

Dredging stalemate continues

A stalemate over dredging at the entrance to Brisbane Water seems no closer to resolution as the Palm Beach Ferry Service has announced it may have to stop its service between Ettalong and Palm Beach by December.

Gosford Council and the State Government seem no closer to agreement with the Council last week restating its position that the work is a State Government responsibility.

It has called on the State Government to expedite the dredging.

"The responsibility for implementing the dredging of the entrance channel lies with the State Government," said Gosford Council's director of city services Mr Stephen Glen.

"The State Government is well aware that the seabed at this location is constantly changing and it should be prepared to undertake maintenance works to ensure that the channel remains safe and navigable at all times.

"Council has an interest in representing the community in ensuring that the entrance to Brisbane Water is navigable.

"An unobstructed entrance to Brisbane Water is essential to the functioning of the vital ferry service and the Central Coast community generally.

"Without this service the ferry patrons would be required to utilise other State Government infrastructure such as the already overcrowded rail system and the F3 Freeway.

In January last year, council alerted the Department of Lands to the situation at channels around the Ettalong Point sand shoal.

Council representatives met with Lands Minister Tony Kelly to seek assistance in prioritising the dredging of the shoal.

According to Mr Glen, after the meeting with the Mr Kelly, it was



Ferries may stop running to Palm Beach in December if the entrance to Brisbane Water is not dredged

expected by council that dredging of the channel would be carried out by November last year at a cost of \$300,000.

Mr Kelly allocated \$150,000 to the project on the condition that council match the funding.

However, a council-funded report found the cost of dredging would be closer to \$500,000.

In January this year, council stated in its agenda that the dredging of Ettalong Point Shoal was delayed until February, due to the availability of funds and a dredge.

In March, council called for the dredging of the channel to be "urgently undertaken by the State

Government", claiming that "the cost implications of an ongoing dredging program are considerable and beyond council's resources".

Council then considered allocating \$250,000, if the State Government could match the figure, but instead called on the State Government to fund the entire cost of the dredging.

"Even though Gosford Council has no jurisdiction over this body of water, council has assisted the State Government in determining the extent of the dredging required, Mr Glen said.

"At the end of the day, the decision to dredge the channel and the provision of the necessary

funding rests with the State Government.

"Council urges the Member for Gosford Marie Andrews to support the community's request to the State Government to re-establish and maintain a safe and navigable entrance to Brisbane Water, and to work with her Government colleagues in arranging the dredging as soon as possible."

The Palm Beach Ferry Service was unavailable for comment at the time Peninsula News went to print.

Press release, 1 Aug 2008
Stephen Glen, Gosford Council
Clare Graham, 1 Aug 2008

Council wants committee members

Gosford Council is wanting committee members for next year's Australia Day celebrations in Woy Woy.

Committee members will be involved in the planning and staging of the Woy Woy event.

"The time has come to start planning for another exciting Australia Day," chairman of the Gosford City Australia Day committee Cr Chris Holstein said.

"Last year was our best Australia Day we have ever had, and it wouldn't be possible without the hard work of our Australia Day Committee.

"We're about to begin preparations for next year's events, and are inviting members of the community to become part of the Woy Woy Australia Day team.

"We're looking for anyone interested in community events that wants to help make Australia Day even bigger and better."

The Woy Woy Australia Day Committee meets on the third Wednesday of every month.

The next committee meeting will be held on Wednesday, August 20, at 6pm.

"I encourage anyone who might be interested to come along and see what's involved," Cr Holstein said.

The meeting will be held at Umina PCYC, 101 Osborne Ave, Umina.

For further details contact the chair of the Woy Woy Australia Day committee, Mr Charles Brock on 0428 414 362.

Press release, 18 Jul 2008
Kellie Chapman, Gosford Council

THIS ISSUE contains 57 articles. Read more at www.PeninsulaNews.asn.au

EVERGLADES
COUNTRY CLUB WOY WOY

Michael Montgomery

Kerryn Grant

NPL POKER TOURNAMENT
Now on Tuesday & Saturday
6pm entry - 6.30pm start
No Limit Texas Hold'em
\$400 PRIZES

THURSDAYS
Great steak night
from 6 pm
Karaoke
7.30pm

Gala Day
(with the Good ol' Daze Band)
August 7
Michael Montgomery
August 21
Kerryn Grant
From 11.30am Free Entry

Dunban Road, Woy Woy Phone 4341 1866 - Conditions of entry and dress rules apply - COURTESY BUS Thursday to Sunday from 5.15pm

OCEAN BEACH RD

PHYSIOTHERAPY,

SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

- Back, Neck & Knee Pain
- Sports & Work Injuries
- Joint & Muscle Pain
- Exercise Programs
- Wheelchair Access
- Personalised Pilates
- Rehabilitation
- Massage
- Home Visits
- Weight Loss
- Veterans Affairs
- On-site Parking

ALISTAIR CHOIE B.App.Sc. (Phy) MAPA - STEVE ROW B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066

BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE

Neal hits at F3 link claim

Member for Robertson Belinda Neal has hit back at a claim that she had rejected a \$1 million proposal to examine an alternate direct link from the Peninsula to the F3 Freeway.

Ms Neal said the 2007 proposal by the previous Member for Robertson and Minister for Roads, Mr Jim Lloyd, to examine a road through the Brisbane Water National Park "was just talk".

"An examination of Federal finances shows that no such money had even been allocated.

"The ex-Minister for Roads and ex-Member of Parliament claims he has all the solutions now, but at present he holds no position," Ms Neal said

"He expects instant solutions despite the fact that, after 12 years of little action to fix these matters, he left Central Coast roads in the state they are in now."

According to Ms Neal, the Rudd Government's 2008/09 Budget provided a record increase in Gosford Council's local roads funding.

"This is 50 per cent over funds provided by the former Roads

Minister in the previous year," Ms Neal said.

"I have been in discussion with the State Government and Local Government since Woy Woy Road first collapsed.

"I am pleased that the State Government has allocated funding of \$250,000 to the road and provided its expertise to Gosford Council to help solve the problem.

"The decision about what projects this money is spent on is made by Gosford Council.

"I live at Woy Woy Bay and I am well aware of the inconvenience and frustration of residents, but the unfortunate fact that this road collapsed does not automatically make it eligible for Federal funds, either under "black spot" funding or under natural disaster funding.

"As the Member for Robertson, I will continue to fight for a greater allocation of Federal funds for the roads of the Central Coast."

**Press release, 1 Aug 2008
Belinda Neal, Member for Robertson**

Scholarship available

The Bays Community Group is calling for nominations for the Bays Community Group Scholarship valued at \$250.

"Due to the limited response for candidates nominated for the Bays Community Group Scholarship Program in 2007-08, the executive committee have decided to simply begin again and ask for all nominations to be sent in by the end of September," president Mr Bob Puffett said.

"Whether you are attempting to travel overseas as an exchange student, aiming to represent your state or country in a sporting field or you're wanting to study a specific subject at university, the Bays Community Group Executive Committee wants to hear from you now.

"You may even simply be an aspiring musician who needs a little assistance with your art."

Candidates must be a Bays' resident, living in Horsfield Bay, Phegans Bay or Woy Woy Bay areas.

All applications or nominations

should be sent to baysbulletin@hotmail.com with the applicant's name, address, contact number and email address.

The Bays Community Group executive committee will review all the applications received and announce the winner at the October Community Group meeting on October 15, from 7.30pm.

The winner will receive a cheque for \$250 and a certificate.

"If you are nominating someone, explain why you think they should receive the scholarship," Mr Puffett said.

"If you are applying, explain why you think you should receive the scholarship, and what you plan to do with it if you win.

"Start getting your applications or nominations in now and we look forward to hearing from you."

**Newsletter, July 27 2008
Bob Puffett,
The Bays Community Group**

Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalists: Clare Graham

Graphic design: Justin Stanley

Contributors: Stuart Bauman, Mark Ellis

Declaration of interests

Honorary editor: Mark Snell

- Owner and managing director, Open Windows Consulting Pty Ltd*
- Convenor, Burrawang Bushland Reserve Committee*
- President, Australian Conservation Foundation Central Coast branch*
- Chairman, Equilibrium Community Ecology Inc*
- President, Central Coast Bush Dance & Music Association*
- Vice-president, Brisbane Water Secondary College Umina Campus P&C*

Next Edition: Peninsula News 197

Deadline: August 13 Publication date: August 18

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:

Office: 2a Kateena Ave Tascott



Phone: 4325 7369 **Fax:** 4325 7362

Mail: PO Box 532, Woy Woy 2256

E-mail: mail@peninsulanews.asn.au

Website: www.duckscrossing.org

Website: www.peninsulanews.asn.au

Legal responsibility for editing, printing and publishing in Peninsula News is taken by Mark Snell of Woy Woy, for Peninsula Community Access Newspaper Inc.

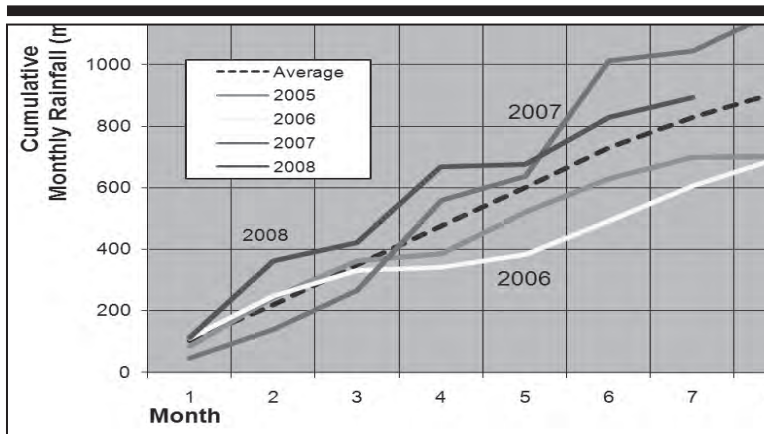
Ducks Crossing Publications is the commercial operator of Peninsula News

Ducks Crossing Publications also publishes

• **Coast Bowls News** - www.ccdba.org.au - **email:** bowlsnews@duckscrossing.org

• **Trad&Now** - www.tradandnow.com - **email:** info@tradandnow.com

Printed by MPD, Maddox St, Alexandria



Rain down one third

Rainfall for July was one third down on average, according to figures supplied by Mr Jim Morrison of Woy Woy.

Only 65.4mm fell compared to an average of 97.6mm for the month.

Almost three quarters of the month's rainfall, 47.6mm fell in the last week of the month.

The cumulative total rainfall for the year-to-date was 894.3mm

which is just 7.8 per cent above the average rainfall of 829.4mm at the end of July.

July last year had an even lower rainfall with 31.2mm.

However, the cumulative total at the end of July last year was 1045mm and the year ended with an annual fall of 1622mm, more than one third above average.

**Spreadsheet, 1 Aug 2008
Jim Morrison, Woy Woy**

Emergency Numbers

Police, Fire, Ambulance	000
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
Police Assistance Line	131 444
Woy Woy Police Station	4379 7399
Crime Stoppers	1800 333 000
RFS Fire Control Centre	4340 2911
SES	132 500
Gosford City Council	4325 8222
City Rail	131 500
Energy Australia	13 13 88
Poisons Information	131 126
Lifeline	13 11 14
Royal Volunteer Coastal Patrol	4325 7929

Subscribe!

and enjoy the convenience of having **Peninsula News** mailed to your home

YES ! Please send:

- 12 fortnightly issues for \$20
- OR**
- 26 fortnightly issues for \$40

A subscription to Peninsula News now entitles subscribers to membership of Peninsula Community Access Newspaper Inc., an incorporated, not for profit, association. Please tick if you would like to accept membership

- OR**
- Please find enclosed \$5 for membership to the Peninsula Community Access Newspaper Inc

Name

Address

Please send a cheque, money order or credit card details with

your order to:

Ducks Crossing Publications

**PO Box 532,
Woy Woy 2256**

Umina campus wins State environment award

Umina campus of Brisbane Water Secondary College has won a Statewide award for its environmental work.

The campus won the NSW Federation of Parents and Citizens Associations' Environment Award, which was presented at the Federation's recent annual conference.

Umina campus was selected from schools across the State, recognising its bushcare project as "an outstanding project that has achieved an improvement or enhancement to a local school environment".

The Umina Campus Bushcare was an on-going project of the Brisbane Water Secondary College P&C, which had been running for almost four years, said Umina campus P&C president Mr Bruce Graf.

"Its success has been due to the support and co-operation of the school management and a number of State Government departments, including the Department of Education and Training, the Department of Environment and Climate Change and the Department of Commerce."

Mr Graf said the project was started in September 2004 by the school's environment committee

as part of the Sustainable Schools Program.

It involved a group of parents, teachers, community members and bush regenerators.

Since the bushcare project was established, it has operated under the auspices of the College P&C, he said.

The Umina campus contains one of the few remnants of Umina Coastal Sandplain Woodland (UCSW), unique to the Woy Woy Peninsula.

With only around 13 hectares of this vegetation remaining, it is protected by the NSW Government as an "endangered ecological community".

Mr Graf said the bushcare project aims to maintain, protect and restore UCSW areas at the school, and to monitor and protect other threatened species using the campus, including the bush stone-curlew and the barking owl.

Two regular working bees were held each month to undertake bush regeneration work.

Bushcare group members also did additional work on an ad hoc basis, attended and reported to meetings, provided advice, were available for consultation and for class involvement, and monitored and maintained the bush areas on a day-to-day basis.

Mr Graf said the project had enhanced the natural environment of the school, demonstrated a sustained cultural change and provided opportunities for teaching environmental issues as part of the school curriculum.

"Enhancements to the school's natural environment have included restoration of two highly-visible degraded UCSW sites at the front of the campus, through fencing, weeding and planting of selected local native species and regeneration from seed," he said.

"The project had also protected UCSW areas at the rear of the school, with fencing and changes to out-of-bounds areas and student thoroughfares, weeding and planting projects along the creekbank and adjacent UCSW areas undertaken by students, P&C bushcare group members and professional bush regeneration teams.

"A pair of endangered birds, bush stone-curlews, had also been protected with temporary fencing, allowing them to breed and successfully raise two chicks - one of only two pairs in the region known to have bred this season."

**Media release, 1 Aug 2008
Bruce Graf, BWSC P&C**



The Central Coast Ferries' 'Saratoga' ferry

Ferry starts football service

Central Coast Ferries will trial a new service to ferry locals to the football on Saturday, August 23.

The service will transport Central Coast Mariners supporters to the football game at Bluetongue Stadium, Gosford, from locations around Brisbane Water including Woy Woy and Empire Bay.

The new ferry service will save Mariners' supporters time and money, according to owner Ms Bet Conway.

"We are giving Mariners supporters the opportunity to leave the family car at home, saving them the hassle of parking, fuel costs and parking tickets," Ms Conway said.

"Not only is this new service an eco-friendly way to travel to the football but supporters can also sit back and enjoy a relaxed ferry ride across Brisbane Water."

The game between the Central Coast Mariners and Sydney FC kicks off at 7pm.

The ferry will be picking up passengers from Empire Bay wharf at 5.15pm, Central Wharf in Davistown at 5.20pm, Lintern St in Davistown at 5.30pm, Veterans Hall in Saratoga at 5.35pm and Woy Woy at 5.45pm.

The ferry is expected to arrive at Gosford wharf at 6.15pm and leave for the return trip 30 minutes after the end of the game.

**Press release, Aug 1 2008
Bet Conway, Central Coast Ferries**

Advertisement

Meet the Mayor & Have your say

Come and meet Gosford City Council Mayor Jim Macfadyen and his team - Councillor Vicki Scott and Peninsula locals Craig Munnings and Katie Smith.

