Edition 203 Phone 4325 7369 Fax 4325 7362 **November 10, 2008**

Findings against Peninsula Village

The Department of Health and checks on October 24. Ageing has found that the Peninsula Village Retirement Centre failed to report an alleged sexual assault within 24 hours, has employed staff without current police checks and has supplied misleading information about police checks.

Nine staff at Peninsula Village Retirement Centre have been stood down pending police checks and its director of nursing has been dismissed from her position, after a formal notice of non-compliance was issued.

The Federal Minister for Ageing Ms Justine Elliot has now called on the independent aged care commissioner Ms Rhonda Parker to personally examine the department's handling of previous complaints at Peninsula Village.

The examination will include visiting the facility and meeting family members as well as examining the actions of the Department of Health and Ageing Complaints Investigation Scheme and its predecessor, the Complaints Resolution Scheme, Ms Elliot said.

Director of nursing Ms Ingrid Farrell was dismissed on October 30, after the nursing home was issued with the notice of noncompliance by the Minister.

It was revealed by Peninsula Village on October 21, that two staff members had been sacked following allegations of the sexual assault of two elderly residents.

The two separate incidents were alleged to have occurred more than four weeks ago.

Complaints investigation officers from the Department made an unannounced visit to the Village on October 22.

The Aged Care Standards and Accreditation Agency identified nine staff with expired police

Dunban Road, Woy Woy Phone 4341 1866

Ms Elliot said those staff without proper police checks had been stood down by the nursing home.

"Police checks are important," Ms Elliot said.

"Police checks are about preventing people with serious criminal convictions working with frail and aged people.'

Ms Elliot said under the Aged Care Act, nursing homes are currently required to conduct police checks on staff with unsupervised access to residents.

Directors and senior management of Peninsula Village met with the Aged Care Standards Accreditation Agency on October 30, and received the agency's Review Audit Major Findings.

The audit reviewed the facility on the 44 expected outcomes of the accreditation standards. Against two of those standards Peninsula Village was found to be non-compliant.

Peninsula Village chairman of the board Mr Darrell Pannowitz said the board took immediate steps to address the findings of the Aged Care Standards Accreditation

"Under the circumstances, the board has decided to dismiss the director of nursing.

"On behalf of the board and the staff, I apologise to the residents for the lapse in our procedures.

"I know the events of the last month have created anxiety among residents and their families and I sincerely regret the concern that has been caused.

Mr Pannowitz said police were still continuing with its investigations into two allegations of sexual assault at Peninsula Village.

> Press release, 30 Oct 2008 Justine Elliot, Minister for Ageing Press release, 30 Oct 2008 Michael Ward, Professional **Public Relations**



Beach unfit for swimming

Ettalong Beach has been found to be unfit for swimming.

Ettalong Channel has failed National Health and Medical Research Council swimming water quality standards, in tests by the Department of Environment and Climate Change.

The Channel received a "poor" water quality rating, with elevated levels of faecal coliforms, in the department's Beachwatch program.

Beachwatch manager Ms Cris Hickey said the elevated levels of faecal coliforms measured at Ettalong Channel were attributed with stormwater discharge after heavy rain in October.

"Faecal coliforms themselves are harmless bacteria that naturally occur in digestive systems of warm-blooded animals, including humans," Ms Hickey said.

"They are known as indicator organisms that help us measure the presence of domestic sewage in the water.

"Faecal coliforms indicate the excrement from humans, dogs, livestock or wildlife that are known to increase following periods of heavy rainfall.

"If it has rained during the last few days, then there is a possibility that water may be polluted.

"This would explain the elevated

levels of faecal coliforms found in Ettalong Channel when it was tested last month.

"During dry weather, results

are fabulous because there is no stormwater discharge to contaminate the water. "We recommend people avoid

swimming during and at least one day after heavy rain to avoid virus pathogens." Other local swimming locations

including Woy Woy baths, Umina Beach, Killcare Beach, Pretty Beach baths, Pearl Beach and Pearl Beach baths received good results.

Gosford Council's manager of education and compliance Mr John Parkes said council would conduct weekly monitoring until the end of the 2008-2009 summer swimming season in April to provide the community and visitors with information on beach water quality.

"The results for this first month of the Beachwatch season confirm the findings from previous years -Gosford's beaches are amongst the cleanest in the state," Mr Parkes said.

"Water quality in dry weather conditions is great, with low bacterial readings showing no evidence of sewage contamination.

"As a general rule, we encourage people to avoid swimming for a day after rainfall at coastal beaches and for up to three days in estuarine areas due to the impacts of stormwater discharges.

"There are many things that the community and visitors to the area can do to help keep our beaches

"By placing litter in the bin or taking it home with you and picking up pet droppings, we can all help ensure pollution stays out of the stormwater and our waterways remain clean."

Mr Parkes said results would be made available to the public on council's website every week at www.gosford.nsw.gov.au and searching for "beachwatch".

The Beachwatch program was established in 1989 in response to community concern about the impact of sewage pollution on human health and the environment.

The programs provide regular information on beach water quality to enable people to make informed decisions about where and when to swim.

Clare Graham, 7 Nov 2008 Interviewee: Cris Hickey, **Department of Environment** and Climate Change Press release, 5 Nov 2008 Lisa-Maree Schell. **Gosford Council**

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Award for residents' newsletter

The Peninsula Village retirement centre has received an award in the Aged and Community Services Australia National Awards of Excellence for its monthly newsletter.

The Umina retirement village's monthly publication Pipeline received an award for the second year in a row.

The newsletter is read by more than 400 of Peninsula Village's residents, staff and carers' each month and features articles that

includes poetry, recipes, personality of the month and outings.

Chief executive officer Ms Terri Parker said the village was grateful to be recognised for a second year

"To win this award once was wonderful, but to win for a second time was a credit to the staff and residents that work tirelessly every month to put the newsletter together."

Press release, 16 Oct 2008 Lisa Dalton, Peninsula Village Retirement Centre

Correction

In edition 202 of Peninsula News, it was incorrectly stated that Volunteering Central Coast would hold an information session in Woy Woy on November 17.

The correct date for the information session is in fact December 1.

The error was due to a misprint in a press release from Sharan Page, the recruitment officer at Volunteering Central Coast.

Clare Graham, 4 Nov 2008



Umina resident Allen Melene collects his new boat from the Royal Volunteer
Coastal Patrol Central Coast Division

Average rains in October

October finished with a total rainfall of 73.4mm, just 3.6mm short of the average for the month of 77mm, according to figures supplied by Mr Jim Morrison of Woy Woy.

The total for the year stood at 1115mm, which was 5.4 per cent above the average at the end of October of 1058mm.

So far this month, only 1.8mm has fallen.

The average for November is 83.6mm.

Spreadsheet, 7 Nov 2008 Jim Morrison, Woy Woy

Boat won at Woy Woy

The Royal Volunteer Coastal Patrol Central Coast Division annual boat raffle was drawn in Woy Woy on November 3.

The funds raised from the raffle will go towards the ongoing operations of the Central Coast Division of Coastal Patrol.

Gosford mayor Cr Chris Holstein was at the Deepwater Plaza shopping centre to draw the winning ticket for the boat raffle.

The winning ticket was number 01330 in the name of Allan Nelene.

"When contacted by Division Commander an excited Mr Nelene indicated he would be around to collect his boat and trailer on Wednesday," publicity officer Mr Ron Cole said.

"Marine Rescue in NSW is the responsibility of the NSW Government.

"About 70 per cent of all marine rescues are undertaken by volunteer marine rescue organisations that remain virtually unsupported by the State Government that is still 'considering' the recommendations of an independent report by the Hon John Price on integration and financial support of volunteer marine organisations," he said.

Press release, 3 Nov 2008 Ron Cole, Royal Volunteer Coastal Patrol Central Coast Division

Peninsula News

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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President, Central Coast Bush Dance & Music Association

Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Choral evensong

The Peninsula Choir will begin the pre-Christmas season with its annual Choral Evensong service from 6pm at St Luke's Church, Woy Woy, on Sunday, November 30.

"The service will be a moving introduction to the pre-Christmas season of Advent," publicity officer Ms Barbara Firth said.

"The hymns will be congregational favourites, with their air of joyful expectancy, and the choir will sing settings of the evening canticles by Thomas Morley, festal responses by Smith of Durham and Psalm 150 to a tune by Gerald Knight.

Press release, 6 Nov 2008 Barbara Firth, the Peninsula Choir

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Ettalong Beach dune plan in tatters

The Ettalong Beach Dune Management Plan appears to be in tatters, after a letter from the Minister of Lands Mr Tony Kelly has suggested that Gosford Council is within its rights not to follow the plan's requirements.

Critics are now asking whether entire Ettalong Beach Foreshore Plan of Management can be similarly "ignored", despite negotiations and community consultation which took more than 10 years to see its adoption.

Mr Kelly wrote to Member for Gosford Ms Marie Andrews, following her representations on behalf of Ms Margaret Lund of Woy Woy Bay.

Mr Kelly stated that the assessment department's "identified that vegetation removal beyond that specified in the plan has occurred in part".

"However, this appears to be a direct result of a fire set by vandals in circumstances beyond council's control.

"In the interests of health and safety, the toilet block and burned vegetation were cleared using machinery.

"This decision was taken to avoid unnecessary exposure of staff to hazards such as broken glass and used syringes that were evident on the site.

"Council has since made significant efforts to restore the site including mulching and planting of some advanced trees and numerous ground cover plants.

"Council advises that it would have been ideal to use site-sourced mulch as specified in the Plan of

Ettalong Beach foreshore after council cleared away vegetation damaged in a fire lit by vandals in April this year

was lost due to the fire.

"I am advised also that restoration and maintenance works to date have utilised the services of qualified persons wherever possible and there has been some community engagement through local schools to assist with planting."

"While this work has not involved the preferred Bradley Method, it would not have been suitable given the conditions on site," Mr Kelly stated.

Ms Lund who is a volunteer with

that the Council had not followed the plan.

It had removed more vegetation

than specified, had used machinery rather than hand tools as specified, and had not used suitable mulch that was available.

She said that the council had not sought advice from appropriatelyqualified people and that the methods used were not according to the plan.

"Heavy machinery is very damaging and completely untenable to be used on such a delicate system," she said.

"The area could have been hand raked with less damage.

"The fact is that the desire was for the entire area to be flattened."

Ms Lund said up to 100 metres of land was "flattened" by bulldozers, despite the Plan of Management specifying that only 20 to 30 metres could be levelled.

She said council "admitted this".

"What is the value of a plan if in the end it is not followed and the council can do what it likes?

"Why did we go through a process taking many years, to come up with a suitable Foreshore Plan of Management for the Ettalong Beach if in reality it can be ignored?"

Letter, 23 Oct 2008 Minister for Lands, Tony Kelly Email, 7 Nov 2008 Margaret Lund, Woy Woy B





Cnr Empire Bay Dr & Kerta Rd Kincumber **4368** 3866

Gosford recovers funds as CDO unwinds

Gosford Council has been let off the hook, with its \$3 million Federation CDO investment being returned in full with interest.

At one point, the CDO was valued at less than five per cent of its face value.

Wingecarribee Council sold its investment in the Federation CDO earlier this year for 15 cents in the

Gosford was among a number of NSW councils to benefit when the trustee of Lehman Brothers decided to unwind the CDO, or collateralised debt obligation.

