Ryde Leisure Centre, the Bob Turner Wildlife Show, and take part in a wild music day as well as ice skating at Warnervale.

During the second week, children will be treated to dolphin

watching, a puppetry workshop, 10-pin bowling at Bateau Bay, dolphin watching at Port Stephens, swimming at the Peninsula Leisure Centre, as well as canoeing and abseiling at the challenge ranch.

Activities planned for week three will see children participate in drumming with Drumbala, trampolining and various sports at the Central Coast Youth Centre, swimming at Mingara, a trip to the Sydney Aquarium and a Multicultural Party Day at the centre.

Bookings for all outings are essential and must be made in-person at the Before and After School Care Cottage, 91

McMasters Rd, Woy Woy.

Bookings can be made Monday to Friday between 9am and 6pm, excluding Tuesdays and the hours between 2pm and 4pm.

For more information phone 4341 9333 or visit www.pccinc.com.au for a free brochure.

Website, 17 Dec 2008
Peninsula Community Centre

Council works

Gosford Council works will continue in several locations in and around the Peninsula from December 22 to 28.

Construction of Killcare Surf Club will continue while, in Pretty Beach, council will continue drainage works in the area.

In Pearl Beach, the construction of a playground in Pearl Ave and drainage works in Pearl Beach Dr will continue.

Council will also continue work on the construction of a cycleway along Woy Woy Foreshore and slip repair work at Nagari Rd, Woy Woy.

Press release, 17 Dec 2008
Shannon Curtis, Gosford Council

Year ends with good rains

Rainfall for December is already 25 per cent above average for the month, according to figures recorded by Woy Woy resident Mr Jim Morrison.

A total of 96.8mm was recorded

to the end of last week, compared to a monthly average of 77.7mm.

The rain so far this month brings the total for the year to 1285mm, which is 5.4 per cent above the annual average of 1218.8mm.

Spreadsheet, 19 Dec 2008
Jim Morrison, Woy Woy

Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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Chairman, Equilibrium Community Ecology Inc

Vice-President, Central Coast Bush Dance & Music Association

Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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The Team at Peninsula Community Access News

would like to take this opportunity to thank our thousands of readers and advertisers for your interest and support over the past ten years.

We would like to wish you all a very merry Christmas and a happy, healthy and prosperous new year.

Our office will be closed on December 24 and will remain so until January 12

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Drug team at public barbecue

A neighbourhood barbecue will be held in Umina Beach car park for Peninsula community groups to meet and greet members of the public on Friday, January 9.

Community groups including the Peninsula Community Drug Action Team, Hope Church, Umina Beach PCYC and Regional Youth Support Services will attend the event.

Senior constable Corina Hasset of the Crime Prevention Office said the neighbourhood barbecues had been successful in other locations on the Central Coast.

"They are a great way to get all members of the community together in a friendly and positive way to share information."

Food, drink and entertainment will be provided at the event which is funded by NRMA Insurance.

"We are hoping to get some feedback on alcohol and other drugs issues in the local area and exchange ideas on how we might be able to help to address these," chair of the Peninsula Community Drug Action Team Ms Carolyn Carter said.

"We are looking for more community members to join our team in 2009 so that we can help more community groups achieve their aims."

Ms Carter said the Peninsula Community Drug Action Team has been active since 2001 and provides funds for youth programs at Umina Beach PCYC and Regional Support Services.

For more information phone 4342 3799.

Press release, 16 Dec 2008-12-18
Carolyn Carter, Peninsula Community Drug Action Team



An artist's impression of the new Aldi site in Trafalgar Ave, Umina Beach

Aldi lodges application

The development application for a proposed new Aldi supermarket in Trafalgar Ave, Umina, has been lodged.

The application and plans relating to the development will be on public exhibition until December 31.

Copies of the Trafalgar Ave development can be viewed at council's customer service centre and branch libraries throughout the exhibition period.

The new Aldi store will have more than 1400 sq metres of supermarket floor space and more than 100 sq metres of specialty shops together with 73 car parking

spaces, according to Peninsula Chamber of Commerce president Mr Matthew Wales.

"The lodgement of the development application clearly shows that the major retailers have significant confidence in the town centre and its potential growth in sales," Mr Wales said.

"This is good news for smaller retailers as the new developments will increase foot traffic and customer numbers across the town centre."

"The external appearance of the building is well suited to the beach side theme that the chamber has been promoting for Umina Beach."

"In these tough economic times, these new developments will create investment opportunities, create jobs and generate business activity."

The two adjoining vacant sites in Trafalgar Ave, Umina, were purchased in September this year for a total of \$4 million by the Aldi supermarket chain.

The Aldi development application follows the recent lodgement of the West St, Umina, development application last month.

Press release, 5 Dec 2008
Matthew Wales, Peninsula Chamber of Commerce
Website, 17 Dec 2008
Gosford Council

Medals for fire fighters

Five Peninsula residents have been recognised for their contribution to the community as volunteer fire fighters with the NSW Rural Fire Service.

They joined more than 25 volunteers to receive long service awards and national medals in a special ceremony at Gosford RSL on December 17.

Mr Frank Overton from Empire Bay Brigade was awarded with the 35-Year Long Service Award while Mr Gerry Der Kinderen (The Bays Brigade), Mr Warren Monk (Pearl Beach Brigade), Mr Greg Ambrose (Pearl Beach Brigade) and Ms

Jacqui Simpson (Gosford Catering Unit) were awarded with the 15-Year Long Service Award.

Gosford District Superintendent Steve Marsh said the National Medals and Long Service Awards were presented to members of the Rural Fire Service in recognition of their years of diligent service.

"The medals recipients represent the dedication, commitment and service to the Gosford community," Superintendent Marsh said.

"The local community should be very proud of the service that our volunteers have shown."

Press release, 8 Dec 2008
Rolf Poole, NSW Rural Fire Service

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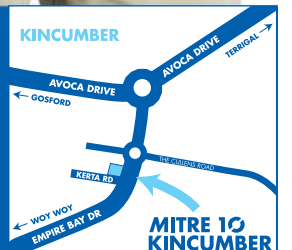
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State throws in \$650,000 for Woy Woy Rd

The State Government will put another \$650,000 towards stability works on Woy Woy Rd.

Member for Gosford Ms Marie Andres said the government's decision to provide additional funds to Gosford Council came after concerns were raised at the State Government's public forum in Toukley last month.

"This money is in addition to the \$250,000 the government has already provided to Gosford Council for this road, bringing the total state contribution to \$900,000," Ms Andrews said.

"Around 15,000 vehicles use Woy Woy Rd every day so it is

important to have the road in good condition.

"These extra funds are vital in ensuring this key route remains safe and reliable for local businesses and residents who depend on it every day.

"Woy Woy Rd is a regional road and the responsibility of Gosford Council.

"In this instance, however, the government has stepped in to make sure the work can happen as quickly as possible," she said.