**11am to 3pm,
Saturday 9 August**

Woy Woy CWA Hall,
The Boulevard, Woy Woy

Come along and have your say on local issues, and enjoy a sausage sandwich.



Gosford City Council Mayor Jim Macfadyen and his team are campaigning to get a Peninsula resident on Council.

Mayor Jim Macfadyen & his team: Improving our Council

Labor

News



Woy Woy Community Aged Care residents participate in National Tree Day

Aged care residents plant trees

More than 20 residents of Woy Woy Aged Community Care planted trees on July 31 to celebrate National Tree Day, July 27.

"Unfortunately due to the rain, we had to postpone our tree-planting," Woy Woy Aged Care worker Ms Amber Golby said.

"When the weather finally cleared we began the day with a lovely morning tea and we spoke to residents about the importance of National Tree Day before heading outdoors to begin our tree-planting.

"The residents had a wonderful time getting outdoors and helping the environment, even if it was a

bit chilly."

Residents at Bensville also took part in the event on July 25, planting several native trees at Ben Davis Reserve, Bensville.

Gosford mayor Cr Jim Macfadyen said National Tree Day was a great opportunity for locals to get involved with tree planting projects within their community.

"Planting native trees and shrubs to celebrate National Tree Day is a great initiative as it brings people together to beautify our local parks for the benefit of the entire community," Cr Macfadyen said.

Press release, 23 Jul 2008
Jim Macfadyen, Gosford Council



Brazilian Pilgrims at St John the Baptist, Woy Woy

Pilgrims stay on Peninsula

Members of St John the Baptist Woy Woy parish opened their homes to more than 100 international pilgrims during World Youth Day celebrations last month.

Parish priest Father John Hill said pilgrims from as far as Peru, Brazil, Croatia and Bosnia stayed with members of the parish community and in the parish hall.

"Members of the Woy Woy parish had the opportunity to meet and host Catholics from all around the world, which was a once-in-a-lifetime experience," Fr Hill said.

"They had a fantastic time showing the pilgrims around the Peninsula and what their day-to-day lives entail."

Fr Hill said more than 20 members of the parish youth group travelled to Sydney to attend World Youth Day celebrations.

"I think one of the greatest

highlights for them would have been seeing Pope Benedict XVI," Fr Hill said.

"World Youth Day is such an important event for young Catholics because it gives them support and shows they are not alone in their belief of God.

"Sometimes youth find it hard to stand up for their beliefs, because others think God is not cool or popular.

"World Youth Day and the attendance of hundreds of thousands of people only proves that God is in fact popular."

Clare Graham, 31 Jul 2008

Interview: Father John Hill, St John the Baptist Church, Woy Woy

MITRE 10 KINCUMBER WE'VE GOT EVERYTHING IN HARDWARE

...and only minutes from the Peninsula

Come and visit our bright, open & friendly store and check out our large range of products from general hardware, power tools, housewares, garden plus much more....

PAINT & PAINT ACCESSORIES

- Huge range, knowledgeable staff
- Dulux, Accent, Taubmans, Cabots, Intergrain, Feast Watson, Selleys and more...

OUTDOOR LIVING

- Furniture, Umbrellas, Weber BBQ's
- Gardening & Landscaping

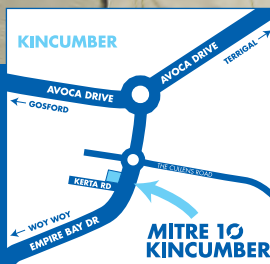
PERGOLAS & DECKING

- Suppliers of Decking, Timber, Roofing and more...



MIGHTY HELPFUL ...only minutes from anywhere on the Coastal Strip MITRE 10 KINCUMBER

Cnr Empire Bay Dr & Kerta Rd Kincumber ☎ 4368 3866



ROY LAMB "THE SAND MAN"



- For all your landscaping supplies
- Soils • Mulches
- Decorative Pebbles and Lots More

Open 5 1/2 Days from 6am
25-27 Alma Avenue, Woy Woy

"Bring Your Trailer, Bring Your Ute"



4344 1110





The State Government's affordable units being constructed in Daffodil Dr, Woy Woy

New units for old people

The State Government is to build affordable units for older people at Daffodil Dr, Woy Woy.

"The new homes will be built specially for older residents, with design features that will make their daily lives easier," said Member for

Gosford Ms Marie Andrews.

"All the units are well designed with spacious living, kitchen, and dining areas and have easy access to public transport, local shops and other essential facilities."

"New affordable housing options are of great need to local people

with low-incomes," Ms Andrews said.

"These homes will give people who would otherwise struggle to find appropriate accommodation a safe and secure place to live."

Press release, 23 Jul 2008
Marie Andrews, Member for Gosford

Olive's death gains worldwide coverage

The recent death of former Woy Woy Community Aged Care resident Olive Riley has sparked media coverage around the world.

Media in New Delhi, New York and London all reported the death of the 108-year-old on July 12.

Coverage of her death appeared on major news broadcasters such as the BBC, CNN and Fox News.

By July 30, an internet search engine showed 360 websites about Ms Riley's death.

Ms Riley was made famous for being the world's oldest internet

blogger by local film director Mike Rubbo.

In 1995, Mr Rubbo made the documentary "All About Olive", which tells the story of Ms Riley's early life in Broken Hill.

He later convinced Ms Riley to document and share her life experiences via the internet.

She began her blog "The Life of Riley" in February last year, which created her international fame as the world's oldest blogger.

Ms Riley posted her last blog entry on June 26.

Clare Graham, 30 Jul 2008

Whale talk for Trust

The Killcare Wagstaffe Trust will be holding its next general meeting on Sunday, August 10.

The meeting will commence from 9.30am at the Maitland Bay Centre.

Guest speaker Ms Jeannie

Lawson will be giving a presentation on whales from 10.30am.

All visitors and residents of Killcare and Wagstaffe are welcome to attend.

Newsletter, 31 Jul 2008
Killcare Wagstaffe Trust

SUPERFAST INTERNET

ADSL2+ Speeds
FREE DSL Modem
FREE Line Rental
FREE Uploads
 No Excess Charges

only
\$55.00
 per month inc gst

Offer expires 30-Sep-2008

Visit www.highway1.com.au

or call 1300 139 550

for more information.



Highway 1

INTERNET SOLUTIONS

Forum

Dredging needs doing

As a resident of Ettalong and a business owner, I am extremely alarmed by reports that without dredging of Little Box Head Channel the ferry service to Palm Beach will be cancelled before the end of the year.

It is of no concern to me which governmental body is responsible for this; the dredging just needs to

Forum

be done.

The ferry service is of vital importance to Ettalong Beach and the Peninsula.

Gosford Council should also be concerned that their plans for Gosford waterfront will be unutilised as boats will be unable to enter Brisbane Water.

This is an issue requiring immediate action and I urge all those who would be affected if the ferry service were cancelled to put pen to paper or pick up the phone to urge council, State Government and Federal Government to find a way to rectify this problem urgently.

Amanda Ross,
Ettalong Beach

Explanations needed

Forum

More and more we read about serious problems with our system of governance: e.g. federation, the dominant two-party system, proposed powerprivatisation and lack of democratic representation.

The corruption and sex scandals involving NSW politicians and senior local government administrators, the debilitating fragmentation of governance in our major cities, the hospital dramas, the slow responses to climate change issues are clear symptoms of system failure.

These system debacles need not continue, eg why not move to a proportional representation system which delivers a diverse, representative and multi-party system?

This allows a government to change without an election.

It does away with the grotesque adversarial parliamentary nonsense of the two-party system.

There is an urgent need to launch

focussed free internet education to provide a basic understanding of alternatives and how these can be achieved.

A special website to educate the public in an unbiased, non-party political way, funded by an independent organization, may rapidly overcome the public's lack of reliable information.

The room for improvement in Australia's political system is truly immense, but just describing how it works is not enough.

We need explanations for alternatives.

This is unlikely to be initiated by either of the major parties and I invite foundations and philanthropists to come forward to organize this.

Klaas Woldring
Pearl Beach

Native plants enhance the vista

Congratulations to Gosford Council for planting natives along Ettalong Foreshore.

It will only enhance the vista and environment.

If Jack Galway (Peninsula News edition 195) and others want a plant-less view, they could try walking along the sand while looking out to sea.

It is to be hoped that these wonderful plantings might continue right along the Peninsula, particularly replacing those

Forum

vandalised areas cleared by owners of ugly units and houses along Ocean Beach, Umina and Ettalong waterfronts.

I am calling on our local member Marie Andrews to step in and encourage Gosford Council in its good work.

Rie Lester,
Umina

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 532,
Woy Woy 2256
or

mail@PeninsulaNews.asn.au

See Page 2 for contribution conditions

Burnt in my brain

Now that the supermarket Aldi is taking over Point Clare, perhaps they should reconsider naming that village Point Aldi or Aldi Town.

When you think about it, names have a persistent and even magical effect.

I remember as a child travelling with my family on the train.

Forum

When we stopped at Woy Woy, the large station leapt out at me and burnt in my brain.

Many years later, I was told I either had to get married or live in Woy Woy.

I did both.

Keith Whitfield,
Woy Woy

Lesser value

Forum

Gosford Council used the fire on Ettalong Beach as an excuse to rip out undamaged native bush and ground cover, which had not been identified for removal on site plans for the viewing platforms.

The council is guilty of accommodating another abuse when rebuilding the sea wall along the front of the Lance Web Reserve.

There the height of the wall was lowered almost two feet during rebuilding process, lessening the protective value of the structure as a sea wall.

Edward James,
Umina

Passionate morality

Helen Howe's letter about killing Myna birds is one of passionate morality.

Reverence for life is a doctrine that has been taught by many famous and also humble

Forum

people.

"Live and let live" is a common folk morality.

As the philosopher, Schopenhauer, said: "That animals have no rights and that our treatment of them has no moral significance is an outrageous example of crudity and barbarity. Universal compassion is the only morality."

Cruelty to animals leads to cruelty to humans, true.

Keith Whitfield
Woy Woy

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:

www.peninsulanews.asn.au

Tiling Plus

To suit your taste, lifestyle and budget.

Wall & floor tiling

plus landscaping, painting, household repairs & property maintenance

Free Grout with any tiling job*

Competitive rates - Pensioner discounts

0439 589 426

*Conditions Apply

Umina's Finest Tobacconist & Darrell Lea Chocolates

Cnr South and West Street
(New entry from South Street)

Umina Beach - Open 7 days
Monday to Friday - 8am to 6pm
Saturday & Sunday - 8am to 4 pm

Peninsula News

Community Access

is printed on 100% recycled paper products, even the ink is made from vegetable matter. So when you're done reading this paper please recycle it or give it to someone else to read



Participants of the Hearts of Africa Gosford to Woy Woy walk

Walking for Ugandan ministry

More than 130 people have walked 12 kilometres from Gosford Waterfront to Woy Woy to raise funds for Hearts of Africa.

The fundraising event raised more than \$13,000 for Watoto Childcare Ministries in Uganda.

Event organiser Ms Justine Collins said she was overwhelmed by the response and support that was given by the community.

"It was a fantastic and overwhelming response that we received," Ms Collins said.

"We will be definitely holding another walk next year to continue to raise funds."

The Hearts of Africa fundraising group was formed 18 months ago to raise money for Watoto Childcare Ministries in Kampala, Uganda.

The money will go to building a house for AIDS orphans and help with the rehabilitation of child soldiers in the war-torn region.

More than \$38,000 in funding is needed to build a house in the Watoto village.

To date, Hearts of Africa have raised \$20,000 through local donations and fundraising events such as the Gosford to Woy Woy Fundraising Walk.

In January, Ms Collins and her family travelled to Uganda and met up with a mission team to build a teacher's house in one of the Watoto Villages.

They plan to return with a mission team from the Central Coast in December next year to Gulu in Northern Uganda.

"About 30,000 children were abducted from villages in Uganda, and there are still 10,000 missing," Ms Collins said.

"We want to make these children a home where they can be safe and nurtured."

Press release, 1 Aug 2008
Justine Collins, Hearts of Africa

Green Corps graduations

Nine participants of the Green Corps' Central Coast program graduated at a special ceremony at Killcare Heights on July 25.

The \$143,000 project was funded by the Australian Government's Ministry of Employment and gave nine young people the chance to regenerate and restore local native plant species.

"These young graduates are really making a difference in revitalising the environment of their community and gaining valuable skills along the way," Member for Robertson Ms Belinda Neal said.

The project took to areas around the Peninsula, including the Peninsula dunes at Killcare Heights and Empire Bay, the Ettalong Foreshore, and the Bouddi National Park.

Project team leader Mr Jordon Skinner said the graduates of the

program contributed "a great deal" to conserving and restoring flora and fauna on the Peninsula and wider Central Coast over the last six months.

"We had some really great kids come through the program and contribute a lot to the conservation and restoration work we were carrying out," Mr Skinner said.

"Some of the graduates have decided to go on to study environmental conservation and others wish to go into similar working fields such as landscape gardening and horticulture."

The nine graduates received a Certificate II in Conservation and Land Management.

The graduation ceremony took place at the Strom Centre, Killcare Heights.

Mr Skinner said Green Corps has just announced two new projects on the Central Coast.

"We are looking for 20 volunteers

aged between 17 and 20 years to take part in rehabilitating native vegetation and bushland around the Central Coast," Mr Skinner said.

"Both projects will be working in locations on the Peninsula once again.

"This is a great opportunity for young people to get involved in the environment and help restore and improve it for the future."

For more information please contact the Gosford office of EA Australia on 4323 1233.

Press release, 25 Jul 2008
Belinda Neal, Member for Robertson
Clare Graham, 31 Jul
Interview: Jordan Skinner

Wildflower walk at Warrah Trig

The Peninsula Environment Group is inviting community members to take part in a wildflower walk near Patonga on Saturday, August 9.

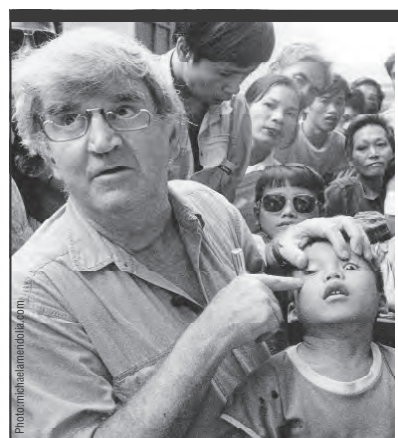
The walk will begin at the Warrah Trig carpark, off Patonga Dr, at 10am.

Participants have the opportunity to experience "a beautiful, family-friendly bushwalk near Warrah

Trig and the Tony Doyle Lookout," according to publicity officer Ms Sheelagh Noonan.

The walk will finish at 12pm. Transport from Woy Woy Environment Centre is available if necessary by contacting Mark Snell on 4342 5333.

Press release, 28 Jul 2008
Sheelagh Noonan, The Peninsula Environment Group



RESTORE SIGHT FOR JUST \$25
DONATE NOW

1800 352 352
www.hollows.org.au

The Fred Hollows Foundation



A local charity providing employment and residential services for people with disabilities

Two great Charity Markets

Saturday August 16 - 9AM-2PM

209 Brisbane Water Drive

Point Clare

Sunday August 17 - 9.30AM-2PM

DAVISTOWN RSL

19 Murna Rd, Davistown

(All-weather undercover)

(Visitor sign in requirements)

Heaps of stalls selling a HUGE variety of goods at both markets! Great food, coffee and entertainment!