Newcastle Council also received \$2.5 million it had invested in the Federation CDO.

A media release issued by Newcastle Council stated that the trustee's decision followed "lengthy representations" involving "advisors retained by Council and other bond holders".

The release acknowledged that the return of the investment was unusual: "The unwind of the Federation CDO was subject to circumstances which are not common to the other CDO investments.'

As recently as three weeks ago, Newcastle Council had written off its investment in the Federation CDO and its auditors Price Waterhouse Coopers questioned whether investments in other CDOs had any value.

However, in its statement on October 30, Newcastle Council was anticipating "an orderly unwind" of other CDOs arranged by Lehman Brothers.

Gosford Council stated last week that its \$3 million had been returned on October 30, together with accrued interest paid at 8.1192 per cent.

A report prepared for its November 4 meeting stated council's main portfolio experienced a 2.49 per cent drop in August and a 12.67 per cent drop in the past

The report also stated council's total portfolio stands at more than \$39.2 million.

"Council no longer has any direct investment in the US subprime mortgage market," Gosford mayor Cr Chris Holstein said.

"Intheworldwidefinancialturmoil currently being experienced, this is very positive news for Council."

Cr Holstein said that all of council's investments have been made in accordance with the Local Government Act 1993 and the Minister's Order on Investments.

"Council is continuing to monitor the position of all other investments in light of the current economic climate," Cr Holstein said.

Press release, 6 Nov 2008 Lisa-Maree Schell, Gosford Council Media release, 30 Oct 2008 **Newcastle Council**



Damage to Umina Oval said to be caused by trail bike riders

Cricketers call for action on trail bike vandals

Umina Cricket Club is calling for an increase in police presence following more than 10 incidents of vandalism to the club's home oval.

Club publicity officer Mr Gary Blake said it was extremely frustrating to see the oval damaged resulting in lost matches.

"On October 25, we were unable to play day two of a first grade game because trail bike riders had damaged every pitch on the square during an attack, shortly after some rain earlier in that week.

"Over the past couple of seasons we've seen our wicket square at Col Gooley Field (formerly Umina Oval) damaged by trail biker riders on about 10 occasions," Mr Blake

"This is in addition to having our pitch covers repeatedly pulled up, slashed and even set on fire.

"It has resulted in six days of cricket being completely lost when the damage has been such that it cannot be repaired at short notice.

Mr Blake said the club's small team of volunteers had put in extra hours in pitch preparation due to the vandalism.

"The club also purchased some new supplementary pitch covers last week to protect the pitches where the existing covers had been damaged and repaired," Mr

"You can't imagine our dismay at about 6.30am on November 1 to find that during the night someone had come along and torn the covers off the pitch (totally destroying the new cover) and proceeded to use some sharp implement to gouge 60 to 70 holes along the wicket in strategic locations at either end, including a hole approximately 10cm deep and 50cm long just in front of the batting crease at one

"It was clear from the type of damage that whoever had done this had come along prepared with their own tools to commit this act and that they had been prepared to spend a great deal of time to do it.

"It is also fairly clear that the people responsible for these acts are aiming to have the maximum effect by damaging the pitches just in front of the batting crease at either end.

According to Mr Blake, the latest incident was reported to local police.

"We've reported this latest act of malicious damage to Woy Woy Police and they will advise Gosford Council," Mr Blake said.

"While we understand that there is little or no chance of us finding the culprits this time, we believe that we need to find a way to take some action to put a stop to this continued vandalism.

"We also believe that due to the number of times that the covers have been found in the adjoining skate park that there is little doubt that the vandals are among those that congregate in that area on

most weekend nights, but we can't fathom the motivation for such specific attacks like the one last Friday night.

"Our club are also looking into organising private security and while this may help to act as a deterrent, it is unclear what may result if these people are caught in

Mr Blake said he hopes that by making the continued acts of vandalism known to the Peninsula community it may prevent future attacks on the oval.

"We hope that by making it known about the continued vandalism that we might make more locals aware and ask that they be more vigilant about suspicious behaviour in the area," Mr Blake said.

"We also hope that a greater police presence in the area near the beach and skate park might have an effect on stopping the vandalism which is costing the Umina Cricket Club and Gosford Council a great deal of money and is also an immense frustration to the cricketing community in

> Press release, 3 Nov 2008 Gary Blake, Umina Cricket Club

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Residents asked to prepare for fire

The NSW Rural Fire Service has urged Peninsula residents and holiday makers to prepare for the bush fire danger season, which officially began on October 1.

Community safety officer Mr Rolf Poole said the fire service was encouraging property owners in and around the Peninsula to be prepared, particularly in suburbs close to bush land such as Patonga, Pearl Beach, Killcare, Pretty Beach, Woy Woy Bay and surrounding areas.

"Commencement of the Bush Fire Danger Period does not prohibit landholders from burning. In fact, we continue to encourage landowners and managers to prepare their properties, which may include controlled hazard reduction burning.

"It does mean however, that permits will be required for lighting fires

"Fire permits are free and can be obtained from your local fire station or fire control centre.

Mr Poole said fire danger ratings were measured daily and displayed on roadside fire danger signs and on the internet at www. rfs.nsw.gov.au.

"Rural Fire Service fire fighters will continue to assist land management agencies by conducting hazard reduction burns during the bush fire danger period as weather conditions permit," Mr

Poole said.

"The burns are coordinated as part of the district's fuel management plan and will greatly assist to protect the community.

"Local Resident should also be using this time to prepare and maintain their properties."

Member for Gosford Ms Marie Andrews said local fire fighters were anticipating a "tougher" bush fire season this year.

"Last year, we were fortunate to experience a fairly mild fire season due to a La Nina weather event which brought lower temperatures and higher rainfall," Ms Andrews said.

"Those favourable conditions are not expected to be repeated this year and that means a strong likelihood of increased fire activity.

"Our fire fighters are ready for the fire season and it's crucial that householders and the community are also prepared.

"By taking action now, residents can reduce the chance of injury and increase the likelihood of saving their homes.

"Now is the time for people to clear items that could fuel a fire like leaf litter from around their homes and ensure they have a fire plan so everyone knows what to do in the event of a fire."

> Press release, 30 Sep 2008 Rolf Poole, NSW Rural Fire Service

Press release, 2 Oct 2008 Marie Andrews, Member for Gosford

Local lead in workplace safety

Peninsula resident and joint managing director of local development and building construction company Sharpe Bros, Mr Michael Sharpe, was named Safe Work Ambassador for Safe Work Australia Week recently.

Safe Work Australia Week ran from October 19 to 25 and aimed to encourage all working Australians to get involved in and concentrate on safety in their workplace to reduce death, injury and disease.

Mr Sharpe's brothers and fellow joint managing directors of Sharpe Bros, Hayden and Richard Sharpe, were also named as Safe Work Ambassadors.

As part of the work safety awareness week, Sharpe Bros held its annual Roadworkers Art Prize at the Gosford Regional Art Gallery on October 20.

Michael Sharpe said rest and recreation, along with a sense of community and an enjoyable work environment, all played an



Peninsula resident Michael Sharpe with brothers and joint managing directors of Sharpe Bros, Richard and Hayden.

important role in maintaining safety in the workplace.

"We are proud to be Safe Work Australia Week Safety Ambassadors as we recognise that safe work practices are not just a concern for the construction industry but for all businesses, large and small, across all industries," Michael said.

"The Sharpe Bros crew took a well earned break from their busy road maintenance schedule to select the winner of the annual prize – Windows of Portend by Mike Worrall, who also won the Prize in 2006 and went on to become a finalist in the Sulman Prize which is part of the Archibald Prize."

Safe Work Australia Week is organised by the Australian Safety and Compensation Council.

Press release, 21 Oct 2008 Michelle Newman, MacGregor Public Relations

Parents asked to teach road sense

A local Neighbourhood Watch coordinator has called on parents to teach their children safety on the streets.

Umina and Pearl Beach Neighbourhood Watch coordinator Ms Michelle Hinwood said: "There is an issue I would like to bring to the attention of all parents in our

"As we all know in a lot of our streets, the children play outside on the roads, particularly in the many cul-de-sacs we have here.

"In fact, this child-friendly neighbourhood is one of the reasons many families move here.

"However, some residents have recently expressed concern that when they are driving along our streets as a lot of the children tend to ignore the approaching cars and do not move to the side of the road.

"I have experienced this myself often and am quite happy to slowly drive around the kids.

"All of our residents are aware that the children regularly play in the streets and the greater majority of us drive slower and more carefully in our area because of the children.

"However, my concern – and that of some residents who have contacted me – is the fact that drivers coming into our area who are not locals are usually driving faster and not actually looking out for the children.

Ms Hinwood said it was only a matter of time before there was an "unfortunate accident".

She said parents should tell their

children to be alert and move to the side of the road when they see or hear any vehicles approaching.

"Some residents of Pearl Beach have also raised the same problem.

"In that area there is very little kerbing and guttering and most of the streets are tree-lined and it is sometimes difficult to see the children until the last minute.

"The residents there say their problem is the same as ours – nonresidents coming into the area who drive faster than locals.

"The only way we can tackle this problem is by teaching the children to be more aware of the danger and to not assume that every vehicle will slow down for them."

Newsletter, 18 Oct 2008 Michelle Hinwood, Neighbourhood Watch



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Turning the corner into history

On my usual run this morning, I came down West St in Umina and was about to turn left towards the beach when my mind went back about 55 years when Umina was very much a different place to what it is today.

Most runners I know tend to switch off rather than think about aching calf muscles and cardiac arrest.

If I had been running 55 years ago, I would now be turning "Nutt's Corner".

This was a general store selling everything from kerosene to corn beef as well as a fantastic range of lollies, including liquorice straps and musk sticks.

There was also an interesting rumour that Mr Nutt Senior was

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the proud possessor of part of the male anatomy which had been brought back from overseas as a war souvenir.

No one had actually seen it, so perhaps it was another urban mvth.

Diagonally opposite Nutt's store was the post office and paper shop ran by the O'Toole family, together with their three lovely daughters.

Next door was Knight's butchery boasting two or three butchers blocks and sawdust on the floor.

Further down Trafalgar Ave, on the eastern side, was Murray's General Store and next door was the well known Bingham's Haberdashery which sold everything from King Gee overalls and shorts to sunhats and swimming costumes all with skirts as a concession of modesty.

Certainly no bikinis and everything was manufactured in Australia.

I can remember the proprietor, Wally Bingham, who incidentally looked like an undernourished Winston Churchill without the ubiquitous cigar, presiding over the shop on a raised platform, peering over his glasses and writing in his

Charles Dickens could not have created a better scene!

Behind Bingham's was a dry cleaning business operated by the much-loved Dick Carrol and his charming wife.

Opposite Bingham's was the

Forum

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Seabreeze Cafe owned by a Greek couple, Pete and Peggy Pawdelis.

I think they were the first to install a jukebox and a table tennis

They were open seven days a week and you could always count on getting a great hamburger, with beetroot I might add, well into the

One day, what we would now call a vintage motor vehicle was parked in front of the cafe with an old toilet cistern installed above the windscreen.

The chain dangled near the driver's window and it was just a matter of pulling the chain to clean the windscreen.

