Peninsula Community Access News

Edition 202 Phone 4325 7369 Fax 4325 7362 October 27, 2008

Endangered bird 'hangs in balance'

The future of the endangered bush stone-curlew "hangs in the balance" on the Central Coast, after all of this season's chicks around the Peninsula were lost to predators within days of hatching.

Only a few pairs of the birds remain in the Peninsula area, according to National Parks and Wildlife Service public relations officer Ms Susan Davis.

"National Parks and Wildlife Service and Gosford Council are working together with PhD student Catherine Price to bring this odd looking bird back from the brink of extinction," Ms Davis said.

"Bush stone-curlews are large birds with long, gangly legs.

"They are a shy ground-dwelling bird which are most active at night and are more often heard than seen with an eerie wailing call."

Research student Ms Catherine Price said it was now time for the birds to nest and they can be found in large open areas such as reserves, school ovals or even backyards.

"Bush stone-curlews lay their eggs directly on the ground and when the chicks hatch, about three weeks later, they can't fly for about eight weeks," Ms Price said.

"This makes the chicks highly vulnerable to all types of predators including domestic pets such as dogs and cats as well as foxes."

Local residents group the Gosford Friends of the Bush Stonecurlew monitor the species around Brisbane Water.

Gosford Council officer Mr Phil Wood said that the Friends group had played a major role in monitoring pairs of birds on St Hurbert's Island and in Woy Woy.

"Pairs of birds in these areas have nested and hatched chicks," Mr Wood said

"Unfortunately all the chicks were lost to unknown predators within days."

National Parks and Wildlife Service area manager Mr Alan Henderson said that the birds' long term survival relied heavily on the local community.

"We need help not just from the Friends group but from anyone



A bush stone-curlew chick (photo courtesy of National Parks and Wildlife Service)

who has sighted these amazing birds so that we can get a better understanding of the populations on the Central Coast," Mr Henderson hice

He asked anyone who had seen a bush stone-curlew to contact the National Parks and Wildlife Service at Gosford on 4320 4218.

Press release, 23 Oct 2008 Susan Davis, National Parks and Wildlife Service

Developer may get \$75,000 back

A developer may be refunded a \$75,000 contribution, because Gosford Council has been unable to obtain additional funding to build a pedestrian bridge.

The proposed shared cyclewaypedestrian bridge would link Lace Ave and Myola Rd in the North Pearl estate at Umina Beach.

In a council report, council officers recommended no further action be taken to construct the shared cycleway-pedestrian bridge in Umina Beach.

In January 2006, the Land and Environment Court ordered Bruce Kerr Pty Ltd, developer of the North Pearl estate, to make a \$75,000 contribution to council for the construction of the cycleway-

pedestrian bridge.

A condition of the court order was that council would be required to refund the contribution should the bridge not be built within three years of the payment being made.

According to the condition, the bridge must be constructed by January 29, next year or the developer contribution is to be refunded.

The proposed shared cyclewaypedestrian bridge dated back to the original approval of the sevenstage North Pearl subdivision which included a condition of consent requiring the construction of a full width roadway across Ettymalong Creek joining the roads.

Construction of the roadway was deferred until the final stage of the subdivision, with the consent of

council.

The developer then approached council to waive the condition of development consent relating to construction of the roadway at this location.

The matter was reported to council by its director of environment and planning at the time, who decided that the bridge could be replaced with the requirement for a shared cycleway-pedestrian bridge.

Cr Terri Latella told the October 14 council meeting it was "imperative" that the proposed bridge be built for the community.

"This is an important access point to other forms of transport for pedestrians and cyclists in light of climate change," Cr Latella told the meeting.

"To create an access bridge through there would achieve this.

"It is just ridiculous that more than two years later this issue is unresolved.

"How often does council receive a \$75,000 contribution only to see it go to waste?

Let's get on with the job and try and have this project finished for the Peninsula community before the three month deadline is up."

Cr Latella and Cr Peter Freewater moved a motion to proceed with the construction of the bridge within the next three months and continue to pursue funding opportunities.

The motion was lost.

Council instead resolved to liaise with Bruce Kerr Pty Ltd with a public request for additional funds

and additional time to complete the shared cycleway-pedestrian bridge and requested that council staff report to council on the outcome of the request.

In late 2006, detailed project development associated with the proposed bridge construction confirmed that the construction of the bridge would cost "considerably more" than \$75,000.

According to a council report, the current total estimated cost to design and construct the bridge proposal to meet all requirements for passage of extreme flood flows within Ettymalong Creek and design grades for cycleways would be in the order of \$180,000 to \$200,000.

Story continued on page 5

THIS ISSUE contains 54 articles. Read more at www.PeninsulaNews.asn.au



Feeling Peckish?
Check out the huge variety of delicious treats on pages 14 and 15 available right here on the Peninsula

Mains clearing work completed

A second round of water mains cleaning works in and around the Peninsula has been completed.

Gosford Council started the work on October 19 at Brickwharf Rd, Woy Woy, and moved south towards Umina over the following few nights.

Cleaning work took place between 10pm and 5am to minimise community inconvenience.

Council's operations manager Mr Michael Redrup said the works were being implemented following the success of the first round of the mains cleaning program earlier this year.

"Council has witnessed a

significant decrease in discoloured water complaints since the first phase of mains cleaning removed discoloured water-causing material from water mains throughout the region," Mr Redrup said.

"Given this success, we have incorporated the program into our ongoing maintenance activities to provide long-term protection from discoloured water.

Mr Redrup said the flushing program would continue to be rolled-out in the Woy Woy Bay, Pearl Beach and Patonga areas over the coming weeks.

Press release, 17 Oct 2008 Meagan Morrison, Gosford Council

Win a flagpole

Peninsula News, in conjunction with Aussie Flags and Flagpoles, is giving one Peninsula News reader the chance to win a flag and flagpole valued at more than \$460.

Aussie Flags and Flagpoles is giving away one 6.6 metre white powder-coated aluminium flagpole complete with mushroom style cap, halyards and flag clips ready

> Cumulative Monthly Rainfall by Year

1400

1000

800

to fly the flag.

The winner will also receive a full size Australian national flag.

The prize comes fully delivered and installed.

Aussie Flags and Flagpole proprietor Mr Allan Davis said he has been providing the Central Coast with flags and flagpoles since 1987.

"All of our products are Australian-made and we have hundreds of flags available including the boxing kangaroo, red ensigns, eureka flags, state flags and flags of every country in the world," Mr Davis said.

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"We have flagpoles from 3m to 12m and our flagpoles conform with all relevant standards and have a lifetime guarantee."

Mr Davis said he would offer Peninsula readers over the next fortnight.

"If any Peninsula News reader orders a flagpole before November 11, we will supply a flagpole, delivered and installed for \$350 (regular price \$385)," Mr Davis said.

"If Peninsula News readers quote the Peninsula News newspaper we will include a free, full size Aussie flag with all flagpole purchases."

To enter, write your name, address and phone number on the back of an envelope and send to Peninsula News, Aussie Flags and Flagpoles Competition, PO Box 532, Woy Woy, 2256.

Entries will be accepted until close of business on Friday, November 10.

Clare Graham, 22 Oct 2008

Peninsula Rews Community Access RevS

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

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President, Central Coast Bush Dance & Music Association

Vice-president, Brisbane Water Secondary College Umina Campus P&C

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Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

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Poor rainfall despite wet week

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Despite a wet week, the Peninsula's monthly rainfall was almost 15 per cent below average last Friday morning.

A total of 66.4mm has fallen so far this month, compared to a monthly average of 77mm for October, according to figures supplied by Woy Woy resident Mr Jim Morrison.

More than 11mm of rain will have to fall this week to reach the average rainfall.

Police. Fire.

Ambulance

Rainfall for the year remains just above average, with 1107.7mm having fallen so far this year, compared to a year-to-date average of 1057.5mm at the end of October.

Rain was recorded every day last week – 1.8mm each on Monday and Tuesday, 6.7mm on Wednesday, 6.0mm on Thursday and 5.0mm on Friday.

Spreadsheet, 24 Oct 2008 Jim Morrison, Woy Woy

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Water authority sponsors festival

The Gosford Wyong Council Water Authority has agreed to be "naming sponsor" for the Brisbane Water Oyster Festival.

"We are thrilled that the Gosford Wyong Council Water Authority has come on board as our naming sponsor for the festival," committee chairperson Ms Debra Wales said.

"It has been a great week for the festival with this announcement as it coincides with the Minister for Tourism Jodi McKay coming up on the Coast with the Member of Gosford Marie Andrews to present us with a cheque for \$3000.

"The timing is just wonderful as the festival has attracted two new major events - the NSW Axeman Association's Wood Chopping Competition and a sand modeling competition.

Ms Wales said the festival will be held on Sunday, November 9, from 9am at the Ettalong Beach foreshore.

"There will be something for everyone, with food, wine and beer stalls, craft stalls and exhibition stalls and of course, those famous local oysters," Ms Debra Wales

"The entertainment will kick off with the Wayne Cornell All Stars big band in the morning and the Salsa Kings all afternoon.

"There will be amusement rides for the littlies and oz trikes for the more adventurous plus much more.'

Ms Wales said she had concerns earlier in the year with the loss of



Locals and visitors enjoying the 2006 Brisbane Water Oyster Festival in Ettalong

Friday, November 7, at the Ettalong

"The festival started out nine

years ago as a way to showcase

the beautiful Brisbane Waters

and the Peninsula and has now

also become a great fundraiser

for NSW Cancer Council's Breast

All information and tickets for the

Press release, 22 Oct 2008

Brisbane Water Oyster Festival

Debra Wales,

ball can be made by calling Sue, of

Peninsula Promotions and Events,

Beach Memorial Club.

Cancer Challenge."

on 0408 208 550.

"Each year we try to improve on the festival by providing a range of entertainment and again this year we are expanding the festival with more activities.

"We are very grateful to NSW Tourism and the Gosford Wyong Council Water Authority approving our grants which will ensure another successful year.

According to Ms Wales, the festival's water activities will include the Umina Beach Surf Club and the Te Ika Nui (Big Fish) Outrigger Club Challenge as well as the Blessing of the Waters, officiated by Rev Penny Jones and Rev Narelle Penman.

"One of the many attractions on the day is 'How Many Oysters Can you Eat in 30 Seconds?' with prizes to be won and the Best Oyster competition," Ms Wales said.

"The entrants in the Queen of the Festival have been working hard with their sponsors to raise funds for NSW Cancer Council's Breast

"The Queen of the Festival and Miss Charity Queen will be crowned on the night of the Festival Ball on

Australia Day nominations open

Nominations are now open for Gosford Council Australia Day Community Awards.

Residents of Gosford, including on the Peninsula, are eligible for the awards in a range of categories including sport, cultural, senior citizen, young person, business person, volunteer, and service to the environment.

All nominees will be considered for the Gosford City Citizen of the

Peninsula resident Mr Bill Cook was this year's Citizen of the Year Award recipient for his work with the Umina Surf Life Saving Club, Woy Woy Rotary Club and Ettalong Pelican Swimming Club.

Mayor of Gosford and chairman of the Gosford City Australia Day Committee Cr Chris Holstein said Bill Cook was an outstanding, positive role model for all of citizens.

"There is thousands of people deserving recognition for their contribution to our community," Cr Holstein said.

"The Community Awards acknowledge these unsuna

"The person you nominate doesn't need to be a superhero, just someone who makes a difference."

Nominations for the Australia Day Community Awards close 5pm on December 5.

A gala presentation dinner will be held for finalists on January 23, next year.

To be eligible, all nominees must live in the Gosford City Local Government Area.

Entry forms are available at all Customer Service Centres or by phoning council on 4325 8222.

The form can also be downloaded from council's website at www.gosford.nsw.gov.au.

Press release, 20 Oct 2008 Lisa-Maree Schell, Gosford Council





Police investigate nursing home assaults



Locals and elderly residents attend the Peninsula Village Annual Art and Craft Exhibition in September this year.

Brisbane Water Police duty officer Mr Bruce Coates has confirmed police are still continuing with investigations following two allegations of sexual assault at the Peninsula Village retirement centre in Umina.

Acting Inspector Bruce Coates said police were expected to have an outcome to the investigations sometime next week.

The first incident is alleged to have occurred more than five weeks ago, while the second incident more than two weeks ago.

