

Calls for State dredging

Gosford Council has called for dredging of the entrance to Brisbane Water to be urgently undertaken by the State Government.

A council report stated that the entrance channel to Brisbane Water "is reported to have narrowed and become shallower as a result of sand movement from the sand shoal off Ettalong Point".

Community members, NSW Maritime and transport operators have provided feedback to Council in relation to the safety and accessibility of the channel, according to the report.

Koolewong Point Clare Tascott Progress Association vice president Mr Garry Slack said the entrance to Brisbane Water posed a major threat to public safety.

"There have been several incidents reported of public ferries and private boats being grounded due to the shallow channel," Mr Slack said.

"The public ferry is an essential part of our transport system on the Central Coast.

"The future of this service is under threat if nothing is done to dredge the channel entrance."

Mr Slack said death or injury is likely if the State Government and Council continued to ignore the problem.

Gosford Council will write to the NSW Government to request

immediate funding for the dredging at the entrance channel.

The Council report stated: "It has been communicated to the Minister for Lands that Council funds are not available to contribute to the proposed dredging.

"The cost implications of an ongoing dredging program are considerable and beyond Council's resources."

The dredging is expected to cost an estimated \$500,000 to complete.

Mayor Cr Jim MacFadyen is expected to seek a meeting with Minister for Lands Mr Tony Kelly to express Council's concerns regarding the entrance channel.

The Council report stated that "while the seabed of Broken Bay is owned by the NSW Government, Council has an interest in maintaining a navigable channel into Brisbane Water.

"The Council will request that the NSW Department of Lands advise of the priority ranking of this project against other proposed dredging activities within New South Wales."

Council staff are expected to prepare a report within the next two months on progress of the negotiations between Council and the Department of Lands.

Council agenda SF.10, 4 Mar 2008

Pay up, Says Marie Andrews
Page 3



A bulldozer has cleared a path to the Ettalong foreshore, opposite the Ettalong Beach Club

Bulldozers move in on beach

Bulldozers have moved in on Ettalong beach for the first stage of works on the Ettalong Beach plan of management.

Gosford Council project officer Mr Dave Medcalf said that since getting the plan approved by the Minister for Lands, council had provided some funding to begin clearing work on the foreshore.

Mr Medcalf said council had cleared vegetation from two proposed viewing deck areas, and had blocked off the toilet at the eastern end of the foreshore three weeks ago.

He said the toilet blocks would be demolished in the near future to allow for a third viewing area.

"The removal of the vegetation has provided some very good viewing areas for the public," Mr Medcalf said.

"Part of the process will include keeping vegetation for the dune area.

"We have fenced off the beach area, between where the beach and the dune area starts.

"In the next few weeks we will construct more fencing to keep the public out."

Mr Medcalf said the viewing decks would be developed over

time.

He also stated that in the near future, council would mulch the sand, which would then be levelled off to control the sand from moving.

He also stated that a silt fence had been provided at the back of the beach.

Mr Medcalf also noted that council had recently submitted a regional partnership grant application, in the hope of securing some more money for the redevelopment.

Lyle Stone, 7 Mar 2008
Interviewee: Dave Medcalf, Gosford Council

Decision delayed

Gosford Council has deferred a decision to pay \$20,000 for a consultant to undertake a comprehensive review of energy use and proposed methods of reduction at the Peninsula Leisure Centre.

The consultant would provide preliminary cost estimates for implementing energy saving

strategies.

Council had previously moved a motion, as a matter of urgency, to obtain a quote for the installation of solar cells at the PLC.

Council officers stated that, in order to understand the best energy reduction strategy for the PLC, it required expert advice.

Council agenda CIT.7, 4 Mar 2008

THIS ISSUE contains 53 articles. Read more at www.PeninsulaNews.asn.au

EVERGLADES
COUNTRY CLUB WOY WOY

21st March
ABBAance
ABBA tribute
show
Tickets \$25

THURSDAYS
Great steak
night
from 5 pm
New Lucky Member
Draw 7.30pm

Cabaret Shows
March 15
Toni Stevens

Gala Day
March 20
Rowena Micheal

Dunban Road, Woy Woy Phone 4341 1866 - Conditions of entry and dress rules apply - COURTESY BUS Thursday to Sunday from 5.15pm