All sorts of messages were painted on the vehicle, the mildest one being, "Don't laugh, your daughter may be inside".

Trafalgar Ave, back in those halcyon days, was lined on both sides with magnificent date palms thus giving the street the appearance of a tropical drive right to the beach.

Unfortunately Gosford Council for some nebulous reason decided the palms were a danger and removed the lot.

Even though I was only a kid I remonstrated with council workers and I was assured that suitable trees would be planted in no time.

That was 55 years ago and of course we are still waiting.

Well that's enough reminiscing for now ... more to come on my next run.

> Fred Landman, **Daley's Point**

War memorial should not remind of commerce

The original Woy Woy War Memorial pool was opened in 1968 after local citizens raised the initial seeding funds to establish a public swimming pool and a memorial to Australians who served their country in war.

distinguished Two was veterans Sir Roden Cutler VC and Prime Minister Sir John Gorton participated in the opening ceremony.

The War Memorial Swimming Centre was still in good condition and functioning as a popular sporting amenity in 2003.

Gosford Council ignored requests from many groups and individuals to maintain it but council closed the gate on March 28, 2003, and acted with indecent haste to destroy everything on the site.

By Anzac Day in 2003, the site looked like a World War I battlefield.

The extravagant Peninsula Leisure Centre which was erected on the site ran well over budget and cost about \$26 million and has since lost about \$1 million a year in running costs.

Only after strong representations from veterans' organisations did Gosford Council locate a new war memorial panel in the foyer at the side entrance as a token of its obligation to preserve the tradition of the site as a war memorial.

The memorial panel was soon

Forum

overshadowed by several brightly illuminated refrigerated vending machines located strategically to market Coca Cola products and confectionary loaded with high levels of fat and sugar.

The vending machines also marketed and retailed bottled water at \$3 per litre for the profit of Coca Cola which harvests 35 megalitres from groundwater at little cost to the company.

Unconcerned about defiling an altar, Gosford Council allowed a private advertiser to sell advertising space on the walls of the war memorial pool to commercial businesses.

Members of the public who pay to use the public facilities should not be used as a captive audience for commercial advertising on public land.

The Woy Woy War Memorial Pool is there for the enjoyment of the public and to remind is what former generations have done for Australia.

It is not there to remind us what Gosford Council is doing for Coca

> John Collins, Woy Woy

Forum

Feds should chip in

Jill Donald is on the right track in getting the ferry operator to help pay for the dredging of Brisbane Water, but not the council.

They should not accept the poisoned chalice of a State responsibility.

The State Government is broke, so, I suspect is the council, so, it is up to our Federal member to persuade the National government to provide the loot.

Otherwise, it won't get done. Keith Whitfield, **Woy Woy**

Don't spend too quickly

Now that the Reserve Bank has reduced the rate by a total of 1.75 basis points, when will the government reduce the deeming rate for pensioners?

The Federal Government has said a lot about banks passing on the rate reduction but they have left the deeming rates at four per cent and six per cent.

Very few safe areas of investment are currently offering these rates.

The Federal Government should

FOIUIM

immediately reduce the deeming

With the co-payment on PBS prescriptions due to rise in January, along with a higher safety net value, plus doctors increasing their co-payments, i strongly urge pensioners not to spend the \$1400 Christmas bonus too quickly.

You will need a lot more money in the New Year. Robert Lambert,

Umina Beach

Umina's Finest Tobacconist & Darrell Lea Chocolates



Cnr South and West Street (New entry from South Street) **Umina Beach - Open 7days** Monday to Friday - 8am to 6pm Saturday & Sunday - 8am to 4 pm

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:

www.peninsulanews.asn.au

News

Party in aid of Ugandan orphans

The Integrated Community Development Foundation will host a party fundraiser for Ugandan Orphans in Umina on November 22.

"The line up of entertainers includes Drumbala, Too Late to be Great, Slightly Off and a rock quiz," said publicity officer Ms Sue McCarthy.

"These and other artists are donating their time for this great cause."

The fundraising event will be held at Rainbow Gate at 207 West St, Umina from 5.30pm.

Entry is \$20 per adult and \$10 children.

Children under 10 years can enter by donation.

Ticket price includes a sausage sizzle, Ugandan food and entertainment.

Soft drink, raffle tickets and Ugandan arts and crafts will be available to buy.

"The Central Coast community

is very loved by the children and families who benefit from the funds received," said Mr Sam Bukenya, the foundation's executive director in Uganda.

"It is only with the generous support of a couple of very kind benefactors that two girls are able to come to Australia with me this

"Alice and Edith are delighted to be able to meet some of the people who have made such a difference to their lives.

"Besides the fundraisers, other Central Coast people have made generous donations and helped facilitate micro-loans for families who are caring for orphans, to help them to care for our orphans."

Mr Bukenya said the last fundraising event funded a diesel generator for the "Central Coast Internet Cafe".

"The Central Coast Internet Cafe is a project solely funded from Central Coast residents," Mr Bukenya said.

"There is still a need.

"We began with second-hand computers and we need to work towards getting some of the older computers replaced.

"And solar power would be a perfect addition.

"In Uganda, most successful businesses utilise solar as well as diesel generator to supplement the existing power.

"Once this infrastructure is established, the internet cafe can then generate enough income to support itself and also support some of the 460 orphans that the Foundation cares for."

Tickets for the fundraising party can be purchased from Rainbow Gate from November 13 to 20 or by calling 4344 3044 after 6pm.

Press release, 21 Oct 2008 Sue McCarthy, Integrated Community Development Foundation



Ettalong Beach resident and Don't Dis My Ability ambassador Ros Sackley with her guide dog Kira.

Appointed as ambassadors

Two Peninsula residents have been appointed ambassadors for a NSW Government campaign aimed to change misconceptions surrounding disability.

Jessica Irwin from Umina Beach and Ros Sackley from Ettalong Beach will join 19 other ambassadors from around the state to promote International Day of People with a Disability on December 3.

The Don't Dis My Ability campaign helps organise activities on the day and aims to create an environment that encourages participation in work, leisure and social activities

Member for Gosford Ms Marie Andrews congratulated the two Peninsula locals for their achievement. "Jessicaworksasaphotographer at Ken Duncan's renowned studio," Ms Andrews said.

"But her life outside of work is equally exciting.

"Being born with cerebral palsy never gets in the way of pursuits like skydiving, tandem parasailing, flying or waterskiing.

"Ros Sackley is well known on the Central Coast for her excellent work in the disability sector.

"For the best part of a decade, Ros has helped keep the National Indigenous Disability Network on the agenda.

"But she finds time to make jewellery, do crosswords puzzles and with her guide dog Kira, spend quality time with family and friends"

Press release, 31 Oct 2008 Marie Andrews, Member for Gosford

Four first prizes

A Umina business has sold four first prize lottery tickets, each worth \$100,000, in the last 18 months.

A second prize ticket worth \$10,000 was also sold in this period. Last week, Umina Beach

Newsagency also sold a ticket which won third prize in the \$2 Jackpot Lottery.

Ticket number 90289 in \$2 Jackpot Lottery draw 9153 won a third prize of \$5000 on November 4.

Newsagency owner Ms Elizabeth Handley said the wins had brought good fortune to her customers.

"Customers always like it when there is a win," Ms Handley said.

"I feel wonderful and we always love it when our customers get prizes.

Press release, 4 Nov 2008 Julie Chong, NSW Lotteries

Peninsula News

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Older persons' awards

Several Ettalong Beach Senior Citizens Centre members have received Recognition Awards as part of International Day of Older Persons on October 1.

Ettalong Beach members Mr Ronald McDonald, Ms Rose Kinney, Ms Dulcie McKeown, Ms Margaret Bailee, Ms Jean Sercombe, Ms Esma Richards, Mr Jack Byfield and Ms Noelene Toms were recognised for their contribution to the Peninsula community.

The Ettalong Senior Citizens Centre engages in many activities for its members including computer courses, painting, indoor bowls, Latin American dancing, yoga and line dancing.

Member for Robertson Ms

Belinda Neal said she was delighted to be able to present the awards of recognition to such valuable community members.

"This award recognises the enriching contribution older Australians make to our local community," Ms Neal said.

International Day of Older Persons is an opportunity to recognise the contributions older Australians make to their families and communities and to encourage participation by older people in community activities, according to the Department of Health and Ageing website.

Press release, 1 Oct 2008 Belinda Neal, Member for Robertson Website, 21 Oct 2008 Department of Health and Ageing

JR's have moved to 26 Blackwall Road next door to St George Bank

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JAYARS APPLIANCE SERVICE 26 Blackwall Road Woy Woy Next to St George 4342 3538 or 4344 3384





Peninsula gardens win Gosford awards

Two Peninsula gardens have each received an award in this year's Gosford City **Garden Competition.**

It is the fifth time in a row Umina resident Ms Alva Bell has been recognised for her outstanding garden.

Ms Bell was one of six winners in the Open Garden award category.

Her garden was open for public viewing on October 19, by gold coin donation.

All money raised from the viewing went to the Give Me Five for Kids charity.

Ettalong Beach residents Ada and Nick Van Vliet received the best patio or balcony display at this year's award ceremony.

The Ettalong Beach couple also received awards in the past two Gosford City Garden Competitions.

All winners of this year's garden competition were announced a special ceremony at the Gosford Regional Gallery on October 16.

Mayor of Gosford Cr Holstein said the competition was council's opportunity to recognise and thank the region's local gardeners.

"I never cease to be amazed, and more than a little envious, at the work and the dedication of our local gardeners," Cr Holstein said.

particularly applaud the schools that entered this year's competition - these students and teachers are the inspiration.

"In the current climate, gardens must become tougher and more resilient to survive and judges were on the lookout for healthy, environmentally-friendly, waterconserving plots.

"Some of the garden inclusions that earned ticks of approval this year included the use of droughttolerant native plants, water tanks, grey water, mulch, worm farms and compost bins.

"The leadership of this year's winners will help to ensure that these considerations become essentials, rather than options, for every Gosford City gardener of the

Press release, 17 Oct 2008 Lisa-Maree Schell, Gosford Council



The new outdoor smoking area at Ettalong Beach Club

Pokies will go outdoors

Gosford Council has resolved to allow the Ettalong Beach Club to relocate up to 70 of its gaming machines to its outdoor smoking area, despite complaints of noise pollution.

It was resolved at council's November 4 meeting that all gaming machines located within the outdoor smoking enclosure "are to be softened such that they produce no electronic sounds with a sound pressure level of no more than five decibels above the background noise at the boundary of the property".

In a report to council it was stated that six submissions were received highlighting that the machines would cause an increase in noise pollution, detract from the architectural integrity of the building and cause an unacceptable visual impact on water views.

The submissions also stated that relocating the gaming machines would make it harder for persons trying to avoid or decrease gambling.

The report stated: "It is considered that with appropriate conditioning the proposed 70 gaming machines will cause no

"Issues relating to view loss for patrons from within the club are the responsibility of the club and is not a reason that could be used to refuse this application.

"The proposal will remain substantiallythesamedevelopment if gaming machines are placed in the smokers' room.

"Therefore, there is no objection to the proposal."

The report also stated that the nearest residence, with the exception of units above the club, to the outdoor smoking area and the source of the original noise objection is a distance of 80 metres from the smoking area.

"Noise emanating from this distance is unlikely to be objectionable," the report stated.