The two allegations follow a Federal Government announcement by Minister for Ageing Ms Justine Elliot that police checks would be made compulsory to all nursing home staff as early as January next year.

"This is about protecting the most vulnerable members of our society – the frail and aged," Ms Elliot said.

"The Australian Government is committed to ensuring older Australians in nursing homes and hostels receive quality care in a safe and secure environment."

Peninsula Village chief executive officer Ms Terri Parker said the allegations were "deeply concerning" to all staff and management of the organisation.

"For more than 30 years Peninsula Village has provided the best care possible for its residents," Ms Parker said.

"As a not-for-profit, communityowned organisation, care is our number one priority.

"Unfortunately, an allegation was made against a staff member working in the nursing home. "The complaint was reported to the Department of Health and Ageing and to the police for investigation.

"The allegation was deeply concerning to the staff, management and the honorary directors of our organisation which has only two reasons for being, namely the care and welfare of our residents."

Ms Parker said the village took appropriate action at the earliest time in line with its own policy and the Department of Health and Ageing guidelines.

"During our own investigation an earlier incident was reported and again, Peninsula Village immediately advised the Department of Health and Ageing and the police," Ms Parker said.

"Amanager has been suspended, pending completion of an internal enquiry.

"The two staff members involved have had their employment terminated to ensure there is no further risk to our residents and the allegations against them are under police investigation.

"Peninsula Village does not want to prejudice those investigations by making further comment.

"This is the first time in our history allegations of this nature have been made.

"Peninsula Village will be cooperating with the Department of Health and Ageing and Police and will continue to liaise with the families involved."

Clare Graham, 23 Oct 2008 Interviewee: Acting Inspector Bruce Coates , Brisbane Water Police Press release, 21 Oct 2008 Justine Elliot, Minister for Ageing Press release, 21 Oct 2008 Terri Parker, Peninsula Village

Doyle supports senior's development

Cr Craig Doyle has spoken in favour of a proposed senior living accommodation development at Umina Beach.

He said it was "rare", in a time of economic hardship, to be getting "something nice and new" on the Peninsula.

The proposed retirement complex is located on the corner of Morris St and West St, Umina Beach.

Cr Doyle told the October 14 Gosford Council meeting that it was great to see people investing in the area in light of the global economic crisis.

He said "anything" to improve the site would be a positive change for the Peninsula community.

"The site is covered and overgrown with weeds," Cr Doyle told the meeting.

"Umina is finally getting something new. "To knock back this proposal

would be a waste.

"If I had to choose between what exists on the site now to the

what exists on the site now to the senior living accommodation that is proposed, I would choose the proposal."

Gosford council resolved to grant consent to the development application subject to a number

of conditions at its meeting on October 14.

These include landscaping on the site to make use of juvenile Umina Sand Plain Vegetation species and understorey species already present on the land and the retainment of existing trees in the courtyard of two proposed units.

Council also resolved to consolidate seven lots into a single allotment under one certificate of title prior to the issue of an occupation certificate and for council to inspect the site prior to commencement of earth works and the issue of a construction certificate to ensure that the Umina Sand Plain Vegetation and understorey species have been retained by the developer.

According to a council report, the proposed senior living accommodation comprises of 46 dwellings in four buildings.

The report also stated council received 10 public submissions in support of the development, a petition containing 418 signatures in support and eight objections to the proposal.

Hawkins Property Investment Group applied for the development application.

Council agenda ENV.72, 14 Oct

Unit closure will be two weeks sooner

Northern Sydney Central Coast Health has brought the date of the closure of Woy Woy Hospital's 15-bed rehabilitation unit forward to December 2, two weeks earlier than what was first proposed, according to Cr Jeff Strickson.

He has called on residents to write to Member for Gosford Ms Marie Andrews and NSW Health Minister Mr John Della Bosca to "voice their displeasure and disapproval" at the closure of the unit

Cr Strickson said that neither Ms Andrews nor Mr Della Bosca had replied to a letter from Gosford Council appealing against the closure.

Hesaidresidents should complain about the lack of response.

Cr Strickson said council representatives had talked with

Central Coast Health acting general manager Mr Greg Flint and divisional manager of rehabilitation and aged care Ms Sue McIver.

Cr Strickson said they were told that ratepayers were "very concerned and distraught at the proposed closure of the rehab ward at Woy Woy Hospital", Cr Strickson said.

Mr Flint said that he was making inquiries about the availability of other medical services not currently provided at Woy Woy Hospital, such as podiatry.

"Mr Flint stated that he would be requesting an opportunity to brief council on the 2008 Clinical Services Strategic Plan.

"We asked and were given an understanding by Mr Flint that all medical staff that might be affected in the closure of these beds within the rehab ward would be given the opportunity to be redeployed at Woy Woy and or other medical facilities within the Gosford and Wyong areas."

Cr Strickson said he questioned whether the closure was in part due to the cost cutting of "the State Government economic policy".

"This complete lack of compassion for the needs and requirements of the residents is at best deplorable and needs to be addressed as a matter of urgency," Cr Strickson said.

Press release, 22 Oct 2008 Jeff Strickson, Gosford Council



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Council defers dredging

Gosford Council has deferred the dredging of Ettalong channel for a further month while it tries to convince the Minister of Ports and Waterways to pay the full cost.

It wants his response to its legal advice that the responsibility for maintaining navigable waterways lies with the State Government.

The decision follows council's director of city services Mr Stephen Glen recommendation to contribute a one-off sum of \$250,000 to the Department of Lands on the understanding that the state department would design and manage the dredging project.

Mr Glen also recommended funding for the dredging works be included in the future budget review and for council to continue to represent the community in gaining a commitment from the State Government to maintain, at its full cost, the navigational channel into Brisbane Water.

Cr Terri Latella asked that her dissent from the decision be recorded.

"I have been in discussion with a number of community members clearly suggesting the urgency of the dredging," Cr Latella told the October 14 meeting.

"The matter is becoming more and more dangerous and places the public at risk.

"I will not have it - to continue to drag out this decision is just ridiculous ¹

Council sought a report from its staff in August, assessing the danger of the channel and a timeframe before the channel would be unnavigable.

It also sought legal advice on what action it should take and, if deemed necessary, that the council contribute to the cost of the dredging and seek recompense from the State Government.

inspection was on September 29, involving representatives from the NSW Maritime, Department of Lands, Palm Beach Ferry Service and council.

According to a staff report: "The information provided by the representatives of the NSW Maritime and Palm Beach Ferry Service was that the sand shoal has, over a period of time, encroached into the navigational channel resulting in a narrowing of the entrance channel". "While narrowing of the channel was reported to have occurred, the representatives indicated that they believed that movement of the sand had stabilised since March 2008." the

"It was further stated that there was no expectation that the entrance channel would close since it is kept open by the large volume of water that moves through the channel with each change of tide.

The report stated the width of the channel was reported to present a potential issue where a larger vessel is required to stop in the narrow section of the channel to avoid another watercraft.

"Vessels that are forced to stop, or significantly reduce speed, have diminished steering capacity," the report stated.

"Under conditions of diminished steering capacity, a strong current could force the vessel on to the rocks to the south of Lobster Beach.

"Vessels without significantly more power than the outgoing current are reported to be more susceptible in this scenario.

"This situation is reported to be exacerbated in summer where increased numbers of vessels use the navigational channel to move between Brisbane Water and Broken

"In addition, it is reported that in summer there is also an increase in the number of small vessels that remain stationary in the channel for fishing which further add to the navigational issues."

The report also stated the Review of Environmental Factors for the proposed dredging indicated the maintenance dredging was expected to maintain the navigable channel for around two to three years, whereupon further dredging would be required.

At the October 14 meeting Cr Craig Doyle insisted the dredging was not a Local Government responsibility.

"If we contribute \$250,000 to the State Government, we are going to be cutting a program out of our real

agenda if we go ahead with this," Cr Doyle told the meeting.

"This means the community will miss out in the long run.

"As seen through our legal advice, this is a responsibility of the Minister for Ports and Waterways.

"It is council's responsibility to maintain and develop other areas of the community – not the waterways.

"A one-month delay will not have any adverse effects.

"Lake Macquarie Council did not have to provide funding to dredge Swansea channel so why should

According to a council report, advice received in relation to council's role in managing the navigational channel between Broken Bay and Brisbane Water indicates that the obligation to maintain safe navigable waters in NSW as indicated by the NSW Parliament in the Ports and Maritime Administration Act and in the Maritime Safety Act rests with the Minister for Ports and Waterways.

The report stated that council was "not empowered by legislation to go onto the land where the obstruction is located and remove it".

"To ensure that the liability of undertaking any dredging works is not transferred to council, any dredging works would need to be undertaken by the government, with or without a contribution from council," the report stated.

"The dredging of Swansea Channel provides an example where the dredging of the navigable channel into Lake Macquarie is funded and project managed by the Department of Lands under the River Entrances Program.

"As with the entrance channel to Brisbane Water, the bed of the Swansea Channel is owned by the

"Lake Macquarie City Council has confirmed that it has not provided funding for the dredging project nor is it undertaking the management of the project."

In relation to council recouping any funds it might contribute to the dredging project, council's report stated "the opportunity does not currently exist".

Council agenda CIT.29, 14 Oct 2008



Girls' night well attended

More than 100 guests attended a Girls Night In to raise funds for breast cancer research at Ocean Beach Hotel in Umina on October

The fundraising evening was organised by Queen of the Brisbane Water Oyster Festival entrant and St Hubert's Island resident Ms Karen Austin.

Ms Austin said the evening was a huge success, with all funds going towards the oyster festival's Breast Cancer Challenge.

"I feel very privileged and thank everybody for the opportunity to raise awareness about breast cancer fundraising and The Brisbane Water Oyster Festival, which is held on the November 9," Ms Austin said.

"The night was enjoyed by more than 100 supporters and the night's festivities included games, a fashion parade by Sarah Clementi and belly dancers by Kim King.

"We also had guest speaker Chris Taylor, prize giveaways for game winners, best dressed and a major raffle of 35 prizes, including two accommodation prizes.

Ms Austin will be holding her second major fundraiser as part of the Brisbane Water Oyster Festival Breast Cancer Challenge on October 27

"I have organised a Cinema Night at Avoca Beach Picture Theatre featuring the film Caramel," Ms Austin said.

The Cinema Night coincides with the national breast cancer awareness Pink Ribbon Day. "The price is \$25 and includes a glass of champagne and oysters.

"There is a lucky door prize and a raffle on the night."

Tickets will be available from the door on the night or by calling Karen Austin on 0413 151 171.

Press release, 24 Oct 2008 Karen Austin, Festival Queen

Developer may get \$75,000 back

(continued from page 1)

The report stated: "Investigations have revealed that the funding program under which the Central CoastArea Consultative Committee (CCACC) had believed the project would be eligible for funding, the Regional Partnerships Program (RPP), has been terminated".

"A search of council's records indicates that to date Department of Environment, Water, Heritage and Arts has not been consulted about this project, it is considered unlikely that approval could be obtained from the department, followed by preparation of an economical detailed design and then actually complete construction before 29 January, 2009," the report stated.

"The proposed pedestrian-cycle link between Lace Ave and Myola Rd will not connect with council's

endorsed Cycleway Network."

Representations were also received by council staff in 2006, from local residents who opposed the construction of the bridge.

One concern expressed related to a lack of demand for the bridge. the destruction of vegetation, the adequacy of existing access in the area, the attraction of a "hoodlum element" and the loss of privacy.

A petition of 14 residents opposed to the proposed bridge had also been received by council.

Their concerns were that the bridge would be of no value, it would "attract local youth on motorbikes" and it would disturb nearby residents by becoming a meeting place for youth.

Council agenda CIT.32, 14 Oct

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Time to get serious on roads

Are we supposed to get some comfort from Cr Craig Doyle's words of encouragement that we, Peninsula ratepayers, will get our fair share (Peninsula News, 13 Oct 2008)?

Cr Doyle states he "refuses to be bogged down with gloom and doom" that we ratepayers supposedly moan about.

And can you blame us?

Our council roads are an absolute disgrace and have been for years.

Forum

The roads in our shopping centres are worse than a third world country.

Take a good look at South St, Umina.

It's pot-holed and crumbling.