OCEAN BEACH RD

PHYSIOTHERAPY,

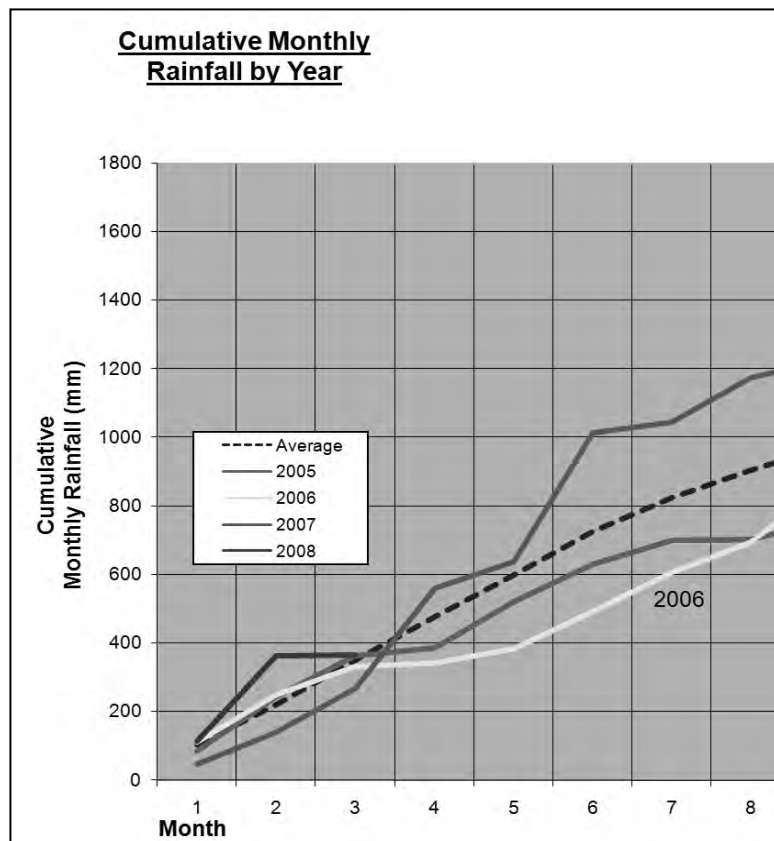
SPORTS INJURIES, SPINAL & REHABILITATION CENTRE

- Back, Neck & Knee Pain • Sports & Work Injuries • Joint & Muscle Pain •
- Exercise Programs • Wheelchair Access • Personalised Pilates • Rehabilitation •
- Massage • Home Visits • Weight Loss • Veterans Affairs • On-site Parking •

ALISTAIR CHOIE B.App.Sc. (Phy) MAPA - **STEVE ROW** B.App.Sc. (Phy) MAPA

433 Ocean Beach Rd, Umina 4342 0999 - 0417 231 066

BEFORE & AFTER HOURS AND WEEKEND APPOINTMENTS AVAILABLE



More than twice monthly rainfall

February finished with over twice the average monthly rainfall on the Peninsula and two-thirds more than the average rainfall for the year to date.

The monthly rainfall of 249.8mm brought the year-to-date total to 364.8mm, according to figures recorded by Mr Jim Morrison of Woy Woy.

This compared to a monthly average for February of 116.9mm and a year-to-date average of 219.7mm.

Last month's rainfall was 2.14 times greater than average and 1.66 times the year-to-date average.

With 17 "rain event" days, with falls greater than one millimetre, February had as many rain event days as any month in the last three years.

The previous month having 17 rain event days was January 2006.

Only 1.5mm had fallen in the first six days of March.

**Spreadsheet, 6 Mar 2008
Jim Morrison, Woy Woy**

Petition on Bay silting

Residents of Horsfield Bay have contacted Gosford Council with concerns about the silt that is entering the bay.

Council received a petition with 46 signatures asking council to set up a proactive committee comprising concerned residents and council's environmental officers and other appropriate staff to actively pursue all alternate methods of preventing silt from entering Horsfield Bay.

Council has referred the issue to its Maintenance Services directorate.

Council agenda P.10, 26 Jan 2008

Peninsula News

Community Access

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association. Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

Association President and Editor: Mark Snell

Commercial operator: Cec Bucello for Ducks Crossing Publications

Journalists: Lyle Stone, Clare Graham

Graphic design: Justin Stanley

Contributors: Ben Deegan, Stuart Bauman

Declaration of interests

Honorary editor: Mark Snell

Owner and managing director, Open Windows Consulting Pty Ltd

Convenor, Burrawang Bushland Reserve Committee

President, Australian Conservation Foundation Central Coast branch

Chairman, Equilibrium Community Ecology Inc

President, Central Coast Bush Dance & Music Association

Vice-president, Brisbane Water Secondary College Umina Campus P&C

Next Edition: Peninsula News 187

Deadline: March 26 Publication date: March 31

Contributions

Letters to the editor and other contributions are welcomed and should be addressed to: Peninsula News PO Box 532, Woy Woy 2256. Contributions should be in Word format sent via email to: mail@peninsulanews.asn.au, on disks or by handwritten letter if these facilities are not available to you. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website.

CONTACT US AT:



Office: 2a Kateena Ave Tascott

Phone: 4325 7369 **Fax:** 4325 7362

Mail: PO Box 532, Woy Woy 2256

E-mail: mail@peninsulanews.asn.au

Website: www.duckscrossing.org

Website: www.peninsulanews.asn.au

Legal responsibility for editing, printing and publishing in Peninsula News is taken by Mark Snell of Woy Woy, for Peninsula Community Access Newspaper Inc.