"Regarding the units above the club, purchasers of those units

had full knowledge of their location above a licensed club premises and any consequent noise potential.

"Notwithstanding this, with suitableconditionssuchassoftening of machines and implementation of a noise management plan it is unlikely that objectionable noise will be an issue."

Cr Terri Latella said it was "completely unfair" that local residents would have to put up with the relocation of up to 70 gaming machines, along with the noise and disruption that would follow

Cr Latella was recorded in

Woy Woy Bay resident and local campaigner Ms Margaret Lund said she questioned council's latest decision to allow the Ettalong Beach Club to relocate gaming machines outdoors.

"[It is a] questionable practice of a council which approves the use of pokie machines on the club verandah in an effort to help the club remain viable.

"This is after it had already permitted the club to build a resort, which exceeded all building heights and then allowed that club to build on its car park for similar reasons.

"Since when has it been the business of a council to prop up the business efforts of a club?

"What will be the effect of exposing gambling to youngsters playing on the beach when I thought that we were already concerned about the effects of gambling in our society?"

The Ettalong Beach Club announced its proposed \$700,000 outdoor poker machine area in December last year in response to financial difficulties faced by the

The club claimed the State Government's poker machine tax increase and the indoor smoking ban were major contributors to the club's \$28 million debt at the end of the 2006/2007 financial year.

Council agenda ENV.81, 4 Nov Email, 7 Nov 2008 Margaret Lund, Woy Woy Bay



Belinda Neal MP will be available for appointments at her **Woy Woy Information office at 3B Blackwall Road Woy Woy** on Thursdays by appointment Please call 02 4322 1922

> PO Box 577 Gosford NSW 2250 Robertson.electorate@aph.gov.au









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Ph: 4343 1888 113 Blackwall Rd Woy Woy

Service in anti-ageing

Ettalong Beach business owner Ms Liz Geyson has begun providing a service in anti-ageing beauty treatment.

Ms Geyson said laser light antiageing beauty treatment gave "remarkable results" by gently stimulating the skin, increasing cellular activity and encouraging new skin cells.

The service was available to both men and women.

Ms Geyson began her antiageing therapy clinic and beauty room in Ettalong Beach in August.

She said she has more than 15 years experience in laser light anti-

ageing therapy and has owned two previous beauty rooms in Sydney and one in Gosford.

"I began the laser light treatment on the Peninsula because as far as I could see, no one else was providing this service to the community," Ms Geyson said.

Ms Geyson said she moved to the Peninsula in June last year and "does not regret it one bit".

"It's great to perform these treatments in a beautiful area by the sea," Ms Geyson said.

Ms Geyson also provides facials, massage and waxing.

Clare Graham, 6 Nov 2008 Interviewee: Liz Geyson, Ettalong Beach

Bird society holds demo

The Brisbane Water Cage Bird Society will hold a demonstration on avian management and breeding at the South Woy Woy Progress Hall on November 16.

Four experienced breeders and exhibitors will be presenting talks on their specialty birds, including parrots, finches, budgerigars and canaries.

Guest speakers include Simon

Bergenhart, Keith Edwards Richard Bucior and Bob Pegg.

The event is free and open to all members of the public.

Morning tea will be provided for participants and a barbeque lunch will be available on the day.

The event will take place from 10am to 1pm.

For enquiries phone Pauline on 4341 7903 or email jancummings@y7mail.com

Email, 30 Oct 2008

Picnic in park

The Peninsula Environment Group will hold its next Picnic in the Park event on Sunday, November 16.

Local residents are encouraged to come along with a picnic lunch

and meet "green-thinking" people.
The event will be held from
11am to 2.30pm at Lions Park,

Brick Wharf Rd, Woy Woy.

Press release, 3 Nov 2008

Zainem Ibrahim, Peninsula

Environment Group

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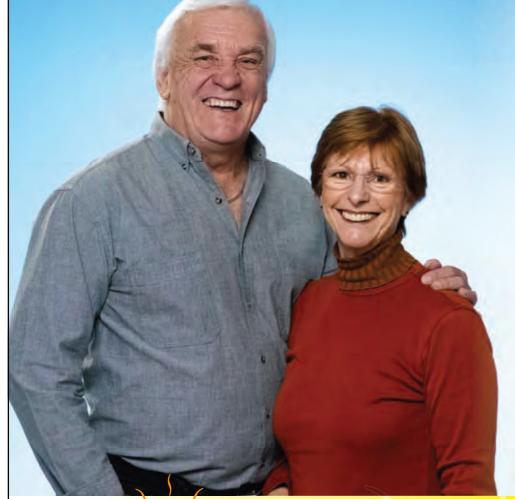


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Defence medals presented

Two Peninsula residents were presented with Australian **Defence Medals at Gosford** RSL on November 6, for their outstanding commitment and service to the Australian **Defence Force.**

Mr David Caldwell of Woy Woy joined the Australian Army in 1976 and served as an infantryman until 1982

Mr Marcel Jones of Ettalong Beach served as an able seaman with the Royal Australian Navy during World War II, discharging in 1946.

Member for Robertson Ms Belinda Neal attended the ceremony to present four Central Coast residents, including Mr Caldwell and Mr Jones' wife Dorothy with their medals.

"The Australian Government has the highest regard for the

"The medals are a great tribute to the men and women of Robertson who gave so much to our country when they were in uniform.

"And they are still contributing to the fabric of our society today.

"I congratulate them all."

"These people have made a valuable contribution to the nation through their service in the Australian Defence Forces in a variety of fields both in Australia and overseas.

"Their commitment to their country and their community is truly worthy of recognition."

Adjutant of 2/17 Royal NSW Regiment Captain Timothy Frankcombe, Gosford mayor Cr Chris Holstein, vice president of RSL NSW Dr Rod Bain and vice president of Gosford RSL Sub Branch Mr Harry Biddolph were also in attendance.



Captain Timothy Frankcombe, Sondra Parish, John Atkins, Dorothy Jones, David Caldwell and Belinda Neal.

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Remembrance Day service in **Woy Woy**

A Remembrance Day service will be held at Woy Woy Memorial Park on Tuesday, November 11.

Members of the Woy Woy-Ettalong-Hardy's Bay RSL subbranch will meet at 11am to conduct the traditional service.

Sub-branch president Mr Bevin Router said all members of the public were welcome to attend to join ex-servicemen in commemorating the event.

"Remembrance Day is an important day on the calendar because it gives Australians the chance to commemorate the sacrifices of all members of the armed forces," Mr Router said.

"It is a special day for all Australians to observe, not just those who have personally been affected by war."

Remembrance Day - the 11th hour of the 11th day of the 11th month - attained a special significance in the post-War years.

It was the moment in 1918 when hostilities ceased on the Western Front in World War I, becoming universally associated with the remembrance of those who had died in the war.

World War I conflict had brought about the mobilisation of more than 70 million people and left between nine and 13 million dead, perhaps as many as one-third of them without a grave.

The allied nations chose this day and time for the commemoration of their war dead.

The red poppy is used as a symbol for Remembrance Day because of its abundance in Europe during the First World War.

The poppy is a common weed in Europe and was one of the only plants that grew on the battlefield, as it thrived on disturbed soil.

During the few weeks the plant blossomed, the battlefield was said to be coloured blood red, not just from the red flower that bloomed in great numbers but from the blood of the fallen soldiers that lay scattered across the battlefield.

Artificial versions of the red poppy flower are now worn in many Commonwealth countries and the US to commemorate the sacrifice of veterans and civilians in World War I and other wars.

Clare Graham, 6 Nov 2008 Interviewee: Bevin Router, Woy Woy-Ettalong-Hardy's Bay RSL sub-branch Website, 6 Nov 2008 **Australian Government Department of Defence**

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Peninsula Food Guide

Shannon takes on Mo month project

Umina fire fighter Mr Shannon Australia. Dixon will be growing his moustache this month to raise money for depression and prostate cancer

He is taking part in Movember Central Coast, a fundraising event to be held at Woy Woy Leagues Club on Saturday, November 29, in support of Beyond Blue and the Prostate Cancer Foundation of

"I chose to run the event because Movember was the first charity that I felt I could really relate to and have fun whilst doing it," Mr Dixon said.

"Being male and working in emergency services, prostate cancer and depression are two very real possibilities.

"Men lack awareness about the

very real health issues they face.

"There is an attitude that they have to be tough - and are reluctant to see a doctor about an illness or go for regular medical checks.

"Movember aims to change these attitudes and make men's health fun by putting the mo back on the face of fashion and in the process raise some serious funds for key men's health issues."

Mr Dixon said other local fire fighters from Umina fire station would also be lending their support.

"We hope to make it a fantastic night," Mr Dixon said.

"We have already secured several guest MC's and are even working on a few surprise

celebrities to help with the best mo judging section.

"We will have bands and DJ's for entertainment and plenty of prizes and give-aways, not to mention a fantastic sports memorabilia auction with some very rare items up for grabs.

"Every year 2900 Australian men die from prostate cancer (equivalent to the number of women who die from breast cancer annually) and over 18,000 men will be diagnosed with prostate

"One in six men experience depression at any given time but most don't seek help."

Email, 4 Nov 2008 Shannon Dixon, Ettalong Beach



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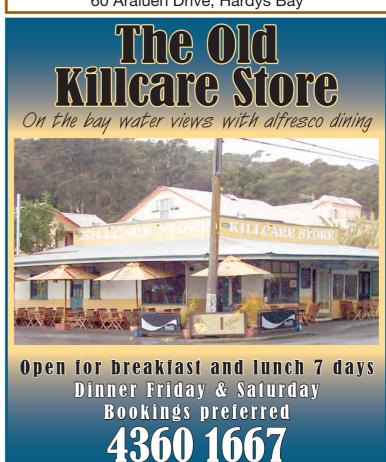




Tuesday, Wednesday **Thursday** 5pm to 9pm



Ocean Beach Kiosk



Peninsula Food Guide

Information about Rotary

The Rotary Club of Woy Woy will host an information evening on November 25, to give local residents the opportunity to learn about the club's active role in the wider community.

"Are Rotarians old men who meet once a week to drink port and reminisce about the good old days?" publicity officer Mr Ross Pearse asked rhetorically.

"I am sure you will find the answer to the question is no.

"The Rotary Club of Woy Woy is offering you to chance to find out what Rotary really does to help the community, both locally and internationally.

"If you have ever considered joining Rotary or are simply interested in finding out what Rotary does, we would like you to join us on the night.

"The evening will include a twocourse dinner and quality speakers on Rotary and what it does locally and internationally."

Mr Pearse said the Rotary Club was an organisation for both men and women.

The club currently had 40 members, including 13 women and was wanting to increase its numbers.

"We participate in a wide range of projects for local charities and community groups including the Umina and Ocean Beach Surf Life Saving Clubs, nursing homes and Mary Macs Kitchen, a service providing meals for the homeless.

"We also ensure we have lots of fun and enjoy the social aspects of belonging to a club."

The information evening will be held at the Everglades Country

For catering purposes, bookings are required by November 24, and can be made by calling John Garwood on 4369 8834.