Ms Andrews said the RTA provided every council in NSW with funding to help maintain local roads.

"The additional \$650,000 being

provided to Gosford Council will bring the total level of State Government funding for council's regional roads to over \$3.8 million in the 2008-2009 financial year.

"In addition, this financial year the State Government is providing Gosford City Council with \$4.06 million in natural disaster repair funding."

Woy Woy Rd was closed to all traffic in April this year following a partial road collapse.

It reopened to two-way traffic in August this year after Gosford Council carried out repairs.

**Press release, 5 Dec 2008
Marie Andrews,
Member for Gosford**



Slip repair work carried out by Gosford Council following the partial road collapse on Woy Woy Rd in April this year

Beach areas targeted by new liquor laws

New liquor laws will help police and council rangers target anti-social drinking and alcohol-related violence in beachfront areas such as Umina and Ettalong, according to Member for Gosford Ms Marie Andrews.

The new powers enabled police and council rangers to confiscate alcohol being consumed in alcohol-free zones and tip it out on the spot, Ms Andrews said.

Beachfront areas such as Umina and Ettalong and waterfront areas of Woy Woy and Gosford would be targeted.

"These new restrictions, approved by State Parliament last month, aim to reduce intoxication and the associated impacts on the community.

"Underage drinking is also being targeted.

"New penalties will be introduced for minors who use fake identification to enter licensed premises or obtain alcohol.

"These penalties will require young people who use fake IDs to stay on their provisional driver's licence for an additional six months."

Ms Andrews said the police's R3 squad has been established to focus on known trouble spots over the summer period.

"These measures will greatly assist police in targeting underage drinkers, public drinking and drunken louts who engage in antisocial behaviour and violence," Ms Andrews said.

"One of the key drivers of alcohol-related violence is late trading.

"The Rees Government has also made a commitment to end 24-hour licences and replace them

with 18-hour licences."

In an address to State Parliament on November 26, Ms Andrews said she was "convinced" the legislation would go a long way in addressing antisocial behaviour and vandalism in the local area.

"Underage drinking and the consumption of alcohol in beachfront areas have been a significant concern in the local community and have resulted in broken glass and litter, vandalism and assaults at our scenic waterfront areas," Ms Andrews stated.

"I am pleased that the Premier's new measures will help to address those issues."

**Press release, 3 Dec 2008
Marie Andrews,
Member for Gosford
NSW Legislative Assembly
Hansard, 26 Nov 2008**

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From Marie Andrews MP and staff

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PH: 4342 4122 FAX: 4341 2368
Email: gosford@parliament.nsw.gov.au

Serious injury to kite surfer

A 48-year-old Woy Woy resident was seriously injured after losing control while kite surfing at Ettalong Beach on December 7.

According to police, the man lost control of his kite, was lifted approximately 15 metres into the air and carried away from the beach towards bushes and the adjacent roadway.

Police said the kite surfer descended rapidly and was

dragged through the bushes, struck a wire fence which he broke through and then struck and bent a street-sign pole.

The incident occurred at about 4.30pm.

Police said witnesses at the scene contacted the ambulance service after finding him unconscious.

After being treated at the scene, the injured man was airlifted by helicopter to Royal North Shore Hospital in Sydney.

The man was operated on for fractures to his face and a blood clot to his brain.

He also suffered fractures to his ribs and pelvis as a result of the incident.

After being placed in an induced coma the man remains in a serious condition.

Police said they were still continuing with their inquiries.

**Press release, 7 Dec 2008
NSW Police Force**

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Simon Clarke, Mikell Borg, Dan Waters and Gosford Mayor Cr Chris Holstein unveil the new water tanks at the Peninsula Leisure Centre on December 17

Pool complex will use own water

The Peninsula Leisure Centre is expecting to catch over two million litres of its own water each year after installing tanks, according to Gosford Mayor Cr Chris Holstein.

Four concrete rainwater tanks with a combined storage capacity of 140KL were installed on December 17, to catch rainwater from 2000 square metres of roof.

Cr Holstein said rainwater would be used for the backwashing of the pool's filters, significantly reducing the centre's town water usage.

"It's fantastic to see one of our region's most popular recreational centres doing its bit to help conserve water," Cr Holstein said.

"With a 50 metre Olympic pool, 25 metre program pool, spa, sauna, waterslide and children's fun pool, the Peninsula Leisure Centre's aquatic facilities attract over 450,000 visitors annually.

"The installation of this new rainwater harvesting system will greatly reduce the centre's reliance on the town water supply to maintain these facilities.

"The majority of harvested rainwater will be used in the backwashing process of the pool's filtration systems.

"The rainwater will also be used for topping up the centre's pools and for watering the centre's gardens and lawn areas."

The project was partially funded through a \$50,000 Federal Government Community Water Grant while Gosford Council contributed the remainder.

The council has claimed a similar project at Gosford Olympic Pool last year was providing four million litres of water a year by using rainwater and recycled pool water in the backwashing process.

Press release, 17 Dec 2008
Kylie Gillett, Gosford Council

Business group holds clean-up

The Ettalong Beach Business Group held its monthly clean-up on December 14.

Participants cleaned-up along the main road and car parking lots in Ettalong Beach before the busy Christmas period.

"The Ettalong Beach Business Group is looking to improve the beachside village that we live in and through small steps we will increase the pride that we have in our beautiful part of the Australian Coast," publicity officer Mr Richard

Berntsen said.

Following the clean-up there was a barbecue held for participants.

Mr Berntsen said a good time was had by all and encouraged others to attend future clean-ups as it was a great way to meet those in the community who are also passionate about where they live.

Press release, 7 Dec 2008

Richard Berntsen, Ettalong Beach Business Group

Chamber welcomes graffiti law

The Peninsula Chamber of Commerce has welcomed the passing of the new Graffiti Control legislation that will regulate the sale of spray paints, saying it will potentially reduce graffiti on the Peninsula.

Under the new legislation, police will be given new powers to issue on-the-spot fines to retailers who fail to properly secure their spray paint cans or who sell spray paint cans to persons under 18 years of age.

"The Peninsula Chamber of Commerce fully supports the new Bill as it is imperative to tighten up and consolidate the existing laws particularly the provisions of the Summary Offences Act 1988," said Chamber president Mr Matthew Wales.

"It's about time that the legislation sought to regulate the sale of spray paint.

"This was essential to lessen its availability to young offenders.

"The chamber also welcomes the move to allow authorities to issue penalty notices for the offence of selling spray paint cans to minors and for the offence relating to the unsecured display by retailers of spray paint cans.

"Any strengthening of the laws has to be a positive step, however, this all depends on the courts ensuring that they are tough on

offenders.

"It's pointless giving the police and authorities stronger laws if you can't get the courts to act on them."

The Chamber's mainstreet coordinator Ms Debra Wales said Woy Woy is a particular target for graffiti offenders because of the lack of street activity at night and the town is easily accessed by rail.