TO BOOK A STALL FOR ONLY \$20 OR FOR MORE INFORMATION PLEASE PHONE SUE AT FAIRHAVEN ON 43233566 OR 0407757866

Sponsored by Peninsula News Community Access

JR's have moved to 26 Blackwall Road next door to St George Bank

Now stocking a large range of Vacuum cleaners, reconditioned washing machines & fridges
Also a huge stock of vacuum bags, stove elements and appliance spares
In-house service available



JAYARS APPLIANCE SERVICE
26 Blackwall Road Woy Woy
Next to St George
4342 3538 or 4344 3384





Concrete barriers recently installed along Pearl Beach Dr, Pearl Beach (photo courtesy Edward James)

Call for action at Pearl Beach

Pearl Beach Progress Association has called on Gosford Council to address the risk of a rock fall and road collapse along Pearl Beach Dr, Pearl Beach.

It has been more than a year since Gosford Council commissioned a report on Pearl Beach Dr, from Shirley Consulting Engineers, according to former association president Ms Kay Williams.

The report recommended to council it be advised of the risks posed to the private properties in Jade Place, Pearl Beach, and recommended an independent risk assessment be carried out as part of a risk reduction program in Pearl Beach Dr.

The cost for the repair work along Pearl Beach Dr was estimated by Shirley Consulting Engineers at more than \$733,000.

Ms Williams said she was frustrated by council's lack of commitment to stabilising the area

along Pearl Beach Dr.

"It is now five years since the residents of Pearl Beach began petitioning Gosford Council to repair our only access road," Ms Williams said.

"It is nearly one year since council received formal consultant's advice about the dangers posed by our only access road, and Federal and State funding to do something about it was forthcoming.

"Council has recently put in place a row of concrete barriers in front of a cliff of mud, trees and rocks which threatens to drop down onto the road, just above the last hairpin bend into Pearl Beach.

"Above this unstable edifice is a huge rock, many metres wide.

"If it falls to the road the barriers will not support it or protect the motorists.

"One wonders how much longer we will be forced to wait and whether our roads can hold up much longer.

"You can see the instability of one of several similar culverts

under Pearl Beach Dr propped up years ago by a sleeper.

"This is the same neglect which has brought about closure of roads at Somersby and Woy Woy Rd when repairs were not completed."

Peninsula community activist Mr Edward James said he photographed several areas along Pearl Beach Rd that are of "grave concern" to residents.

"These photos show a bulkhead on the outfall side of the under road drain pipe which starts in the pit just down the hill a few meters from the collapsing rock batter," Mr James said.

"The photos are self explanatory.

"The bulkhead is tilting over a bit, due to pressure from the collapsing road.

"What is more of a worry, I was able to discover by moving some weeds and leaf litter, that at some point several years ago someone has placed a hardwood post in position to help hold up the collapsing brickwork.

"This is a repeat of the acrop I found holding up the Central Coast Highway at Kariong Hill. "The post was almost buried.

"And the cracking is really obvious and so is the reason for it: The road has been spreading out as it is crushed down with bigger and bigger loads as the town grows."

Peninsula News had not received comment from Gosford Council at the time of printing.

Email, 30 Jul 2008
Kay Williams, Pearl Beach Progress Association
Clare Graham, 1 Aug 2008
Interview: Edward James



A cracked culvert under Pearl Beach Dr, Pearl Beach

Praise for weed removal

The Killcare Wagstaffe Trust has praised the efforts of a local bush regeneration company for the removal of weeds from the Killcare dune area.

Gosford Council sub-contracted the Engedi Environment Management company in June to manually remove weeds from the dune area next to the car park on Killcare Rd.

"Engedi removed very old and gigantic bitou bush that had grown in some areas as high as three meters," group publicity coordinator Mr Terry Jones said.

"The large bitou was entangled in the canopy of the native trees

including coastal banksia and coastal tea tree which inhibited their growth and ability for seedlings to grow through the dense weeds.

"The large rafts of dead bitou that were left on site will soon decompose and the organic matter will provide an excellent humus for the sandy soil.

"Some lantana and asparagus fern were also killed and left to decay on site.

"Engedi used hand tools and a little poison to complete the task.

"Approximately 3600 square metres of weed were cleared from the area."

Newsletter, 31 Jul 2008
Terry Jones, Killcare Wagstaffe Trust

4341 0355

The ETTALONG BEACH HOTEL

with a great atmosphere and great facilities

Mon-Thurs 9am-12am
Fri-Sat 9am-2am
Sun-Public Holidays 10am-10pm

Thursday - Trivia Night 6pm
Friday - Karaoke Night 7pm
great prizes
Friday Happy Hour 4 to 6pm

Bottle Shop with great specials

Sea Side Brasserie
best food on the Coast - 4341 3972
all day dining Sat & Sun into the evening
Daily \$9 lunch time chef specials
Wednesday & Thursday - \$12 Steaks
Sundays - \$10 Pasta night

If gambling is causing problems in your life phone 1300 137 404

Peninsular Office Supplies
Business Supplies & Office Products
Shop 8/327 West St Umina Beach 2257
Ph 43422150 Fax 43420697 email info@wallers.biz

SLASH YOUR PRINTING COSTS WITH PENINSULAR OFFICE SUPPLIES

HUGE RANGE OF INKS AND TONERS FOR ALL MODELS!

Panasonic OKI LEXMARK brother
Canon SAMSUNG
EPSON XEROX KYOCERA

WE'LL MATCH ANY INK OR TONER PRICE BEST PRICES GUARANTEED

TERMS AND CONDITIONS APPLY. SEE INSTORE FOR DETAILS

"So, What Exactly is Equity Release?"

An equity release loan, or reverse mortgage, allows you to borrow against the equity in your home with no repayments until you move out, sell or pass away. For homeowners aged 60 or over, it allows you to pay out the old mortgage, finance a new car, holiday, home renovations, medical expenses or anything you choose.

It can also provide you with a regular monthly income to supplement existing sources.

Keeden Pty. Ltd.
'Finance Solutions for Seniors'

CALL: 1300 725 408 or Email: keedenconsultants@bigpond.com

Craig Munnings runs for council

Peninsula resident Craig Munnings has announced he will stand as a Labor Party candidate for the September council elections.

"Within the Gosford Council area there is approximately one third of its residents on the Peninsula, yet we do not have one third of the representation," Mr Munnings said.

"We should and we must.

"It is my intention to change that lack of a Peninsula resident's voice on Council."

Mr Munnings said if elected to council he would start solving "the real issues" of local government on the Peninsula.

"Your support now and on polling day will enable me to start solving the issues of water quality and standards, the state of our roads, the equitable expenditure of rate money, and our social inclusion and personal safety," Mr Munnings said.

"It is time that someone who actually lives on the Peninsula needs to step up to the plate and to work with and for the resident's of the Peninsula.

Mr Munnings is a long-time Peninsula resident who grew up and attended both primary and high schools on the Peninsula.

He now raises his own family in Booker Bay.

"My wife Kylie, who also attended local schools, and our two teenage children, Lachlan and Charlotte,



love the unique character that we have here, and we cannot imagine or want to live anywhere else," Mr Munnings said.

"During my years as a resident on the Peninsula I have taken various opportunities to work within our local community to achieve a better lifestyle for the Gosford region, and for the Peninsula specifically.

"People I talk to tell me that we need to lift the standard of services provided to ratepayers.

"The Peninsula area, which has been neglected for so long, should start to receive its fair share of council expenditure.

"One example of our lack of representation is that in the last Council term just one road on the Peninsula has been sealed, kerbed and guttered: that is Wellington St, Umina."

Mr Munnings has held a number of senior government roles over the last 10 years

including roles with the Minister for Regional Development and Local Government, the Minister for Fair Trading and with the Speaker of the NSW Parliament.

Locally, Mr Munnings has been involved with Woy Woy and Ettalong Scouts, the Bays Progress Association, and Woy Woy, Umina and Terrigal Anglican churches

"I have also been involved with the local schools where my children attended being Woy Woy Primary and Brisbane Water Secondary College," Mr Munnings said.

"I have also taken the opportunity to become involved politically and at various community forums where the opportunity has presented itself.

"My promise to you all is that with your support, I will take up the challenge of councillor with enthusiasm, zeal and vigour and, together we can always ensure that the Peninsula's voice is heard."

Press release, 21 Jul 2008
Craig Munnings, Booker Bay

Council works

Gosford Council is conducting works in Killcare and Woy Woy from August 4 to 10.

Repair and construction work will continue along Woy Woy Rd, at Bulls Hill and Kariiong.

The construction of cycleway at Woy Woy foreshore will also continue.

Slab construction work will commence Killcare Surf Club.

Press release, 30 Jul 2008
Lisa Beeke, Gosford Council

Woy Woy Rd meeting

The Bays Community Group will hold a special meeting for residents about the re-opening of Woy Woy Rd to two-way traffic on Wednesday, August 20.

The meeting will be held from 7.30pm at the Bays Community

Hall.

The hall is located at 19 Woy Woy Bay Rd, Woy Woy Bay.

All are welcome to attend.

Newsletter, 27 April 2008
Bob Puffett, The Bays Community Group



WOY WOY AUTOMATICS

est. 1976

Only a fully trained expert is qualified to service or repair the intricate mechanism of the automatic transmission. Like the engine of your car the transmission requires periodic servicing, band adjustments, fresh oil and filters every 25,000km. A costly overhaul is the inevitable result of neglect.

We are providing a free road test and report on the transmission of your vehicle with no obligation what so ever.

Proprietors: J & A Dixon
Lic No. 028 003

2/79 Rawson Road Woy Woy
4341 9353

Important Information: Water Quality in your area



Gosford City Council's extensive drinking water quality management program, Water Quality 2010, has been helping to protect, manage and maintain the quality of the region's drinking water supply since October 2007.

The Water Quality 2010 project team has been busy undertaking works to provide residents with short-term relief from discoloured water while we implement a range of projects with long-term water quality benefits. In fact, since the implementation of an intensive water mains cleaning program to remove discoloured water-causing material from mains across the region commenced in January this year, the number of water quality complaints has significantly decreased. With the first phase of this program now complete, plans are underway to incorporate it into Council's ongoing maintenance activities.

Some of the other Water Quality 2010 initiatives undertaken to date include:

Capital Works

- Reinstatement of the Mooney Dam aeration system
- Introduction of a new pre-chlorination system at the Somersby water filtration plant
- Restoration and replacement of many of the large valves and hydrants not protected against corrosion.

Maintenance Activities

- Cleaning of both trunk mains between Somersby water filtration plant and Kariiong reservoir.

Monitoring and Analysis

- Water chemistry studies
- System modelling to identify more ways to improve water quality.

Management and Operation

- Modification of the Peninsula water supply system operation.

Communications

- Continued maintenance of the Water Quality 2010 section of Council's website with program details, as well as upcoming and current works
- Revised customer service processes for improved response to our customers.

What next?

Over the next 6 months, the Water Quality 2010 team plans to:

- Commence construction of new treatment facilities at Somersby water filtration plant
- Continue to aggressively clean trunk mains
- Develop a valve and hydrant restoration program
- Implement changes to reservoir operation
- Continue to monitor water quality and the results of Water Quality 2010 activities
- Review and update system operational procedures
- Trial an improved after-hours customer service facility.

What can I do?

As part of Water Quality 2010, Council is seeking interested members of the public to assist us in a discoloured water investigation.

All you have to do is keep a simple diary of any water quality incidents in your home.

To find out how you can be involved, visit Council's website or contact our Water Quality 2010 Communications Officer on 4325 8222.

Keeping informed

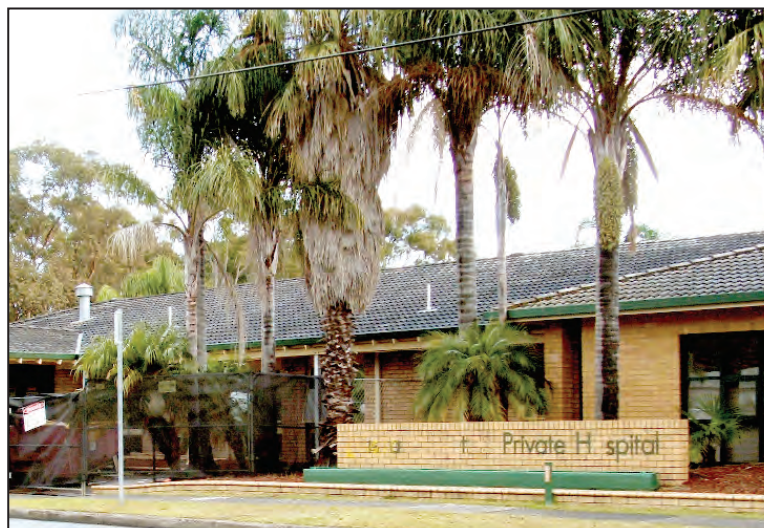
For regular updates on planned and current works that may affect drinking water quality, visit the Water Quality 2010 section of Council's website: www.gosford.nsw.gov.au or call 4325 8222.

Between 11 August and 25 September you can also visit the Water Quality 2010 shopping centre display in Deepwater Plaza.

Health



Above: Construction begins on the Central Coast's first private mental health facility
Above Right: Brisbane Waters Private Hospital



Mental health unit for hospital

Brisbane Waters Private Hospital at Woy Woy has begun construction of its new mental health unit, The Central Coast Clinic.

The clinic will be the first private mental health facility on the Central Coast.

Acting general manager Ms Annette Czerkesow said the owner of Brisbane Waters Private Hospital, Healthscope, has invested "in excess of \$1 million" for the new mental health unit which is expected to be completed by mid-October.

"Healthscope decided to construct a mental health unit at Brisbane Waters Private Hospital because there is no other private mental health facility on the Central Coast," Ms Czerkesow said.

"The closest private mental health facilities for the Central Coast community at present are the Northside Clinic in Sydney or the Lakeside Clinic in Warners Bay.

"The hospital has an established reputation for providing quality care, and the services planned for the new mental health unit will further enhance this reputation."

Ms Czerkesow said the private hospital would continue to provide its existing wide range of services to the Central Coast community.

"What we are aiming to achieve is to provide a hospital service that looks after the patient holistically, that is, looking after their mind as

well as their body," Ms Czerkesow said.

"The rest of our services will continue at the same high standard, with the mental health facility making it possible for us to offer more, so it is business as usual plus an extra service."

Brisbane Waters Private Hospital will continue to provide the community with its day procedure unit, an on-site pathology laboratory, an x-ray facility, an operating theatre, an angiography suite, a 24 Hour emergency chest pain service, physiotherapy and medical and surgical services.

The new mental health facility will have eight private rooms and four twin-share rooms available, making a total of 16 beds.

"The Central Coast Clinic will be a modern facility with consulting rooms, break-out facilities and common areas with private and twin-share rooms available," Ms Czerkesow said.

"We want the local residents to see the new facility as a benefit to their community.

"In the past, we were not able to provide the necessary care and support to our patients experiencing mental health issues.

"Now we will be the first private clinic on the Central Coast to be able to do so."