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Press release, 30 Oct 2008 Ross Pearse, Woy Woy Rotary



The Rotary Club of Woy Woy celebrates Australia Day



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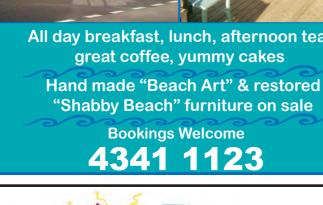
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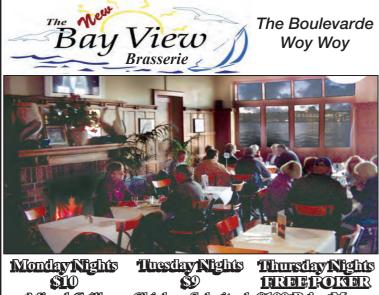
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What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr. Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, eng: 4341 3222 MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters

PBPCC, Pearl Beach-Patonga Chamber Of Comerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina -0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WWEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf. Playtime Mon-Fri 9am, Little Gym **PCYC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, WWEC

Second Tuesday of

every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC Get Together afternoon tea, **ESCC**

Pearl Beach Craft group, 1.30pm, **PBPH**

Stroke recovery group, 11.30am, MOW.

Diabeties Support Group, 10am,

ECC

CC Animal Welfare League

Woy Woy-based group monthly meetings from 11 am at CC Leagues Club, enq 4344 6650.

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, UCH

Woy Woy Peninsula Arthritis Branch, 10am, eng: 4342 1790,

ACF meeting, 7.30pm, WWEC

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families, BFC Toastmasters, 7.15pm, EBWMC Combined Pensioners assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday

Living with Teens course 10am runs until 26th August PWHC,

Woy Woy Blood BankA @ Hospital Ocean Beach Rd, Woy Wov. 1-7pm

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silk craft 10am

Mums &bubs playgroup 1pm Pastel classes for kids 4pm

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034 Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm; Stroke Recovery, 2pm; Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; **Brophy** Circus Academy, beginners 5pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Pre/ **PostNatal** Yoga, 9.30am; Motivation & Empowerment classes, PCC,

Rotary Club of Woy Woy, 6pm,

Handicraft, 9am; Cards, 12.30pm; Computers, 9am, ESCC

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), eng: 4360 2705, WH

Folk Art, 9.30am; Silk Dyeing, 1pm. EBACC

Children's story time, Umina library, 10.30am (Except Jan). Sahaja yoga meditation, 10:30am only, enq: 4368 2847, CWA Playgroup, 10am, Kids 0-5yrs,

enq: Juhel 4342 4362, WWPH Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy **Tap Dancing**, 6pm, enq: 0438 033 039, **EPH**

Tai Chi, 9:30 am, eng: 4360 2705,

Supported Playgroup for first time and single parents, eng: 4340 1111, BFC

WEDNESDAY

First Wednesday of

every month

CWA social day, 10am. handicrafts, 1pm, enq: 4344 5192 CWA Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

Coffee Morning, social gettogether, 10am, PWHC

Second Wednesday of

every Month Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am. **ECC**

Fourth Wednesday of every month

Everglades Probus Club, 10am, ECC, enq: 4341 0664 Drumballa Drum circle 7.30 RBG

Every Wednesday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

Woy Woy Women & Children's domestic violence group runs until 24th September PWHC,

St John's Ambulance, 7pm, -St John's Ambulance; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 MOW

Craft for love & Garden club 10am RBG

Free Tax Help by appt; Occasional Care, 9am; School for Seniors Oil Painting, 9am-12; Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 4pm; Coast Care Counselling; Judo, 5pm; Weight Watchers, 6pm; Belly Dancing, 7.30pm;

Dance & Theatre School, 3.30pm; Motivation & Empowerment classes, PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina. Brisbane Waters Scrabble Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, **EPH**

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.15pm & 6.30pm, St John the Baptist Hall, Blackwall Rd, Woy Wov

Handicraft, 9am, enq: 4341 1073, **CWA**

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, eng: 4341 5627

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, EBWMC Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

THURSDAY

First Thursday of every month Brisbane Water Senior Citizens, 1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC Australiana Bus Trips, PCC Third Thursday of

every month **Brisbane Water Senior Citizens**, 1pm; EBWMC

PWHC

Fourth Thursday of every month

immunization Free clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am BFC Umina Probus, 10am, ECC Women's Health Clinic, enq: 4320 3741. Craft and creativity group - women in sticthes 1pm

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Every Thursday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

Creative Writing, enq: 4369 1187,

Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Tai Chi, 11.30am & 7.30pm; **Bridge**, 12pm; The Web, 2pm; Brophy Circus Academy, 4pm; Yoga, 10am; Belly Dancing, 7.30pm; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes, PCC

Free entertainment, 6.30 pm; Snooker, 8.30am; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651 Scrabble, 12.30pm, WWPH

Children's art classes, 4.30pm, **EBACC** Card Club, 1pm; Chess Club,

7.30pm, **EBWMC Tai Chi** 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; Table Tennis, 1.45pm;

Cards noon, ESCC Social Tennis, 9am-12pm, Pearl Beach Courts, eng: 4369 3195 Adult tap dancing, 10am, enq:

4342 3925, **EPH** Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am-11:30am, enq: 4344 3131. **ESCC**

Pilates, 9:30am, enq: 4384 5005; Mah-jong, 2pm, enq: 4360 2178; Yoga, 5:30pm, enq: 4323 1859,

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC Second Friday of every

month

Book Bazaar, book Club, 10:30am, enq.42422482 RSL Sub Branch meeting, 2.30pm, **EBWMC**

Third Friday of every month Legacy Ladies, 9am, enq: 4343 3492, **EBWM**C

Fourth Friday of every <u>month</u>

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, WH Civilian widows, 1pm, ESSC School for Seniors Bushwalking, **PCC**

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina **Uniting Church** Bingo, 11.30am, enq:4343 1664, **UCH**

Lollipop Music Playgroup, 9.15am, enq: 4343 1929, BFC Wags Bridge Club, (except 4th Fri) 1:30pm, enq: 4360 1820. **WH**

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, **EPH** Watercolour Painting, 10am,

EBACC Painting, 9am; Computers, 1pm; Scrabble, 1pm; ESCC

Gvm Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm

(Senior), PCYC Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), Primary Kids Club, 4.30pm, enq: 4343

Alcoholics Anonymous, 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303 Hardys Bay Community Church. indoor bowls, canasta, scrabble,

morning tea 10am, enq: 4363

Occasional Care, 9am; Kindy Gym. 0-3s. 9.15am. 3-5s, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Samaritans Support Group, 10.30am; Bridge Club, 12pm; The Web, 2pm; Brophy Circus Academy, 5pm; Kempo Karate, 5.30pm; **Judo**, 7.15pm; **Dance**

Courses, PCC Women's walking group, 9am-

& Theatre School 4pm U3A

11am, PWHC Fishing Club, **EBWM**

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151 Fairhaven Services

Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, eng: 4360 1820, WH Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

SATURDAY

Melaleuca

Coast

First Saturday of every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160. EBWMC

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 Alliance Française, French conversation, 11am, enq:0412 252 709

Wetland

Regeneration Group, Boronia Ave, Woy Woy, 8am Bushcare group, Pretty Beach,

end Araluen Track 8am Ex-Navalmen's Assoc, Central

Sub-Section, **WWLC** Scrapbooking, 12pm, enq: 4342

3712, **PCC** Third Saturday of

every month Umina P&C Bushcare, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Peninsula Residents Asociation** (PRA), 3PM WWEC Market Day, 9am, Sydney 2000

Park, **UCH** Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, CWA

What's On in and around the Peninsula

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am

MelaleucaWetlandRegenerationGroup,BoroniaAve, Woy Woy 8am

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silvercraft Classe's 1pm EBACC Weight Watchers, 8.30am; Dance & Theatre School, 9.30am; Bridge Club, 12pm; Soft Stone Sculpture (monthly); The Web 4.30pm-9.30pm; School for Seniors social outings arranged throughout year, PCC

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, EBWMC Gym Sessions, 9am; Drama & Discovery, 9am, PCYC

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, WWLC Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Woy Woy Environment Centre, 10am, enq: 4342 6589, WWEC

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

Rainbow Gate Market Day, 8am-2pm, 207 West St, Umina, enq: 0409 774 467

SUNDAY

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; Vietnam Vets, 11am,

EBWMC Umina P&C Bushcare, 9am, enq: 4341 9301, BWSC

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong. EBWM Vietnam Veterans Peacekeapers, Peacemakers

meeting, enq: 4344 4760

<u>Last Sunday of every month</u>

Alliance Française "La Petanque"
(the game of boules), 11am-5pm,

enq: 0415 309 074 **Lions Club** Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm, PCC Coast Community Church Services, 9am & 5pm, enq: 4360 1448

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, EBWMC

Endeavour View Club Luncheon, enq: 4342 1722, **ECC**

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587 Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342

9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of

every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; RSL Sub Branch, 2.30pm; Card Club, 1pm, EBWMC

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360 1546 WH

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group PWHC

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

<u>Third Monday of every month</u> War Widows, 1pm, 43410286, EBWMC

Fourth Monday of every month

Toastmasters Speachcraft Classes, 6pm, EBWMC

Labor Party Peninsula Day Branch, 1pm, **CWA**

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931 <u>Every Monday</u>

Kidz Drumming . 4-5pm, Rainbow Gate, 207 West St,

Umina Cash Housie, 7:30pm, enq: 4323 3566, EMBC

Walking with other Mums enq: Liz Poole 4320 3741

3Cs–Craft, Coffee & Conversation, 12.30pm, enq: 43 431929, **BFC Yoga**, 9.30am, Ph.4360 1854, **WH Mums Meditation**10am,

Drumming classes 4pm RBG Computers, 1pm; Dancing, 9am; Indoor Bowls, 9am; Mahjong, 1pm; Fitness, 1pm; Yoga for beginners, 2.30pm, ESCC

Gym Sessions, 8am; Tiny Tots, 9:15am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), PCYC

Carpet Bowls, 9am; Card Club, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; Bingo, 11am, enq: 4323 3566, EMBC

Arts and Crafts for people with a disability, 11am, enq: 4341 9333 Patchwork & Quilting, 10am; Pottery, 10am & 1pm, EBACC

Patchwork & Quilting, 10am; Pottery, 10am & 1pm, EBACC Children's Story Time, Woy Woy Library, 10.30am

Occasional Childcare, 9am; Central Coast Volunteering, 9am; Over 55's Gentle Fitness, 9am; Supported Playgroup, 9.30am & 12.30pm; Yoga, 10am; Mad Monday Craft & Cooking, 11am; Bridge Club, 12pm;

Hysical Culture Club, 4pm; Coast Care Counselling, 3.45pm; Dance & Theatre School, 3.45pm; Judo, 5pm; U3A Courses, PCC Craft group, 1pm, BFC

Fairhaven Services **Cash Housie**, 7.30pm, **EMBC**

Yoga, 9:30am, enq: 4360 2705, WH

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH**

Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075
Sea scouts, 6pm, Nth Burge Rd, Woy Woy, enq: 0437 590 354
Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, eng: 4342 4395, WWEC

If you would like your community not-for-profit event listed here, send the details to the Peninsula News



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Drumming across the Peninsula

Drumming group Drumbala will perform at six events across the Peninsula during November, according to group manager Mr Warren Loades.

The group performed for audiences at the Brisbane Water Oyster Festival along the Ettalong Beach waterfront on November 9.