"We hope when the CCTV cameras are installed in March this will go towards identifying the culprits and act as a tool for the police as well as acting as a deterrent," Ms Wales said.

Member for Gosford Ms Marie Andrews said she also welcomed the new legislation.

"The Rees Government is committed to tackling antisocial behaviour and giving police and courts the power to enforce the law with regard to crime against the community," Ms Andrews said.

"Young offenders will be forced to clean up the damage they have caused and there are fines and up to six months' jail for young offenders caught damaging property.

"Among key reforms in this bill are that it makes it illegal to possess implements such as marker pens or etching instruments with the intention of using them to damage or deface premises or property.

"Gosford Council has benefited from the State Government's

tough stance on graffiti, with funding of \$65,000 being provided to the council last year for a Crime Prevention Through Environmental Design Project."

Following a recent graffiti attack in the Bays area, The Bays Community Group vice-president Mr Greg McMullen said he did not understand why "morons" would go around defacing other people's property for the sake of it.

"In late October this year, some imbecile decided they did not like the look of the Banyo CI bus shelter," Mr McMullen said.

"As you would understand, those of the Bays community who helped in painting this and all the other Bays bus shelters (many of them local kids and teenagers) are furious with this person or persons.

"Any moron can handle a spray can but a real artist knows how to show their talent properly.

"A lot of planning and hard work has gone into each one of the Bays bus shelters.

"Let us all take some pride in how fantastic an area we live in."

Press release, 5 Dec 2008

Matthew Wales, Peninsula

Chamber of Commerce

Press release, 3 Dec 2008

Marie Andrews, Member for

Gosford

Newsletter, 15 Dec 2008

Greg McMullen, The Bays

Community Group

Marine activities for holiday time

A local marine conservation group will hold a number of educational and entertaining activities for children in and around the Peninsula throughout the Christmas school holidays.

Ocean and Coast Care Initiatives will begin its summer activities program on Thursday, January 8, with a sand modeling competition at Ocean Beach.

Children aged up to 16 years can participate and have the opportunity to win prizes by modeling marine animals from sand.

A Marine Magic Coach Trip will depart Terrigal Beach on Sunday, January 11.

Passengers will be taken on a tour of local marine environments where they will be given informative talks and have the opportunity to ask experts questions no marine life.

The tour will take participants to various sites in Davistown, Woy Woy, Ettalong and Umina including sea grass meadows, mangrove forests, rock pools and a visit to a shell museum.

Two events have been planned for Saturday, January 17.

The first event will take place at the Maitland Bay Centre, Killcare,

and will feature a presentation on the grey nurse shark by local marine biologist Mr Chris Roberts.

The second activity to take place on January 17 is a Rock Pool Spotlight Walk at Pearl Beach. The evening event will be a great opportunity to see the residents of the rock pools.

For more information and bookings phone the Community Environment Network on 4349 4756.

Press release, 15 Dec 2008

Ocean and Coast Care Initiatives

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Forum

Bridge was not wanted

I refer to the article "Developer refund results from impecuniosity" and applaud the council for making the sensible decision not to proceed with the Lace Ave to Myola Rd bridge.

Common sense has prevailed. It was a project that was neither wanted nor needed, as evidenced by local residents' petitions against the project.
Councillors Freewater and

Forum

Latella need to consult with the community before making judgements on what they think the community requires.

Any expenditure over and above the developer's contribution would have been a total waste of ratepayers' funds.

If they want to support the Peninsula community, I suggest they look at supporting kerb

and guttering in Myola Rd and surrounds or perhaps, a solution to the "brown" water that comes through our pipes every month or so.

Or replacing the playground equipment at Umina Oval.

There are plenty of worthwhile projects that require support on the Peninsula.

Greg Dawson, Umina

Do more to curb excessive drinking

Forum

The NSW Health Minister John Della Bosca is to be congratulated on his stand to seek tougher restrictions on alcohol advertising.

His view is based on the findings of Federal Garling Report.

Government intervention is clearly required here to curb the damage done to so many people as a result of excessive drinking.

This measure would help but more needs to be done.

Other research has shown that increasing the price of all alcoholic beverages substantially will also reduce the sales volume of such

beverages.

The effect on the hip pocket has worked wonders in other places.

It is obvious that this cannot be left to the market place either and yet the issue is of such community importance that it needs to be tackled.

Politically this may seem to be a hard one, but is it?

There could be lot of votes in saving the next generation and reducing family violence.

Klaas Woldring, Pearl Beach

Ettalong plan should proceed

I read with interest the article by Fred Landman in the December 8, edition of Peninsula News entitled "Ettalong in the 50s".

Although I was not a resident of Ettalong during the 1950s, I have lived here for the past 10 years and have been a ratepayer for the past 25 years, so I can understand the reasoning behind Fred's comments.

I share the same thoughts and disappointments as Fred in regard to the idiotic destruction of plant life and damage to the newly-erected viewing platform at the end of Picnic Parade.

I have on three occasions replanted the Australian native

Forum

shrubs that have been removed on Friday nights at that platform.

I have needed to request from Gosford Council additional shrubs to replace those that were missing or too badly damaged and I must say council has responded quickly to this request.

Although the action of these vandals is annoying and frustrating, this should in no way hinder the further implementation of the Ettalong Foreshore Plan.

The implementation of the further stages of the plan should proceed, especially now that the State Government is releasing

additional funding to councils.

All residents and walkers I have been in contact with agree that the development has, so far, enhanced the area and offers residents and visitors improved views of our beautiful waterway.

Surely we would like the foreshore potential to be realised by continuing the implementation of the plan, which was agreed to by council.

By so doing, the Ettalong area could become a much-improved and attractive tourist venue, which could only help to improve local business opportunities and resident satisfaction.

Bill Dickson, Ettalong

'Good ideas' lead to business closures

Warren Cross has hit the nail on the head (Developers make money and then move on, Peninsula News, December 8).

In 1970, the War Memorial Club might have been an ugly building but at least you could enjoy a drink and have a decent meal and at least the club made a profit, albeit a small one.

What has happened in the interim seems like a tragedy.

People seem to come along and persuade others to follow them with their good ideas but it would appear to end in disaster.

It would seem that people now have ideas to make money out of Umina.

Have they thought of the impact that another Woolworths, Coles and Aldi will have on other businesses on the Peninsula?

When businesses start to close down, they will cry out for an increase in population and so it goes on.

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 532,
Woy Woy 2256 or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

These "ideas people" make their money and move on.

We have seen it all before – Erina Centre was built as a "good idea" to the detriment of Gosford.

The quality of life seems to suffer for those left behind; the fabric of society seems to be stretched to breaking point and there are increasing complaints of vandalism and unruly behaviour.

Will we ever learn?