**Press Release, 28 Jul 2008
Annette Czerkesow, Brisbane Waters Private Hospital**



Brisbane Waters
PRIVATE HOSPITAL

Watching Over Your Health

Our Onsite Services

- Full Cardiac Services
- Orthopaedics
- Obesity Surgery
- Ophthalmology
- Ear, Nose & Throat
- Dental & Facio Maxillary Surgery
- Urology
- Plastic Surgery
- Gynaecology

- General Surgery
- Medical Services
- Onsite Pathology Lab
- Physiotherapy
- Intensive Care
- 24hr Emergency Chest Pain Service
- 24hr Doctor Cover
- Mental Health Unit (opening in October)

21 Vidler Ave Woy Woy NSW 2256
Ph 02 4341 9522 • Fax 02 4342 4460
www.healthscope.com.au

Physiotherapy
Cardiology
Medical Services
Urology
Onsite Pathology Lab
General Surgery
Obesity Surgery
Intensive Care
Ophthalmology
Ear, Nose & Throat surgery
Orthopaedics

Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

Ph: 4343 1888
113 Blackwall Rd
Woy Woy

Gold Lic: 22994C
David

24hr
Emergency & Aged Pensioner Discounts

PRIDE PLUMBING

- All Plumbing & Drainage
- Hot Water Repairs & Replacements
- Gas Fitting & LPG
- Bathroom & Kitchen Renovations
- Blocked Drains/Electric Eel Service
- Guttering & Downpipes
- Water Tank Specialist
- Backflow & TMV Specialist

0409 180 596

Charity events planned

A sculpture exhibition, a Caring and Sharing Day and an Open Mike Night are among the events planned this month by local charity Rainbow Love.

The events will raise money for children with chronic, complex and high-care physical needs.

Psychic mediums, healers and therapists will volunteer their time and energy at a Caring and Sharing Day from 10am on Sunday, August 10, to raise money to educate a group of 460 Ugandan orphans.

"This day will give the Peninsula community a great chance to experience healing, readings and massage from a caring and gracious group," event organiser Ms Annie Sobey said.

Ms Sobey will be travelling to Uganda in September, where she will distribute the funds raised from the Caring and Sharing Day through the Integrated Community Development Foundation.

Entry to the fundraiser is by gold coin donation.

Reading, massage and healing sessions will be available at a cost of \$15 for 20 minutes.

Crystals, art works and Ugandan arts and crafts will also be on sale.

Drumming group Drumbala will be performing on the day from 3.30pm.

For further information, contact 0428 830 546.

An Open Acoustic Mike Night will be held from 6pm on Saturday, August 16.

"Everyone is invited and welcome to come along and enjoy or share some of their talents for a great cause," charity founder Ms Susie O'Donnell said.

Entry to the benefit night is by gold coin donation.

Food and drink will be available to purchase on the night, with all proceeds going to Rainbow Love.

A PA system will be available for use and only acoustic music is welcome.

Rainbow Gate will be hosting the opening night of a sculpture exhibition from 7pm on Friday, August 22.

The events will be held at Rainbow Gate, 270 West St, Umina.

Rainbow Gate is open Monday to Saturday from 9am to 5pm.

Space is available for private functions and workshops, any day or night, by appointment.

A weekly program of activities is available for the community to take advantage of including meditation for mums, drumming classes with Drumbala, mums and bubs playgroup, art and craft classes, yoga and massage.

The weekly car boot sale and market day continues from 8am to 1pm, every Saturday.

For more information and bookings, contact 0409 774 467 or email susieodonnell@gmail.com

Press release, 28 Jul 2008
Susie O'Donnell, Rainbow Love



The Sporties Club donated \$16,000 to Child Flight from its fundraising efforts through the year

Club donates to Child Flight

The Sporties Club at Woy Woy presented a cheque for \$16,000 to the Child Flight emergency helicopter service on July 20.

The cheque was a result of the club's fundraising efforts throughout the year, including its monthly Child Flight Charity Bowls event.

The club has now raised more than \$100,000 for Child Flight over the last several years.

Club publicity officer Mr Ben King said: "On top of the \$16,000,

we raised a further \$3500 on the day, through our normal Score a Schooner and Raffles promotions."

More than 90 bowlers and members attended the special presentation as the club handed over the cheque to Child Flight CEO Ms Cheryl Rose.

The Sporties at Woy Woy will continue its Child Flight Charity Bowls event on the third Sunday of every month.

Mr King said he was encouraging community members of all ages to

become involved in the monthly charity event.

"Whether you are a beginner or experienced bowler, this is a great event to become involved in," Mr King said.

"Not only is it a fun day of bowls, but it is also for a very worthy cause."

For more information, contact the club on 4341 7598.

Press release, 22 Jul 2008
Ben King, The Sporties at Woy Woy

Motivated to raise funds

Umina resident Pam Whitty is asking businesses to take part in the Cancer Council's annual Daffodil Day fundraising event.

"My family has been touched by cancer and my daughter is currently fighting her own battle with breast cancer," Ms Whitty said.

"Living through this experience with my daughter has motivated me to be a part of this great day and to encourage others to do the same.

"I feel that volunteering and helping raise funds for cancer research and support services for others experiencing cancer is one way I can turn my family's experience into a positive."

Ms Whitty is looking for Peninsula businesses who might be interested

in selling Daffodil merchandise.

They will given a merchandise box for the month of August to raise money for the Cancer Council.

Merchandise boxes are filled with Daffodil Day pens, pins, teddy bears and wristbands, which are available for the public to buy.

Ms Whitty will devote her day on Daffodil Day, August 22, to selling merchandise and accepting donations for the Cancer Council.

She will be at the Ettalong Beach Chemist, 249 Ocean View Rd, Ettalong, from 9am to 4pm.

For further information please call 1300 656 585 or visit www.daffodilday.com.au

Press Release, 30 Jul 2008
Lesley Chart, Cancer Council

DENTURE CLINIC

Keith Boyd
Dental Prosthetist

NO REFERRALS REQUIRED
For full and partial dentures, relines and repairs

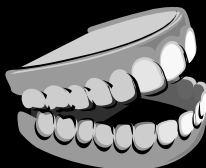
Phone 4360 2755
OR

Call in at
112 Blackwall Rd
(Woy Woy Osteopath Centre)

WOY WOY

Are you entitled for \$4000 worth of free dental treatment under Medicare Australia?

You may be eligible for free dental treatment if you suffer from a chronic illness such as cancer, diabetes, arthritis, stroke etc.



Woy Woy Dental Centre
Phone for more info

4342 1080

14 Railway St Woy Woy (opposite Woy Woy Railway Station)

BE QUICK! Scheme may be discontinued due to federal budgetary constraints

We're there for all Australia.

Malcolm had a heart attack at 2:30pm in Merimbula.



We were there by 4:15pm.

Help us to always be there. To make a donation, please call 1800 444 788 or go to www.flyingdoctors.org.au



Peninsula Food Guide

To advertise your food outlet here call
Peninsula News
 now on
4325 7369
Prices start from only \$50



Beachcomber
 Takeaway and General Store
 With 13 years experience in seafood
 Freshly Battered, Crumbed or Grilled Fish
 Come and try our hot Fresh Real Bean Coffee

NOT JUST A CORNER STORE Phone orders welcome
4342 0646 **TRIED THE REST?... NOW COME EAT THE BEST!**
 21 Barrenjoey Rd Ettalong Beach

Peninsula
Food Guide



See Lion cafe
 Come and enjoy lunch on the beach!
 7.30am to 5.00pm - 7 days a week
 At the carpark of Umina Beach Surf Life Saving Club
4344 6435



Rawson Road TAKEAWAY

Cafe style coffee available
 Hamburger, Chips & Drink \$8.00
 Egg & Bacon roll \$4.50
 Phone Orders
4341 6524
 Mon-Thur 6:30 - 4:30
 Fri 6:30 - 4:00
 Sat 6:30 - 2:00

Attention Commuters
SHORT BLACK

 ESPRESSO BAR & CAFE

“The best coffee on the Peninsula”
 Upstairs in the clock tower opposite Woy Woy station
 43441848
 6am - 4pm Mon-Fri



The home of Northern Italian Cuisine

Open Thursday to Monday
 8am till late
 Breakfast, Lunch & Dinner

Licensed or BYO Wine only
 Most cards accepted

Located a short walk from the wharf, down Schnapper Road near the cinemas.

Book on 4342 7030 or 4341 3000
 Schnapper Road, Ettalong

Acqua Vista



Beautiful ocean views with excellent food
 All Bookings
4343 1044
 345 Trafalgar Ave Umina 2257

Del's Let's do Lunch
 Breakfast Specialists
 'DEL'icious Lunches



Restaurant Quality
 7 Days - 7:30 am
 Comfortable warm inside dining now available!
 The Rocks Arcade - 4341 1434
 7A/216 Memorial Ave, Ettalong Beach

Hardys Bay Fish & Chip Co.



Fresh and cooked local seafood to take away of relax at the bayside picnic tables

Thurs - Sunday 11:30am - 8:00pm
Fresh seafood delivered daily from local suppliers
 Catering available for your parties, functions or surprise guests!
 Call for details.



58 Araluen Drive, Hardys Bay NSW 2257 Phone: 4360 2360



MUMS SEAFOOD KITCHEN and STONE GRILL

Come in for our dining experience or take it away
Monday to Thursday main meals from \$12

Fri, Sat, Sun - Kids eat FREE (under 12) with every paying adult



Open 7 Days BYO - 232 West St, Umina
 Sun - Wed 11am-8pm - Thur - Sat 11am-9pm
4343 1561

YumYum Eatery
 A Fusion of Flavours

No Need to drive
 Arrive by Water Taxi
 0413 022 059

Modern a la carte cuisine dining on the waterfront
 Sunday breakfast 9am-12pm
4360 2999

Wednesday nights
 2 Course Curry Night - \$25
 Takeaway Curries Wed-Sun \$15

Trading Hours: Lunch Wed-Sun - Dinner Wed-Sun, Breakfast Sun
 www.yumyumeatery.com.au
 60 Araluen Drive, Hardys Bay

Money for houses in Nepal

The Habitat for Humanity Global Village Project seminar held at Pearl Beach Memorial Hall has raised \$2500 to build houses in Nepal.

More than 150 people attended the seminar to raise money for the Habitat for Humanity Global Village Project in Nepal, according to event organiser Mr Andrew Stanger of Pearl Beach.

Mr Stanger is an active member of Habitat for Humanity and will be travelling to Nepal in October to work as a volunteer on one of its

Global Village Projects.

There he will join 19 other volunteers to build houses for displaced families.

Mr Stanger said there are currently more than 108,000 displaced people living under bamboo and tarpaulin shelters in camps on the Nepal-Sikkim border.

Global Village Program volunteers raise funds and physically take part in the building of houses in countries affected by natural disasters, poverty, civil

unrest and war.

Each house built by volunteers costs approximately \$1200 and proceeds from the Pearl Beach seminar will be put toward these costs.

"We raised far more money than we expected on the night, so that was terrific," Mr Stanger said.

Mt Everest mountaineer Mr Lincoln Hall was guest speaker at the seminar.

Mr Stanger will be taking two months away from his "normal life" on the Peninsula to volunteer for the Global Village Project in Nepal.

For more information or to become a volunteer for Habitat for Humanity visit www.habitat.org.au or phone 9919 7000.

Press release, 27 Jul 2008

Lynne Lillico,
Pearl Beach Progress Association



Andrew Stanger and Lincoln Hall at the Global Village seminar held at Pearl Beach last month.

K.B. THAI

Eat In or Takeaway
One Restaurant only

Open 7 Days

Lunch: 11.30am to 3pm
Dinner 5pm to 10pm

4341 0441

4343 1392

Shop 1, 115 Blackwall Rd Woy Woy

Pearl Beach

General Store & Café

Have dessert or coffee on us
with every main meal in August*

Café open for breakfast and lunch
seven days and dinner Saturday nights

Join us for a relaxing
lunch or dinner opposite
beautiful pearl beach

Pearl Beach a thousand miles from care!

1 Pearl Parade Pearl Beach 4343 1222
* on presentation of this advert

Peninsula Food Guide

Dine In or Take away

Fully Licensed
Open from 6pm
Thursday to Sunday
(Tues & Wed for booking 10 of more)

Upstairs, Boulevard Centre
The Boulevard, Woy Woy

4341 8495

THEIN THAI Restaurant

Authentic taste
Take away & home delivery
available from 5.30 to 8.30pm

Special set menu

\$16

Per Person

**Tuesday, Wednesday and
Thursday Nights only**

Bookings Essential

5pm to 9pm • Ends Oct

One Mixed Entree

Spring Roll, Golden Ship, Curry Puff, Fish Cake

Plus - One Main Course: Chicken, Beef or Pork

4343 1851

19-21 Broken bay Road, Ettalong

Special set menu for 10 people or more

The New Bay View Brasserie

The Boulevard
Woy Woy

<p>Monday Nights \$10 Mixed Grill</p>	<p>Tuesday Nights \$9 Chicken Schnitzel</p>	<p>Thursday Nights \$8.50 Pasta & Bread</p>
--	--	--

Enjoy a selection of the finest food at pub prices

Bookings 4344 1137

Open 7 Days - Lunch and Dinner

Opening hours

Lunch - Monday to Sunday 12pm - 2.30pm

Dinner - Monday to Saturday 6pm till close

Lone Pine takeaway

UMINA MALL

4342 4497

Fish 'n' Chips

<p>Battered Sav Deals \$6.50</p>	<p>Hamburger Deals \$7.50</p>
---	--

Snack Packs also remember to phone ahead

Under New Management

Impact Plants

Nursery and Café

The café is located within Impact plants nursery and features al fresco dining from a menu of contemporary Australian cuisine. The expansive deck area is surrounded by dense lush tropical gardens featuring many rare and unusual exotic foliage plants. This ambience coupled with exceptional coffee and fine food combine to create a truly unique and memorable dining experience

The cafe is open for breakfast and lunch from 8.30am till 5pm seven days but is closed public holidays

Poolo Close Empire Bay NSW 2257

Phone: 4369 1422 Fax: 4369 1485

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, Country Women's Association Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Dr, Ettalong, enq: 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave, Ettalong, enq: 4341 1166

ECC, Everglades Country Club, Dunban Rd, Woy Woy, enq: 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St, Ettalong, enq: 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr Karingi St & Broken Bay Rd Ettalong, enq: 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd

PBPC, Pearl Beach-Patonga Chamber Of Commerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach, enq: 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy, enq: 4341 9333

PCYC, Osborne Ave, Umina Beach, enq: 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd, Woy Woy, enq: 4342 5905

RBG, 207 West Street Umina - 0409774467

UCH, Umina Community Hall, 6 Sydney Ave, Umina Beach, enq: 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St, Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St, enq: 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy, enq: 4342 6589

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd, Woy Woy, enq: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd, Woy Woy

DAILY EVENTS

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf.

Playtime Mon-Fri 9am, Little Gym PCYC

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, UCH.

The Peninsula Environment Group (PEG), 6.30pm, WVEC

Second Tuesday of every month

True Blue Meeting, 1.30pm; Toastmasters, 7pm, EBWMC

Get Together afternoon tea, ESCC

Pearl Beach Craft group, 1.30pm, PBPH

Stroke recovery group, 11.30am, MOW.