Ducks Crossing Publications is the commercial operator of Peninsula News

Ducks Crossing Publications also publishes

• **Coast Bowls News** - www.cocdba.org.au - **email:** bowlsnews@duckscrossing.org
• **Trad&Now** - www.tradandnow.com - **email:** info@tradandnow.com

Printed by MPD, Maddox St, Alexandria

Information session

Volunteering Central Coast will hold a free volunteer information session at the Peninsula Community Centre on Monday, March 31.

The session starts at 9.30am and goes to 11am.

"At the session you will find out not only what you can do for the community, but also what volunteering can do for you," said Volunteering Central Coast publicity officer Ms Sharan Page.

"We have a wide variety of volunteer positions, including

working outdoors, cooking, working with animals, office work, working with children, the elderly or people with disabilities."

The Peninsula Community Centre is located on the corner of Ocean Beach Rd and McMasters Rd, Woy Woy.

Bookings for the event are essential.

For more information, telephone 4329 7122.

**Press release, 3 Mar 2008
Sharan Page,
Volunteering Central Coast**

40k limit for Ettalong shops

Gosford Council has endorsed a 40km/h speed zone for Ettalong Beach as the basis for future designs.

Council officers will also prepare draft threshold treatments on the basis of Roads and Traffic Authority (RTA) guidelines.

The proposed 40km/h speed zone would be for an area along Ocean View Rd and Picnic Parade.

Council had asked for funding from the RTA for the installation of

a 40km/h High Pedestrian Activity area in the Ettalong Beach CBD.

The RTA has now asked council to submit a draft plan showing the extent of the proposed 40km/h area.

A draft plan showing the proposed extent of the 40km/h area was tabled at a traffic committee meeting.

The RTA advised it would fund the street treatment associated with the implementation.

**Council agenda TR.08.009,
4 Mar 2008**

Emergency Numbers

Police, Fire, Ambulance	000
Gosford Hospital	4320 2111
Woy Woy Hospital	4344 8444
Police Assistance Line	131 444
Woy Woy Police Station	4379 7399
Crime Stoppers	1800 333 000
RFS Fire Control Centre	4340 2911
SES	132 500
Gosford City Council	4325 8222
City Rail	131 500
Energy Australia	13 13 88
Poisons Information	131 126
Lifeline	13 11 14

Subscribe!

and enjoy the convenience of having **Peninsula News** mailed to your home

YES ! Please send:

- 12 fortnightly issues for \$20
OR
 26 fortnightly issues for \$40

A subscription to Peninsula News now entitles subscribers to membership of Peninsula Community Access Newspaper Inc., an incorporated, not for profit, association. Please tick if you would like to accept membership

OR

- Please find enclosed \$5 for membership to the Peninsula Community Access Newspaper Inc

Name _____

Address _____

Please send a cheque, money order or credit card details with your order to:

**Ducks Crossing
Publications
PO Box 532,
Woy Woy 2256**

'Pay up,' says Andrews

Member for Gosford Ms Marie Andrews has called on Gosford Council to match the NSW Government funding offer and work together to start dredging Brisbane Water.

Ms Andrews said that she had been advised by the Minister for Lands Mr Tony Kelly that he had written to council in July, offering funding for initial dredging at Brisbane Water, on the basis that council provides matching funding.

"Over six months later and still no response," Ms Andrews said.

"The NSW Government works with local coastal councils on dredging on a cooperative funding basis - Gosford Council should be no different.

"The project would be undertaken through the NSW Government's

Waterways Program that is administered by the Department of Lands.

"I am advised the Department of Lands is ready to go - all they need from council is some cooperation and then it's full steam ahead.

"The Department of Lands has invited councillors to inspect Brisbane Water in the general area of Lobster Beach next Monday and see for themselves the critical need for dredging.

"I understand that the issue will be considered by the council at its meeting on Tuesday, March 4.

"The time for talk is over - it's now time for council to get a move on and work with the Government in getting this urgent dredging underway."

**Press release, 29 Feb 2008
Marie Andrews, Member for Gosford**

Carparks excluded from NRMA survey

The NRMA has excluded the Woy Woy commuter carparks from its survey of rail parking facilities, because they were poorly sign-posted.

It has counted only 30 spaces for the 2830 commuters from Woy Woy station.

By comparison, it counted 1050 spaces for 3540 commuters at Gosford and 380 spaces for 940 commuters at Wyong.

The motoring organisation used the figures to claim a "critical shortage" of "park and ride facilities" on the Central Coast.

Fewer Central Coast motorists would have to "endure the daily traffic grind" if they had access to "park and ride facilities", NRMA Director Mr Kyle Loades said.

Mr Loades said the NRMA had audited "park and ride facilities" in NSW, and surveyed 600 motorists about their transport habits.

NRMA media officer Mr Peter Khoury said that only the parking bay on the southern side of the Woy Woy station had been included in the report.

Mr Khoury said that even though the multi-level commuter car park existed nearby, it was not obvious from the street that it existed.

He said that as there were "no signs on the ground floor" to inform motorists that it was free all-day commuter parking, or those signs were hidden, the car park was not included in the report.

Mr Khoury also said motorists would have to go to the third or fourth level to discover that the area was an all-day commuter car park.