Margaret Lund, Woy Woy Bay

Council example gives vandals green light

The example set by Gosford Council has obviously given the green light to others who wish to enhance their view.

The council's lukewarm compliance with the Ettalong Plan of Management is demonstrated by the removal of vegetation, the lack of a protective fence and erection of a warning sign to vandals.

At least six banksias are dead in front of the club/resort and others have been chopped down all along The Esplanade.

The one remaining sign warning

Forum

against vandalism has not been replaced and obviously the public thinks it can please itself.

The high tides of the last few days have resulted in a further loss of much sand and vegetation, so that if you walk down some of the tracks you will need to be aware of the dangerous drop at the end.

Vegetation takes the brunt of the winds and helps to slow the velocity of the water. Unfortunately it would seem that these "vandals" do not

understand that the vegetation helps to protect their assets.

I'm now beginning to think that there is a possibility that I will live long enough to see the tides sweeping across The Esplanade.

I just hope that people will not expect the public purse to come to their rescue.

Margaret Lund, Woy Woy Bay

Santa to visit?

Rumour has it that Santa Claus will be making a visit to West St, Umina, on December 24.

Children should look out for the jolly man in his red and white suit around 10am.

He might even have some surprises to hand out for good little boys and girls.

Ricki Jones, Umina

Wars are still with us and, in my granddad's day, they blamed it all on trade, that is, business.

In hindsight, if America hadn't forced their way into Japan in the name of trade, Japan would still be a feudal kingdom and they wouldn't have caused a war.

The same with China.

Britain forced their way into China and made them trade against their will.

Just imagine if this hadn't happened?

China would still be a feudal country, instead of a super power that floods the world with cheap,

Forum

shoddy, polluted and dangerous goods.

Keith Whitfield, Woy Woy

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:
www.peninsulanews.asn.au



Ettalong Beach Arts and Crafts Centre

The Ettalong Beach Arts & Crafts Centre Inc. Committee wishes to thank everyone who helped to make our Annual Christmas Exhibition & Sale held over the weekend of 29th & 30th November such a great success

Results of the Raffle drawn on 30th November 2008 at our Christmas Exhibition & Sale were

1st Prize Ticket No 20868	Painting
2nd Prize Ticket No 20787	Quilt
3rd Prize Ticket No 20210	Christmas Hamper
4th Prize Ticket No 20507	Pottery
5th Prize Ticket No 20282	Mirror

All winners have been notified.
Term 1 resumes from 2nd February 2009
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Council accepts CCTV tender

Gosford Council has accepted the tender from Sydney firm ECS Services for the supply and installation of a CCTV surveillance system in Umina, Ettalong and Woy Woy commercial areas.

Council accepted the company's tender of \$663,901.43 at its meeting on December 9.

Tenders for the supply and installation of the surveillance system closed on November 24.

Funding for the project will

be provided through the Federal Government's Safer Suburbs grant program.

A council report stated that due to the expressed community concern, that "the CCTV system be installed on the Woy Woy Peninsula at the earliest practical time and to the need to remain within the tight project delivery schedule it is considered appropriate that a suitable tender be accepted prior to Christmas 2008".

Peninsula Chamber of Commerce president Mr Matthew

Wales welcomed the next stage in overcoming anti-social behaviour, vandalism and graffiti attacks in the area.

"This is such an important issue for small business on the Peninsula which has fought an ongoing battle," Mr Wales said.

"Local businesses are sick and tired of damage to shops, vandalism and anti-social behaviour by young people.

"This is great news for the local business community."

Council agenda CIT.45, 9 Dec 2008



Gosford Council workers install Christmas lights in Wagstaffe

Coastal patrol helps 10 people

The Central Coast Royal Volunteer Coastal Patrol assisted 10 people in and around the Peninsula during the weekend of December 6 and 7.

According to public relations officer Mr Ron Cole, rescues were made near Woy Woy Bay, Ettalong and Box Head.

"The first call came around 8am on Saturday from a ski boat in Waterfall Bay, off Woy

Woy Bay," Mr Cole said.

"Phil Page, Gordon Kerr and Peter Ashworth aboard Brisbane Water Lifeboat found five people sitting on the beach with a five metre ski boat with a flat battery.

"The Patrol crew were able to jump-start the boat and then monitored their progress to ensure all was well.

"At 11.25pm on Saturday night, just when most of us were tucked up in bed, Newcastle

Police Radio Room contacted the Point Clare Base requesting a lifeboat be sent out to Ettalong to assist a family from Auburn in a five metre runabout.

"Their vessel had a mechanical failure and there was concern for safety as a storm front was imminent.

"Ian Brown and Norm Smith immediately set-out in Brisbane Water Lifeboat.

Mr Cole said the vessel and family of three were located and towed to safety at Blackwall ramp.

"On Sunday morning, a call was received from a 7.3 metre cabin launch located just off Box Head," Mr Cole said.

"It was unable to proceed due to a mechanical failure.

"The duty crew of Ken Sharp, Peter Alderton and Kevin Sullivan in Brisbane Water Lifeboat found the disabled vessel with two people onboard.

"It was towed back to its berth at St Hubert's Island."

Press release, 7 Dec 2008
Ron Cole, Royal Volunteer Coastal Patrol

Group installs solar lights

The Wagstaffe-Killcare Community Association has installed solar-powered Christmas lights on one of the local Norfolk pine trees.

Association vice-president Ms Robyn Warburton said members of the association and Gosford Council overcame many problems during the planning stages.

"Our association president Mr Graeme Anderson and Gosford Council seriously looked at connecting electric lights but encountered difficulties which included safety issues, ugly installation, compromised tree health of tree," Ms Warburton said.

"So when Cr Terri Latella read

the disappointing news in our monthly newsletter the Talking Turkey, she suggested we install solar-powered lights, better for the environment as well.

"After testing well, Graeme set to and with a phone call and some negotiating as a community organisation, obtained a good price so bought 10 more sets.

"Council works director Mr Stephen Glen organised council's cherry-picker which arrived and the two men went to work and in a couple of hours, hung the lights in the Norfolk Pine tree, located in Wagstaffe Square."

Press release, 18 Dec 2008
Robyn Warburton, Wagstaffe-Killcare Community Association

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Health



Scouts walk for children's charity

Members of Woy Woy Scout Group participated in a fundraising walk from Gosford to Woy Woy in order to raise money for a children's charity on November 8.

The group began its full-day walk from Gosford District Scout Hall before heading along Gosford waterfront to Point Clare Scout Hall.

Group leader Ms Tracey Seal said the Scout group members donated money raised through the event to McHappy Day for Ronald McDonald House Charities.

"Our first leg of the walk was from Gosford, along the water front, to the park near Point Clare Scout Hall," Ms Seal said.

"At the park, we had a nice refreshing drink and rested a little while.

"From the park at Point Clare, we walked along the waterfront to Tascott waterfront.

"At this stop we had some oranges, a drink and also made sure we filled up our water bottles.