Try and drive down Lone Pine Ave, a busy bus route with a high accident rate, which is simply falling apart.

That's only two roads.

Cr Doyle tells us that he and

Mayor Holstein are "committed to a much better result to improve roads and footpaths".

So what have they been doing for the last 10 years while these two have been sitting in council?

And this is from a grown man who calls himself the "road

He should take a good look at council's ridiculous roads budget and get serious.

Janice Kissane, **Umina Beach**

Doing words

Gosford Council, I would like to remind you of verbs - the "doing" words in our vocabulary.

Now get off your collective derrieres, stop deferring, dithering, delaying, denying and debating that the dredging needs doing and just DO it.

Your last case of dithering and delaying cost the lives of innocent

Forum

people when the road collapsed.

We don't need another disaster on the roads or on the water.

On my next visit to Ettalong, which I access by ferry. I hope to see the dredging done.

OK?

Maxine Wade, **Neutral Bay**

More Forum Page 19

Try 'user pays' for dredging

Palm Beach ferry operator Matthew Lloyd fails to mention that the service is owned by Riverside Marine, a successful company that also owns the Fantasea and operates a dredging company which is presently sand mining at Moreton Bay, Queensland.

Forum

Mr Lloyd states that he carries over 400,000 passengers per vear which means he turns over \$6 million per annum and yet pays only \$2000 per year to NSW Maritime.

Mr Lloyd wants the ratepayer to pay for the dredging of the channel to make it safe for his service.

I think it's high time that Gosford Council put in a program to regularly dredge the channel under a user pays system.

If local restaurants and cafes have to pay council to put a chair and table on the footpath then this highly successful business should be contributing to maintaining our waterways.

> Jill Donald. **Umina Beach**

Better information needed

The Australian newspaper informs the reader far better than Gosford Council did in the Express Advocate about the council's gambling with around \$74 million of ratepayers' money, not \$3 million.

It is interesting to read the Peninsula Chamber of Commerce is on the bandwagon (Peninsula News).

Perhaps, "the Dream Team"

Forum

would have done better to push council incompetence.

I was the only person to make the fiscal incompetence and the wrongful deaths an election issue, but then I was not a sitting councillor worried about being held responsible for the way council has run our community into a ditch!

Edward James.

Trim the waste

In view of Gosford Council's apparent loss of \$70 million through investment financial products they did not understand, would now not be a prudent time to trim unnecessary waste?

Suggestion one is to move council chambers to Erina, the commercial centre of Gosford City.

That way we can stop wasting ratepayers' money on efforts to bring Gosford back to its former

Gosford as a commercial centre is dead and buried.

Gosford's only hope is to reinvent itself.

Forum

suggestion is as My educational hub.

Put a university there linked to Gosford Hospital and watch foreign and local students breathe new life into its dead heart.

Westfield Tuggerah Wyong as a commercial centre. Erina Fair did the same to

Gosford.

Let's face facts and stop wasting any more money on a futile exercise.

Warren Cross, Wagstaffe

Some basic questions

I note with interest that Cr Holstein has stated he is going back to basics.

Well in that case, he might care to respond to some basic

1. How much exactly has council lost investing in collaterised debt obligations (CDOs) and other overseas investments?

All sorts of figures have been mentioned but according to the Sydney Morning Herald and amount of \$74 million was involved.

This figure was obtained from Lehman Brothers.

were the terms and conditions including commissions?

3 Has council written off sum of \$1 million owed by the now defunct North Sydney Bears?

4. What is the situation with the sum of \$300,000 payable by the Memorial Club towards the Ettalong foreshore improvements? Fred Landman,

arrel

Dalev's Point

Umina's Finest Tobacconist

& Darrell Lea Chocolates

Find dredging money

Please Cr Holstein, spare me the politics over the Ettalong dredging.

Claiming that the State Government should pay all the cost of the channel dredging ignores the fact that often major and important infrastructure works, whether it be roads, flood mitigation or channel dredging, requires some State or Federal funding usually on a 50:50 basis

Cr Holstein knows this all too

He doesn't knock back handouts from the Government for flooding in Narara or fixing council's Woy Woy Rd, even though they are council's responsibilities.

You can't have it both ways. Council should be finding the

Forum

Letters to the editor should be sent to: Peninsula News PO Box 532, Woy Woy 2256 or mail@PeninsulaNews.asn.au

money and stop putting its head in the proverbial sand.

See Page 2 for

contribution conditions

Jack Galway, **Wov Wov**

Common sense? 2. Who in council was responsible for investing this money and what

So Coca-Cola is now allowed to take more water from out of the ground, place it in plastic bottles and sell it to us - all for a lousy \$200 a year.

And Gosford Council asked me for \$250 a year for administration fees and another \$107 each time a health inspector calls for my Bed

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What happened to good old common sense?

Ain't so common anymore! Tricia Sands.

Woy Woy



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Marva

Festival receives government grant

The Brisbane Water Oyster Festival has received a State Government grant of \$3000 for banners and signage.

Minister for Tourism Ms Jodi McKay and Member for Gosford Ms Marie Andrews presented a \$3000 cheque to Brisbane Water Oyster Festival coordinator Ms Debra Wales to help promote the November 9 event.

Ms McKay said the festival was expected to attract more than 20,000 people while showcasing the Woy Woy Peninsula, local oyster farming and the Professional Fisherman's Association.

"The festival delivers a healthy economic boost for local tourism," Ms McKay said.

"This is a great event for the Central Coast, with the community also using the festival to raise money for worthwhile causes.

"The Oyster Queen Ball has raised \$127,000 over the past three years for the NSW Cancer Council."



Festival coordinator Debra Wales receives the \$3000 cheque from state government representatives Jody McKay and Marie Andrews

Ms McKay said the NSW Government would contribute to the cost of banners and signage for the event.

"The festival is the perfect day out for the entire family and there is sure to be plenty of interest in the inaugural Brisbane Water Best Oyster Competition," Ms McKay said Ms Andrews said the festival and Blessing of the Fleet, now in its eighth year, is popular for locals as well as visitors.

"There is lots to see and do, including food and wine tasting, entertainment throughout the day and of course the famous local oysters which will be in huge demand," Ms Andrews said.

"The festival has become a major drawcard for the Central Coast region."

A free shuttle bus will be available from Woy Woy station every half an hour to take visitors to Ettalong Beach

The Palm Beach Ferry will be operating from Palm Beach to Ettalong on its regular timetable.

Press release, 20 Oct 2008 Marie Andrews, Member for Gosford



The first shipment of goods from the Rotary Club of Woy Woy arriving in Papua

Rotary sends supplies

The Rotary Club of Woy Woy has recently completed its second shipment of school supplies, hospital equipment and medical supplies to Woodlark Island, Papua New Guinea.

"The club has now sent four containers of equipment and supplies to Woodlark Island," immediate past president Mr John Garwood said.

"A member of the club, Mr Lee Spencer of St Hubert's Island, has mining interests on Woodlark and has been instrumental in compiling lists of needed items for the native villages.

"Since the first shipment, the island has been granted a school teacher by the Papua New Guinea Government and has now had its first primary level graduate.

"The recent shipment included non-perishable bandages, swabs and other medical equipment."

Mr Garwood said: "The school and medical equipment came from Rotary's Donations in Kind Warehouse, where old school and medical equipment is stored for use in such projects."

Press release, 23 Oct 2008 John Garwood, The Rotary Club of Woy Woy

Chinese tourists stay at resort

The Mantra Resort in Ettalong Beach will host more than 50 Chinese tourists over the next two months as part of a new Qantas seven-day Australia package.

Central Coast Tourism chief executive officer Mr Horst Endrulat said the Mantra resort at Ettalong Beach was the only regional destination in the Qantas Shanghai package tour to host an overnight stay.

"I am proud of our marketing staff's effort, as we are the only regional destination in this package tour to host an overnight stay," Mr Endrulat said.

He said the seven-night Australia package allowed Chinese visitors to stay one night on the Central Coast, two nights in Sydney, two nights in Melbourne and two nights in Queensland.

Mantra Ettalong Beach general manager Mr Paul Brasch said: "This is what it is all about - by working together we can reap benefits for the entire region."

The first group of 25 visitors arrived from Shanghai on October 24, visiting the Australian Reptile Park, pelican feeding at The Entrance and stayed overnight at the Mantra Resort in Ettalong Beach.

The seconf group will travel to the Central Coast on November 13

"With the low Australian dollar at present, we hope to get much more group business from overseas, as these markets will now get more value for their dollar," Central Coast Tourism marketing manager Ms Sarah Kerrsmith said.

Press release, 20 Oct 2008 Horst Endrulat, Central Coast Tourism

Bank signs up 2000th customer

The Ettalong Beach branch of Bendigo Bank celebrated its 2000th customer on October

Branch manager Mr Tony Gravas said it was a wonderful milestone.

gWe opened our doors in 2005 and from that day we have been growing thanks to support of local businesses and the community, h Mr Gravas said.

gThis continued growth has led to our bank expanding its services into Deepwater Plaza with its first Bendigo Bank Automatic Teller Machine.

gWe saw the opportunity to provide a service where no other

ATM is located and that is right opposite the Coles Supermarket.

gDeepwater Plaza is one of the busiest shopping centres and we wanted to be right there providing a good community-banking service.

gAs part of our communitybanking policy, we have also purchased a marquee in time for summer which will be available to schools, sporting groups and nonprofit organisations at no cost to them

Bendigo Bank is about being part of the local community and giving back to the community.

Press release, 22 Oct 2008 Tony Gravas, Bendigo Bank Ettalong Beach

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Flying padre comes to Peninsula

The Uniting Church Flying Padre will be holding a presentation and discussion group at the Umina and **Ettalong Uniting Churches** on Thursday, October 30.

The Flying Padre, the Reverend John Blair, flies to stations and towns across the far north west of NSW bringing pastoral care to isolated people.

Mr Blair began the Far West Flying Patrol in 2002 after working as a pastor near Boston in the US.

His parish covers more than 161,000 square kilometres and around 500 working stations fall within its borders.

The Flying Padre performs pre-marriage and baptismal conferences, sets up pastoral visits and provides counselling.

Mr Blair has flown more than one million kilometres since commencing his mission in a 35-year-old Cessna.

"As the Royal Flying Doctor Service provides free medical aid in the bush, so the Uniting Church provides faithful, social and emotional support to people who are at risk," Mr Blair said.

"It's very much like a pastoral

"Before the flying patrol centre was established, I didn't have one church building to look after.

All of my buildings were out there.

"We may have home church. We may have shed church. We may have pub church.

"It's an opportunity to meet the people where they live."

The Flying Padre will be holding a presentation at the Ettalong Uniting Church Hall on October 30, from 2pm and at Umina Uniting Church from 7.30pm.

"Everyone is most welcome," said publicity officer Ms Annette Strong.

Pamphlet, 24 Oct 2008 **Uniting Church Flying Padre** Press release, 21 Oct 2008 **Annette Strong, Uniting Church**

Busy weekend for coastal patrol

The local volunteers on duty at the Royal Volunteer Coastal Patrol had a "demanding weekend" of rescues in and around the Peninsula on October 18 to 19, according to public relations officer Mr Ron Cole.

"The volunteers on duty at Central Coast Division of Coastal Patrol had little time to enjoy the great weekend on the water," Mr

"On the Saturday, around 4pm, Phil Swannel and his crew on Central Coast Lifeboat responded to a call for help from a 4m runabout at Kourung Gourong Point, Wagstaffe.

"The disabled vessel with four on board required a tow home to Kincumber Creek.

"The lifeboat was immediately required at Wagstaffe again at 5pm to assist a 5m runabout with seven people on board.

"Their boat had a mechanical failure and it was towed to Gosford

Mr Cole said the following day was just as demanding.

"Skipper Brian Warburton was duty coxswain on Sunday morning at 8.25am and responded to a call from a vessel with mechanical trouble off Iron Ladder Beach, around the corner from Lobster Beach," Mr Cole said.

"The vessel, with three people on board, was towed to the Blackwall Boat Ramp.

"Central Coast Lifeboat, with Anthony Porter in charge, was called out again at 3pm to assist three young women aground at Point Clare in a launch hired from

"They had run out of fuel."

Press release, 20 Oct 2008 Ron Cole, Royal Volunteer **Coastal Patrol**

Volunteering information

Volunteering Central Coast will hold a general information session in Woy Woy on November 17, to present local residents with opportunities to become a volunteer.