The report showed that 43 per cent of those surveyed said they would use "park and ride facilities" rather than drive to work if more facilities were available in secure areas.

Only 18 per cent currently travel to work by public transport and 37 per cent of those drive and park at the train station.

The report found a lack of safe parking facilities as the main reason why more people don't drive to the station and catch the train to work.



The Woy Woy Commuter Carpark and (insert) the Multi-level Commuter Car Park at Woy Woy

"More could be done to alleviate congestion on Central Coast roads and the freeway if there were more park and ride facilities available in the region," Mr Loades said.

"Central Coast motorists would rather the convenience of using public transport but often the time it takes to get from their home to the train station and the lack of

parking makes the train ride less attractive.

"We need more parking spaces built at local train stations that have adequate lighting and security - that is a great way to entice motorists away from the roads and onto trains," Mr Loades said.

**Press release, 25 Feb 2008
Kimberley Rigby, NRMA**

Research grant

Minister for the Central Coast Mr John Della Bosca has announced a \$185,000 grant for a balanced approach towards the control of mosquitoes.

"This \$185,000 grant to the Australian Catholic University for research is urgently needed to allow NSW estuary managers to seek a balance between controlling nuisance mozzies and conserving important wildlife habitats," he said.

"Mosquitoes have always been an issue in some parts of the Coast, but as our population increases and health issues to do

with mosquitoes come to light, it becomes increasingly important for us to understand where mosquitoes fit into the ecological communities in which they live," Mr Della Bosca said.

"Central Coast salt marshes are an Endangered Ecological Community under the Threatened Species Conservation Act, and while eliminating mosquitoes from the marshes altogether might seem like an appealing idea, scientists are still unsure of the impact that would have on birds, reptiles and rare bat species."

**Press release, 7 Mar 2008
John Della Bosca,
Minister for the Central Coast**

Del's Let's do Lunch
Breakfast Specialists
'DEL'icious Lunches

Restaurant Quality
7 Days - 7:30 am



The Rocks Arcade - 4341 1434
7A/216 Memorial Ave, Ettalong Beach

HOT! HOT! HOT!

Multi Award Winning
Bremen Patisserie
Home of the AWARD WINNING PIES AND PASTIES





Gourmet Hot X Bun Super Sale
\$0.80 each (save \$0.20)
\$4.40 for six (save \$1.60)
\$8.00 for one dozen (save \$4.00)

Present this advertisement and receive for any six pack you buy, 1 Gourmet Hot X Bun absolutely free

Place your Easter Hot X Bun Order with us and pay a deposit before the 15th of March 08 and receive 2 DOZEN Hot X Buns for only \$14.00 (Save \$10)

You know the quality at Bremen's Patisserie where only the best will do
Ron, Helga and Staff at Bremen's Patisserie wishing you a wonderful Easter Time

Bremen Patisserie

Home of the AWARD WINNING Pies, Cakes and Pastries
302 West St Umina ~ Ph: 4341 4177 ~ www.bremenpies.net.au

*Conditions apply

GRAWILL A1 USED CARS

Call Ray, your local man from the Peninsula for the best car deal.



- Best trade-in prices
- No deposit on finance T.A.P.
- We will come to you
- All Peninsula residents receive a full tank of fuel on delivery



Car of the Month!

2000 VT Commodore
Auto, Power Steer, Air Con
3 year warranty

was **\$11,990**
now **\$9,990**
AR - 84 - TJ

DL 233



2002 Daihatsu Terios
Manual, Air Con, Power Steer, CD
Alloys, Side Step
\$8,990
AO - 80 - KY

2002 AU III Wagon

Auto, Air Con, Power Steer
6 Seater
\$13,990
ZEK - 202

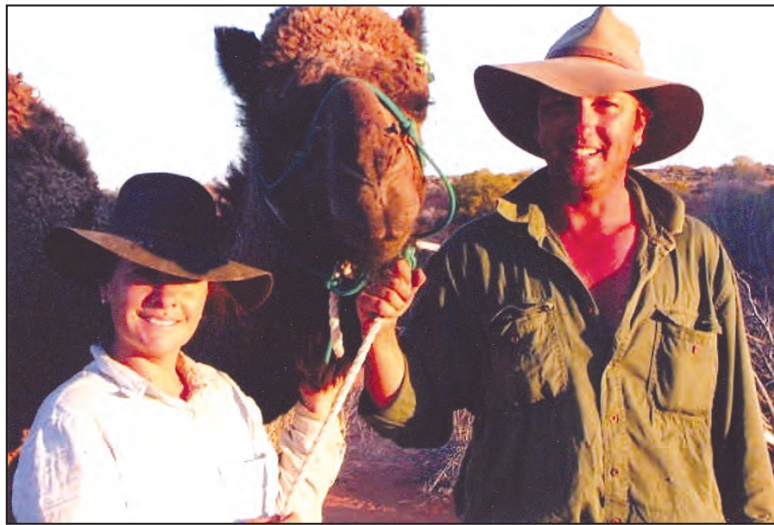


2000 Toyota Rav 4
Auto, Air Con, Power Steer
Now **\$12,990**
ADP - 16M

ELGAS Refills Available

296 Manns Road, WEST GOSFORD Ph: 4321 1300

Camel trek for charity



Former Empire Bay resident Ms Roslyn Consoli is preparing to embark on a 6000km camel trek on March 23, to raise money for charity.