The Everglades Country Club will host a Belly Dance Hafla from 7pm on November 15 where Drumbala will perform.

Drumbala will play at Rainbow

Gate in West St, Umina, for a charity Akabaga Night from 5.30pm on November 22.

Entry is \$20 per adult and \$10 for children, including food.

Drumbala will hold a drum circle evening from 7.30pm on November 26, also at Rainbow Gate.

The group's final performance of the month will be held at Rainbow Gate on November 29, with a student performance.

Press release, 3 Nov 2008 Warren Loades, Drumbala



North Burge Rd, Woy Woy 4341 7598

ruesdays

Lingerie Waitress's
5pm-8pm
Pool Comp From 5.00pm
Great New Prizes

Wednesdays

BANQUET NIGHT (3 Courses) \$12.50

Play Free Pool from 6pm

Thursdays

SURF N TURF RAFFLE
tickets on sale from
5.00pm drawn at 7.00pm
- members badge draw
between 6 & 7pm followed
by Kazza's Karaoke

PASTA AND STEAK NIGHT (2 COURSES) only \$12.50

Fridays

APL Poker from 7pm KAZZA'S KARAOKE TALENT QUEST

Heat 6 Friday 8th August from 7pm

- Courtesy Bus available from 5pm Thursday to Saturday
- Child Flight Charity Bowls Day 3rd Sunday each month Great day with Entertainment and Raffles

Arts & Entertainment



Cody Dillon at Lizottes

Young troubadours will perform

Troubadour Central Coast folk club will present The Young Troubadours concert at the CWA Hall in Woy Woy, on November 22.

Club president Mr Bill Bekric said young musicians Nina Haysler, Karise Higgins, Cody Dillon and Michael Geaghan would be performing on the night.

"Nina Haysler is a 16-year-old singer-songwriter from Sydney," Mr Bekric said.

"Nina has been singing most of her life and started writing songs when she got her first guitar twoand-a-half years ago.

"She enjoys putting her own twist on classic covers and writing her own compositions. "Now in her final years at school, Nina has enjoyed being involved in rock bands, jazz bands and singing in the school choir.

"Nina has been influenced by a variety of artists and loves folk, rock, blues and alternative music."

According to Mr Bekric, Karise Higgins was another "stand-out" performer.

"With influences as diverse as Joan Baez and Janis Joplin,

Leadbelly and Led Zeppelin, Old Crow Medicine Show and Jimi Hendrix, Karise delivers a performance not easily forgotten," Mr Bekric said.

"Still only 16 and having played guitar for little more than two years, she is a still maturing artist but with a mature voice.

"Cody Dillon is a storyteller blending the old and the new, from bluegrass to hip-hop.

"A traveller, a Terrigal boy, a troubadour, Cody plays guitar, banjo, ukulele, piano accordian and tries to share his state of mind every time he steps on stage.

"Michael Geaghan is a 16-yearold in Year 12 at the Entrance.

"He has been studying music for 11 years and plays the guitar, piano, trumpet and saxophone, as well as the harmonica.

"He sings and enjoys most styles of music including blues and

"He enjoys performing with friends with any opportunity can see music as a large part of his

The concert starts from 7pm at the CWA Hall, The Boulevarde, Woy Woy, opposite fisherman's

Admission is \$10 for adults, \$8 concession, \$7 members and children free with a paying adult.

For more information phone 4341 4060 or 0417 159 540.

DRUMBALA

Kids & Adult Classes

🛮 • Drumming Parties 🖥

Drum Circles

Events & Functions

More Info

Call Katy on 4342 1112 or

0423 548 540

drumbala1@yahoo.com.au

Press release, 27 Oct 2008 Bill Bekric, **Troubadour Central Coast**

ETTALONG BEACH ARTS & CRAFTS CENTRE INC.

Behind The Veil Belly Dance

Bellyworld

Join us for a celebration of dancing and drumming with special guests

Drumbala. Lucky door prizes and fabulous entertainment.

Where: Auditorium, Everglades Country Club, Dunban Road, Woy Wo

Tickets available at the door or by calling Sarina on

0403879772 or email kellybellydancer@hotmail.com

When: Saturday 15th November at 7.30pm, doors open 7pm \$15 Adults, \$5 Children, Children under 5 free

Presents

Invite you to see a wonderful range of arts & Crafts at our Christmas Exhibition → Sale

At Peninsula Community Centre Inc. Cnr Ocean Beach Rd & McMasters Rd., Woy Woy.

29th November 2008 - 9am-4pm **30th November 2008 - 10am-3pm**

Pottery, paintings, folk art, jewellery, hand dyed silk, patchwork, embroidery, woodwork, hand Crafted Cards, rare & unusual plants and much more.

Including a display of quilts.

A perfect opportunity to purchase a unique Christmas gift

Free Entry **Enquiries: Phone 4341 8344**



Anthology project at health centre

Peninsula Women's Health Centre has initiated a project to support sole mothers and women with disabilities who have been affected by the Welfare to Work legislation.

Health development worker Ms Rachel Bunney said the project would compile an anthology where women could express their thoughts, feelings and experiences as a result of the legislation.

"Women can express their thoughts on how the change has impacted on sole mothers and their families and women with disabilities," Ms Bunney said.

The anthology will be used to raise awareness in the community of the legislation and some of the issues being experienced and as a document used to lobby government for possible changes to the legislation.

"Contributions could include personal accounts, stories, poems, craftwork and artwork.

"All contributions would be considered anonymous contributors confidential.

"The closing date for contribution to anthology is not until November next year, so there is plenty of

The Welfare to Work legislation was introduced as part of the 2005-2006 Federal budget which aimed at making Australia's welfare system more sustainable while retaining a strong safety net, according to the Federal Government Workplace website.

"Welfare to Work includes changes to payments and work incentives, workforce participation requirements, and employment and related services," the website stated.

"The reforms focus on four priority groups, people with a disability, parents, mature age people and the very long-term unemployed.

"Welfare to Work also includes strategies to work with and assist employers in encouraging flexible arrangements working employment of people from the priority groups.'

For more information on the Peninsula Women's Health Centre project contact Rachel Bunney at rachel.bunney@cccwhc.com.au or phone 4342 5905.

> Press release, 21 Oct 2008 Rachel Bunney, Peninsula Women's Health Centre

Drawings at cafe

An exhibition of drawings entitled World of Animals will be run in a Woy Woy cafe until December 6.

The exhibition began on November 1 at Gnostic Mana Cafe and will showcase the work of Umina Beach artist Ms Meredith Gilmore.

Ms Gilmore's 23-piece collection of hand drawn artworks, include images of 16 different animals.

The chimpanzee, orangutan, green snake, reef fish, lioness, tiger, gorilla, dog and dingo all feature in Ms Gilmore's work.

One of her most recent works, Tiger Resting, was highly commended in the People's Choice Award at the Gosford Art Prize Overflow Exhibition.

Ms Gilmore also received the People's Choice Award at the Overflow Exhibition in 2006 for her large dog portrait entitled Gentle Giant.



Meredith Gilmore Receives the Highly Commended Award at the Overflow Exhibition October 2008

For more information, contact Meredith on 4341 6777 or visit her website at www.meredithgilmore.

> Press release, 3 Nov 2008 Meredith Gilmore, Umina Beach

Regarded by her students as Umina's top art teacher

Judith Hoste has received another award in the Grandma Moses Art Prize of 2008 **Highly Commended - Open** Section Also commended for a Watercolour in the Parramatta Foundation Week Open Art Awards

Judith will be opening her studio/gallery on 15th and 16th November at 15 Glenhaven Close, Umina Beach

10am to 3pm Showing her latest watercolour minatures amongst her other works,

including cards For Enquiries call Judith on 4341 7302



50 LICKS BLUES STYLE Artist: Mat Gurman

Unlock the secrets of blues guitar!

Ace session guitarist Gurman Mat teaches buddina

bluesmasters 50 terrific phrases, demonstrating licks for dominant and minor blues progressions, turnarounds, intro licks, ending licks, stop time licks and many more. He also shows players the classic techniques used in blues guitar, such as: bends, pull-offs, hammer-ons, slides, slurs, vibrato, muted string raking and more! Each lick is played in context, then demonstrated slowly with full explanations of every technique used.

Includes an instructional booklet. 59 minutes

TN825-dvd - \$24.00 P&H \$6



Accelerate your accoustic guitar playing

This DVD offers easy-to-understand exercises and demonstrations that can be applied to all levels and styles. These include:

arpeggio exercises; right hand, left hand, and combinations; alternating bass and syncopation; piano style exercises; classical, pop/rock, and jazz/ Latin styles; drop D tuning exercises; and more. Clear and detailed instruction is given both onscreen and in the accompanying lesson booklet. 60 minutes

TN829-dvd - \$40.00 P&H \$6



ACOUSTIC FINGERSTYLE GUITAR Author: Rick Ruskin

Rick Ruskin's remarkable style captures all the nuances of a band/ rhythm-section and transforms the parts into amazing, in-the-

pocket fingerstyle grooves like you've never imagined on a single guitar! Splitscreen video format covers: right- and left-hand technique, walking-bass and counterpoint lines, open-voiced triads, simultaneous bass/rhythm/lead parts, pedal-steel effects, double-stop bends, harmonics, and more.

The techniques are immediately put to use in extraordinary instrumental versions of "Rikki Don't Lose That Number," "Georgia on My Mind," and four originals. His meticulous analysis and insight that show how to transform the essence of any tune into dynamic arrangements of your own.

Musical notation and tab is printable from the disk (DVD-ROM), "...so brilliant at times that he seems to transcend normal approaches to the guitar." -Guitar Player magazine. 120 minutes.

TN827-dvd - \$50.00 P&H \$6



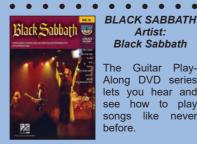


BEGINNING GUITAR VOLUME ONE Composer: Tom Kolb

RIn this info-packed DVD, parts of the acoustic and electric guitar are described.

Viewers will also learn: how to tune up, how to get good tone with an amplifier, how to hold the pick, left- and right-hand positioning, open chords, power chords, strumming patterns, string muting, soloing and more. Features rock, blues and country rock styles, a jam session with a live band, and a detailed booklet. 44 minutes.

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BLACK SABBATH Black Sabbath

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TN833-dvd - \$30.00 P&H \$6



Chicago Blues -**Guitar Play Along** Series DVD

The Guitar Play-Along DVD series lets you hear and see how to play songs like never before. Just watch, listen and learn!

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Volume 4 includes: All Your Love (I Miss Loving) (Otis Rush) • Easy Baby (Magic Sam) • I Ain't Got You (Jimmy Reed) • I'm Your Hoochie Coochie Man (Muddy Waters) • Killing Floor (Howlin' Wolf) Mary Had a Little Lamb (Buddy Guy) · Messin' with the Kid (Junior Wells) Sweet Home Chicago (various artists). 81 minutes.

TN810-dvd - \$30.00 P&H \$6





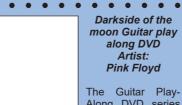
COOL PEDAL STEEL LICKS **FOR GUITAR** Author: **Toby Wine**

Cool Pedal Steel Licks for Guitar you the aives instruction you need to sound just like a

steeler on an electric guitar!