Diabetes Support Group, 10am, ECC

Third Tuesday of every month

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd, 9am, enq: 4341 9301

Buffalo Lodge Knights Chp9, 7pm, UCH

Woy Woy Peninsula Arthritis Branch, 10am, enq: 4342 1790, MOW

ACF meeting, 7.30pm, WVEC

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families, BFC

Toastmasters, 7.15pm, EBWMC
Combined Pensioners assoc afternoon tea, enq: 4341 3222, ESCC

Every Tuesday

Living with Teens course 10am runs until 26th August PWHC,

Woy Woy Blood Bank @ Hospital Ocean Beach Rd, Woy Woy, 1-7pm

Chess Club, 1pm, enq: 4341 8748, EBWMC

Silk craft 10am

Mums & bubs playgroup 1pm

Pastel classes for kids 4pm RBG

Scrabble 9am, Empire Bay Progress Hall, enq: 4369 2034

Free Tax Help by appt; School for Seniors Have a Chat, 10am; U3ADiscussion Groups, 11am;

Cards, 1pm-3pm; Over 55s Learn to Play Bridge, 1pm; Stroke Recovery, 2pm; Playgroup, 9am;

Occasional Care, 9am-3pm; The Web, From 2pm;

Dance & Theatre School, 3.45pm; Brophy Circus Academy, beginners 5pm; Kids Belly Dancing, 4.30pm; Physical Culture Ladies, 7.15pm-9pm; Pre/Postnatal Yoga, 9.30am;

Motivation & Empowerment classes, PCC,

Circuit Boxing, (Women), 9am, Boxing/fitness training, 4pm (Junior), 5pm (Senior), Breakdancing, 5pm; Gym Sessions, 8am; Gym Circuit, 9.15am & 6pm, PCYC

Rotary Club of Woy Woy, 6pm, ECC

Handicraft, 9am; Cards, 12.30pm; Computers, 9am, ESCC

Alcoholics Anonymous, 6pm, John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am; Card Club 7.15pm; Chess Club, 1pm, EBWMC

Tai-Chi classes, 9.30am (ex sch hols), enq: 4360 2705, WH

Folk Art, 9.30am; Silk Dyeing, 1pm, EBACC

Children's story time, Umina library, 10.30am (Except Jan).

Sahaja yoga meditation, 10.30am only, enq: 4368 2847, CWA

Playgroup, 10am, Kids 0-5yrs, enq: Juhel 4342 4362, WWPH

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, 6pm, enq: 0438 033 039, EPH

Tai Chi, 9:30 am, enq: 4360 2705, WH

Supported Playgroup for first time and single parents, enq: 4340 1111, BFC

WEDNESDAY

First Wednesday of every month

CWA social day, 10am, handicrafts, 1pm, enq: 4344 5192

CWA Ettalong Ratepayers & Citizens Progress Association, 7.30pm, EPH

Coffee Morning, social get-together, 10am, PWHC

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Auxiliary, 10am, enq: 4344 2599

Probus Club Umina Beach, 9.30am, ECC

Fourth Wednesday of every month

Everglades Probus Club, 10am, ECC, enq: 4341 0664

Drumballa Drum circle 7.30 RBG

Every Wednesday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm, 7pm.

Woy Woy Women & Children's domestic violence group runs until 24th September PWHC,

St John's Ambulance, 7pm, - St John's Ambulance; Brisbane Water Cadets, 6.30pm-8pm, enq: 0404 748 471 MOW

Craft for love & Garden club 10am RBG

Free Tax Help by appt; Occasional Care, 9am; School for Seniors Oil Painting, 9am-12;

Multicraft Needlework, 10am-12; Playgroup, 10am - 12;

Bridge Club, 9.30am & 7.30pm, The Web, 2pm;

Physical Culture Club, 4pm; Coast Care Counselling; Judo, 5pm; Weight Watchers, 6pm;

Belly Dancing, 7.30pm; Dance & Theatre School, 3.30pm; Motivation & Empowerment classes, PCC

Peninsula Choir rehearsal, 7.30pm, St Andrews Hall, Umina.

Brisbane Waters Scrabble Club, 6pm, enq: 4341 9929,

MOW -Seniors fitness, 9am, enq: 4332 8550, EPH

Indoor Bowls, 9am; Fitness, 1pm; Leatherwork, 9am;

Table Tennis, 9am; Scrabble, 1pm; Computers, 1.30pm, ESCC

Gym Sessions, 8am incl Self Defence for Young Women, 1pm; Gym Circuit, 6pm; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) 5pm (Senior), PCYC

Oils & Acrylics, 9am; Pastels & Drawing, 11.30am, EBACC

Children's story time, Woy Woy library, 10.30 (Exc Jan)

Alcoholics Anonymous, 12.15pm & 6.30pm, St John the Baptist Hall, Blackwall Rd, Woy Woy

Handicraft, 9am, enq: 4341 1073, CWA

CWA Umina Beach craft day, 9am-12, CWA Hall, Sydney Ave, Umina, enq: 4341 5627

Rotary Club of Umina, 6pm, ECC

Dance Club, 1pm, EBWMC

Empire Bay Tennis, 9am-12am, Shelley Beach Rd, Empire Bay, enq: 4341 4125

THURSDAY

First Thursday of every month

Brisbane Water Senior Citizens, 1pm, EBWMC

Second Thursday of every month

Women's Health Clinic, enq: 4320 3741, PWHC

Australiana Bus Trips, PCC

Third Thursday of every month

Brisbane Water Senior Citizens, 1pm; EBWMC

Fourth Thursday of every month

Free immunization clinic, Aboriginal & Torres Strait Island children 0 - 5 years, 9am BFC

Umina Probus, 10am, ECC

Women's Health Clinic, enq: 4320 3741, Craft and creativity group - women in stiches 1pm PWHC

Women's Friendship Group, women with disabilities, 10am-12pm, St Lukes Church, Woy Woy

Last Thursday of every month

Socrates Cafe Group Entréz 4 Booklovers Cafe, Umina, 5:30pm-7pm, enq: 4367 4730

Get up, 6.30pm, WVEC

Every Thursday

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 12:30pm

Creative Writing, enq: 4369 1187, CWA

Occasional Care, 9am; Yoga, 10am; School for Seniors, Australiana, 10.30am; Tai Chi, 11.30am & 7.30pm; Bridge, 12pm; The Web, 2pm; Brophy Circus Academy, 4pm; Yoga, 10am; Belly Dancing, 7.30pm;

Coast Care Counselling, Dance & Theatre School, 3.30pm; Motivation & Empowerment Classes, PCC

Free entertainment, 6.30 pm; Senior Snooker, 8.30am; Ballroom Dancing, 10am; Trivia, 7pm; Indoor Bowls, Fishing Club Raffle, 5.15pm, EMBC

Bouddi Women's Drumming, 2pm, 73 Highview Rd, Pretty Beach, enq: 0425 229 651

Scrabble, 12.30pm, WWPH

Children's art classes, 4.30pm, EBACC

Card Club, 1pm; Chess Club, 7.30pm, EBWMC

Tai Chi 11.30am & 3.45pm; Dancing 9am; Indoor Bowls, 9am; Table Tennis, 1.45pm;

Cards noon, ESCC

Children's story time, 3-5 yrs, Umina library, 10.30am (Exc Jan)

Gym Sessions 8am, Gym Circuit 9am & 6pm; Circuit Boxing (Women) 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior) PCYC

Social Tennis, 9am-12pm, Pearl Beach Courts, enq: 4369 3195

Adult tap dancing, 10am, enq: 4342 3925, EPH

Fairhaven Services Cash Housie, Ettalong Bowling Club 7.30pm

Dance, 9am-11:30am, enq: 4344 3131, ESCC

Pilates, 9:30am, enq: 4384 5005; Mah-jong, 2pm, enq: 4360 2178; Yoga, 5:30pm, enq: 4323 1859, WH

FRIDAY

First Friday of every month

Legacy Ladies, 9am, EBWMC

Second Friday of every month

Book Bazaar, book Club, 10:30am, enq.42422482

RSL Sub Branch meeting, 2.30pm, EBWMC

Third Friday of every month Legacy Ladies, 9am, enq: 4343 3492, EBWMC

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, 1.30pm, enq: 4360 1002, WH

Civilian widows, 1pm, ESSC

School for Seniors Bushwalking, PCC

Every Friday

Kids entertainment, Yrs 7-12, 7.30pm; Playgroup, 10am, Umina Uniting Church

Bingo, 11.30am, enq:4343 1664, UCH

Lollipop Music Playgroup, 9.15am, enq: 4343 1929, BFC

Old Wags Bridge Club, (except 4th Fri) 1:30pm, enq: 4360 1820, WH

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30pm & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class, 9.15am, enq: 4342 9252, EPH

Watercolour Painting, 10am, EBACC

Painting, 9am; Computers, 1pm; Scrabble, 1pm; ESCC

Gym Sessions, 8am; Gym Circuit, 9am; Circuit Boxing (Women), 9am; Boxing/fitness training, 4pm (Junior) & 5pm (Senior), PCYC

Peninsula Pastimes, Ettalong Baptist Church, Barrenjoey Rd, 9.30am, (Ex sch hols), Primary Kids Club, 4.30pm, enq: 4343 1237

Alcoholics Anonymous, 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303

Hardys Bay Community Church, indoor bowls, canasta, scrabble, morning tea 10am, enq: 4363 1968

Occasional Care, 9am; Kindy Gym, 0-3s, 9.15am, 3-5s, 10.20am; Weight Watchers, 9.30am; Smart Recovery, 10am; Samaritans Support Group, 10.30am; Bridge Club, 12pm; The Web, 2pm; Brophy Circus Academy, 5pm; Kempo Karate, 5.30pm; Judo, 7.15pm; Dance & Theatre School 4pm U3A Courses, PCC

Women's walking group, 9am-11am, PWHC

Fishing Club, EBWM

Krait RSL Day Club, 10:30am, Kooinda Village, enq: 4341 8151

Fairhaven Services Cash Housie, East Gosford Progress Hall, 7.30pm

Old Wags Bridge Club (except 4th Friday of month), 1:30pm, enq: 4360 1820, WH

Friendship for Seniors, Hardys Bay Community Church, 10am-12pm, enq: 4360 1598

SATURDAY

First Saturday of every month

The National Malaya & Borneo Veterans Assoc. meet, 2pm, enq: 4340 4160, EBWMC

What's On in and around the Peninsula

Second Saturday of every month

Book Club, 10:30am, enq: Mandy 4342 2482 **Alliance Française**, French conversation, 11am, enq:0412 252 709

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy, 8am

Bushcare group, Pretty Beach, end Araluen Track, 8am

Save our Suburbs, 1pm, enq: 4342 2251, **WWPH**

Ex-Navalmen's Assoc, Central Coast Sub-Section, 10am, **WWLC Scrapbooking**, 12pm, enq: 4342 3712, **PCC**

Third Saturday of every month

Umina P&C **Bushcare**, 9am, Umina Campus of BWSC, Veron Rd, Umina, enq: 4341 9301

Market Day, 9am, Sydney 2000 Park, **UCH**

Fourth Saturday of every month

Troubadour Acoustic Music Club, 7pm, enq: 4341 406, **CWA**

Last Saturday every month

Bushcare Wagstaffe group, meet Half Tide Rocks sign, 8am

Melaleuca Wetland Regeneration Group, Boronia Ave, Woy Woy

Every Saturday

Vision Impaired Woy Walkers Fisherman's Wharf, Woy Woy, 7.15am, enq: 4325 3686

Chess Club, 1pm, enq: 4341 8748, **EBWMC**

Weight Watchers, 8.30am; **Dance & Theatre School**, 9.30am; **Bridge Club**, 12pm; **Soft Stone Sculpture** (monthly); **The Web** 4.30pm-9.30pm; **School for Seniors** social outings arranged throughout year, **PCC**

Cash Housie, St Mary's Hall, Ocean View Rd, Ettalong, 7.30pm

Chess Club, 1pm, **EBWMC**

Gym Sessions, 9am; **Drama & Discovery**, 9am, **PCYC**

Brisbane Water Bridge Club, 12.30pm, enq: 4341 0721, **WWLC**

Al-anon/Alateen family support group Community Health building, Woy Woy Hospital, 2pm, enq: 4344 6939

Woy Woy Environment Centre, 10am, enq: 4342 6589, **WVEC**

Community Dance, 1pm, \$2, enq: 4344 3131, **ESCC**

Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, enq: 4344 3131, **ESCC**

Rainbow Gate Market Day, 8am-2pm, 207 West St, Umina, enq: 0409 774 467

SUNDAY

First Sunday of every month

Blackwall Mountain **Bushcare**, 9am, cnr Blackwall Rd & Memorial Ave, enq: 4342 6995

Second Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am; **Vietnam Vets**, 11am, **EBWMC**

Umina P&C **Bushcare**, 9am, enq: 4341 9301, **BWSC**

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am, enq: 4369 2486

Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251

EBWM Fishing Club competition,

Club House in Beach St, Ettalong. **EBWM Vietnam Veterans Peacekeepers, Peacemakers** meeting, enq: 4344 4760

Last Sunday of every month Alliance Française "La Petanque" (the game of boules), 11am-5pm, enq: 0415 309 074

Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy, enq: 4341 4151

Every Sunday

Fijian Cultural Group, 11am-4pm, **PCC**

Coast Community **Church Services**, 9am & 5pm, enq: 4360 1448

Al-anon/Alateen family support group, "The Cottage", Vidler Ave, Woy Woy, 7pm

Patonga Bakehouse Gallery, 11am, enq: 4379 1102

MONDAY

First Monday of every month

RSL Womens' Aux, 9:30am, **EBWMC**

Endeavour View Club Luncheon, enq: 4342 1722, **ECC**

Pretty Beach PS P&C, Resource Centre, 7:30pm, enq: 4360 1587

Grandparents Parenting Support Group, Web Riley Room, Catholic Church, Woy Woy, enq: 4342 9995

Country Women's Association meeting, 10am, CWA Hall, Umina, enq: 4341 5627

Second Monday of every month

Book Club, 7pm, enq: Mandy 4342 2482

Women 50+ Group Chat, **PWHC**

RSL Women's Auxiliary, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC**

Pretty Beach to Killcare Community Association, 7:30pm, enq: 4360 1546, **WH**

Killcare Heights Garden Club, 10:30am, enq: 43601595

Coastal Crones (over 50's), Friendship group **PWHC**

Labor Party Umina/Ettalong Branch, 7.30pm, Umina Library Tearooms, Bullion St, Umina, enq: 43417323

Third Monday of every month

War Widows, 1pm, 43410286, **EBWMC**

Fourth Monday of every month

Toastmasters Speechcraft Classes, 6pm, **EBWMC**

Labor Party Peninsula Day Branch, 1pm, **CWA**

Carers support group, Group room, Health Service Building, Woy Woy Hospital, enq: 4344 8427

Last Monday of every Month

WWLT Playreading, Woy Woy PS, 7.30pm, enq: 4341 2931

Every Monday

Cash Housie, 7:30pm, enq: 4323 3566, **EMBC**

Walking with other Mums enq: Liz Poole 4320 3741

3Cs-Craft, Coffee & Conversation, 12.30pm, enq: 43 431929, **BFC**

Yoga, 9.30am, Ph.4360 1854, **WH**

Mums Meditation 10am, **Drumming classes** 4pm **RBG**

Computers, 1pm; **Dancing**, 9am; **Indoor Bowls**, 9am; **Mahjong**, 1pm; **Fitness**, 1pm; **Yoga** for beginners, 2.30pm, **ESCC**

Gym Sessions, 8am; **Tiny Tots**,

9:15am; **Circuit Boxing** (Women), 9am; **Boxing/fitness training**, 4pm (Junior) & 5pm (Senior), **PCYC**

Carpet Bowls, 9am; **Card Club**, 1pm, **EBWMC**

Fairhaven Cash Housie, 7.30pm; **Bingo**, 11am, enq: 4323 3566, **EMBC**

Arts and Crafts for people with a disability, 11am, enq: 4341 9333

Patchwork & Quilting, 10am; **Pottery**, 10am & 1pm, **EBACC**

Children's Story Time, Woy Woy Library, 10.30am

Occasional Childcare, 9am; **Central Coast Volunteering**, 9am;

Over 55's Gentle Fitness, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 10am; **Mad Monday** Craft & Cooking, 11am;

Bridge Club, 12pm;

Hysical Culture Club, 4pm; **Coast Care Counselling**, 3.45pm;

Dance & Theatre School, 3.45pm; **Judo**, 5pm; **U3A Courses**, **PCC**

Craft group, 1pm, **BFC**

Fairhaven Services Cash Housie, 7.30pm, **EMBC**

Yoga, 9:30am, enq: 4360 2705, **WH**

Pilates, (except 2nd Monday of month) 6pm-7pm & 7pm-8pm, **WH**

Tai Chi, Empire Bay Progress Hall, 9:30am, enq: Clare 4369 1075

Sea scouts, 6pm, Brickwharf Rd, Woy Woy, enq: 0437 590 354

Girl Guides, 4pm, Cnr of Lurline & Memorial Ave, Blackwall, enq: 4328 3247

Indian Dancing for Kids, 3.30pm, enq: 4342 4395, **WVEC**

Upcoming Events

August 5 - Power of community Film - See page 18 for details

August 9 - Meet the Mayor - Woy Woy CWA Hall, The Boulevard Woy Woy

Wild Flower Walk - See page 7 for details

August 15 - Woy Woy Little Theatre - See page 16 for details

August 13 - Breastscreen program Seminar - By breast screen NSW 10am **PWHC**

August 16 - Modelling the head in clay - Ettalong Beachs Arts and Crafts Centre - Story page 14

August 16 - Acoustic open Mic night - Rainbow gate 207 West street Umina

August 19 - Story Time at Lions Park - See page 16 for details

August 20 - Woy Woy Rd meeting - Bays Community Hall 7.30pm

August 22 - Sculpture exhibition Opening night @ Rainbow gate 207 West street Umina

Rainbow Gate Charity Event - See page 11 for details

Band night at hotel

Woy Woy Hotel will hold a band night on Saturday, August 9.