Ms Consoli and her partner Mr Russell Osborne will begin their journey from Darwin to Melbourne with their seven camels, to raise funds and awareness for Moira Kelly's Children First Foundation.

The Melbourne-based charity provides life changing medical treatment and support for some of the most disadvantaged children in the world.

Ms Consoli's parents, Jan and Santo Consoli, with the help of the Empire Bay Progress Association, will be holding a number of fundraisers over the next 18 months to support their daughter's charity work.

The "camel expedition" will take about 18 months to complete.

The couple will leave on Easter Sunday from Darwin and will travel through the Western Australian, Northern Territory and South Australian deserts, and on to country Victoria before arriving in the city of Melbourne.

The expedition will end at the Children First Foundation residence in Kilmore, Victoria, for the children in residence to meet the camels.

The expedition hopes to raise \$100,000 for the Children First Foundation.

Press release, 6 Mar 2008
Jan and Santo Consoli

Council funds Ettalong marketing plan

Gosford Council has allocated \$3000 to the Ettalong Beach Business Group to undertake a marketing plan to assist with revitalising the town centre.

The group is a new non-profit association looking to promote and co-ordinate business activity in the Ettalong Beach commercial district.

According to a council staff report, the funding will be used to prepare a town marketing plan aimed at improving commerce in Ettalong Beach.

The council report stated: "Business operators and property owners in the Ettalong Beach commercial centre have been discussing the need to revitalise the centre and considering ways to co-ordinate a range of activities that will contribute to this."

"The marketing plan will aim to make Ettalong Beach a more attractive place to visit and shop for local residents, day trippers and for tourists."

"The group has good support from the local business community, as evidenced by attendance and discussion at several meetings it has organised."

The council also acknowledged in its report, research conducted by the University of Newcastle after

completion of the Mantra Resort at Ettalong Beach which sought to measure the impact of the new resort on the local business community.

The council report stated: "The research conducted by the University of Newcastle found that while many local businesses had benefited from the resort's establishment, significant pockets of businesses had seen no benefit at all."

"This is an appropriate project to be funded because it will directly contribute to business and tourist development in Ettalong Beach."

Peninsula Chamber of Commerce President Mr Matthew Wales said it welcomed anybody who wanted to improve business on the Peninsula.

"We think the establishment of the business group is a positive thing for the Peninsula and we do not have any problem with anybody wanting to benefit the local community," Mr Wales said.

"It can only be beneficial for the community to have more people working on improving business on the Peninsula."

Financial support was made available to the group within the council's special project allocation of tourism/business development special rate funds.

Council provided just under 40 per cent of the total cost of the marketing plan.

Council's allocation of funding is subject to the remaining \$4623 required for the marketing plan being secured through the local business community and through the Department of State and Regional Development.

The council report stated: "The proposed marketing plan will deliver a set of practical actions that will improve the commercial operation of Ettalong Beach."

Council agenda, ENV.18, 4 Mar 2008

mooney mooney

River Markets

an experience you'll take home

LAST SUNDAY OF EVERY MONTH 9AM - 2PM

Starts March 30 At Mooney Mooney Club

Enquiries:
cheryljohnstone@aapt.net.au
or 0425 323 239

5 KOWAN ROAD,
MOONEY MOONEY NSW 2083
(02) 9985 9244
www.mooneymooneyclub.com.au

Mooney Mooney Club ON THE HAWKESBURY

Visit Umina's Finest for a wide selection of special Darrell Lea Chocolates this Easter

easter 08 gift ideas

Cnr South and West Street
(New entry from South Street)
Umina Beach - Open 7 days
Monday to Friday - 8am to 6pm
Saturday & Sunday - 8am to 4 pm

Gold Lic: 22994C
David

24hr
Emergency &
Aged Pensioner
Discounts

PRIDE PLUMBING

- All Plumbing & Drainage
- Hot Water Repairs & Replacements
 - Gas Fitting & LPG
- Bathroom & Kitchen Renovations
- Blocked Drains/Electric Eel Service
 - Guttering & Downpipes
 - Water Tank Specialist
 - Backflow & TMV Specialist

0409 180 596

Stabilising works to cost \$2.5M

Stabilising work on Pearl Beach Dr may cost up to \$2.5 million dollars, according to two options presented to Gosford Council by Shirley Consultancy Engineers.

Council had asked that a concept design of the necessary risk reduction and remedial works be prepared, and the cost of the works be determined.

Council officers have reported that two alternative concept designs had been prepared which included the realignment of much of the road to provide a rockfall drop zone, upgrade of road stormwater drainage, stabilisation of fill material below the pavement, retaining wall and batter construction, excavation to improve sight distance, pavement widening, loose rock scaling, rock bolting, shotcreting and other associated works.