You'll learn the essential techniques such as bends and shapes of all sizes. chordal slides, and volume swells. And then there are dozens of licks in different country flavors, as well as 11 full solos so you can try out your new skills! CD features recorded demonstrations of every music example and solo. Softcover with CD - 88 pages

TN883-b - \$30.00 P&H \$6



Along DVD series lets you hear and see how to play songs like never

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Volume 16 includes: Any Colour You Like • Brain Damage • Breathe • Eclipse Money • Time • Us and Them.

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History

The Trafalgar Ave airstrip

During World War II, many airfields were constructed to house military aircraft at various locations around the country.

The majority of these were in the northern parts of Australia in ready response to an attack by the Japanese who were pushing further and further south.

In 1942, a proposal was made to construct an airstrip on the Woy Woy Peninsula.

The airfield was to house eight medium bombers and the airfield was to be known as Project 240.

Early plans had the airstrip running diagonally across the Peninsula from what is now Rogers Park to the base of Blackwall Mountain.

But to save costs, the strip was relocated to Trafalgar Ave.

This also helped in the overall camouflage scheme as the strip could now be disguised as a road.

The taxiways to the pens housing the bombers were actually Steve Spillard was born at Gosford in 1965 and has lived most of his life on the Peninsula. He has taken an interest in the history of the area, particularly the physical remains of earlier activity. He runs the website woy-woy.com "for those who love Woy Woy". The website features a blog, "virtual tours" of the area and a collection of articles on "the more mysterious and untold tales of the Peninsula". In this article, written for Peninsula News, Steve tells the story of the Trafalgar Ave airstrip.

local streets widened and stripped of power poles.

Some streets were first constructed by the armed forces for this purpose.

Nearby cottages and holiday houses were used for a camp and accommodation.

The pens housing the bombers were called "hideouts" and were located in the McMasters Ave area between Trafalgar Ave and the waterfront (Hideouts 1,2 and 3), another two near Watkin Ave and the council depot (Hideouts 4 and 5) and the remaining three around the Albion St and Palm St area (Hideouts 6,7 and 8).

Local materials were used for the construction of the runway.

The sandstone rubble base came from a quarry at the base of Mt Ettalong and the famous red gravel came from a quarry at Peats

The airfield was built for the RAAF Fleet Air Arm and was to be a satellite of the Schofields airfield at Quakers Hill in Sydney.

Stationed at Schofields for most of the war were various units from the Royal Navy Fleet Air Arm which comprised mainly of carrier-borne aircraft.

The British medium bombers were the American Grumman Avenger Torpedo Bomber, specifically designed for antisubmarine warfare and perfect for protecting the coastal strip.

Also monitoring the coast was the Bombi Point Radar Installation hidden in the bush on the Bombi Moor just above McMasters Beach.

There is scant information on whether aircrews and the bombers were actually stationed at the strip at any stage.

The whole area was fenced off from the locals so no photographs exist of facilities or aircraft.

An engine similar to that of the Grumman Avenger was dug up in Waterloo Ave in the early 1990s, adding more speculation to whether the aircraft were there hidden in the back blocks.

An almost identical airstrip was also built at Tuggerah along Lake

Locals recall the legendary Catalina Flying Boats from the Rathmines Flying Boat Base doing practice landings on the strip during

The RAAF used the Woy Woy site until 1946 and then the runway was used by the Woy Woy Riding Club for horse races.

After hours, local hoons used to race their cars along it. (Nothing has changed!)

Some clever local real estate agents also used the strip and flew up prospective land buyers from

The local kids always ran up to watch the planes land when they heard its engine coming.

What may certainly have sealed the fate of the strip was the crash landing of an RAAF Tiger Moth biplane in 1950.

It ended up on the roof of a house in Nelson St. Umina.

Records show that all resumed land parcels along the strip were returned to the former owners or sold off in 1955.

The strip was built over and nothing remains today but occasional glimpses of the red gravel along Trafalgar Ave.

The small park opposite Umina Fire Station is the only intact part of the runway surface existing today.

Steve Spillard, 10 Oct 2008



Aerial Photo of Airstrip overlaid on Google Earth satellite view of the Peninsula

Named after ships

Have you ever wondered why some of the streets in Blackwall begin with a 'W'?

I borrowed a book from Umina Library by Gwen Dundon, The Shipbuilders of Brisbane Waters NSW and discovered that they are the names of ships built by Rock Davis at his shipyard at Blackwall Point and one, Wallaby by his brother Ben at Davistown in the 1800 to 1900s.

Wallaby was a schooner of 78 tons built in 1864.

It was wrecked in that year leaving Ballina on the Richmond River.

Wyoming was a Ketch of 258 gross tons built in 1890, wrecked at Kioloa, southern NSW in 1910.

Warrigal was a Ketch of 205 gross tons built in 1901, wrecked near Norfolk island in 1918.

Wyalong, a steamship of 94 gross tons, built in 1903, wrecked at Tulagi, Solomon Islands, 1930.

So you can see it was a most hazardous undertaking at that time, most of the ships Rock built were lost at sea or overturned and their crews drowned in crossing the bar of northern rivers of NSW carrying cedar or turpentine timer or shells for lime burning.

It is recorded that Rock Davis produced 164 wooden vessels and possibly others that were not registered.

The trade carried out by those ships contributed to the prosperity of Brisbane Waters and Australia.

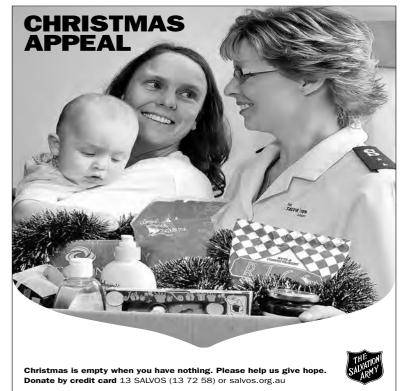
I believe we should have a memorial at Woy Woy to honour Rock Davis and the bravery of those men who lost their lives around Australia's shores.

I would suggest a ship's anchor and plaque might be an appropriate

> Harry Strong, **Blackwall**



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Arts & Education

Blundell to attend Alvin Purple screening

The Bouddi Society will host a Classic Film Evening with Killcare resident, actor, author and director Mr Graeme Blundell at Wagstaffe Hall on Saturday, November 15.

President Mr Phil Donnelly said Graeme would introduce the 1970s movie classic that made his name synonymous with the title Alvin Purple.

Mr Donnelly said the evening would also be a wonderful opportunity to hear Graeme talk about his new autobiography The Naked Truth: A Life in Parts.

"Graeme Blundell, who was a founder of Melbourne's theatre



groups La Mama and Playbox, has directed over 100 plays, appeared in about the same number, appeared in more than 40 films and hundreds of hours of television," Mr Donnelly said.

"He became prominent as an accomplished writer with his bestselling biography King: The Life and Comedy of Graham Kennedy.

"He co-authored a biography of artist Brett Whitely An Unauthorised Life and edited and compiled Australian Theatre: Backstage with Graeme Blundell.

Mr Donnelly said Graeme and his wife Susan Kurosawa, also an acclaimed writer, are enthusiastic and active contributors to the community.

"Their arrival and settlement on the Bouddi Peninsula is well documented in Susan's highly successful book Coasting: A Year by the Bay."

The evening will commence at 7pm.

The cost of the film night is \$15 for non-members, \$12 for members.

The entry price includes refreshments.

"The hit movie Alvin Purple was a groundbreaking sex-comedy directed and produced by Tim Burstall," Mr Donnelly said.

"Graeme Blundell plays Alvin, the naive young man who finds himself the object of every woman's desires.

"The film, released in 1973, was acclaimed as the best Australian movie of the 70s."

Newsletter, 21 Oct 2008 Phil Donnelly, The Bouddi Society

Health checks

More than 30 preschool children with Aboriginal or Torres Strait Islander background were given prekindergarten health checks at St Luke's Anglican Church in Woy Woy on October 23

The Young, Black and Ready for School program was provided by the Benevolent Society and carried out by Central Coast Area Health.

Program organiser Ms Cassa Hinton said the day was a great success with children receiving immunisation, dental, hearing and vision checks.

Ms Hinton said all children took home a free T-shirt and school bag

filled with a lunch box, drink bottle, pencil case, stickers and hat.

"Parents also received a bag containing health and school information in order to ensure that their children have a stress-free transition to school," Ms Hinton

"The many volunteers assisted with preparing and serving lunch and manning the various art and craft stations.

"In addition, the supported playgroup from Central Coast Area Health provided activities for the children."

Press release, 27 Oct 2008 Cassa Hinton, The Benevolent Society

Studio open to public

Judith Hoste will be opening her Umina Beach studio and gallery to the public on November 15 and 16, to showcase her latest artworks.

The studio and gallery is located at 15 Glenhaven CI, Umina Beach, and will be open from 10am to 3pm both days.

Ms Hoste's latest watercolour miniatures will be on exhibition

amongst her other works.

She received a highly commended award in Gosford's Grandma Moses Art Prize in September and was also commended for a watercolour work in the Parramatta Foundation Week Open Art Awards last month.

For more information contact Judith on 4341 7302.

Press release, 20 Oct 2008 Judith Hoste, Umina Beach

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Education

Three complete mentor program

Three Year 10 students from Brisbane Water Secondary College Woy Woy campus successfully completed the Plan-It Youth program aimed at mentoring young people who are thinking of leaving school.

Students Kathleen O'Donnell, Ryan Miller and Dylan Withers were presented with certificates of attendance for the successful completion of the 12-week course on October 23.

Plan-it Youth is a school-based program which commenced in 1997 at Berkeley Vale Community High School supporting young people in transition between school and work, through mentoring.

The program brings together a range of local community groups who work for the benefit of young people.

Peninsula community members

Ken Bates, Gai Cass, Diane Hill, Eve Skulander, Lynne Lillico and Jock Margraff volunteered their time as mentors for the program.

Mentors are matched to a student and work one-on-one with their student in the school for approximately one hour per week.

During their time together, the mentor assists the student identify their skills, interests, strengths and abilities, while exploring career options.

Mentors also help organise work experience, workplace visits as well as excursions to career information centres.

The program is always looking for new mentors and can be contacted on 0408 223 150 for further information on mentor training and participation in the program.

Press release, 31 Oct 2008 Lynne Lillico, BWSC Woy Woy Campus



Umina Public School Concert Band

Two bands in competition

Umina Public School participated in the Hunter Central Coast Bandfest competition in Warner's Bay on October 21.

Two bands from the Peninsula primary school joined 41 other concert and jazz bands from around the Hunter and Central Coast region to compete in the event.

More than 44 students from Umina Public School took part.

"Bandfest has been a positive experience for both Umina Public School bands," school teacher Ms Colleen White said.

"This was Umina's first time at Bandfest and first entry into a competition of this nature.

"The children were very excited to be performing.

"We looked great in our band uniforms and all students did an amazing job.

"At the end of each section our bands were evaluated by a band expert.

"They were then given feedback and a rank for their performance.

"Our concert band was the first to perform they played songs such as Star Wars and The March of the Munchkin Mice.

"The category that our concert band was in was very competitive.

"We received fantastic feedback and were awarded a highly commended trophy and certificate."

Ms White said both band's showed great effort and enthusiasm.

"The training band was next to

perform and played songs such as Kookaburra and Anvil's Chorus," Ms White said.