Three local bands will be performing on the night - Null and Void, Del Rio Drive, and Micky G.

They will be performing a mix of rock and RNB covers and originals.

The night will kick off from 7pm and finish at 11.30pm.

Entry is free

The hotel is located at 33 The Boulevard, Woy Woy.

For further information please contact Bob Jackson on 0408 554 248.

Press release, 26 Jul 2008
Bob Jackson, Plugged In Music

Exhibition

Patonga Bakehouse Gallery is currently exhibiting artworks by Robin Norling entitled "Art Cut It Out".

Maritime works by Jocelyn Maughan from around Darling Harbour are also being displayed in the Shop Front Window Gallery across the road from the main gallery.

The gallery is open Sundays from 11am to 3pm or by appointment.

For further information please call 4379 1102.

Newsletter, 31 Jul 2008
Multi Arts Confederation

If you would like your community not-for-profit event listed here, send the details to the Peninsula News



North Burge Rd, Woy Woy 4341 7598

Tuesdays

Lingerie Waitress's

5pm-8pm

Pool Comp From 5.00pm

Great New Prizes

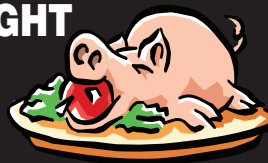
Wednesdays

BANQUET NIGHT

(3 Courses)

\$12.50

Play Free Pool from 6pm



Thursdays

SURF N TURF RAFFLE

tickets on sale from

5.00pm drawn at 7.00pm

- members badge draw

between 6 & 7pm followed

by Kazza's Karaoke

PASTA AND STEAK NIGHT

(2 COURSES) only \$12.50



Fridays

APL Poker from 7pm

KAZZA'S KARAOKE TALENT QUEST

Heat 6 Friday 8th August from 7pm

• **Courtesy Bus available from 5pm Thursday to Saturday**

• **Child Flight Charity Bowls Day - 3rd Sunday each month**

Great day with Entertainment and Raffles

Arts & Entertainment



The launch of the Let's Read Project, which has organised storytime in the park for children under six

Story time at Lions Park

Woy Woy Lions Park has been chosen as one of the locations for Gosford City Reads Day on Tuesday, August 19.

The Start Reading Project has organised Storytime in the Park from 10am to 12noon for families with children under six years old.

Gosford City Reads Day is an initiative of the Early Childhood Literacy Committee.

Gosford Council is supporting the event and said it aims to "bring

the whole community together to participate in a fun-filled celebration of literacy at a designated time".

Other locations taking part in the day include Kibble Park in Gosford and Erina Fair Shopping Centre.

"Families will be able to come down to Woy Woy Lions Park with a rug and move around the various reading stations where fun stories will be performed," Beachside Family Centre facilitator Ms Debbie Notara said.

"Some stories will be sung, some have movements for the children to do, some will have an indigenous theme, some will be told using puppets and we even have nursery rhymes in Spanish.

"It should be a really relaxing and enjoyable event for parents and carers, and the children will be able to take actively take part in the stories.

"Families can then stay and have a picnic lunch."

Information will be available from Gosford Library about reading to children and suitably aged books.

"We will also have some prizes valued up to \$50 for families who have their Reading Passport stamped at the reading stations and enter in our lucky draw," Ms Notara said.

"Reading with babies and young children is probably the single most important activity that you can undertake to develop child's future skills in reading and writing and achieve well at school.

"Sharing a story, rhyme, or song with family members for at least 10 minutes a day is all it takes."

Woy Woy Lions Park is located at Brickwharf Rd, Woy Woy.

**Press release, 23 Jul 2008
Debbie Notara, Beachside Family Centre**

Four plays staged for Club Night

Four one-act plays will be staged by Woy Woy Little Theatre on its inaugural Club Night on Friday, August 15.

The plays are The Last Munro, Merge, Cluttered Nest, and A Really Useful Person

The Last Munro was the Little Theatre's entry in this year's Central Coast Theatrefest at Wyong.

It was directed by Penny Dilworth and Denise Main, starring Mike Jeffries, Judi Jones and Tyrone McMaster.

"Although we didn't win, the adjudicators gave very complimentary remarks," said Little Theatre secretary Ms Linda Williams.

American play Merge was also entered in the Theatrefest by long-time member Brendon Flynn.

He starred along-side Rose Cooper and won Best Production.

Cluttered Nest was written by Little Theatre member Joan Dalglish.

The group hopes to enter this play at Wyong next year.

A Really Useful Person is a multi-award winning play from this year's Short and Sweet Festival at Peninsula Theatre.

Written by Mike Jeffries, author of The Last Munro, it won best script, best actor, best production and best direction awards.

Among the actors on the night will be Sophie Stratton, who won the Little Theatre's \$500 scholarship through its Youth in Performing Arts program.

Details will be announced on the night of the Little Theatre's 2009 season, which will see the number of productions increase from three to four.

Seats for the Club Night are still

available.

Entry is by gold coin donation.

For bookings, phone Linda on 4344 1800 or Margaret on 4344 7624.

Ms Williams said the theatre was always looking for new talent and support.

Press release, 1 Aug 2008

Linda Williams, Woy Woy Little Theatre

**CONVERT
YOUR HOME
MOVIES, VHS
& 8mm TAPES
TO DVD**

From \$35.00

- ◆ Editing
- ◆ DVD menus & titles
- ◆ Special Effects
- ◆ Music

Can be added for an extra cost



**CONVERT
YOUR LP'S &
CASSETTES
TO CD**

Prices start from \$15 per record. Cassette prices may vary.

Make your own compilation CD from \$25

**Phone Lee on
4340 0530**

★ **WHAT'S ON** ★
PENINSULA THEATRE
Cnr McMasters & Ocean Beach Rds WOY WOY

CULTURAL LABORATORY
22nd August

The Cultural Laboratory returns with a lineup of exemplary presenters and guests for your enjoyment. If you have not experienced the Cult Laboratory, then you are in for a treat as a selection of practitioners present short film, drama, poetry, dance, music, storytelling, and works in progress. The ticket price includes Supper.
Adults \$10, Conc/Child \$7

David Williamson's TRAVELLING NORTH
8-11 October

by Christine Harris & Hit Productions
A heart warming play that proves life is in constant motion and that love can be found again. It is about renewal, growth and moving on. A story of sincerity but also humour.
Adults \$35, Conc \$30 Child \$22

LAYCOCK STREET THEATRE
Nth Gosford

CODGERS
22-23 September

If you ever wondered what your husband, father or grandfather gets up to when they're out of your sight, eavesdrop on six senior Aussie men, some of them mates since war service, as they sweat it out together each week in a gym. Fabulously funny.

CARPENTERS FROM KEMPSEY
25 September

Singing all the songs that made the Carpenters great. This very funny duo will have you in stitches with this show. A journey not to be missed.
BOOK FAST ONE SHOW ONLY

Sponsored by
Peninsula News
Community Access

BOX OFFICE 43 233 233

Peninsula Theatre - Cnr McMasters & Ocean Beach Rds, Woy Woy is proudly owned & operated by Gosford City Council

The 4 Blondes 'Go Courting'

Sat 27 September - Sun 12 October 2008

Rose Bickley
Lorraine Best
Gai Alana McMurtrie



View our new season artworks at
Creative Courtyards

Garden Nursery and Art Gallery

36 George St, Woy Woy (ph 4341 6156)

Join us for *High Tea* from 2 - 4 pm

- Saturday 27 September
- Saturday 4 October
- Saturday 11 October



Everyone welcome - lots of parking - art for sale

DRUMBALA

CWA Hall
Boulevard Wy Woy
**Adults and Beginners
Drumming Course
Starts 1st September
Bookings essential**
Katy 43421112 or 0423 548 540
Email: drumbala1@yahoo.com.au

Craft help wanted

Local charity Rainbow Love is calling on the Peninsula community to help support its newly established fundraising effort Craft for Love.

"We are seeking donations of craft items and volunteers for our craft group to make items for Rainbow Love," charity founder Ms Susie O'Donnell said.

"Rainbow Love helps support children on the Central Coast who have high needs and complex problems due to illness and disabilities through art, craft and music activities within the community.

"The children we support have fallen through the system and do not qualify for government help for some of their needs.

"We have formed a group, called Craft for Love, of volunteers of all ages who are willing to produce some merchandise from donations of materials given to Rainbow Love.

"Our volunteer group members are often carers themselves or in need of a social activity and outlet themselves, so we are helping the

community in several ways."

Ms O'Donnell said the group was looking for more volunteers and donations of materials.

"We are seeking materials such as five ply or eight ply wool, ribbon, lace, braiding or leather type stripping for leather work, ribbing, fleecy knit material, buttons, scissors for cutting material," Ms O'Donnell said.

"Basically we will work out a project for any suitable craft items that are donated."

The Craft for Love group meets on the second and fourth Wednesday of every month at the headquarters of Rainbow Love, Rainbow Gate, which is located at 207 West St, Umina, from 10am to 1pm.

Volunteers are welcome to drop in at any time to Rainbow Gate from Tuesday to Saturday, and work on projects.

For more information, telephone 0409 774 467.

Press release, 23 Jul 2008
Susie O'Donnell, Rainbow Love



Students from the PCYC Drama and Discovery group had a string of successes at the Central Coast Eisteddfod

PCYC group wins at eisteddfod

Students from Umina PCYC's Drama and Discovery group received "outstanding results" at the Central Coast Eisteddfod's Speech and Drama section on July 20.

Umina PCYC's Drama and Discovery teacher Ms Amanda

Benson said she was extremely proud of her students.

"We won 10 first places, five second places, and three third places," Ms Benson said.

"Junior champion was won by Henry Nelson, and the fantastic duologue performed by Bradley

Death and Chris Paans won first place."

Ms Benson said Bradley and Chris have now been chosen to perform at the Mayoral Review in September.

Press release, 28 July 2008
Amanda Benson, Umina PCYC



Stunning near new 4 bedroom home located in the heart of Woy Woy CBD. Impeccably appointed with quality inclusions throughout and superb indoor/outdoor entertaining areas. Currently tenanted for \$380p/w and with the potential to operate a business from the premises (STCA) this home is perfect for families, investors or business people. Seize the opportunity as 2B zoned parcels of land in this position do not become available very often.

- Located opposite Deepwater Plaza Shopping Complex • Minutes from Woy Woy train station
- Two separate spacious living areas both with kitchens and bathrooms • Outdoor Spa
- Internal Laundry • Remote controlled carport door
- Close to Schools, Hospitals, Clubs and Restaurants • Potential for dual incomes
- 5000 litre concealed water tank

for sale POA
view By appointment
agent Michael Reilly 0419 166 514 - michael@prdettalong.com



PRD nationwide

4344 5580

www.prdettalong.com

Classifieds

Incorporating a trades directory and public notice advertisements.
Peninsula News Classifieds aim to help community groups and businesses reach the Peninsula community at the lowest possible price.

ADVERTISEMENTS cost only \$25 plus GST for 5 cms, and will be working for you in your local community for **TWO WEEKS**
Phone: 4325 7369
Fax: 4325 7362

E-mail: mail@peninsulanews.asn.au

Antennas

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

Electrical Appliances

Repairs and Service to vacuum cleaners, washing machines & fridges.
Large range of vacuum cleaner bags.
JAYARS APPLIANCE SERVICE
Now at 26 Blackwall Road Woy Woy -
Next to St George Bank
4342 3538 or 4344 3384
Approved Service Centre for over 15 Companies

For Sale

Spanline Patios, Glass and Screen Rooms, Carports & Wall Cladding as seen on TV
Lic. 83737c
PICTON BROS SPAN LINE
Gosford 4324 9300
Charmhaven 4393 3397

LAPTOP! Toshiba Satellite A200
Core 2 Duo 2ghz, 1GB Ram, 15.4" Wide screen, 100GB hdd, 6 months old, 3 year warranty, Carry case, Finger scan, MS Vista OS
RRP \$1750
Will sell for **\$1050** ono
Phone 0410 404 664

For Sale

89 Toyota Camry
4cyl 2.0L
\$750 ono
Rego till September 08
call Jethro
0438 145 660

Lawns & Gardens

Pauls Garden Gear
Lawns mowed
Edges cut
Pruning pruned
Rubbish removed
Also I am a Qualified Carpenter to do maintenance work.
0404 928 623 or 4342 6640

Mobile Mechanic

D.T. Central Coast Mobile Mechanic
*All mechanical repairs & servicing
*Rego inspections -All makes & models
*Very reasonable rates
*Pensioner discounts
Tim Howell Lic.No. 44 033038
4341 2897 or 0418 603 667

Plumbers

PRIDE PLUMBING
•All Plumbing & Drainage
•Hot Water Repairs & Replacements
•Gas Fitting & LPG
•Bathroom & Kitchen Renovations
•Blocked Drains/Electric Eel Service
•Guttering & Downpipes
•Water Tank Specialist
•Backflow & TMV Specialist


0409 180 596

Public Notices

The Troubadour Acoustic Music Club
proudly presents **Nerds & Music**
for one day only at the CWA Hall Woy Woy
August 23, 7pm
Tickets \$10
Concession \$8
Members \$7
Tickets available at the door. see www.troubadour.org.au
4341 4060

Public Notices

Woy Woy Peninsula Lions Club
Sunday, 31 August 8am to 1pm
Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~ \$10 per car
Cnr. Ocean Beach Road and Erina St. Woy Woy
Always Last Sunday (Except December)
More Details...
Elmo 4341 4151 - Hope 4369 8707

NEED some more CASH FLOW??
MORTGAGE STRESS hurting??,
BILLS Piling up??