The report stated that "either concept has been estimated by the



Rock slipage on Pearl Beach Dr. Photo by Edward James

consultant to cost in the order of \$2.5 million."

A third, more detailed concept option was also currently being prepared.

The report stated: "This is an amalgamation and refinement of Options A and B where features of both are being applied at various locations along Pearl Beach Dr.

"The preferred option is to be verified by an experienced geotechnical engineer."

It stated that there was currently a grant offer of up to \$150,000 from

the Natural Disaster Mitigation Program (NPMP) to carry out initial slope stability risk reduction treatments at Pearl Beach Dr, which was equally funded by Federal and State government and was conditional on council providing a further contribution up to \$75,000.

Officers stated that the preferred concept design would need to be completed and adopted prior to development of specifications for the NPMP treatment works.

"This will avoid a scenario where parts of the slope are stabilised, only to be removed where a different treatment is developed in the final design."

Works anticipated to be carried out using the initial \$225,000 available through the NDMP would include scaling and removal of loose and potentially unstable rock and soil material on the slope above the roadway, installation of rock-bolts and rock dowels into suitable rockfall hazards, installation of rockfall mesh where required, application of sprayed concrete to suitable hazards, and if ponding of stormwater and seepage remains, carry out the highest priority

drainage improvement works and/or repairs.

Council stated that it was also proposed to fund the design plans for the stabilisation work through the NDMP, including the associated geotechnical evaluation and assessment of priority, during the first half of this year.

"Assuming tenders are called immediately thereafter it is anticipated that the works can be completed by late 2008," officers stated.

"The above activity is intended to be the first of a number of stages to reduce risk to an acceptable level.

"Future stages would be prioritised as funding is made available to progressively address the greatest inherent risks.

"The ultimate result would be a completely reconstructed, road free on intolerable slope stability risk."

Council has resolved to source its \$75,000 share of funding for the Natural Disasters Mitigation Program from a future capital works Program Budget Review.

Council agenda SF.11, 4 Mar 2008

Longer liquor trading sought

Woolworths has lodged an application with the NSW Office of Liquor, Gaming and Racing for a variation of trading hours for its Woy Woy liquor store.

The supermarket chain is seeking to commence its Sunday trading from 8am.

The supermarket is currently open from 8am and the liquor store from 10am on Sundays.

The application is listed for hearing on March 31 at the Licensing Court, Sydney.

The application is being made by business manager Mr Anthony Charles Leybourne Smith on behalf of Woolworths Ltd.

Woolworths has not explained the reason behind its planned extension of Sunday trading.

Press release, 22 Feb 2008

Back Schwartz
Vaughan Solicitors and Attorneys

The intersection of Booker Bay Rd and Bogan Rd, Booker Bay, will soon have signs and road markings renewed and curve warning signs and chevrons provided.

The intersection has also been listed for upgrading in a future capital works program, following a Gosford council resolution.

The upgrade would include resealing and reconstruction of the median island.

The request for the upgrade came from the NSW Police Force on behalf of a local resident.

Intersection upgrade planned

The NSW Police Force was approached by a local resident with a signed petition of 25 residents around the Booker Bay Rd and Bogan Rd area in Booker Bay.

The stretch of road in question was inspected by police who advised that the median on Booker Bay Rd would benefit from being raised and made more visible by paint and raised pavement markers.

The police said the raised pavement markers would also be useful if installed along the centre-lines in Booker Bay Rd.

A report from Council's traffic

committee stated that there was some potential for chevrons on the south-western and south-eastern kerbs of Booker Bay Rd on either side of the Bogan Rd intersection and edge lines between Karu Ave and Guyra Sts would be beneficial in highlighting curves.

It also stated that, in order to deter drivers from cutting the corner when entering Davis St, a five-metre long concrete median at the intersection of Booker Bay Rd and Davis St would be recommended.

Council agenda TR.08.016,
4 Mar 2008

Cable replacement causes Bays' closure

The replacement of major spans of overhead cable across Woy Woy Bay and Phegan's Bay will require parts of the bays to be temporarily closed, according to Energy Australia.

The replacement is part of the final phase of a \$7 million upgrade to the electricity network supply on the Peninsula which began on March 3.

The work would not require an interruption to electricity supply on the Peninsula, according to a statement issued by Energy Australia.

"However, residents and boat owners in these areas are advised that some delays to water traffic are likely while cable is being replaced and that exclusion zones will be in place for public safety," the statement said.

"Water traffic controllers will supervise the movement of watercraft.

"Energy Australia apologises for any inconvenience and thanks the community for its understanding."

The upgrade will continue until March 28 between the hours of 7am and 5pm Monday to Friday.