"Our next stop was at Fisherman's Wharf at Woy Woy.

"This stop was short because most of the participants wanted

to keep going, so we had a quick drink and kept going.

"We finally finished our walk at our Scout hall near Lions Park, Woy Woy.

"We had two white buckets we were carrying with us, asking people we saw for a donation.

"After our walk we finished the day with a sausage sizzle.

"We made a lot of money for McHappy Day and also showed the community that First Woy Woy Sea Scouts do get out and about."

Press release, 7 Dec 2008
Tracey Seal, Woy Woy Scouts

Transitional care unit is opened

A 20-bed transitional care unit was officially opened at Woy Woy Hospital on December 8.

The unit will provide specialised transitional care for older patients after hospitalisation for operation, illness or injury.

The \$3.2 million facility is part of a joint Federal-State funded transitional care program that includes 56 community-based places in addition to the 20 facility-based places.

Member for Robertson Ms Belinda Neal and Member for Gosford Ms Marie Andrews officiated the opening of the Transitional Aged Care Unit.

Ms Neal said the new unit would assist patients in the move between hospital and further care at home or in aged-care facilities.

"The Transitional Aged Care Unit will be an immense help to patients and their families as they make decisions during the move from hospital to follow-up care arrangements," Ms Neal said.

"The people of the Central Coast deserve the best in sub-acute rehabilitation care and this unit will continue to deliver that service."

Ms Neal said care at the unit was goal-oriented, time-limited and focused on therapy that would assist in-patients move out of hospital care.

"But this unit will also provide many of the existing out-patient services that Woy Woy Hospital

offers to the people of Woy Woy, the Peninsula and the Central Coast, including community based occupational therapy, physiotherapy and hydrotherapy," Ms Neal said.

"I am proud the Rudd Labor Government is committed to funding excellence in health care for the people of the Central Coast."

According to Ms Andrews, the new service will provide one-on-one care for elderly patients in the local community.

"The establishment of this unit is proof that the NSW Government is committed to providing quality health care services for the people of Woy Woy - despite scaremongering by the Liberal Members of Gosford City Council and the Liberal Member for Terrigal," Ms Andrews said.

"The NSW and Commonwealth Governments are working together to provide the best health care services where people live.

Ms Andrews said transitional aged care provides patients with nursing support, low intensity therapy, personal care, medical support provided by general practitioners, case management including establishing community supports and services and where required, identification of residential care options.

"The Transitional Aged Care facility is designed to provide a homely environment which encourages interaction between clients," Ms Andrews said.

"There are 18 single rooms and two double rooms equipped with ensuites and complete with soft furnishings.

"A large group lounge/dining area provides the opportunity for clients to come together to eat, talk, watch television or undertake group activities such as low intensity occupational and physiotherapy sessions according to their treatment plan."

Ms Andrews said the Rees and Rudd Labor Governments were working together to reclaim 10 years of neglect by the Howard Government.

Press release, 8 Dec 2008
Belinda Neal, Member for Robertson

Press release, 8 Dec 2008
Marie Andrews, Member for Gosford

Chiropractic Plus

Real clinical cases and your questions answered each month by Peter Grieve and Simon Morgan of the Umina Chiropractic Centre

Was Rudolph the red nosed reindeer well and truly above the limit or did he suffer from dust allergy?

Why not celebrate Christmas with heartfelt thanks for all that went right and enjoy family and friends in a relatively alcohol free state? For those that need your support at Christmas because of loss during the year, then a good dose of quality friendship or at least the genuine offer of such, could lift one's spirits, alcohol on the other hand is, after all, a depressant.

A study in 2003 by Chikritzsh stated **'Alcohol misuse costs the Australian community \$15.3 billion dollars each year when taking into account factors such as crime, violence, treatment costs, loss of productivity and death.'**

It bothers me to think that in the light of this the Australian Government still condones the multi media marketing of such a substance. Our beautiful children, teens and youth are subject to the linkage of alcohol with great Australian sports and sports mentors. Wake up Australia! This situation belongs to the 'shame file'.

You ask again, what has this to do with a chiropractor? Let me answer this by presenting;

A case history

J a local mechanic, about 40yrs age back in 1996, came to seek help for a problematic spine.

After careful assessment it became obvious that J, apart from a mechanical back and neck disorder, also suffered from alcoholism and iron deficiency anemia. The anemia was secondary to blood loss from a bleeding ulcer.

I could not account for the back and neck problem by blaming lifting and bending alone but rather the result of abnormal spinal muscle fatigue associated with poor oxygenation as a result of low iron levels.

This in turn led to the spinal muscles pulling from their attachments into the spine and 'locking' the spinal joints and nerves. Sure spinal adjustments gave great relief and medical treatment to the anemia and ulcer was needed, but this did not address the cause, alcoholism.

Some 12 years down the track, I was still caring for J and his ever enduring wife and children, influencing a healthy spine, nervous system and body by dealing with the effects of emotional stress upon the family.

'As a chiropractor, I consider that the human skeletal frame and especially the spine, are a 'barometer' of one's state of wellness indicating either calm seas ahead or potential stormy weather' (Grieve 08)

In almost a bizarre twist, J's wife was rushed to RNS hospital with brain injury. She was the innocent party in a drink drive accident.

J now resides in another State caring for his wife; he ceased drinking alcohol that same day.

In a real way, a chiropractor influences quality family health by delivering a level of care that seeks to identify the cause of potential and actual health issues. In many cases, lifestyle modification along with effective chiropractic care makes for a healthier, happier and more fulfilling future.

'May you and yours be privileged enough to know that the God that created all things has empowered you with the ability to harness happiness irrespective of the journey. So at this Christmas time when we celebrate the birth of Jesus some 2000 years ago, may we have hope.' (Grieve 08)



If you have any questions contact us at office@uminachiropractic.com or make an appointment for a preliminary consultation (N.B Answers to select questions will be printed in the next article)

Your chiropractors Pete Grieve and Simon Morgan
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Gifts donated for children's ward

Woy Woy resident Ms Grace Knight has donated more than \$1000 worth of gifts to children at Gosford Hospital earlier this month.

The 95-year-old began collecting gifts at the start of the year with the help of volunteers from the Woy Woy Peninsula Neighbourhood Service.

According to local volunteer Ms Helen Meaney, Ms Knight has been donating gifts to the children's ward at Gosford Hospital for more than four years.

"Grace is such a warm-loving, generous and kind lady," Ms Meaney said.

"She is an inspiration to all of us for bringing smiles to the faces of sick children at Christmas time and all out of her own pocket.

"She looks forward to Christmas

each year because it means she will be able to make the children at Gosford Hospital happy."

Ms Meaney said Ms Knight suffers from age-related blindness and needs the help of volunteers at the Woy Woy Peninsula Neighbourhood Service to shop for the gifts.