Recruitment coordinator Ms

Sharan Page said community organisations on the Central Coast were always looking for volunteers.

"Many people state that volunteering is the best thing they have ever done with their time.

"This outreach service is to assist the people on the Peninsula to access services with ease, saving travel time and money.

"We refer our clients organisations with available positions, close to home, where possible.

"We have positions available from working outdoors to cooking, receptionist work and much more.

"There is something for evervone.'

For more information and bookings for the information session phone 4329 7122.

Press release, 15 Oct 2008 Sharan Page, Volunteering



Gosford Council held an Introduction to Bushcare Workshop at Woy Library on October 26.

The free workshop provided understanding of bush regeneration, Gosford council's bushcare program and the causes of bushland degradation.

The workshop also informed

participants of the Golden Rules of bush regeneration, site safety, herbicides, State and Local Government policies relating to council's program and the roles and responsibilities of council and volunteers.

> Press release, 14 Oct 2008 Kate Consterdine, Gosford



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Umina Library from 11am & Ettalong Senior Citizens Centre from 1pm

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Exercise program helps recovery

Woy Hospital's hydrotherapy pool will host eight-week exercise program specifically designed for women who experienced breast have cancer.

Encore program is The coordinated by the Young Women's Christian Association and partially funded by NSW Health.

The program incorporates gentle floor and water exercises, relaxation techniques, information and support.

Instructor Ms Judi Gurzinski said the program was a safe, fun and therapeutic exercise program for women who have had breast cancer.

"The exercise program is specifically designed to target areas that have been affected by breast cancer surgery and treatment," Ms Gurzinski said.

"Gentle but effective exercises improve strength, mobility and flexibility while the warm water in the hydrotherapy sessions relieve affected areas.

"The classes provide an opportunity for women to share their experiences in a safe and supportive environment.

free, by "Participation is

enrolment only medical approval is required."

Ms Gurzinski said the program aims to improve mobility and flexibility, boost self esteem and self image, relieve discomfort, reduce the potential risk of lymphoedema, assist women with lymphoedema and create a positive attitude to life and health.

Bookings are now being taken for the program which will run next February and March at Woy Woy.

For further information, contact Judi on 4358 0367.

> Press release, 10 Oct 2008 Judi Gurzinski, YWCA

Kiosk is not closing

Woy Woy Hospital's kiosk is not closing.

Woy Woy Hospital Auxiliary public relations officer Ms Pat Harding said: "Despite the rumours, the kiosk is not closing and will still be managed by Woy Woy Hospital Auxiliary.

Ms Harding said it was important for the community to continue its support in the auxiliary's regular street stalls and other fundraising efforts.

Woy Woy Hospital Auxiliary will hold its next street stall outside Flemmings in West St, Umina Beach, on Thursday, November

The stall will be open from 9am to 2.30pm.

> Press release, 24 Oct 2008 Pat Harding, Woy Woy **Hospital Auxiliary**

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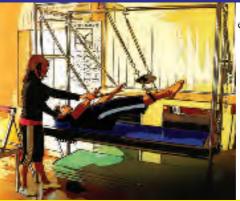
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Club starts for divorced women

A new club for divorced women of all ages has started on the Peninsula.

Peninsula resident and club founder Ms Angela Cowan said she felt a need for divorced women in the area to continue socialising after divorce and founded the Divorced Women's Club as a result.

"The reason for my starting the club was two-fold," Ms Cowan said.

"Firstly, I found that as a separated woman of two years and in my late-30s I didn't especially want to jump back into another relationship so quickly, but still wanted to go out and have fun, particularly with other females.

"I also found that on weekends and during school holidays when I didn't have the children, and other families were either doing things together or away holidaying, I wanted to know how to get in touch with other women who were in the same position as me.

"Secondly, through my own experience of having been through a marriage separation, I appreciate the anxious loneliness of being on my own and urging a new relationship to materialise just to keep the loneliness demons away.

"However, through the support of other women I am able to enjoy all the places and activities that couples enjoy but with women.

"I also feel less critical of myself about being divorced and single because I now have a network of women who are happy to get together."

Ms Cowan said the new club was about enjoying being an individual, supporting other women of similar circumstances, taking responsibility for creating one's social network and having fun.

"Over the last couple of months I have been digesting the idea of forming a club and have met many women who have wanted to be part of a network of women who did things together like dinners, sporting activities, hobbies and generally getting together for a chat," Ms Cowan said.

"I have even had women who are married ask me if they can join.

"I don't like to exclude women who are keen, but I want to just focus on the needs of divorced women for now."

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Ms Cowan said the club was based on a network database of women's contact details and general interests that could be accessed by other divorced or separated women.

"This information will then be distributed to all members of the club and it will be up to each individual of the club who they choose to make contact with," Ms Cowan said.

"As an example, if I wanted to go for a walk for an hour tomorrow morning with someone from the club, I could look up the database for someone who has walking down as a general interest and either phone them up or email them and ask if they are interested in joining me. "The database will also have the flexibility to organise larger group outings too.

"For example, if someone in the group didn't have their children on a specific weekend and they wanted to arrange a big group dinner, they could do a group email with the details and plan the event from there."

For more information or to get your details onto the social networking database phone Angela Cowan on 4341 3654.

"I think that getting support from other women who have gone through a divorce is important since normalising any experience helps put our own stuff into perspective," Ms Cowan said.

"When we hear how other women experienced their separation we can share, empathise, support, encourage and offer resources and just be there for the other person.

"Divorce is also a traumatic experience generally, mixed with relief, anxiety, low self-esteem and uncertainty.

"It's comforting and appreciating that out of the mine field there is also fun, personal growth, new friendships, a balance of work and play and other women who just 'get where you're at'."

Email, 23 Oct 2008 Angela Cowan, Umina Beach

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Boat team at Woy Woy

The Dragons Abreast Coast Busters dragon boat team will be fundraising for breast cancer awareness at Deepwater Plaza in Woy Woy on October 27.

Publicity officer Ms Vicki White of Woy Woy said the team of breast cancer survivors would be selling Pink Ribbon Day merchandise to raise funds for The Cancer Council and Dragons Abreast Central Coast Ms White said the team had also been involved with other activities and events during breast cancer awareness month in October.

"In a radical departure from the traditional breakfasts and luncheons of breast cancer month, a group of enterprising breast cancer survivors decided to treat the public to a breast cancer happening with a real, upbeat difference last weekend at Darling Harbour," Ms White said.

"An enthusiastic team from

Dragons Abreast Central Coast joined in, pitting their strength on the water against rival teams who all headed to Darling Harbour to participate at the Inaugural Corporate and Community Dragon Boat Regatta.

"The Central Coast 'Coast Busters' crew consisted of 22 paddlers, which won third place in the Challenge.

Press release, 22 Oct 2008 Vicki White, Dragons Abreast Central Coast

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Peninsula Food Guide

Show raises money with white ribbons

Bombshells will be staged at yearning for the unexpected, they the Peninsula Theatre from November 21, to raise money for the White Ribbon Foundation of Australia.

Director Ms Darlene Cole said the production explored six women at "bombshell" times of their lives.

"Ranging in age from a feisty teenager to a 64-year-old widow struggle, sometimes hilariously, sometimes tragically, to bridge the chasm between the wilderness of their inner worlds, the feminine spirit and the demands of their outer worlds.

"Written by acclaimed Australian playwright Joanna Murray-Smith, Bombshells was commissioned by the Melbourne Theatre Company."

Ms Cole said The White Ribbon Foundation of Australia aims to eliminate violence against women by promoting cultural change around the issue.

"Profits from Bombshells and the sale of white ribbons and wristbands contributing to the implementation of these strategies," Ms Cole said.

"In Bombshells, we explore the universal delight of the passionate, miserable, hilarious wildness of women, raise funds in support of White Ribbon Day and increase awareness to end violence against women and girls."

Ms Cole said she was committed to connecting people to their community and culture through

entertaining and thought-provoking theatrical productions.

She said her production of Bombshells was "inspired by the overwhelming success of V-Day Wyong, V-Day Gosford and The Vagina Monologues".

The cast is Kate Buckland, Yvonne Larimore, Phoebe Graham, Leanna McNeil, Pam Campbell and Merin Graham.

The Peninsula Theatre will feature four shows next month, including November 21 from 8pm, November 22 from 2pm and 8pm and November 23 from 2pm.

Admission is \$20 per adult and \$15 concession.

For bookings call 4323 3233. Press release, 20 Oct 2008 Darlene Cole, Stagebright **Productions**



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Opportunity at morning tea

Peninsula Women's Health Centre will host a morning tea on November 5, to give local women the opportunity to meet other women in the area.

"The morning tea is a great opportunity to meet women, especially if you are new to the

area or feel isolated," community development worker Ms Kate Bradfield said

"The centre has no childcare facilities, but you are welcome to bring your children if they remain under your supervision.

"No bookings are needed just turn up on the day."

The event will begin at 10am. The Peninsula Women's Health Centre is located at 20a McMasters

Rd, Woy Woy For more information, phone 4342 5905.

Press release, 21 Oct 2008 Kate Bradfield, Peninsula Women's Health Centre



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PIES AND PASTIES

A local yoga teacher is encouraging expectant mothers to take pregnancy

yoga classes. Helen MacNair from Bella Rose Yoga in Woy Woy said the classes were specifically designed for pregnancy to prepare the body and mind of mothers-to-be.

"The yoga is gentle and adapted to suit the needs of the group in each class - lots of relaxation, gentle stretching and ideas for the birth, positions and breathing techniques.

"Post natal classes are for mums

and their new babies too and are informal and sociable. "There are also regular birth rehearsal workshops so that birth partners can learn new techniques and ideas for their birth and so support their partners more effectively."

Ms MacNair said the pregnancy classes aimed to practice yoga with all the benefits that it brings and to empower women with information, techniques and the sense that they are perfectly designed and capable of giving birth and being a mother.

Press release, 23 Oct 2008 Helen MacNair, Bella Rose Yoga



"The best coffee on the Peninsula"

tower opposite Woy Woy station 43441848 6am - 4pm Mon-Fri

Upstairs in the clock



Yoga for pregnancy

Sydney Avenue Umina Beach inside/next to the Ocean Beach Holiday Park

Umina's best kept secret on the beach, tranquil outdoor setting to enjoy your breakfast and hot coffee or try our home made gourmet burgers for lunch

Go for a stroll down the beach only metres away

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Sunday to Thursday 8.30am to 5.00pm Friday and Saturday 8.30am to 8.00pm

GLUTIEN FREE ORGANIC PRODUCTS



Impact Plants

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The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Poole Close Empire Bay NSW 2257 Phone: 4369 1422 Fax: 4369 1485

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222 **MOW**, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

PBPCC, Pearl Beach-Patonga Chamber Of Comerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WWEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf. **Playtime** Mon-Fri 9am, Little Gym **PCYC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, WWEC

Second Tuesday of

every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC Get Together afternoon tea, ESCC

Pearl Beach Craft group, 1.30pm, PBPH

Stroke recovery group, 11.30am, MOW.

Diabeties Support Group, 10am,

ECC

CC Animal Welfare League

Woy Woy-based group monthly meetings from 11 am at CC Leagues Club, eng 4344 6650.