Press release, 6 Mar 2008
Energy Australia

Strata Lounges Re-Upholstery

Specialising in the recover of Lounges, Dining Chairs, Antiques, Cushions, Foam Supply, Fabric Protection. Motor Trimming, Marine Trimming, Car Roof Linings etc. Fully Qualified Tradesmen
A huge range of quality fabrics available.
Free pickup and delivery
Free quotes

Visit our Showroom at 52 Memorial Avenue, Blackwall. (Under the Mountain)
Ph: 43428188

www.stratalounges.com.au
email: stratalounges@bigpond.com.au



Patonga Beach Easter Fete



Saturday 22nd March - 10am

At the Patonga Progress Hall - Cnr Brisk & Bay St, Patonga

We will be spinning the Chocolate Wheel with heaps of Easter Eggs to be won. There will be a Sausage Sizzle and Morning Tea on sale. Stalls include Homemade Cakes, Crafts, Jewellery & Gifts, Plants, Books, Bric a Brac, and much more. Come along and have a great family day out at beautiful Patonga!

Enq: 4379 1444

Sponsored by

Peninsula News
Community Access

Look at realistic ferry options

Gosford Council's recent resolution to release Fast Ships Ltd from its obligation to provide and operate a fast ferry service to the Sydney CBD has a major upside - it now allows council to look afresh at realistic options for a ferry service to Sydney.

Peninsula Residents Association Inc (PRAI) believe that a tourist ferry service to the Central Coast is financially more feasible than a commuter ferry, which we believe would require either fares far exceeding rail fares or a large public subsidy.

We believe the options for a

Forum

tourist service are much more attractive as an independent operator would not require new capital outlays for vessels or infrastructure and there would be no need for any long leases over community foreshore land.

We are aware independent vessel operators have expressed an interest in such an operation utilising Ferry Rd wharf.

Such a tourist ferry operation would require the current wharf be updated, which would enable full community access to the Ettalong foreshore - a win-win situation.

An updated Ferry Rd wharf would also provide an emergency option for F3/Rail disasters-allowing commuters to access the Central Coast from either Sydney or Palm Beach.

We look forward to Council looking at the opportunity to provide an alternative transport link to Sydney when this matter is revisited in the next six months.

We believe subsidies, long-term leases over community foreshore land and unrealistic commuter expectations should be avoided when this matter is reviewed.

Sheelagh Noonan
Umina Beach

More forum on page 9

Shopkeepers should sweep own pavement

Matthew Wales says that the local Chamber of Commerce wants Gosford Council to spend more on street cleaning and security in the local business areas.

My grandfather was a shopkeeper.

His first task at 6am was to sweep the pavement outside of his shop.

He did this along with all his fellow business men in the street.

They all undertook this morning hygiene ritual out of respect for their own and their neighbour's health, together with local community pride.

They probably believed in the saying "If you want a job doing properly, do it yourself".

They also inculcated in their children a similar civic pride and respect for their fellow citizen's property so that only an unarmed local policeman and local newspaper "naming and shaming" the guilty in the magistrate's court was needed for security.

"Has today's local society been improved by either rapine-like business morals and behaviour

Forum

Letters to the editor should be sent to:
Peninsula News
PO Box 532,
Woy Woy 2256
or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

and/or religions that absolve the confessing perpetrators of their crimes?"

Equally, turning the other cheek without sanction merely encourages repetition.

Can the local ratepayers afford to give more subsidy to local business when the water supply is polluted and restricted, major roads are hazardous with falling rocks, potholes and collapsing culverts, council shows un-Australianism by investing overseas rather than in the local community, et cetera?

Richard J. Newby
Woy Woy

Don't be deterred

I refer to your front page article entitled "Walk becomes 13-hour ordeal" (Peninsula News, February 11) and hope that this article will not deter anyone who may be thinking of adding bushwalking to their agenda.

I have been leading this particular walk for over six years on behalf of both The Bush Club and the National Parks Association and disagree with Mr. Emery's description of this track as "dangerous" and "non-traversable".

Actually, it's quite an easy walk if one knows where one is going. It is not a fire trail.

Forum

It's a beautiful small track, footpads in parts, but not difficult for experienced leaders.

Your report highlights two important rules.

1. Never take a group into an area that you have not pre-walked and are absolutely confident that you know the way.

2. Never start a walk at 2pm unless you know exactly how long it should take, or unless you intend to stay overnight and are properly equipped to do so.

This particular walk takes 5.5 to 6 hours, with drink and food breaks,

with experienced bushwalkers, so Mr Emery's late start was doomed to failure.

Mr Emery criticises the National Parks and Wildlife Service for not maintaining this track, but very little of it is in NPWS territory.

Most of it is in Department of Sports and Recreation territory and one needs permission to walk there.

My advice to anyone thinking of bushwalking is to join a well-established bushwalking club that has experienced leaders who won't lead people into unsafe situations.

Bill Macks
Booker Bay

Policing wanted 24/7

I am tired of the constant discussion by successive elected representatives about the lack of the police.

Politicians chattering with about it has become an annoying waste of time.

We want the proper policing 24/7.

We pay for and we want it now!
Edward James
Umina



Burnt out car at Umina Beach.
Photos by Ed James

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:

www.peninsulanews.asn.au

Thought needed on school siting

FORUM

Not much thought has gone into the building of a new school at Kariong.

It's going to present traffic chaos.

Forum

It will be dangerous for children crossing the road.