"We take Grace out every Thursday for her weekly shopping trip," Ms Meaney said.

"Each week she picks out one or two gifts, collects them over the course of the year and keeps them in the spare bedroom of her home.

"Come Christmas time the bedroom is covered in gifts.

"Grace finds a lot of enjoyment in bringing happiness to others."

Clare Graham, 18 Dec 2008

Interviewee: Helen Meaney, Woy Woy Peninsula Neighbourhood Service



Kayakers raise money for prostate foundation

Two Sydney residents will stop overnight at Umina Beach on January 7, as part of their 750km kayak fundraising challenge in support of the Prostate Cancer Foundation of Australia.

Scott Timbrell and Rob Lowe set out from Byron Bay in a two-person sea kayak on December 20.

The pair will travel to more than 15 coastal towns to raise money and awareness for prostate cancer as they make their 20-day journey along the coast to Bondi Beach.

They hope to raise up to \$10,000 from their fundraising adventure.

"We've been told about sharks

and dangerous weather that we'll have to face on the trip, but it's nothing compared to being told that your dad has been diagnosed with prostate cancer," Mr Timbrell said

"I thought at the time that I could either sit around and do nothing, or get up and do something about it.

"So here we are."

Mr Timbrell's father Douglas, now fit and well thanks to the doctors at Sydney Hospital, will be shadowing the pair down the coast as they prepare for fundraising events in each town along the way.

"Neither of us have ever done anything like this before and

training has been tough to fit around our jobs, but we're on track and are both excited about getting onto the water," Mr Lowe said.

"We're looking forward to drumming up some support and funds for prostate cancer in coastal towns along the way."

The Byron to Bondi for Prostate Cancer journey can be viewed at www.b2b4prostate.blogspot.com.au

The website also features a link for those wishing to donate money to The Prostate Cancer Foundation of Australia.

Press release, 16 Dec 2008
Rob Lowe, Byron to Bondi for Prostate Cancer

Funding for home care

The Home and Community Care service at the Peninsula Community Centre will receive \$55,223 to go towards case management, home modification and gardening services at the centre.

Minister for Ageing Ms Justine Elliot said the program delivered "high quality, affordable and accessible care" to older people and their carers.

"We are constantly reminded that as people age they want to remain independent and in their

own homes and communities," Ms Elliot said.

"Without Home and Community Care services many people would have to move prematurely into residential care.

Minister for the Central Coast Mr John Della Bosca welcomed the funding and said the additional funding will allow service providers to meet increased demand in Central Coast communities for these services.

Press release, 10 Dec 2008

Justine Elliot, Federal Minister for Ageing

Relay for Life is launched

The Peninsula Relay For Life for 2009 will be launched at Ocean Beach Surf Life Saving Club on Friday, January 16.

Chair of the relay committee Ms Viv Corcoran said all residents were welcome at the fundraising event, which will start at 10.30am.

Light refreshments will be served following the launch.

"We already have five teams registered for the relay," Ms Corcoran said.

Ms Corcoran said the launch would provide information about the Peninsula Relay For Life.

"If you would like any tips or information, please don't hesitate to contact the committee."

Ms Corcoran encouraged participants to register online at www.relayforlife.org.au or contact 4336 4500.

Relay For Life is a community fundraising event to raise money for the Cancer Council NSW.

Teams of 10 to 15 people take turns to walk, run, skip or hop around the local oval over the course of one night.

In the lead up to the event teams

fundraise money in their local community to go towards funding research, patient care and support and cancer prevention programs that benefit the community.

Newsletter, 18 Dec 2008
Peninsula Relay For Life

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Peninsula Food Guide

Cycling for sustainability

Four Cronulla cyclists stopped overnight at Ettalong Beach on December 3, as part of their 17,000 kilometre bicycle journey around Australia to promote sustainable living.

The youth-led non-profit organisation consists of four university students from Cronulla - Tom Gray, Anthony Garagounis, Matthew Coggan and Mereki Garnett - who are challenging Australians to make sustainable changes to their lives, homes and means of transport throughout the team's 17,000 kilometre journey.

After 14 months of planning, the four men left on December 9 last year and are planning to arrive back in Sydney this Tuesday, December 9, a year to the day.

After leaving Cronulla, the four cyclists headed south, travelling along the coastline of Australia for most of their one-year long journey.

The team stopped more than 300 times to promote its campaign for sustainable living and for much-needed rest and recovery.

An associated website encourages Australians to a sustainable living challenge.

Some of the challenges included planting one native or food tree, using recycled paper for the home or office, reading a book on sustainable living, switching to compact fluorescent light bulbs, test driving a hybrid vehicle, riding a bike or carpool to school/work and installing a rainwater tank.

"The tour has had a great reception around Australia and we

have been kindly accommodated by all walks of life from friends and family to school principals and professional clowns," Mr Garnett said.

"We have slept everywhere from the bleachers of football fields, inside the back of trucks and in the drainage ditches just metres from the highway.

"There is no good argument against sustainable living

"We need to consider becoming producers of food, energy and water at home, instead of merely being consumers.

"We need to revisit our ethical roots and be open to change."

For more information, visit www.mypower.org.au.

Press release, 3 Dec 2008
Mereki Garnett, MyPower Ltd



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Peninsula Food Guide

'Hands Off' group meets

More than 75 concerned local residents attended a rally at Woy Woy Hospital on December 14, to continue the fight to save the hospital's rehabilitation unit.

Rally organiser Mr Edward James said the group had organised a website entitled Hands Off Our Woy Woy Hospital to object to the recent closure of a 15-bed rehabilitation unit at the local hospital on December 2.

"The website is the hub of our community's important fight to keep and expand the Woy Woy Hospital," Mr James said.

"The hospital is an important part of our community which grew from the efforts of members of the Woman's Auxiliary which started in 1959, and blossomed with others like the Osti girls from the garment factory in Railway Pde, Woy Woy.

"Ladies started selling raffle tickets with the proceeds going toward the establishment of our own local Woy Woy Hospital.

"The elderly people who toiled raising the necessary funds to build Woy Woy Hospital into an important community asset cannot understand and will not accept what is being thrust upon them by

the government.

The Hands Off Our Woy Woy Hospital website can be viewed at <http://woywoyrehab.org/>

A community meeting was also held at the Peninsula Community Centre on December 19, organised by Shadow Minister for the Central Coast Mr Chris Hartcher.

Press release, 16 Dec 2008
Edward James, Hands Off
Our Woy Woy Hospital



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 Sunday to Thursday 8.30am to 5.00pm
 Friday and Saturday 8.30am to 8.00pm

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Impact Plants
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The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays
Poolo Close Empire Bay NSW 2257
Phone: 4369 1422 Fax: 4369 1485

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

PBPC, Pearl Beach-Patonga Chamber Of Commerce, (meets at) Pearl Beach Caf , 1 Pearl Pde, Pearl Beach

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf.
Playtime Mon-Fri 9am, Little Gym **PCYC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, **UCH**.