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, **UCH**

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, MOW

ACF meeting, 7.30pm, WWEC

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families, BFC Toastmasters, 7.15pm, EBWMC Combined Pensioners assoc afternoon tea, enq: 4341 3222, ESCC

Every Tuesday

Living with Teens course 10am runs until 26th August PWHC,

Woy Woy Blood BankA @ Hospital Ocean Beach Rd, Woy Woy. 1-7pm

Chess Club, 1pm, enq: 4341 8748, EBWMC

Silk craft 10am

Mums &bubs playgroup 1pm
Pastel classes for kids 4pm
RBG

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034
Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am; Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm; Stroke Recovery, 2pm;Playgroup, 9am; Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Brophy Circus Academy, beginners 5pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm;Pre/PostNatal Yoga, 9.30am; Motivation & Empowerment classes, PCC,

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Cards, 12.30pm; Computers, 9am, ESCC

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, EBWMC

Tai-Chi classes, 9.30am (ex sch hols), eng: 4360 2705, WH

Folk Art, 9.30am; Silk Dyeing, 1pm, EBACC

Children's story time, Umina library, 10.30am (Except Jan). Sahaja yoga meditation, 10:30am only, enq: 4368 2847, CWA Playgroup, 10am, Kids 0-5yrs,

enq: Juhel 4342 4362, **WWPH Woy Woy Blood Bank,** 11.15am
to 8.45pm, session time 1pm to
7pm, Ocean Beach Rd, Woy Woy **Tap Dancing**, 6pm, enq: 0438 033

039, **EPH Tai Chi**, 9:30 am, enq: 4360 2705, **WH**

Supported Playgroup for first time and single parents, enq: 4340 1111, **BFC**

WEDNESDAY

First Wednesday of

every month

CWA social day, 10am, handicrafts, 1pm, enq: 4344 5192 CWA Ettalong Ratepayers & Citizens Progress Association, 7.30pm, EPH

Coffee Morning, social gettogether, 10am, **PWHC**

Second Wednesday of

every Month Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am. **ECC**

Fourth Wednesday of every month

Everglades **Probus** Club, 10am, ECC, enq: 4341 0664 Drumballa Drum circle 7.30 **RBG**

Every Wednesday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

Woy Woy Women & Children's domestic violence group runs until 24th September PWHC,

St John's Ambulance, 7pm, - St John's Ambulance; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 MOW

Craft for love & Garden club 10am RBG

Free Tax Help by appt; Occasional Care, 9am; School for Seniors Oil Painting, 9am-12; Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 4pm; Coast Care Counselling; Judo, 5pm; Weight Watchers, 6pm; Belly Dancing, 7.30pm;

Dance & Theatre School, 3.30pm; Motivation & Empowerment classes, PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina. Brisbane Waters **Scrabble** Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, **EPH**

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.15pm & 6.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073,

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, ECC

Dance Club, 1pm, **EBWMC Empire Bay Tennis**, 9am-12am,
Shelley Beach Rd, Empire Bay,
enq: 4341 4125

THURSDAY

First Thursday of <u>every month</u> Brisbane Water Senior Citizens, 1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC
Australiana Bus Trips, PCC
Third Thursday of

every month
Brisbane Water Senior Citizens,

1pm; EBWMC

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 – 5 years, 9am BFC Umina Probus, 10am, ECC Women's Health Clinic, enq: 4320 3741. Craft and creativity

PWHC
Women's Friendship Group,
women with disabilities, 10am12pm, St Lukes Church, Woy
Woy

group - women in sticthes 1pm

Every Thursday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

Creative Writing, enq: 4369 1187,

Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Tai Chi, 11.30am & 7.30pm; Bridge, 12pm; The Web, 2pm; Brophy Circus Academy, 4pm; Yoga, 10am; Belly Dancing, 7.30pm; Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes, PCC

Free entertainment, 6.30 pm; Senior Snooker, 8.30am; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's **Drumming,** 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651 **Scrabble**, 12.30pm, **WWPH**

Children's art classes, 4.30pm, EBACC Card Club, 1pm; Chess Club,

7.30pm, EBWMC
Tai Chi 11.30am & 3.45pm;
Dancing 9am; Indoor Bowls,
9am; Table Tennis, 1.45pm;

Cards noon, ESCC Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195 Adult tap dancing, 10am, enq:

4342 3925, **EPH**Fairhaven Services **Cash Housie**, Ettalong Bowling

Club 7.30pm **Dance**, 9am-11:30am, enq: 4344 3131. **ESCC**

Pilates, 9:30am, enq: 4384 5005; **Mah-jong**, 2pm, enq: 4360 2178; **Yoga**, 5:30pm, enq: 4323 1859, **WH**

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC Second Friday of every

month

Book Bazaar, book Club, 10:30am, enq.42422482 RSL Sub Branch meeting, 2.30pm, EBWMC

Third Friday of every month Legacy Ladies, 9am, enq: 4343 3492, EBWMC

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, WH Civilian widows, 1pm, ESSC School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina Uniting Church Bingo, 11.30am, enq:4343 1664,

UCH

Lollipop Music Playgroup,

9.15am, enq: 4343 1929, **BFC**Old Wags **Bridge** Club, (except 4th Fri) 1:30pm, enq: 4360 1820. **WH**

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's **Exercise Class**, 9.15am, enq: 4342 9252, **EPH Watercolour Painting**, 10am,

EBACC
Painting, 9am; Computers, 1pm;
Scrabble, 1pm; ESCC

Gym Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm

(Senior), PCYC
Peninsula Pastimes, Ettalong
Baptist Church, Barrenjoey Rd,
9.30am, (Ex sch hols), Primary
Kids Club, 4.30pm, enq: 4343

Alcoholics Anonymous, 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303 Hardys Bay Community Church, indoor bowls, canasta, scrabble,

morning tea 10am, enq: 4363

Occasional Care, 9am; Kindy Gym, 0-3s, 9.15am, 3-

5s, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Samaritans Support Group, 10.30am; Bridge Club, 12pm; The Web, 2pm; Brophy Circus Academy, 5pm; Kempo Karate, 5.30pm; Judo, 7.15pm; Dance & Theatre School 4pm U3A

Courses, PCC Women's walking group, 9am-11am, PWHC

Fishing Club, **EBWM Krait RSL Day Club**, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services

Cash Housie, East Gosford

Progress Hall, 7.30pm
Old Wags Bridge Club
(except 4th Friday of month),
1:30pm, enq: 4360 1820, WH
Friendship for Seniors, Hardys
Bay Community Church, 10am12pm, enq: 4360 1598

SATURDAY

Melaleuca

First Saturday of every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160. EBWMC

Second Saturday of

every month

Book Club, 10:30am, enq:
Mandy 4342 2482 Alliance
Française, French conversation,
11am, enq:0412 252 709

Wetland

Regeneration Group, Boronia Ave, Woy Woy, 8am **Bushcare** group, Pretty Beach,

end Araluen Track, 8am
Save our Suburbs, 1pm, enq:

4342 2251, WWPH
Ex-Navalmen's Assoc, Central
Coast Sub-Section, 10am,
WWLC

Scrapbooking, 12pm, enq: 4342 3712, PCC

Third Saturday of every month

Umina P&C **Bushcare**, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301 **Market Day**, 9am, Sydney 2000

Park, UCH Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, CWA

What's On in and around the Peninsula

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am

Wetland Melaleuca Regeneration Group, Boronia

Ave, Woy Woy 8am

Every Saturday Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Silvercraft Classe's 1pm EBACC 8.30am; Weight Watchers, Dance & Theatre School, 9.30am; Bridge Club, 12pm; Soft Stone Sculpture (monthly); The Web 4.30pm-9.30pm; School for Seniors social outings arranged throughout year, PCC

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, EBWMC Gym Sessions, 9am; Drama & Discovery, 9am, PCYC

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, **WWLC** Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344

Woy Woy Environment Centre, 10am, enq: 4342 6589, **WWEC**

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

Rainbow Gate Market Day, 8am-2pm, 207 West St, Umina, enq: 0409 774 467

SUNDAY

Second Sunday of

every month Ladies Auxiliary of Vietnam Vets, 10 am; Vietnam Vets, 11am,

EBWMC Umina P&C Bushcare, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486 Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition, Club House in Beach St, Ettalong. **EBWM Vietnam Veterans** Peacekeapers, Peacemakers meeting, enq: 4344 4760

Last Sunday of every month Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm, PCC Coast Community Church Services, 9am & 5pm, enq: 4360 1448

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of

every month RSL Womens' Aux, 9:30am, **EBWMC**

Endeavour View Club Luncheon, enq: 4342 1722, **ECC**

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587 **Grandparents Parenting Support** Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342

9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of

every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, PWHC RSL Women's Auxiliary, 9am; RSL Sub Branch, 2.30pm; Card Club, 1pm, EBWMC

Wagstaffe to Killcare Community Association, 7:30pm, enq: 4360

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group **PWHC**

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month War Widows, 1pm, 43410286, **EBWMC**

Fourth Monday of every month

Speachcraft Toastmasters Classes, 6pm, EBWMC

Labor Party Peninsula Branch, 1pm, CWA

Carers support group, Group room, Health Service Building, Hospital, Woy Woy 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931 **Every Monday**

Kidz Drumming . 4-5pm, Rainbow Gate, 207 West St,

Umina Cash Housie, 7:30pm, enq: 4323 3566, EMBC

Walking with other Mums enq: Liz Poole 4320 3741

3Cs-Craft, Coffee & Conversation, 12.30pm, enq: 43 431929, BFC Yoga, 9.30am, Ph.4360 1854, WH Meditation Mums 10am,

Drummimg classes 4pm RBG Computers, 1pm; Dancing, 9am; Indoor Bowls, 9am; Mahjong, 1pm; Fitness, 1pm; Yoga for

beginners, 2.30pm, ESCC Gym Sessions, 8am; Tiny Tots, 9:15am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior),

PCYC Carpet Bowls, 9am; Card Club, 1pm, EBWMC

Fairhaven Cash Housie, 7.30pm; Bingo, 11am, enq: 4323 3566, **EMBC**

Arts and Crafts for people with a disability, 11am, enq: 4341 9333 Patchwork & Quilting, 10am;

Pottery, 10am & 1pm, EBACC Children's Story Time, Woy Woy Library, 10,30am Occasional Childcare,

Central Coast Volunteering, 9am; Over 55's Gentle Fitness, 9am; Supported Playgroup, 9.30am & 12.30pm; Yoga, 10am; Mad Monday Craft & Cooking, 11am; Bridge Club, 12pm;

Hysical Culture Club, 4pm; Coast Care Counselling, 3.45pm; Dance & Theatre School, 3.45pm; Judo, 5pm; U3A Courses, PCC Craft group, 1pm, BFC

Fairhaven Services Cash Housie, 7.30pm. **EMBC**

Yoga, 9:30am, enq: 4360 2705,

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, WH

Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075 Sea scouts, 6pm. Nth Burge Rd. Woy Woy, enq: 0437 590 354 Girl Guides, 4pm, Cnr of Lurline

& Memorial Ave, Blackwall, enq: 4328 3247 Indian Dancing for Kids, 3.30pm,

enq: 4342 4395, WWEC

If you would like your community not-for-profit event listed here, send the details to the Peninsula News

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Peninsula Art Walk on again

The Multi Arts Confederation is calling on expressions of interest from Peninsula shop owners and artists to participate in next year's Peninsula Art Walk.

Project coordinator Margaret Hardy said the Multi Arts Confederation and Friends of Caroline Bay group were looking forward to another art walk after this year's success.

"The last art walk, held from January to February this year, picked up a good response amongst the community," Ms Hardy said.

"The walk was set up to promote art on the Peninsula, which has not had much support for the arts until after the first walk.

"Leila Desborough designed the logo last year and has given permission for it to be used again.

"We supply the shops with the logo for their windows and list of participating shops.

"People can pick up a copy and follow the logo signs in the

"The walk also helps to promote the business involved in the event.

"Some paintings were sold last year and since The Rainbow Gate has opened, shops have continued to show art works and the Peninsula Village Art Show extended their exhibition to other venues.

"Leila Desborough, Hoste, Gai McMurtrie, Christine Armstrong, Gregory Coates, Robyn Mullen, Karen Williams and Barbara Duggan were a few of the Peninsula artists who participated this year."

Next year's Peninsula Art Walk will be held from January 12 to February 13.

For more information contact 4369 4534 or email Margaret Hardy at <u>margarethardy1(a)</u> bigpond.com.

Press release, 24 Oct 2008 Margaret Hardy, Multi **Arts Confederation**



Woy Woy 4841 7598

Lingerie Waitress's 5pm-8pm Pool Comp From 5.00pm **Great New Prizes**

BANQUET NIGHT (3 Courses) \$12,50

Play Free Pool from 6pm

Thursdays

SURF N TURF RAFFLE tickets on sale from 5.00pm drawn at 7.00pm - members badge draw between 6 & 7pm followed by Kazza's Karaoke

PASTA AND STEAK NIGHT (2 COURSES) only \$12.50

Fridays

APL Poker from 7pm KAZZA'S KARAOKE TALENT QUEST

Heat 6 Friday 8th August from 7pm

- Courtesy Bus available from 5pm Thursday to Saturday
- Child Flight Charity Bowls Day 3rd Sunday each month Great day with Entertainment and Raffles

Arts & Entertainment



The principal cast of Greenhaven in a scene at Patonga

Film screens showing Patonga

new Australian film, featuring Patonga, has begun screening at Avoca Beach Picture Theatre.