Your HIRO™ is Here!
RETAILERS and REPS needed URGENTLY To sell HIRO™ Vitality
A new energy Drink that helps support And maintain a healthy immune system!
Call me Now on 0413 933 244

Central Coast Bush Dance & Music Association

Experience Folk Music at its best
Top Bands - loads of fun with a Scottish themed dance with

Galimore

at East Gosford Progress Hall @ 7.30pm Henry Parry Drive
August 9
Enq: 4342 5333
Admission \$15 incl. supper
Folk Fed Affiliates & Pensioners \$12, Children 12 to 18 \$8
www.ccbdma.org for more information

Peninsula Senior Touch AGM
Monday 11th August, 2008
Woy Woy Leagues Club Blackwall Rd, Woy Woy
from 7pm sharp
All members welcome

Australian Red Cross

VOLUNTEERS NEEDED
Join the Hands On Team and with only a couple hours a week or fortnight, you can provide companionship to frail aged people on the Coast, through personal touch and emotional support while making new friends.
Call Vicki Langley on 4324 3411 for information.
www.redcross.org.au

Pumps and Bores

Bore water pump & spear point installation, maintenance, repairs & modifications.
PVC pipe & spear points installed that **never need cleaning.**
Ph John Woolley Lic. No. DL1664
Phone: 4342 2024

Bores and Spears

Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.
Ph: Warren Greenway
Ph: 4341 7736 Mob: 0408 225 390
Lic No. DL1960

Removals

A MAN WITH A VAN
From \$45 per hour
New 6.5 tonne Pantec with tailgate lifter
\$65 per hour
2nd or 3rd man available
www.amanwithavan.com.au
0413 048 091

Security

Alarm Systems
For a full range of security services, try the locals
ALARMS PATROLS - GUARDS ALLPOINT SECURITY
Ph: 4322 1713
Fax: 4322 1753

Tiling

Tiling Plus
To suit your taste, lifestyle and budget. Wall & floor tiling plus landscaping, painting, household repairs & property maintenance
Competitive rates
Pensioner discounts
0439 589 426

Group restores lawn on waterfront

Several residents of the Bays community have volunteered their time to restore an area of lawn on the Phegans Bay waterfront.

"In a successful effort, soil and turf were used to replace a large area which had no grass growing and was mainly dirt," said The Bays Community Group president Mr Bob Puffett.

"There was also an unsafe hole between the dirt and the wall where the dirt had washed away.

"Several volunteers worked all morning to get the job done.

"It was then watered and roped off to allow the turf to take to the soil.

"Now we have an attractive and safe piece of lawn on our waterfront ... and when the grass is ready to be used, another area where kids can play happily."

The turf and soil for the project was supplied by the Bays Community Group.

Newsletter, 27 Jul 2008
Bob Puffett, the Bays Community Group

Film shows 'power of community'

The Peninsula Environment Group will be showing the documentary film "Power of Community" on Tuesday, August 5.

The two-hour documentary looks at Cuba's Green Revolution and tells about societal changes in response to the sudden lack of oil in the 1990s.

Cuba rebuilt its quality of life following the collapse of cheap oil which was supplied by the former Soviet Union.

"Power of Community" shows how communities in Cuba pulled together, created solutions, and

ultimately thrived in spite of their decreased dependence on imported energy.

The film received the People's Choice Award for Best International Film at the Aotearoa Environmental Film Festival in New Zealand.

The free screening will begin at 7.30pm to 9.30pm, following the group's committee meeting, at the Woy Woy Environment Centre, 267 Blackwall Rd, Woy Woy.

Non-members are welcome to attend.

Press release, 28 Jul 2008
Sheelagh Noonan, The Peninsula Environment Group

To let

Aubrey Downer Pensioner Accommodation Memorial Orange Homes
Point Clare Retirement Village
Self Care Unit available \$120.30/week
Conditions Apply
Ph: 4324 2068
Business Hours

Tuition

Violin, Keyboard, Piano, Mandolin, Drum and Guitar lessons available
All Ages welcome.
Gain confidence and achieve results
Frank Russell
4342 9099 or 0417 456 929

TODAY'S SCOUTS - NOW IS THE TIME TO JOIN



2008 THE YEAR OF THE SCOUT
www.scouts.com.au
1800 SCOUTS



School collects bread bags

Woy Woy Public School is taking part in the national competition, designed to encourage Australian Primary School children and their families to eat well and get active.

Students have the opportunity to receive new sports equipment for the school by collecting specially-marked empty bread bags.

The competition has been running since July 1, and closes on September 30.

School fundraising coordinator

Mr Mark Ellis has suggested that students collect the bags from family, friends and neighbours.

The school canteen will also be stocking the white bread varieties which come in the bags until the end of September.

"The bags can be placed in the silver barrel located in the school office," said Mr Ellis.

"We are currently trying to arrange some local supermarket collection points."

**Newsletter, 1 Aug 2008
Woy Woy Public School**

Students in spelling test

Twenty-four students from Woy Woy Public School participated in the International Competitions and Assessments for Schools' spelling assessment last month.

School principal Ms Ona Buckley said Thomas Laznik, Isaac Orr-Green and Nora Holmes gained a Distinction in the Spelling Assessment.

Other students gained credits and participation awards.

The spelling assessment was developed by the Educational Assessment Australia unit of the University of New South Wales, and is conducted annually across Australia in 12 other countries.

There are more than 1.5 million entries worldwide.

**Newsletter, 1 Aug 2008
Woy Woy Public School**

Kindergarten enrolments

Ettalong Public School is now accepting enrolments for Kindergarten classes next year.

School principal Mr Colin Wallis said children who turn five by July 31 next year are eligible for enrolment.

"Parents may collect enrolment forms from the school or they can

phone and have the forms posted to their home address," Mr Wallis said.

"Enrolment forms should be returned, together with proof of age, such as a birth certificate.

"This allows us to effectively plan the Head Start Program."

**Newsletter, 29 July 2008
Ettalong Public School**



Phone 1800 534 229
www.legacy.com.au

LEGACY
WE SALUTE YOU

Council forces change of plans

Plans for a new library and canteen at Pretty Beach Public School have had to be changed because Gosford Council would not allow them to be built over part of a water easement.

"Unfortunately the original site for our new library is no longer feasible due to issues associated with building over an existing stormwater easement," school principal Ms Vicki Redrup said.

"We have been advised by Gosford Council that they will not accept any building over the stormwater line or the associated three metre easement.

"The line of easement also

affects the location of the canteen demountable.

"The canteen will now be placed closer to the green house and not adjacent to the existing toilet block.

An information evening was held for parents on July 23, to allow them to view the new plans, ask questions and make comments.

"Our new library will be placed near our new administration building at the front of the school along Heath Rd," Ms Redrup said.

"Our school is situated on an extremely tight site and there are a number of predefining factors impacting on any potential redevelopment, such as a number

of threatened species habitats and bushfire protection requirements.

"This severely limits the options we have in locating our buildings.

"We have looked at a number of alternatives for the placement of the new library and this looks like the only area for it."

Construction work has recently commenced at the school.

"Our old demountables have disappeared over the holidays and the canteen should be moved in the very near future.

"The removal of the demountables has opened up another space for children."

**Newsletter, 22 Jul 2008
Pretty Beach Public School**

Opportunity to host students

Students at Ettalong Public School have been given the opportunity to host an exchange student in February next year.

"Students aged 15 to 18 years from over 15 countries will be arriving in Australia to study at local schools for five to 10 months,"

school principal Mr Colin Wallis said.

"Opportunities exist to act as a host family in a volunteer unpaid capacity.

"Hosting can be on a temporary, short or long term basis.

"Host families help provide these students with the chance to study

and experience life in Australia.

"This is a great way for students to learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill."

**Newsletter, 29 Jul 2008
Ettalong Public School**

Water tanks for Ettalong

Ettalong Public School has been successful in applying for a \$25,000 Commonwealth Government Water Grant for the installation of water tanks at the school.

"These tanks will harvest rain water for use around the school grounds as well as the toilets," school principal Mr Collin Wallis said.

"It will assist us enormously in caring for the environment."

**Newsletter, 29 July 2008
Ettalong Public School**

Special mass for St John

Staff and students from St John the Baptist Primary School, Woy Woy, gathered together for a special mass to celebrate the Feast of the Birth of St John the Baptist on June 24.

"The Feast of St John the Baptist is not only a day our school respectfully pays homage to a great prophet, it is also a day we can all reflect upon our school's name and its significance," said school P&F publicity officer Ms Stacey Saul.

"It gave students the chance to reflect on the importance of wearing our uniform with pride and embracing the joy of belonging to the community of St John the

Baptist Primary School.

"After Mass, the children, teachers, parents, carers and other members of the parish reassembled at the school where the children performed a small concert.

"Our Year 6 students sang this year's World Youth Day anthem Receive the Power and the school choir also performed a few songs.

"Kindergarten gave a fantastic performance too.

"Following the concert, the P&F and parent volunteers put on a barbecue, serving up 500 sausage sizzles."

**Press release, 29 Jul 2008
Stacey Saul, St John the Baptist Primary School P&F**

Advertise in
Peninsula News
Community Access

Reach over 30,000 people every fortnight

Published by Ducks Crossing Publications
The Peninsula's own Community Newspaper

This Size Starts from only \$50 a week!

Freely available
throughout
the Peninsula

Phone: 4325 7369
www.peninsulanews.asn.au

Pictorial



Mid-Course Academic Assembly 2008 Brisbane Water Secondary College



Year 7

Amber Andrew, Emily Baker, Jack Callan, Josh Cocks, Danielle Debrincat, Liam Flanagan, Daniel Kim, Charity McCombe-Moorey, Luke McCrohon, Lauren McDonald, Jonathan Milanovic, Jessica Pooley, Maddison Quail-Gates, Michael Ryan, Elizabeth Smith, Tarren Tweedie and Madeline White



Year 8

Jennifer Bluff, Jade Cheetham, Harmoni Curry-Babushkin, Ramon Garcia, Dearne Gray, Alison Jones, Samantha Jones, Kalina Knight, Alison Lyons, Nicole Newman, Callum O'Donnell, Joshua Oliver, Chris Paans, Sharmaine Spencer, Bianca Torossian, Scott Wakelan, Sharni Williams and Alana Whyte



Year 9

Hannah Brown, Lachlan Brown, Josephine Clark-Wroe, Nathan Edwards, Katie Fallon, Kiara Hoste, Ashley Knight, Emma Lavas, Erin McDonald, Stephen McKee, Caitlin McKinnon, Rebecca McVean, Brittany Nelson, Samantha Ramsay, Jordan Stuart-Tatham, Aaron Sykes and Lachlan Woods



Year 10

Jessical Barlow, Benjamin Brazier-Bruce, Mark Brear, Jade Bright, Skye Grundy, Jonora Holmes, Alexander Ireland, Alexandra Irving, Josephine Kidd, Paige Martin, Sally McCrohon, Hayley Moore, Karly Overton, Kirstin Rowbotham, Tina Strickson and Clinton Wilkinson



Year 11

Tahra Brady, Elizabeth Cansdale, Megan Connolly, Lyndal Daniels, Victoria Gapps, Dianne Herr, Lyle Hurley, Hayley Hughes, Stefanie Lindsay, Christian McGuinness, Sam Nall, Emily Rayner, Liam Scarratt, Thomas Sharma, Kate Smith, Amanda Thorpe and Angela Trichter



Year 12

Daniel Beck, Brett Chalder, Grant Cheetham, Emma Critchley, Nicole Dodds, Lee Grainger, Sean Hertmanni, Dennis Holmes, Michael Labone, Molly McGuinness, Anette Morison, Emily O'Nions, Jenna Picken, Stacey Reibelt, Elky Roberts, Tania Ryan and Jessica Steel

Yellow House wins carnival



St John the Baptist Primary School held its annual athletics carnival on June 26.

"The closeness of the competition and the overall high standards displayed by the children was wonderful," said school P&F publicity officer Ms Stacey Saul.

The carnival was won by the Yellow House.

Many children exceeded the standards necessary to qualify for participation in the Zone Athletics Carnival.

Sports coordinators Daniel King and Clare Gallagher were joined by a number of volunteers to organise the carnival.

Press release, 29 Jul 2008
Stacey Saul, St John the Baptist Primary School P&F

Students enrol to vote

Brisbane Water Secondary College Woy Woy campus participated in the Australian Electoral Commission's national Enrol to Vote Week on July 31.

College careers advisor Mr Rob Harwood said the government initiative was aimed to get young people on the electoral role and ready to vote in all government elections.

"More than 200 students got involved in Enrol to Vote Week at the school," Mr Harwood said.

"The group of 17-year-olds from Years 11 and 12 that participated will now be enrolled and ready to vote, once they turn 18.

"The initiative is a great way to encourage the students to enrol to vote and have their say."

According to figures released by the Australian Electoral Commission, only three in four 15-year-olds are enrolled to vote.

The Australian Electoral Commission provided enrolment forms, educational resources, promotional materials and other information to more than 1650 secondary schools for the initiative.

Press release, 28 Jul 2008
Australian Electoral Commission
Clare Graham, 31 Jul 2008
Interview: Rob Harwood, Brisbane
Water Secondary College

College holds academic assembly

Brisbane Water Secondary College held its mid-course Academic Assembly on Wednesday, July 30.

Staff, parents and students of Woy Woy and Umina campuses celebrated the academic achievements of students from

Years 7 to 12.

College principal Mr Steven Harris welcomed and addressed the assembly.

More than 100 students were then presented with certificates of achievement for their hard work and commitment to learning.

During the assembly, the audience was treated to a musical performance by Eden Hook and Liam Scarratt from the upcoming college musical Jesus Christ Superstar.

Press release, 30 Jul 2008
Brisbane Water Secondary College

P&C president resigns

The president of Woy Woy Public School P&C Ms Julie Stevens has formally announced her resignation.

"It is with regret that I have resigned as president of the P&C," Ms Stevens said.

"I have enjoyed my time as president, but work and home commitments prevent me from continuing to give the many hours needed to make the role and the

P&C a success and I want to allow others to take the challenge.

"I will remain engaged in activities and will continue in a leadership role until the new president is identified."

The school P&C will be taking nominations for the position of president at its monthly meeting on August 14.

Newsletter, 1 Aug 2008
Woy Woy Public School

Bush Poetry Books, CDs & DVDs Available Now!



Mister Joe - Songs, Tunes, & Poems of Joe Cashmere 82pp

Joe Cashmere was a singer, fiddler and poet from Booligal, NSW. He had a vast repertoire and was initially collected and recorded by John Meredith. Alan Musgrove and Greg O'Leary transcribed his music and collected the information for this publication. Includes 6 songs, 50 tunes, 11 poems and 7 yarns.

TN365-B - \$10.00



Blue - The Shearer - Still Whingeing? Absolutely!

Blue was once known as Col Wilson. He was a Senior Public Servant, good husband, father and grandfather and respected citizen of Wellington, NSW until the realisation that his poetry, so scorned by family and friends was appreciated in other quarters. He now has a weekly spot on ABC Radio stations where he waxes poetic about everything from prawn deveiners to politics, banks to bastardy, cross-eyed bulls to cats called Josephine and any other subject you care to mention.

TN022-3 - \$25.00



Clarke Gormley - Turn of Phrase

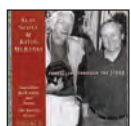
A collection of poems, songs, stories and stuff. 71pp Soft cover 210mm X 147mm

TN781-B - \$10.00
A companion CD is also available TN780 \$20



Geoffrey Graham - The Man From Ironbark

TN072-12 - \$20.00



Alan Scott & Keith McKenry - A Pocketful of Poetry

Prior to his untimely death last December, Alan Scott-one of Australia's leading folksong collectors and himself a wonderful singer in the old bush style-had recorded some 50 songs in the National Library's fully-equipped recording studio. These recordings formed part of a major cooperative project between Alan, his friend folklorist and poet Keith McKenry and the library to produce high quality studio recordings of important but often little-known Australian bush songs and poems. A 20-page illustrated booklet accompanies the album, providing detailed background notes on all of the items. It also contains a biographical memoir of Alan Scott, and several fine photographs of Australian traditional musicians.