The Peninsula Environment Group (PEG), 6.30pm, **WVEC**

Second Tuesday of every month

True Blue Meeting, 1.30pm; **Toastmasters**, 7pm, **EBWMC**

Get Together afternoon tea, **ESCC**

Pearl Beach Craft group, 1.30pm, **PBPH**

Stroke recovery group, 11.30am, **MOW**.

Diabeties Support Group, 10am,

ECC

CC Animal Welfare League

Woy Woy-based group monthly meetings from 11am at CC Leagues Club, enq 4344 6650.

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playground, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, **UCH**

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, **MOW**

ACF meeting, 7.30pm, **WVEC**

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families, **BFC**

Toastmasters, 7.15pm, **EBWMC**

Combined Pensioners assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday

Living with Teens course 10am runs until 26th August **PWHC**,

Woy Woy Blood BankA @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silk craft 10am

Mums & bubs playgroup 1pm

Pastel classes for kids 4pm **RBG**

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034

Free Tax Help by appt; **School for Seniors** Have a Chat, 10am;

U3ADiscussion Groups, 11am; **Cards**, 1pm-3pm; **Over 55s** Learn to Play **Bridge**, 1pm; **Stroke Recovery**, 2pm; **Playgroup**, 9am; **Occasional Care**, 9am-3pm; **The Web**, From 2pm;

Dance & Theatre School, 3.45pm; **Brophy Circus Academy**, beginners 5pm; **Kids Belly Dancing**, 4.30pm; **Physical Culture Ladies**, 7.15pm-9pm; **Pre/Post Natal Yoga**, 9.30am; **Motivation & Empowerment classes**, **PCC**,

Rotary Club of Woy Woy, 6pm, **ECC**

Handicraft, 9am; **Cards**, 12.30pm; **Computers**, 9am, **ESCC**

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; **Card Club** 7.15pm; **Chess Club**, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, **WH**

Folk Art, 9.30am; **Silk Dyeing**, 1pm, **EBACC**

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10.30am only, enq: 4368 2847, **CWA**

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, **WWPH**

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, **EPH**

Tai Chi, 9:30 am, enq: 4360 2705, **WH**

Supported Playgroup for first time and single parents, enq: 4340 1111, **BFC**

WEDNESDAY

First Wednesday of

every month

CWA social day, 10am, handicrafts, 1pm, enq: 4344 5192

CWA Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

Coffee Morning, social get-together, 10am, **PWHC**

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1.30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, **ECC**

Fourth Wednesday of every month

Everglades **Probus** Club, 10am, **ECC**, enq: 4341 0664

Drumballa Drum circle 7.30 **RBG**

Every Wednesday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

Woy Woy Women & Children's domestic violence group runs until 24th September **PWHC**,

St John's Ambulance, 7pm, - **St John's Ambulance**; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 **MOW**

Craft for love & Garden club 10am **RBG**

Free Tax Help by appt; **Occasional Care**, 9am; **School for Seniors** Oil Painting, 9am-12;

Multicraft Needlework, 10am-12; **Playgroup**, 10am - 12;

Bridge Club, 9.30am & 7.30pm, **The Web**, 2pm;

Physical Culture Club, 4pm; **Coast Care Counselling**; **Judo**, 5pm; **Weight Watchers**, 6pm; **Belly Dancing**, 7.30pm;

Dance & Theatre School, 3.30pm; **Motivation & Empowerment classes**, **PCC**

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina.

Brisbane Waters Scrabble Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, **EPH**

Oils & Acrylics, 9am; **Pastels & Drawing**, 11.30am, **EBACC**

Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.30pm & 70pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, **CWA**

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

THURSDAY

First Thursday of every month

Brisbane Water Senior Citizens, 1pm, **EBWMC**

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, **PWHC**

Australiana Bus Trips, **PCC**

Third Thursday of every month

Brisbane Water Senior Citizens,

1pm; **EBWMC**

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am **BFC**

Umina Probus, 10am, **ECC**

Women's Health Clinic, enq: 4320 3741, **Craft and creativity group** - women in stiches 1pm **PWHC**

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

Creative Writing, enq: 4369 1187, **CWA**

Occasional Care, 9am; **Yoga**, 10am; **School for Seniors**,

Australiana, 10.30am; **Tai Chi**, 11.30am & 7.30pm; **Bridge**, 12pm; **The Web**, 2pm; **Brophy Circus Academy**, 4pm; **Yoga**, 10am; **Belly Dancing**, 7.30pm;

Coast Care Counselling, **Dance & Theatre School**, 3.30pm; **Motivation & Empowerment Classes**, **PCC**

Free entertainment, 6.30 pm; **Senior Snooker**, 8.30am;

Ballroom Dancing, 10am; **Trivia**, 7pm; **Indoor Bowls**, **Fishing Club Raffle**, 5.15pm, **EMBC**

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

Scrabble, 12.30pm, **WWPH**

Children's art classes, 4.30pm, **EBACC**

Card Club, 1pm; **Chess Club**, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm; **Cards** noon, **ESCC**

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

Adult tap dancing, 10am, enq: 4342 3925, **EPH**

Fairhaven Services **Cash Housie**, Ettalong Bowling Club 7.30pm

Dance, 9am-11:30am, enq: 4344 3131, **ESCC**

Pilates, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH**

FRIDAY

First Friday of every month

Legacy Ladies, 9am, **EBWMC**

Second Friday of every month

Book Bazaar, book **Club**, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, **EBWMC**

Third Friday of every month

Legacy Ladies, 9am, enq: 4343 3492, **EBWMC**

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, **WH**

Civilian widows, 1pm, **ESSC**

School for Seniors Bushwalking, **PCC**

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; **Playgroup**, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664, **UCH**

Lollipop Music Playgroup,

9.15am, enq: 4343 1929, **BFC**
Old Wags **Bridge** Club, (except 4th Fri) 1:30pm, enq: 4360 1820, **WH**

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, **EPH**

Watercolour Painting, 10am, **EBACC**

Painting, 9am; **Computers**, 1pm; **Scrabble**, 1pm; **ESCC**

Gym Sessions, 8am; **Gym Circuit**, 9am; **Circuit Boxing (Women)**, 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), **Primary Kids Club**, 4.30pm, enq: 4343 1237

Alcoholics Anonymous, 12.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, **indoor bowls, canasta, scrabble, morning tea** 10am, enq: 4363 1968

Occasional Care, 9am;

Kindy Gym, 0-3s, 9.15am, 3-5s, 10.20am; **Weight Watchers**, 9.30am; **Smart Recovery**, 10am; **Samaritans Support Group**, 10.30am; **Bridge Club**, 12pm;

The Web, 2pm; **Brophy Circus Academy**, 5pm; **Kempo Karate**, 5.30pm; **Judo**, 7.15pm; **Dance & Theatre School** 4pm **U3A Courses**, **PCC**