The View from Greenhaven, cowritten and co-directed by brothers Simon and Kenn MacRae is about a father struggling to appreciate his life and loved ones.

Kenn MacRae said the film explored the idea of appreciating what one has and not always thinking life is "greener on the other side".

According to Mr MacRae, Patonga was "the perfect location" to film.

"Our locations director presented us with several Central Coast locations to film the main character's coastal home town

scenes," Mr MacRae said.

"Patonga seemed like the perfect location and, when we visited there, it was like the town was created especially for the film.

"It was just how we had imagined the town to be when writing the script."

The film was shot in Patonga for one week in March last year and features the Patonga wharf, Patonga Beach Fish Cafe and Palm Beach Ferry Service.

The film was also shot in Mudgee and various locations in and around Sydney.

Mr MacRae said the cast and crew travelled by ferry from Palm Beach to Patonga throughout the one week of filming.

"The first day of filming saw

Patonga receive record rainfall that month," Mr MacRae said.

"I hope Patonga remains the small, quiet coastal village it is because it truly is a beautiful place.'

The film stars Chris Hayward, Wendy Hughes and Susan Prior.

The MacRae brothers won \$1 million from Project Greenlight, an amateur filmmaking contest, to fund their first feature film The View from Greenhaven.

Screenings of The View from Greenhaven began on October 26 and will continue over the next few

For more information. phone Avoca Beach Picture Theatre on

Foundation life member and NSW

Central Coast climate project

"connector" Ms Romaine Rutnam

The audience will be given the

Entry to the film screening is by

The event will begin at 10.30am

For further information about

Foundation's climate project email

info@romainerutnam.net or call

Centre is located at 267 Blackwall

The Woy Woy Environment

John Wiggin, ACF Central Coast

Press release, 22 Oct 2008

Australian Conservation

opportunity to ask questions,

discuss follow-up actions and

will lead the discussion.

design of a local project.

Australia

donation.

to 12.30pm.

4382 6516.

Rd, Woy Woy.

Australian

Clare Graham, 24 Oct 2008 Interviewee: Kenn MacRae.

Conservation

Optional season at **Little Theatre**

Woy Woy Little Theatre will introduce an optional twoweek season of one-act plays next year as part of its subscription series next year.

President Ms Barbara Hickey said the theatre company hoped to "introduce new ideas and actors" to audiences as the company entered its 47th year.

"Our regular season commences in February with the hilarious for

"This will be followed by by Starlight, a romantic comedy, involving a night in the life of a contemporary Irish couple.

"Finally, a Woody Allen comedy 't Drink Water will be staged, set in an American consulate in a mythical Iron Curtain country."

Publicity manager Ms Patrice Horne said Woy Woy Little Theatre's latest production Doubt, currently enjoying a successful season, would see the year out.

"It's one of our best plays to

"The story is focused on a Catholic school in the Bronx in the 1960's where a nun accuses a priest of inappropriate behaviour with a young student - the first black child in the school. "Armed with nothing more than her suspicions, she enlists the help of an innocent young nun and the child's tormented mother."

The play continues to be shown at the Peninsula Theatre until November 2.

Tickets are still available at The Peninsula Theatre box office Monday to Friday from 10am to 2pm or by calling 4344 4737.

Press release, 22 Oct 2008 Patrice Horne, Woy Woy Little Theatre

Photographic workshop offered

Pearl Beach photographer **Esther** Beaton is offering a Day Safari Photographic Workshop for locals interested in the natural environment.

The workshop will be held on November 1 at various sites around the Peninsula including the Pearl Beach Crommelin Native Arboretum and Ettalong Point.

Ms Beaton said the workshop was a wonderful opportunity for the community to further their interest in the natural environment by photographing it.

She has been a professional nature photographer for more than 20 years and spent her career pursuing the flora and fauna of Australia.

"Respecting our environment means understanding what's going on and fitting in with that," Ms Beaton

"That's the only way to approach nature photography and that's how I teach it.

"It's not necessary to travel to Western Australia to see an impressive wildflower display.

"A flower so rare, so magnificent, it was declared the state's emblem, is now lighting the Central Coast bushland aflame.

"The waratah, also known by its scientific name, telopea, produces a huge, red flower head in spring and only in the sandstone regions circling Sydney.

"There are only a few waratah patches in the state and the patch in Brisbane Water National Park is one of the largest, with over a hundred flower heads glowing like beacons

nature inside one of the ridgetop forests.

"The winter rains, following on the heels of the 2006 bushfire and the extended drought, seem to be responsible for this year's bumper

"The waratahs will continue to show their splendour through October, that is, as long as they remain protected."

Ms Beaton said a 2005 survey by National Parks and Wildlife Service found that one quarter in the patch was picked illegally.

"Fortunately, there are other ways to enjoy the beauty of waratahs besides picking wild ones," Ms Beaton said.

"They can be planted in gardens and, as perennials, can be enjoyed year after year.

"Another way is to join the Day Safari on Saturday, November 1.

"These photographic workshops are licensed by NPWS so entry into the National Park for purposes of photographing the flowers is done in a responsible and ethical manner."

Ms Beaton said the subjects to be discussed at the workshop included "tranquil glades, close ups and patterns of native flowers and trees, beautiful beaches, crashing waves and ocean-swept rock platforms".

Photographic techniques including close-up techniques, impactful compositions, landscapes with long versus wide angle lenses, critical focusing, composing for high key or low key and time exposures would also be explored.

The Day Safari workshop starts at 9am to 5pm.

Morning or afternoon tea is included in the cost of the workshop and participants should bring their own lunch and drinks as well as their own photographic equipment.

Meeting venue and lunch arrangements will be confirmed at the time of booking.

For more information and bookings visit www.estherbeaton. com.au or phone 0412 456 191.

Press release, 20 Oct 2008 Esther Beaton, Esther Beaton Wild Pictures

Film and discussion at environment centre

The Woy Woy Environment Centre will host a film screening and climate change discussion group on the morning of Saturday,

Sponsored by

Peninsula

Community/Access

November 29.

The film will be the documentary Telling the Truth, which follows seven presenters taking Al Gore's climate change message around

Woy Woy Little Theatre Inc **Presents** John Patrick Shanley's

Directed by John Hickey Joan Dalgleish Brendon Flynn Sierra Phillips Christine Vale Saturday 8.00pm Nov 1 Saturday 2.00pm Nov 1 Sunday 2.00pm Nov 2

The Peninsula Theatre

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Tickets available at the door or by calling Sarina on

Australia's No.1 traditional and contemporary folk, blues, roots, alternative and world music magazine and online shop.





TIPBOOKS CLARINET The Complete Guide .

Author: Hugo Pinksterboer Softcover

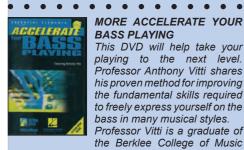
The Tipbook Series books are handy, accessible, thorough and convenient guides for players who want to get the most out of their instrument.

They are written in collaboration with and proofread by musicians, teachers, technicians and other experts - for beginners,

students and advanced players. Features include:

- ·lessons, teachers and practicing
- all jargon explained
- basic background information
- price indications
- the history and the family of the instrument and

TN851-D - \$20.00 P&H \$6



MORE ACCELERATE YOUR **BASS PLAYING**

This DVD will help take your playing to the next level. Professor Anthony Vitti shares his proven method for improving the fundamental skills required to freely express yourself on the bass in many musical styles. Professor Vitti is a graduate of the Berklee College of Music

and has been teaching there since 1990. He is known for his contemporary style of playing, particularly for knowledge and instruction in slap bass, fingerstyle R&B, and sightreading. He has played all along the East Coast with a variety of artists including Sammy Davis, Jr., Liberace, Toy Caldwell, Steve Smith, and Blues Saraceno, and currently tours with Herb Reed & the Platters.

This DVD offers easy-to-understand exercises and demonstrations that can be applied to all levels and styles.

These include:

- scale and sol-Feg
- · improvisation and rhythm studies
- slap bass technique
- fingerstyle groove.

Clear and detailed instruction is given both onscreen and in the accompanying booklet. 60 minutes.

TN852-D - \$40.00 P&H \$4



. **ACCELERATE** YOUR **KEYBOARD PLAYING** Exercises and Tips to Make You Better - Faster Medium: DVD Author: Dave Limina

> This DVD will help take your playing to the next level. Dave Limina shares his proven method for improving the

fundamental skills required to build your harmonic, melodic, and rhythmic vocabulary.

The DVD offers easy-to-understand exercises and demonstrations that can be applied to all levels and styles

Includes: scale and blues techniques

- ear trainingrock and blues phrasing
- · two-hand grooves for funk, Texas shuffle, rootsrock, and Latin styles

jazz voicings and rhythms.

Clear and detailed instruction is given both onscreen and in the accompanying 80-page booklet. 45 minutes

TN853-D - \$40.00 P&H \$4



METHOD DVD For the Beginning Electric

Medium: DVD Author: Ed Friedland

The Hal Leonard Bass Method is designed for anyone just learning to play electric bass. It

is based on years of teaching bass students of all ages, and it also reflects some of the best bass teaching ideas from around the world. Play your favorite songs in no time!

Includes: tuning, playing position, on-screen music notation, notes in first through third position, rhythms through eighth notes, fingerstyle and pick

playing, 4/4 and 3/4 time, position shifting and box shapes, play-along examples and six full songs, and more! Stands alone or can be used along with the corresponding book of the same title.

Running time: 68 minutes. TN854-D - \$34.00 P&H \$4



ACCELERATE DRUMMING YOUR

Exercises and Tips to Make You Better - Faster Medium: DVD Author: Larry Finn

This DVD will help take your playing to the next level. Professor Larry Finn shares

his proven method for improving the fundamental skills required to lay down a strong groove in any style of music. It offers easy-to-understand exercises and demonstrations that can be applied to all levels.

- These include:
- hand development
- basic grooves
- advanced grooves for funk, rock, hip-hop and Latin styles
- advanced fills.

Clear and detailed instruction is given both onscreen and in the accompanying 64-page booklet. 60 minutes.

TN855-D - \$40.00 P&H \$4



ACCELERATE YOUR BASS PLAYING

Medium: DVD

Author: Anthony Vitti

The DVD will help take your playing to the next level. Professor Anthony Vitti shares

his proven method for improving the fundamental skills required to freely express yourself on the bass in many musical styles.

easy-to-understand exercises demonstrations in this DVD can be applied to all levels and styles.

- Topics covered include:
- fingering exercises
- interval and ear training
- funk/R&B techniques
- rhythm studies.

Clear and detailed instruction is given both onscreen and in the accompanying 80-page booklet. 55 minutes.

TN856-D - \$40.00 P&H \$4



PLAY FLUTE TODAY! The Ultimate Self-Teaching Method!

Medium: DVD

Composer: Kave Clements

This DVD can be used as a supplement to the Play Flute

Todav! Level 1 book, or alone as a great introduction to the flute.

Simply follow along with the songs in the booklet as you watch the teacher on the DVD.

This complete guide to the basics Includes:

- assembly and maintenance
- producing sound
- · music reading
- · playing songs with a backup band.

HAL LEONARD BASS Learn at your own pace and open the door to the world of flute music! 39 minutes.

TN857-D - \$25 00 P&H \$4



OCAL TECHNIQUE VOCAL **DEVELOPING** VOICE **YOUR** FOR **PERFORMANCE Developing Your Voice for** Performance Medium: DVD

Author: Anne Peckham

Enhance your singing

career by learning proper vocal techniques to help prevent injuries and maximize your

Featured exercises will help you gain technical and expressive command of your voice.

Lessons include: warm-ups, posture, breathing, tone, maintaining vocal health, and improving stamina, range and sound. Anne Peckham is a professor of voice at Berklee College of Music. 53 minutes.

TN858-D - \$32.00 P&H \$4



PLAY CLARINET TODAY! The Ultimate Self-Teaching Method! Medium: DVD

Composer: Andrea Bryk

This DVD can be used as a supplement to the Play Clarinet Today!

Level 1 book, or alone as a great introduction to the clarinet.