"All of the students did a fantastic job and enjoyed the experience.

"We received positive feedback and were commended with a trophy and certificate.

"The experience will be used to make Umina's band program bigger and stronger in the future."

Bandfest was held by the Department of Education and Training at the Lake Macquarie Cultural Centre at Warner's Bay.

The event gave local students from primary and secondary schools the opportunity to show off their talents.

Email, 5 Nov 2008 Colleen White, Umina Public School

Whale rescue day planned

Gosford Council will host a Whale Rescue Workshop at Ocean Beach Surf Life Saving Club on Sunday, November 16.

The workshop will be facilitated by local whale experts Jeannie Lawson and Jo Sealy.

Participants have the opportunity to learn about the natural history of whales and dolphins, theories on

why they strand and how to rescue them.

The workshop is free and will take place from 10am to 2.30pm.

Morning tea and lunch will be provided.

Bookings are required and can

be made by calling 4304 4564 by November 13. Press release, 31 Oct 2008

Press release, 31 Oct 2008 Kate Consterdine, Gosford Council

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Senior success at surf carnival

Several members of the Ocean Beach Surf Life Saving Club competed in the Central Coast Open and Masters Carnival at Terrigal on October 25.

Allison Tucker came out on top in each of the four events in which she competed.

She achieved first place in the 30 to 39 age sprints and flag races, first place in the open beach run and also in the open beach sprint.

Fritz Vanaldren achieved third place in the 60 to 69 year board

race and third place in the 60 to 69 age surf race.

Jason Tucker competed in seven events taking out first place in the 30 to 39 age flags, the 30 to 39 age sprints and the open two kilometre beach run.

Tucker also gained second place in the open sprint and fourth place in the 30 to 39 age surf race and the 30 to 39 age board.

Darren Shaw achieved second position in the 30 to 39 age sprints and third position in the 30 to 39 age flags.

Shane Oakes came out with a third place in the 30 to 39 age sprints and fourth place in the 30 to 39 age flags.

"We also entered our team in the beach relay and achieved gold," Ms Tucker said.

The relay team consisted of Shane Oaks, Jason Tucker, Darren Shaw and Allison Tucker. "The same relay team also won gold in Forster on the October long weekend."

Press release, 27 Oct 2008 Allison Tucker, Ocean Beach Surf Life Saving Club

Woy Woy builds haunting total

Woy Woy Cricket Club's first grade top order put on a run fest on October 18, to declare at 3/ 409 off 77 overs on a good batting pitch against Gosford-Mountains at Fagans Park, Point Clare.

Openers John Jewiss and 16 year-old Tristan McDonald put the visiting Woy Woy team on a good platform.

But it was the 220-run unbeaten fourth wicket partnership between Jason Moore and Jason Hayward that will haunt the Gosford-Mountains team as they analyse how to reply to a score of over 400 runs next Saturday.

"Jason Moore's faultless unbeaten 155 runs was the highlight for spectators at the match, seemingly treating every ball with respect and scoring his 150 without chance," Woy Woy coach Mr David Hook said.

"The first hour of the first session next Saturday is really going to dictate how the rest of the game will unfold for Gosford."

Gosford is currently poised at 1/16 off 13 overs and if Woy Woy's bowling and fielding can apply early pressure, it could again put the unbeaten Woy Woy visitors in the winners' seat in successive matches.

With the Gosford-Mountains team now requiring another 318 runs to avoid the follow-on, this will without doubt put the Gosford-Mountains top and middle order under enormous pressure to "bailout" the home team against Woy Woy's imposing 393 run lead.

The highlights for the first day of round two, was the massive fourth wicket partnership between Jason Moore, 155 not out, and 16 year-old Jason Hayward's 101 not out, along with Woy Woy young opening batter Tristan McDonald hitting 73.

All three batters achieved personal best scores since playing first grade for Woy Woy.

Woy Woy second and third grade teams also contend well to sit

in strong positions to claim victory against the Gosford-Mountains competition.

Adam Kelly's second graders have replied confidently to dismissing the Gosford-Mountains team for 160 and positioning themselves strongly at 2/130 before next Saturday.

Consistent efforts for Woy Woy were Damien Hopley and Shane Higgins who both took vital wickets along with support from Steve Martin who also took two wickets.

In Woy Woy innings, Scott Taylor has hit some form currently unbeaten on 53, while Mitchell Farag scored 30 and Josh Alce was dismissed for 23.

The Kelly boys need a further 31 runs and are poised for their second successive victory.

Trent Barnett's third grade team have also settled into a solid position dismissing the Gosford-Mountains team for 154 and currently have the match setup for a decisive win with Woy Woy currently only four wickets down for 128.

Gosford opener R. Creasan's quickfire 39-run opening dig was the main resistance to a weakened Woy Woy side with five of its regular players out.

Graham Wearne was the star bowler for Woy Woy with figures of 16 overs 6/49 displaying diversity with a mixture of early seam bowling then dismissing the lower order with a stint of spin.

Kevin Dewar opened the batting for Woy Woy in the second innings with a well-hit 56.

This was backed up by the in-form Trent Barnett's quick 30 unbeaten and remaining at the crease ready to inflict more pain on Gosford-Mountain's outfit next Saturday.

With Woy Woy now needing a further 27 runs to pass Gosford-Mountain with six wickets in hand – another solid result for the Woy Woy club seems inevitable.

Press release, 20 Oct 2008 Jim Martin, Woy Woy Cricket Club

Cricketers selected for Country 11

Three members of the Woy Woy Cricket Club have been selected for the Country NSW Under 17's cricket team.

Tristan McDonald, Jason Hayward and Elliot Braunstein were selected following the selection trial match between Northern and Southern NSW in Bowral on November 2. Central Coast Cricket Association executive officer Mr Aidan Cuddington said it was fantastic news to hear three Central Coast boys were chosen to represent the state.

"The team will be captained by Tristan McDonald and he is joined by his team mates from Woy Woy, Jason Hayward and Elliott Braunstein," Mr Cuddington said.

"Unfortunately Mitchell Coombs iust missed out on selection.

"This is a great reward for their hard work and they now look forward to the final trial in a match against their Sydney Metropolitan counterparts, again in Bowral, on November 16 and 17.

Press release, 3 Nov 2008 Aidan Cuddington, Central Coast Cricket Association





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Courtney takes surf classic

Drew Courtney of Umina Tour, Courtney who blew his rivals Beach has capped off a few remarkable weeks winning the Slimes Surf Classic on November 1, and taking out the Hurley NSW Championship Circuit at Avoca Beach.

As the winner of the Hurley NSW Championship Circuit, Courtney also received \$1500.

The sixth and final leg on the prestigious Hurley NSW Championship Circuit saw the state's best surfer's tearing up Avoca Beach in a see-sawing battle for the overall series title.

However it was Peninsula local and newest member of the World

"I'm so stoked," Courtney said, claiming his second circuit event of the year - and third overall circuit victory of his career.

"To come home and surf against quality opposition like this is awesome for my confidence going into Hawaii."

In a final that would make most international World Qualifying Series event's blush, which showcased the best surfers in the state, Courtney was just too

"The level of surfing throughout the entire circuit has been really high," Courtney said.

Having all but qualified for next year's Association of Surfing Professional World Tour after 12 years of hard work and toil, Courtney showed to all at Avoca why he will be joining the world's best next year on the "Dream

"I'm that excited to get to Hawaii and get some good results to cement my place for next year," Courtney said.

"To make the tour is like a dream

"I've been trying to qualify for over 10 years and I'm so close to fulfilling my lifelong dream."

Press release, 1 Nov 2008 Michael Tyrpenou, Surfing NSW

Nominated for AFL draft

Woy Woy Bay resident Kyall Walford has been nominated for next year's AFL Rookie Draft.

The 21 year-old has a current scholarship with the Central Coast Academy of Sport's Future Stars program and has just finished a season with the Gosford Tigers, polling 10 votes in the Black Diamond AFL Elliot Davey Medal.

He kicked 23 goals to finish runner-up in the club's Best and Fairest award.

Walford has been signed by Victorian Football League club Sandringham and is already busy packing his bags in preparation to relocate south and commence preseason training.

Kyall's father Bill, who is a current member of the Black Diamond AFL Board and president of the Gosford club, captained Sandringham in the early 1970s.

He said he couldn't be prouder of his son's selection to carry on the family tradition with the club.

"Obviously I'm thrilled that Kyall will be playing in the old Sandy (Sandringham) colours but the most pleasing thing about all of this is that it's providing him an opportunity to experience the level of the VFL and allowing him the pathway to his goal of stepping up to the AFL," Bill said.

Walford joined the Central Coast Academy of Sport's Future



Stars program this year as the academy's first AFL scholarship

Kyall has also excelled in Rugby League, having played first grade with Woy Woy and enjoying a stint with the Melbourne Storm's Central Coast based Jersey Flegg side.

The AFL draft is an annual draft of new unsigned players by Australian Rules Football teams that participate in the main competition of that sport, the Australian Football League.

Clubs may choose from available players based on the position in which they finish on the ladder during the season.

Newsletter, 31 Oct 2008 Luke Tucker, Central **Coast Sports News**

Defeated in all grades

Umina Cricket Club was defeated in all grades for round two of the two-day competition over October 18 and 25.

Day two of the first grade match was cancelled due to pitch vandalism by trail bike riders, according to club publicity officer Mr Gary Blake.

The final result for first grade saw The Entrance declare 6/167 to Umina's 127.

Woy Woy's Colin Smyth nanaged 35 runs, while Warwick Botfield scored a total of 32.

In second grade, The Entrance (290 runs) defeated Umina (106 runs) at Jubilee Oval.

Umina's Mitchell Fiddock scored 82 runs, Ryan Clement 50, Ross

Watson 34 and Jason Creese 26 not out.

In other results:

Third grade; The Entrance 95 (Tim Radford 6/21, Josh Wakem 2/29, Ashley Halton 2/21) and 7/200 declared (Tim Radford 3/49, Ashlev Halton 2/48) defeated Umina 106 (Geoff Byrnes 28) and 103 (Ashley Halton 31, Luke Egan 29, Geoff Byrnes 25).

Umina won first innings and The Entrance won outright

Fourth grade; The Entrance 248 (Nathan Mitchell 4/28, Michael Cowan 2/25 and John Carroll 2/56) defeated Umina 97 (Paul Wright 39 and 4/143, John Carroll 50 not out, Gary Manuel 39 not out and N Gaunt 27).

Results for round three and

four of the one day limited over competition are as follows:

ODLO A; Wyong 173 (Luke Varley 5/43, Ryan Mathews 2/25) defeated Umina 85 (Tim Bell 32).

ODLO B; Wyong 183 (Sean Ellard 2/18, Shaun James 2/27 and Jon Boyd 2/33) defeated Umina 34.

ODLO C; Umina 142 (Scott Aitcheson 55) defeated Woy Woy 123 (John Seymour 4/26, Jamie Yeo 3/23 and Peter Jones 2/26).

ODLOD: Umina 9/246 (Andrew Glassock 41, David Frazer 39 and Paul Smith 34 not out) defeated Warnervale 144 (Tom Frazer 4/14 and James Smith 3/39).

Press release, 29 Oct 2008 Gary Blake, Umina Cricket Club

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