Women's walking group, 9am-11am, **PWHC**

Fishing Club, **EBWM**

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, **WH**

Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

SATURDAY

First Saturday of every month

The National Malaya & Borneo **Veterans** Assoc. meet, 2pm, enq: 4340 4160, **EBWMC**

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482

Alliance Francaise, French conversation, 11am, enq:0412 252 709

Melaleuca Wetland

Regeneration Group, Boronia Ave, Woy Woy, 8am

What's On in and around the Peninsula

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am
Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy 8am

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686
Chess Club, 1pm, enq: 4341 8748, **EBWMC**
Silvercraft Classe's 1pm EBACC Weight Watchers, 8.30am;
Dance & Theatre School, 9.30am; **Bridge Club**, 12pm; **Soft Stone Sculpture** (monthly); **The Web** 4.30pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**
Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm
Chess Club, 1pm, **EBWMC**
Gym Sessions, 9am; **Drama & Discovery**, 9am, **PCYC**
Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, **WWLC**
Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939
Woy Woy Environment Centre, 10am, enq: 4342 6589, **WVEC**
Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**
Rainbow Gate Market Day, 8am-2pm, 207 West St, Umina, enq: 0409 774 467

SUNDAY

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; **Vietnam Vets**, 11am, **EBWMC**
 Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486
Ettalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251
EBWM Fishing Club competition, Club House in Beach St, Ettalong.
EBWM Vietnam Veterans Peacekeepers, Peacemakers meeting, enq: 4344 4760

Last Sunday of every month

Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074
Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm,
PCC Coast Community Church Services, 9am & 5pm, enq: 4360 1448
Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm
Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, **EBWMC**
Endeavour View Club Luncheon, enq: 4342 1722, **ECC**
Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587
Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342

9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482
Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**
Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 1546, **WH**
Killcare Heights Garden Club, 10:30am, enq: 43601595
Coastal Cronos (over 50's), Friendship group **PWHC**
Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month
War Widows, 1pm, 43410286, **EBWMC**

Fourth Monday of every month

Toastmasters Speechcraft Classes, 6pm, **EBWMC**
Labor Party Peninsula Day Branch, 1pm, **CWA**
Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Kidz Drumming. 4-5pm, Rainbow Gate, 207 West St,
Umina Cash Housie, 7:30pm, enq: 4323 3566, **EMBC**
Walking with other Mums enq: Liz Poole 4320 3741
3Cs—Craft, Coffee & Conversation, 12.30pm, enq: 43 431929, **BFC**
Yoga, 9.30am, Ph.4360 1854, **WH**
Mums Meditation 10am,
Drumming classes 4pm **RBG**
Computers, 1pm; **Dancing**, 9am;
Indoor Bowls, 9am; **Mahjong**, 1pm; **Fitness**, 1pm; **Yoga** for beginners, 2.30pm, **ESCC**
Gym Sessions, 8am; **Tiny Tots**, 9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**
Carpet Bowls, 9am; **Card Club**, 1pm, **EBWMC**
Fairhaven Cash Housie, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**
Arts and Crafts for people with a disability, 11am, enq: 4341 9333
Patchwork & Quilting, 10am;
Pottery, 10am & 1pm, **EBACC**
Children's Story Time, Woy Woy Library, 10.30am
Occasional Childcare, 9am;
Central Coast Volunteering, 9am;
Over 55's Gentle Fitness, 9am;
Supported Playgroup, 9.30am & 12.30pm; **Yoga**, 10am; **Mad Monday** Craft & Cooking, 11am; **Bridge Club**, 12pm;
Hysical Culture Club, 4pm;
Coast Care Counselling, 3.45pm;
Dance & Theatre School, 3.45pm;
Judo, 5pm; **U3A Courses**, **PCC**
Craft group, 1pm, **BFC**

Fairhaven Services Cash Housie, 7.30pm, **EMBC**
Yoga, 9:30am, enq: 4360 2705, **WH**
Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH**

Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075

Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, **WVEC**

If you would like your community not-for-profit event listed here, send the details to the Peninsula News

Peninsula News

Community Access

is printed on 100% recycled paper products, even the ink is made from vegetable matter. So when you're done reading this paper please recycle it or give it to someone else to read

Little Theatre will have publicity stall

Woy Woy Little Theatre will have a stall at the Australia Day celebrations in Woy Woy on January 26.

Publicity manager Ms Patrice Home said the stall was a great opportunity for the broader community to connect with theatre on the Peninsula.

"Anyone wishing to find out more about any aspect of the theatre is welcome to drop by and ask questions or grab a flyer for our February production, the comedy *Key for Two*," Ms Home said.

"*Key for Two* is a happy collaboration between two writers, Dave Freeman and John Chapman, who have both written comedies for television.

"The play introduces a woman named Harriet who is 'entertaining' a married man named Gordon, who dutifully leaves her household money after complaining about the high cost of maintaining a wife, a family and a mistress.

"Once Gordon leaves, the sheets are changed for the arrival of Alec who, like Gordon, is paying Harriet's bills, and he too complains

about the expense of supporting a family as well as a mistress.

"Each man thinks he is the only one in Harriet's life and Harriet orchestrates their comings and goings with the artistry of a professional.

"Complications arise when Harriet's friend Anne arrives unexpectedly, throwing Harriet's dual timetable into disarray.

"Gordon and Alec both show up at the same time and Harriet begins to create a fantastic story to explain each to the other.

"Further lives are invented as Anne's husband and Gordon's and Alec's respective wives ring the doorbell."

Key for Two will run at the Peninsula Theatre from February 6 to 22.

For dates and session times visit the website www.woywoylt.com.au or phone 4341 2931.

Tickets will be available to buy at the box office two weeks prior to the production's opening.

Press release, 15 Dec 2008
 Patrice Home, Woy Woy Little Theatre



North Burge Rd, Woy Woy 4341 7598

Tuesdays
Pool Comp from 6pm
\$2.00 to play - great prize's

Wednesdays
Free Pool from 6pm

Thursdays
Twilight Bowls from 5pm,
Members' Badge Draw
Surf n Turf Raffle from 5.30pm
followed by Kazza's Karaoke

Fridays
Lingerie Waitress, Poker 8.30pm,
Umina Bunnies Raffle from 5.30pm

Saturdays
Cash Poker from 8pm
Fisho's Raffle from 5.30pm

NEW YEARS DAY

Spend the first day of the new year at the sporties at Woy Woy with **FREE LIVE** Entertainment - **Kazza Terry Duo performance plus karaoke from 2pm**

NEW YEARS EVE

Chris James Performing
Live tickets \$20.00
Doors open 7pm
BOOK NOW

• **Courtesy Bus available from 5pm Thursday to Saturday**
 • **Child Flight Charity Bowls Day - 3rd Sunday each month**
Great day with Entertainment and Raffles