Simply follow along with the songs in the booklet as you watch the teacher on the DVD.

This complete guide to the basics includes: assembly and maintenance

- producing sound
- music reading

· playing songs with a backup band.

Learn at your own pace and open the door to the world of clarinet music! 28 minutes.

TN859-D - \$25.00 P&H \$4



improvisation.

GUITAR SOLOING The Contemporary Guide to **Improvisation** Medium: DVD

Author: Beth Marlis Author: Daniel Gilbert

This DVD is a comprehensive source for mastering the art of single-note, melodic

It covers: scales, modes, arpeggios and technique

- rock, blues, jazz and other styles
- and more. 51 minutes. TN860-D - \$34.00 P&H \$4

· sequences, phrases and licks



BEGINNING FUNK BASS Medium: DVD

Artist: Abe Laboriel

Beginning Funk features Abe Laboriel, one of today's most talented session players and a Berklee College of Music

graduate.

Abe has performed with many popular musicians, including Herb Alpert, Lee Ritenour, Al Jarreau, George Benson and Quincy Jones, to name just a few.
On this DVD, Abe presents 40 minutes of

solid funk bass. He demonstrates thumping, slapping,

snapping and popping.
This DVD is not just for the beginner; in addition to the basics, Abe offers real insights

into his own style and technique.
He performs right-hand technique, funk
rhythm, playing with a drummer, pentatonic
scales, triads and more. This insightful DVD presents an essential foundation needed by every funk bass player. Includes a lesson

40 minutes. TN861-D - \$24.00 P&H \$4



BRUSH CONTROL The Key to Mastering Brushes Medium: DVD

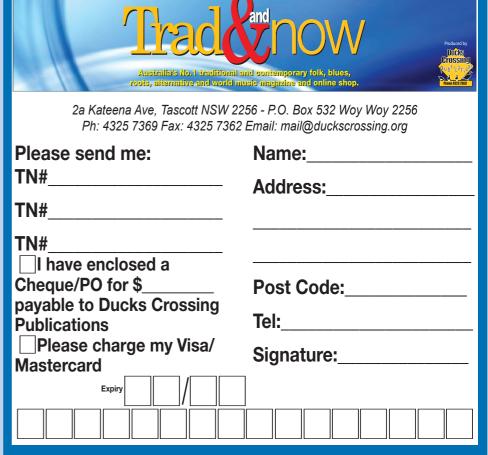
Author: Jon Hazilla

This comprehensive method gives creative drummers of all levels the technical tools

and musical insights they'll need to master the art of playing brushes. Jon presents a progressive series of techniques and exercises, then his cookin' trio demonstrates a wide variety of grooves and rhythm patterns.

Covers jazz, blues, hip-hop, Afro-Latin, Brazilian and contemporary pop styles, plus insightful interviews.

57 minutes TN862-D - \$43.00 P&H \$4



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Public Notices

Woy Woy Peninsula Lions Club Sunday, 30 November 8am to 1pm Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~ \$10 per car Cnr. Ocean Beach Road and Erina St. Woy Woy Always Last Sunday

More Details... Elmo 4341 4151 - Hope 4369 8707

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Enq: 4342 5333 Admission \$15 incl. supper Folk Fed Affiliates & Pensioners \$12. **Children 12 to 18 \$8** www.ccbdma.org for more information

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November 22, 7pm Tickets \$10

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Public Notices



NOTICE OF ANNUAL **GENERAL MEETING** For the Peninsula **Community Centre Inc,** Registered Charity No CC19624 To be held in the Seniors Room at the Centre

Woy Woy Tuesday November 2008 at 11am. members associates are cordially invited to attend.

93 McMasters Rd

Nominations are called from the members of the Association for the positions

President, Vice President, Treasurer. Honorary Secretary and 3 ordinary Committee Members

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Get rid of states

Keith Whitfield argues that the "states are needed as a check" (Peninsula News, October 13).

Federation made sense in 1900 but the federal system is now a big hindrance to good government.

It is also very expensive.

A spectacular number of federalstate crises have emerged in Australia in recent years in several major and minor public policy areas.

This is not going to be rectified by further attempts at "cooperative federalism".

With more coalition victories in the states the blame-game will soon be back in town.

The already huge fiscal imbalance is growing.

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Forum

Australia should stop trying to put the clock back.

Yes, Carr, Costa, Iemma, Goss and Beattie, expressing candid views in "exit interviews", are right: the states should go.

Howard, Costello, Fisher and Abbott agree.

These are or were practising politicians deeply involved in federal-state relations.

As to the massive constitutional hurdles consider two steps: Introduce a new electoral system which ends the two-party adversarial system; and proportional representation.

The current single-member district system is the very cause of the two-party dominance. Most constitutional amendments fail because they do not have bi-partisan support. Secondly, introduce Citizen Initiated Referendums, giving the people the right, by petition, to propose constitutional amendments.

Australia's archaic, rigid Constitution is overdue for a big overhaul anyway.

Perhaps the most questionable conservative defence of federalism is that a unitary structure equals centralisation of power.

The reality is that centralisation is a much greater problem at the state level than in Canberra.

We need a superior plan for a decentralised, de-urbanised Australia.

Of course that can be achieved.

Many unitary states in the world have a better system of decentralisation than federal Australia.

For Australia, a two-tier structure of national and local government, plus a mezzanine level of Regional Organisation of Councils (and possibly similar adjuncts to local government) is the way to go.

State Governments can be transformed into city governments.

Such a restructure could greatly benefit the Central Coast which now functions as a spillway for Sydney's surplus population resulting in an undesirable and preventable further sprawl of the Sydney metropolis.

Klaas Woldring, Pearl Beach

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:

www.peninsulanews.asn.au

Why close the rehab unit?

Not all the facts have been considered in the closure of Woy Woy Rehabilitation Unit.

Everyone was surprised by the closure and articles written have been refuted by the NSW Government, but the fact remains the unit is closing unless we, as a community, do something.

Why is the NSW Government closing Woy Woy Rehabilitation

Woy Woy Hospital was opened 37 years ago due to the fundraising of the local community.

It has a 33-bed general hospital unit and a 30-bed rehabilitation unit to meet the local needs. Today, Woy Woy rehabilitation unit services Gosford Hospital and the Gosford Council area of 162,700 people.

Wyong Hospital serves the rehabilitation needs of Wyong Council area of 156,709 people.

The Central Coast is an aging population, and with the baby boomers just entering into the later stages of life with higher demands for rehabilitation services, it does not make sense to be closing any health facility.

Gosford's 65-plus population is projected to grow by over 50 per cent to 43,896 in 2022.

So why are we closing Woy Woy rehab unit?

The NSW State Government plans to move the rehabilitation unit to Wyong to a 30-bed unit. The fact is Woy Woy had a 30-bed rehabilitation unit that this government has downgraded to 15 beds.

Only under the current government has this facility been wound down and starved of funds and staff.

This is not a question of demand.

Many a time you hear of patients taking up hospital beds waiting for a bed at the rehab unit then they are moved out quickly to make way for new patients again.

It caters for adult patients of all ages, not just geriatric.

The unit, through the outpatient service, provides physiotherapy and rehabilitation for a range of patients with disabilities from accidents, strokes, amputation and operations; it also provides access to Woy Woy hospital's hydrotherapy pool to assist in the recovery programs.

So why are we moving Woy Woy rehabilitation unit when it has access to these existing facilities?

To suggest patients will be moved to Wyong is an insult to the local community.

How can you visit patients placed 48 kms away?

To say maybe a bus will be provided to visitors is not an answer when you work and are supporting loved ones.

To expect elderly visitor to travel over two hours on a return trip to visit partners is a disgrace.

How many hospitals are there between Sydney and Blacktown?

The distance is 48 kms, the

Forum

same as Woy Woy to Wyong. So why are we closing Woy Woy rehab unit?

It is all about a NSW State Government that cannot financial support its people.

To say that x-ray facilities are not available ay Woy Woy is true, but there are x-ray and specialist equipment next door at Brisbane Waters Private Hospital.

Local doctors use these facilities, so why can't a State health system?

In August this year, the new 20bed inpatient unit for transitional care of aged residents was opened in the grounds of Woy Woy Hospital adjacent to the rehabilitation unit.

This \$3.4 million facility with State and Federal funding was opened with politicians in attendance yet no one could inform the rehabilitation of its closure and the intention of converting it to offices.

Many of the staff are locals to Woy Woy. What happens to them? Do they get local jobs? No.

Not all will find employment or be able to make arrangement for their children when moved away.

Did the NSW Minister of Health and the Minister for the Central Coast John Della Bosca consult with the local community or staff before announcing the closure of the Woy Woy rehabilitation unit in December this year? Nn he did not, and he lives at Woy Woy.

On behalf of my family and residents of the Woy Woy Peninsula and Gosford Council area, which also includes Mooney Mooney and Spencer, we do not want to see the closure of the rehabilitation unit.

We do not want to travel to Wyong.

The Central Coast has the population to support two rehabilitation units at Woy Woy and Wyong.

The need was there at Woy Woy 37 years ago, so to suggest it is not required now shows a NSW government out of touch with its people and financially in trouble.

Prime Minister Kevin Rudd has told us that the states have till November to answer questions on our health and hospital system.

Should the states not demonstrate a level of cooperation then in 2009, we will go to a referendum to have the Federal Government take control of all levels of health.

Why should we lose a local facility that a Federal Government would keep?

I am requesting that my views be expressed and that you promote that a moratorium be placed on the current NSW Government not to allow them to close any health facilities where there is a genuine need.

> Kaye Lovie, Empire Bay

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Wetland monitoing will continue



Year 11 students from Brisbane Water Secondary College Woy Woy Campus will continue to monitor the Everglades Lagoon Wetland as part of the Community Environment Network Wetland Education Project.

CommunityEnvironmentNetwork wetlands project officer Ms Narelle Leet said the project was a great opportunity for the students to get involved and protect their local environment while learning how to monitor it.

"The project also aims to educate local residents surrounding the lagoon wetland of the value and importance of this ecological system," Ms Leet said.

"The students also received a free water watch test kit as part of the project to enable them to carry out regular water quality testing to the Everglades Lagoon Wetland.

"The students are monitoring the lagoon wetland as part of their environment topic in science class and test the water every second Monday.

"They then use the data they have collected and submit it onto our database."

Ms Leete said the school has applied for government funding for future wetland projects.

Clare Graham, 24 Oct 2008 Narelle Leet, Community Environment Network

Afternoon tea

Brisbane Water Secondary College Woy Woy campus hosted an afternoon tea to raise money for breast cancer research on October 22.

The afternoon tea was part of a series of events being held around Central Coast Schools entitled Coast Schools Beating Breast Cancer.

Deputy director of education on the Central Coast and breast cancer survivor Ms Maree Roberts said the local school community provides an amazing forum to heighten breast cancer awareness and the importance of early detection and self examination.

"Each year, over 2600 Australian women die from breast cancer," Ms Roberts said.

"That means seven women lose their lives to breast cancer every day.

"This is such a prevalent issue in today's society and something that touches the lives of every one of us in some way whether it's a mother, sister, wife, daughter, aunt or friend."

Press release, 14 Oct 2008 Louise Duff, Brilliant Logic

Wade does well

Woy Woy South Public School student Wade Hannell gave an outstanding performance in the NSW Athletics Carnival in Homebush recently.

School teacher Mr Brian O'Dea said Wade competed against the best primary school athletes in the State.

"Not only did Wade make the final of the 12 years boys 100 and

200 metre sprints, he managed to get fourth place in both events," Mr O'Dea said.

"When Wade was a state finalist in swimming earlier this year, it was obvious he was one of the most talented athletes to go through our school."

Newsletter, 21 Oct 2008 Brian O'Dea, Woy Woy South Public School







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A draw for Umina

Umina Cricket Club's grade one team drew with Doyalson 147 runs in round one of competition.

The two-day match was played at Doyalson Oval on October 4 and 11

Umina first grade player Craig Brown finished with 39 runs not out.

In grade two, Umina defeated Doyalson 8/133 at Col Gooley Field in Umina.

Umina's Gary Blake scored 40 runs not out, while Troy Spicer scored 25 runs.

In other results, third grade were defeated by Doyalson at Doyalson Oval and fourth grade defeated The Entrance 7/185.