TN303-1 - \$25.00



Carol Heuchan - A Pocketful of Poetry

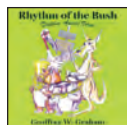
TN636-66 - \$20.00



Chris Kemptster - The Songs of Henry Lawson

A book of songs to the words of Henry Lawson with music notation and chords. xx111, 249pp illus. soft cover spiral bound half laminated 297mm X 210mm

TN757 - \$35.00



Geoffrey W. Graham - Rhythm of the Bush

Dinkum Aussie Verse by Geoffrey W Graham.

A mixture of verse, songs and stories about the bush, Australia and some of its legendary characters. viii, 72pp illus. Soft cover 210mm X 147mm Also available on CD with other CDs from Geoffrey.

TN749 - B



Gregory North - Fully Sick Mate

Produced by Jim Haynes, this 14 track album showcases Greg's many moods and accents in verse and yarns from the serious to the downright ridiculous.

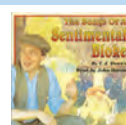
TN611 - \$20.00



Gregory North - Man Of Many Hats

One of Greg's live performances including his amazing rendition of Banjo Paterson's "The Man From Snowy River" in 14 accents. Plus, original rhyming verse, yarns, interviews and out-takes all captured on video. As Greg acts out each poem, he literally 'lives' each character. Over 2 hours and 25 hats worth of fun with a touch of serious poetry as well as performances from special guests Pat Drummond and Frank Daniel.

TN673 - \$25.00



John Derum - More than a Sentimental Bloke

John Derum presents the poetry of C.J.Dennis

TN093-18 \$25.00
Cassette also available TN092-17 - \$25.00



John Dengage - Australian Son Volume 1

Recorded live amongst friends. By any reasonable standard, John Dengage is both an organisational shambles and a living national treasure. A retired

primary school teacher, he finds fulfilment these days as a busker in the busy streets of Sydney and its suburbs. Steeped in the Irish-Australian tradition, and with a deep loathing of pretence and cant, he has for over forty years been writing songs and poems to give vent to his feelings about politics and history. Spurning commercial radio, and commercialism generally, he has made no effort to have his work recognised and appreciated beyond Australia's small but vibrant folk music community. That community, however, loves him deeply and a number of its artists have recorded his work.

TN059-53 - \$25.00
Volume 2 also available TN060-53 - \$25.00



Jan Lewis - A Rural Woman's Reflections

This publication combine all of Jan's poems as published in her first two books, "A Rural Woman and her Mates" and "A Rural Woman Moves On". Jan has been writing since 1977 and enjoys writing her observations of rural living in poems and local news articles. Contains 75 poems. vi, 94pp illus. Soft cover 210mm X 147mm (A5)

TN084-B - \$15.00



Jan Lewis - Beyond the Gate

Model: TN085-15 - \$20.00

See more titles at www.tradandnow.com/shopping

Trad and now
Australia's best traditional and contemporary folk. Music, books, DVDs and more. Home, music, magazines and online shop.

2a Kateena Ave, Tascott NSW 2256 - P.O. Box 532 Woy Woy 2256
Ph: 4325 7369 Fax: 4325 7362 Email: mail@ducksrossing.org

Please send me: I have enclosed a Cheque/PO for \$ _____ payable to Ducks Crossing Publications
 Please charge my Visa/Mastercard

Name: _____
Address: _____
Post Code: _____
Tel: _____
Signature: _____

Expiry / /

www.tradandnow.com



Liesl Tesch (gold) strives to block a Canadian opponent - photo courtesy of Noel Rowsell

Tesch captains Paralympic team

Multiple Paralympian Liesl Tesch of Woy Woy has been named the captain of the Australian Women's Wheelchair Basketball team for the Beijing Paralympics.

The announcement came following the Gliders' successful completion of the Asia Oceania Qualifying Tournament in Sydney where they finished top of the region.

"Liesl was a stand-out choice for this role, having served as a virtual ambassador for the sport on the international circuit for many years and leading the way for women players to break into the professional ranks in Europe," Parramatta Basketball Association media officer Mr Noel Rowsell said.

"Liesl has made trips to war-torn

countries to encourage and help develop wheelchair basketball and is a fitting leader and ambassador in her role as captain of the Australian team."

The 39-year-old is currently ranked number four in the world for women's wheelchair basketball.

Beijing will be Liesl's fifth Paralympic Games, having won silver at both the 2000 Sydney games and at Athens in 2004.

Liesl has a Bachelor of Science and a Diploma in Education and is currently working as a teacher at the Woy Woy campus of Brisbane Water Secondary College.

"This year's games will see the possible emergence of a new power in women's wheelchair basketball, with Germany set to upset the world's number one and two-ranked teams Canada and the USA," Mr Rowsell said.

"Canada has virtually ruled the world in women's wheelchair basketball for the past 10 years but Australia has already defeated the Canadians three times in separate tournaments this year.

"This points to a changing of the guard in world rankings.

"The USA would be currently ranked number one but everyone is looking over their shoulder at this incredibly strong German team.

"Australia, however, will be in the mix and I believe the medal playoffs will be fought between Germany, USA, Canada and Australia."

The Beijing Paralympics will be held from September 7, to September 17.

Press release, 15 July 2008

Noel Rowsell,

Parramatta Basketball Association

Local boy signs with Sydney FC

Umina resident Chris Payne has signed a two-year contract with A-League soccer club Sydney FC and will earn a reported \$76,000 during his two-year deal.

Payne has begun part-time training with Sydney FC while he finishes his commitments to his Higher School Certificate and current NSW Premier League club Manly United.

Payne is a Year 12 student at Narrabeen Sports High School in Sydney and began playing with Manly United at the age of 14.

Following his education and NSW Premier League commitments he will be eligible to play with the A-

League this month.

Last year, Payne received the Luca Neill Scholarship which allowed him to travel to Blackburn and West Ham in the UK.

"This is a great opportunity for me," Payne said.

"I have always wanted to play for Sydney FC and to sign for them is amazing.

"With the start of the Youth League I was hoping to get a contract for the youth team but to get this is great.

"Sydney FC has put faith in me and given me the chance.

"Now it's up to me."

Press release, 21 May 2008
Sydney FC

Surf club appoint new committee

Ocean Beach Surf Club has appointed new committee members at its annual meeting.

Scott Hannell has been appointed president.

Vicki Swain was elected director of administration.

Michelle Stone will be the club's new junior activities coordinator and David Ross will be director of competitions.

Other officers elected were club captain Dean Slattery, functions director Elaine Unger and director of marketing and public relations Mark Arahill.

Brett Hurst will be senior coach for the club, while Mark Arahill and Vicki Swain will share the role of junior coach.

The club has already started board training for the season, held on Sundays at 10.30am for all levels.

"Whether you are a beginner or advanced board trainer, we welcome you to our training sessions," junior coach Mark Arahill said.

For more information please contact Mr Arahill on 0424 711 628.

The annual meeting heard results from the State titles last season.

Ocean Beach finished 11th overall and third of the Central Coast clubs.

The Seniors finished 19th out of 129 clubs.

At the Australian titles held in Perth, the club's Women's R&R team came fifth and a silver medal was won in the Under-15 Female Champion Lifesaver event.

Press release, 1 Aug 2008
Kristene Murphy, Ocean Beach Surf Club

Umina takes bowls shield

Ettalong Memorial Bowling Club hosted the annual Lorna Buckworth Shield last month.

"The Ettalong Grade Five side had a strong lead after round one," said Coast Bowls News publicity officer Mr Bob Penson.

"Ettalong's lead narrowed at the

end of round two, but they still had their nose in front.

"However, Umina's wins against Woy Woy took Umina to the lead."

Final results saw Umina win with 74 points, followed by Ettalong with 57 points, Woy Woy with 52 points and Everglades with 42 points.

Magazine, 31 Jul 2008
Bob Penson, Coast Bowls News

Umina Bait & Tackle

Large Range of BAIT
Excellent Range of TACKLE

CHEAP BAIT

FRESH GREEN WEED

Open 7 Days
From 6am Weekends and 7.30am Weekdays

LESLIE STREET, UMINA (02) 4341 1686

Assistance Dogs AUSTRALIA

Please support Assistance Dogs Australia's dogged approach to enhancing the quality of life for children and adults with disabilities.

Accredited

"My Assistance Dog Noah helps me make new friends."

To make a bequest or a tax-deductible gift: 1800 688 364 or assistance dogs.org.au

Charity bowls day held

More than 120 bowlers attended the Ron Pursehouse Charity Bowls Day at Umina Beach Bowling Club on Thursday, June 26.

The day commemorated the passing of Ron Pursehouse in June last year.

"Ron had been a club stalwart for more than 40 years," said club publicity officer Mr Ian Jarratt.

He had held many positions on the men's bowling committee and had been granted life membership of Club Umina where he had served as a director.

Wal Rainbow, who had known Ron before he came to the club, gave a brief address on Ron's achievements and deeds over the years.

The day was attended by family members, Zone 15 President

Kevin Dring and a number of guest bowlers from other clubs on the Coast.

Bowlers from the Erskineville club with whom Ron had built a strong relationship were also in attendance.

After the address, the family and bowlers formed a guard of honour.

At the conclusion of the ceremony, bowlers played a spider followed by a game of turnaround triples.

Mr Jarrett said the charity day raised more than \$3000 to go towards prostate cancer research.

"We will be making the Ron Pursehouse Charity Bowls Day an annual event on the club's bowling calendar to be held on the last Thursday in June each year."

Publication, 31 Jul 2008
Ian Jarratt, Coast Bowls News

Bowling green is opened



Frank Pengelly OAM the prime instigator behind Everglades' new carpet green provides bowlers with a brief history to its development

Member for Gosford Ms Marie Andrews and Member for Robertson Ms Belinda Neal attended the official opening of Everglades Country Club's new \$200,000 bowling green on June 28.

"The new carpet green will ensure that there are always two Greens available for play 12 months of the year," said Everglades publicity officer Mr Ray Benton.

"Over the last couple of months we have hosted the major tournament for the year, the Frank Kemp Memorial.

"We have hosted the National Championships for the various Australian multi-disability associations.

"We have also hosted a memorial tournament for the late patron, past president and life member Stuart Miles, as well as the annual reciprocal visit from Mt Lewis."

Publication, 31 Jul 2008
Ray Benton, Everglades Country Club

Close game at Woy Woy

Woy Woy Oval hosted round 15 of the Central Coast Rugby Union match between Woy Woy and Northlakes on Saturday, July 19.

It was the closest game of the round, according to Central Coast Rugby Union president Mr Larry Thomson.

He said: "Northlakes scored right on fulltime to win the game by 21 points to 20 over Woy Woy.

"Woy Woy probably deserved to win this game and did everything to do it.

"Woy Woy jumped to a handy lead of 20 points to 7, midway through the second half, and looked home.

"But a break in play through injury and some concerted play by Northlakes saw them score two converted tries in the final minutes to win the game.

"Down 20-14, it was right on the ball that Northlakes dived over under the posts to allow the conversion to get Northlakes out of jail."

Mr Thomson said Woy Woy played its best rugby of the year and would be most disappointed with the loss.

"However, Northlake through the win remain in fifth position and still maintain their outside chance of a semi final spot," Mr Thomson said.

"Best players for Northlakes were prop Matt Lanzini who was tireless all day, second rower Glen Stone who was strong as usual, and winger Wade Dignam who scored yet another try in the match.

"Woy Woy had several excellent players including flanker Dean Burkwood and number eight Danny May who were strong right across the paddock.

"Second rower Dave Plunkett led from the front and was an inspiration for his team mates for the entire 80 minutes."

Following round 15, Woy Woy first grade were placed eighth on the ladder with 16 points.

In second grade, Woy Woy defeated Northlakes 26-8, while third grade were defeated 19-0.

The Woy Woy Under-19s were defeated by Terrigal 19-17.

Due to a general bye, no games were played on July 26.

Press release, 26 Jul 2008
Larry Thomson,
Central Coast Rugby Union

Help Ted Noffs Foundation get addicted children clean

Please donate to support our live-in programs, giving addicted children their lives back.
Buy beds for Ted. Call 1800 151 045 or visit noffs.org.au

tednoffs FOUNDATION

'PUMP' GYM

No Frills/Hassles or Contracts

Take advantage of our low cost rates and save

Weights • Boxing

Circuit Boxing

General Circuit

'PUMPing' ('Rocking') Gym on Monday Nights

Our Gym is for use by people of all ages

Monday to Thursday	9:00am-12noon	3:00pm-8:00pm
Friday	9:00am-12noon	3:00pm-6:00pm
Saturday	9:00am-12noon	

To join PCYC

\$5 for under 18s or \$10 for over 18s
Single Gym Session

\$5 for under 18s or \$7 for over 18s
Weekly Gym Session

\$10 for under 18s or \$15 for over 18s
Monthly Gym Session

\$30 for under 18s or \$50 for over 18s

PENSIONER CONCESSIONS AVAILABLE FOR OVER 65's
You can find out more by speaking to Gym staff, to staff at the front counter or by phoning us on
Ph: 4344 7851 – UMINA PCYC
Osborne Avenue, Umina Beach

Sponsored by **Peninsula News**
Community Access

Ducks Crossing Publications publishes

for more information see
www.DucksCrossing.org

02 4325 7369

COMPARE OUR PRICES

Prices valid Until 17/08/2008



\$7.99^{ea}

CALTRATE TAB 600MG 120#



\$29.95^{ea}

BL MACU-VISION TAB 150#



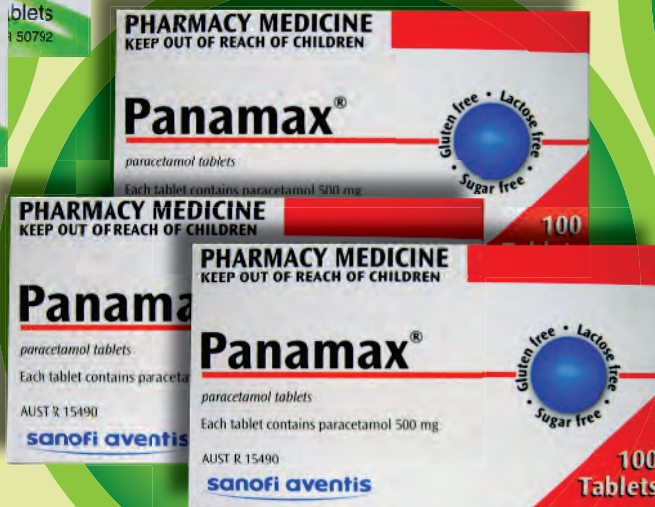
\$8.02^{ea}

BL MAGMIN TAB 500MG 50#



\$17.95^{ea}

DULCOLAX TAB 5MG 200*



\$1.69^{ea}

PANAMAX TAB 500MG 100*



\$7.99^{ea}

CHEM/OWN-PAIN TAB 100*



KUOCHCHEMIST

AS SEEN ON TV!

EXCELLENT PRICES EXCELLENT SERVICE

OPEN 7 Days - Opening Hours

Monday - Friday - 8am - 8pm

Saturday, Sunday and Public Holidays - 9am - 5pm

43 BLACKWALL RD

WOY WOY NSW 2256 (02) 4341 1101

*Always read the label. Use only as directed. If symptoms persist see your healthcare professionals. Incorrect use could be harmful. The pharmacist reserves the right not to supply when contrary to our professional and ethical standard. The pharmacist reserves the right to limit the quantity supplied. #Vitamin supplements may only be of assistance if the dietary vitamin intake is inadequate. While due care has been taken in the preparation of this catalogue, we take no responsibility of any printing errors or omission. We reserve the right to correct any printing errors. Prices valid from 04/08/2008 - 17/08/08. While stock last. No raincheck. - All products are subject to availability from our suppliers. All products are available at the time of printing.