Umina third grade's Ashley Halton managed 36 runs and Tim Radford 34 outright.

Fourth grade for Umina Noel Gaunt and Gary Manuel broke the half century mark with 57 and 56 runs respectively, while Gordon lves scored 36 runs not out.

Rounds one and two of the One Day Limited Overs Competition was also held on October 4 and 11.

In round one, Umina A Grade defeated The Entrance at Pat Morley Oval 6/215.

Umina's Scott Brown (53 not out), Stephen Gregg (39), Scott King (34) and Justin Broad (28)

were top scorers for the day.

Round two also saw Umina A Grade on top with a 160 runs finish.

Justin Broad (68) and Steven Gregg (31), once again, came out as the top point scorers of the day.

Umina B Grade drew with The Entrance at McEvoy Oval in the first round of competition.

In round two, the B Grade team were defeated by Lisarow by 42 runs at Paddy Clifton Oval on October 11.

Top scorer for the round was Umina's Josh Brown on 36 runs.

In round one for Umina C Grade, Doyalson defeated Umina 6/204 at Ettalong Oval.

Umina's Peter Jones and Brendan Egan finished with over 50 runs each.

Dave Munson scored 25 runs. Umina's C Grade had a bye for round two.

Umina D Grade drew with The Entrance after a washout at Eastern Road Oval on October 4.

Umina's Liam Clement (34), Mitchell Manson (26) and Steve Glassock (21) were the top scorers for the match.

In round two, D Grade was defeated 6/193 at Ettalong Oval.

Steve Glassock (62) and Jacob Clement (34) proved to be Umina's top scorers of the match.

Press release, 12 Oct 2008 Gary Blake, Umina Cricket Club

School stands against poverty

More than 400 students, staff and parents from St John the Baptist Catholic School in Woy Woy took part in the worldwide Stand Up Against Poverty campaign on October 17.

St John the Baptist staff member Ms Helen Crawford said the Stand Up campaign strived to remind governments and policy-makers of its promise to end poverty, inequality and hunger.

"In 2000, leaders of 189 countries signed up to the Millennium Development Goals, a global plan to halve poverty by 2015," Ms Crawford said.

"By getting involved in the campaign, we hope to remind governments of the promise to stop children dying from preventable diseases, the promise to ensure basic education for all children, the promise to stop women dying during pregnancy and childbirth and the promise to provide water and sanitation and to protect the environment.

"Together participants around the world stand up to make governments honour their commitments on more and better aid, debt cancellation, trade justice, climate action, gender equality and public accountability."

Ms Crawford said the local

school joined thousands of other Australians taking a stand against poverty, calling on its leaders to take action now.

"We want to make poverty history," Ms Crawford said.

"'Make Poverty History' is part of the global call to action against poverty involving about 80 countries that aims to end the injustice of poverty.

"It is the largest anti-poverty movement in history."

Ms Crawford said the students and teachers joined together on the day to form the words "stand up" on the school oval.

Email, 15 Oct 2008 Helen Crawford, St John the Baptist School

Selected for water polo

Two Woy Woy South students have been selected for the North Sydney Water Polo team.

Wade Hannell and Helen Krucler tried out for the team on October 20.

School principal Mr Mick Tattam said the two students were the school's first representatives in the sport.

Newsletter, 21 Oct 2008 Mick Tattam, Woy Woy South Public School

Bowls awards

Members of Umina and Everglades bowling clubs have been recognised for their dedicated work and individual contribution to their clubs.

RNBA Merit Awards have been presented to Ron Reilly, Stan Johnson, Kevin Price and Brian Selwood and Zone Awards to Peter Arnold, Ray Ward, Frank Ellis and Bruce Jones.

Joyce Carmichael, Val Rutter, Betty Parker and Gwen Mantle were also recognised. The presentation at Umina Beach Bowling Club was attended by more than 100 people.

The Royal NSW Bowling Association was represented by zone 15 state councillor John Peek and patron Wal Rainbow and Zone 15 by vice president Doug Rose and the chairman of match committee Reg Richardson.

Publication, 11 October 2008 Bob Penson, Coast Bowls News





Sport



Andrew Johns at Gosford Primary School, 22 Oct 08

Johns walks through Peninsula

Former NRL player Andrew Johns walked through the Peninsula on October 22, as part of his Newcastle to Sydney charity walk for the Black Dog Institute.

The Andrew Johns Walk began on October 19, where he walked more than 100kms over six days to raise awareness and funds for bipolar disorder.

The fourth day of the walk saw Johns start the day with a kids' rugby league coaching clinic at Gosford, followed by a 10km walk from Fagan Park in Point Clare to Ettalong Beach jetty.

Johns then took the Palm Beach Ferry across Broken Bay to finish at Newport. The event aimed to lift the profile of the Black Dog Institute, raise funds and highlight Johns' association with the institute and explain his experience with bipolar disorder.

The six-day walk travelled through Newcastle's city centre, Bar Beach, Belmont, Toukley, North Entrance, Long Jetty, Terrigal, Point Clare, Ettalong, Manly and The Rocks.

Prime Minister Kevin Rudd

committed \$2 million to the Black Dog Institute and the NIB Foundation a further \$100,000 as part of the Andrew Johns Walk.

Andrew Johns said he wanted to do something to help the facility as Black Dog Institute executive

director professor Gordon Parker and his team had been very supportive of him.

"Doing the walk from Newcastle to Sydney is one way of drawing attention to bipolar disorder and depression," Mr Johns said.

"I hope that, as a result, lots of suffering Australians will discover a pathway to get help."

The Black Dog Institute is an educational, research, clinical and community-oriented facility offering specialist expertise in mood disorders – a range of disorders that include depression and bipolar disorder (formerly called manic depression).

Press release, 21 Oct 2008 Carol Moore, Moore Public Relations

Malibu results

Ocean Beach Malibu Club held its monthly contest in one to two foot surf at Umina Beach on October 12, according to publicity officer Craig Coulton.

In round one, Michael Baker, Craig Coulton, Garry Halliday, Brett Wakelin and Hayden Emery came first in each of their respective heats.

Round one also saw Brian Cook, Madison Cook, Darrell Young, Kai Ellice-Flint and Mark Williams take out second place in each of their heats.

The second round saw Hayden Emery take out another first place for the day, while Mark Williams improved to win a first place for his heat.

Kai Ellice-Flint managed to come out in round two with another second place.

Craig Palmer and Nark Rylands also improved in round two with a first place victory in each of their respective heats.

Round two also saw Brett Wakelin, Kevin Dewar and Mick Day take out second place in each of their heats.

The club's next contest will be held on November 9, followed by the postponed September contest on November 30.

Press release, 12 Oct 2008 Craig Coulton, Ocean Beach Malibu Club



Hayden Emery





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SMORT

Three cricket wins to **Woy Woy**

Woy Woy Cricket Club has launched its season with three "solid wins" in the top grades against Narara at **Gavenlock Oval on October** 4 and 11.

"Woy Woy's young and enthusiastic first grade team, led by Leigh Taylor, were victorious in scoring a solid 188-run victory against Narara's 152 in a rainaffected match over the past two weekends," publicity officer Mr Jim Martin said.

Club president Mr Greg Alce said he could not recall Woy Woy being victorious in all three top grades against one of the competition favourites - Narara.

"It was particularly pleasing so early in the 2008-2009 season and we hope this will continue to set the club up for a strong challenge to the premiership," Mr Alce said.

Woy Woy head coach Mr David Hook said the dividends were finally beginning to pay off, keeping this "determined young side together".

"With the Woy Woy under-21 team winning the Central Coast under-21 competition in the 2006-07 season and with three young players who played representative cricket within the junior divisions, we had high expectations for these players maturing into solid and determined cricketers," Mr Hooks said.

"Both teams had key players out for the first round.

"Nevertheless, many clubs now see Woy Woy as the dark horse in the 2008-09 competition."

Mr Martin said Woy Woy veteran John Jewiss put in a "solid performance" with 42 runs, setting Woy Woy on a platform for a strong position.

"Excellent contributions by low and middle order batsmen Quinton Donald 19, Jason Moore 31 and Jason Hayward 27, contributed to the 9/188 tally," Mr Martin said.

"Ashley Shoebridge was the best of the Narara bowlers with

figures of 4/53.

"Narara batted gallantly in the second innings with Andrew Bull looming to score 42 while Richard Gallighan hit 46 runs.

"Narara were 4/108 with seemingly plenty of overs and wickets in hand.

"However, with the build up of pressure from Woy Woy, they seemed to implode with four runouts in a vein bid to close the gap on Woy Woy's score.

"Mitchell Way provided very tidy bowling for Woy Woy to dismiss middle and late order batsmen with figures of eight overs 3/19.

"Noel Ellis, returning from Sydney district competition, bowled frugally and gave Woy Woy the edge with some great run-outs.

"With the second grade match between Woy Woy and Narara having a first week wash-out, the game became a 50 over one-day bonanza.

"Narara set Woy Woy a 185 run chase off 48 overs.

"James Sainty and Mat Savelberg showed outstanding bowling for Woy Woy, as did skipper Adam Kelly's 39 not out in a surge to victory.

Mr Martin said Woy Woy were successful over Narara losing only five wickets.

"Trent Barnett, Woy Woy's third grade captain, starred in Woy Woy's win over Narara, while Troy Bailey also batted well for 31 not out," Mr Martin said.

"Woy Woy chased Narara's 174 with a score 7/178.

Locals J Bursel, A McGreggor and G Dreaves all got three wickets for Woy Woy.

"James Grahame was the best batter for Narara with 57 runs and Mal Barsing was the best bowler for Narara with 3/56."

Press release, 13 Oct 2008 Jim Martin, Woy Woy Cricket Club



Winner Of Most Improved International Player Ryan Kirwan



Winner of the Rod Fowler Memorial Trophy Under 16's Players Player Jason Hayward



Winner of the Glen Bourke Memorial Trophy Under 15 Players Player Luke Ellard



Winner of WWJRLFC Shield International Player With Most

Junior club makes presentations

Woy Woy Junior Rugby League Football Club held presentation day at Woy Woy Leagues Club on October 19, to recognise the club's outstanding players throughout the season.

"The Mini League and Mod League presentations were held during the day for our younger players and, for the first time, international players were treated to an evening sit-down formal dinner held at Wov Wov Leagues Club," club secretary Mr Russell Downey said.

international players also played host to special guest presenters, dignitaries and sponsors for an evening of dining

and award presentations."

Major award winners for plavers with the most potential were presented to Mini League's Kyle McLean, Mod League's Alfredo Araya and International Player James Coote.

Other major award winners were Jason Hayward who received the Rod Fowler Memorial Trophy for Under-16's Players Player and Luke Ellard for the Glen Bourke Memorial Trophy for Under-15's Players Player.

The President's Trophy for Most Improved Under-16's Player went to Brayden Williame and the President's Trophy for Most Improved International Player went to Ryan Kirwan.

The Coach of the Year award

was presented to Wayne Hayward and joint winners Billie Drewe and Lorraine Rowe received Club Person of the Year.

"The 2008 season saw Woy Woy Juniors field a total of 22 teams along the way, showing that there is a wealth of talent emerging from our ranks," Mr Downey said.

"While success on the field in the 2008 season was not tangible, the prospects for future years in our Mini and Mod League look extremely encouraging.

"The club has plans in place for a new development program for our junior players to be introduced in the 2009 season."

Press release, 24 Oct 2008 Russell Downey, Woy Woy Junior Rugby League Club

Former resident to play in Gosford

Former Woy Woy resident in 2005. Newcastle Knights winger Akuila Uate will play at Bluetongue Stadium in Gosford as part of the Rugby League World Cup match between Fiji and Scotland on November 5.

The 21-year-old moved to Woy Woy from Fiji more than four years ago with his father and stepmother to pursue his sporting career.

Uate played for the Brisbane Water Secondary College's Open Rugby League team and Woy Woy Rugby League Club before landing a spot with the Newcastle Knights

He was selected to represent his home country Fiji, for the Rugby League World Cup last month.

Mayor of Gosford Cr Chris Holstein said it was great news for our region to host the major sport

"Gosford has one of the best facilities in NSW and this is another opportunity to show that we have what it takes to host an international event," Cr Holstein said.

Press release, 22 Oct 2008 Lisa-Maree Schell, Gosford Council



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