It will be in the vicinity of the Juvenile Justice Centre.

Why couldn't the school be built on the rugby union ground at Kariong?

Rugby union could move to Mt Penang as there are two football grounds available plus a good club room.

Or the school could be built in vicinity of the Australian Rules ground.

Closing of gardens which brings tourist money to the Coast is a silly idea.

William Best
Woy Woy

Tiling Plus

To suit your taste, lifestyle and budget.

Wall & floor tiling plus landscaping, painting, household repairs & property maintenance

SPRING SPECIAL!!!

Free Grout with any tiling job*



Competitive rates - Pensioner discounts

0439 589 426

*Conditions Apply

Advertise in Peninsula News

Community Access

Reach over 30,000 people every fortnight

Freely available throughout the Peninsula

Published by Ducks Crossing Publications
The Peninsula's own Community Newspaper

Phone: 4325 7369
www.peninsulanews.asn.au

This Size Starts from only \$50 a week!

Signs moved for laneway

Gosford Council has resolved to relocate No Stopping signs on the west side of Alexander Lane, Umina Beach, to the south side of properties numbered 322 to 326.

The existing No Parking sign outside the Umina Beach Newsagency at No 310 West St would also be moved one metre further west, away from Alexander Lane.

A resident, whose main entrance was on Alexander Lane, made the request for a change in signage.

The resident stated that, due to delivery vehicles parking in this lane, access to the property was sometimes blocked.

The resident asked that the current No Stopping sign on the west side of the lane be relocated to the south side of the property.

The resident asked that the No Stopping signs be placed on the eastern side for the same extent as the western side, as Alexander Lane carried two-way traffic and was a narrow lane.

The resident asked that the sign be moved west along West St as vehicles often only partially park their vehicle within the parking zone and obstruct exit from Alexander Lane.

The resident stated that some vehicles reversing out of that parking spot reverse across the entry of Alexander Lane causing potentially dangerous situations.

The council decided to consult with the Peninsula Chamber of Commerce before proceeding with the changes.

Council agenda TR.08.010, 4 Mar 2008

Library hours change

Gosford Council has resolved to enforce new library hours from May 5.

The new hours will include changes to the opening and closing time of both the Umina and Woy Woy Library.

Woy Woy and Umina will now open at 9.30am during weekdays, with Woy Woy closing at 5pm and Umina at 5.30pm.

Woy Woy will also stay open until 5.30pm on Mondays, Tuesdays, Wednesdays and Fridays.

Woy Woy will close at 8pm on Thursdays.

Woy Woy and Umina will be open from 9.30am on Saturdays, with Umina closing at 4pm and Woy Woy at 2pm.

Woy Woy will also open from 12 noon to 4pm on Sundays.

A review was conducted by library management on the usage of facilities during the current library hours.

The Council was told that the new hours would allow the library

to "provide a better service during its core hours, improve staffing and be more cost effective".

The proposed hours of closure were less than half of one per cent of the total number of loans, according to the review.

Council also resolved to request further funding from the State Government in next year's budget for library allocations in NSW.

Council agenda SF.26, 26 Feb 2008

Kate Carragher, Gosford Council

Request referred to RTA

Gosford Council has referred a request to lower the speed limit in Kingsley Ave, Woy Woy, to the Roads and Traffic Authority (RTA).

However, it has told the RTA that it does not want the speed limit changed.

Gosford mayor Cr Jim Macfadyen asked council to reduce the speed limit, following a request from a number of residents of the street.

Cr Macfadyen said that motorists frequently sped in the street and used it as a short cut to Ocean Beach Rd.

Council's traffic committee reported that the current 50km/h speed limit was appropriate for the location as it was not an area of high pedestrian activity.

Council has also resolved that its community road safety officer conduct courtesy speed checks on Kingsley Ave, Woy Woy, to raise public awareness of the current speed limit.

The street will also be listed for NSW Police Force attention to speeding.

Council agenda TR.08.011, 4 Mar 2008

The Patonga Progress Association will hold its annual Easter Fete on Easter Saturday, March 22, from 10am.

The fete will be held at the Progress Hall on the corner of Bay and Brisk St, Patonga.

"The Easter Fete is a much-loved Patonga tradition that has been held every Easter for as far back as Patongans can remember," association secretary Ms Judy Singer said.

This year the fete will feature arts, crafts and jewellery stalls from local Central Coast artisans.

Homemade cakes, preserves, plants, books, bric-a-brac and gifts will also be on sale.

Sausage sandwiches and tea and coffee will also be available.

Ms Singer said artists Jocelyn Maughan and Robin Norling from the Patonga Bakehouse Gallery would paint portraits for a \$5 donation.

"We will be spinning the chocolate wheel for a chance

to win scrumptious Easter egg prizes," Ms Singer said.

A children's colouring competition would also be held with an Easter egg prize.

"Money raised this year will go towards improvements to our Progress Hall which has been the focal point for Patonga community events for over 50 years."

For more information, telephone Ms Singer on 4379 1717.

Press release, 3 Mar 2008
Judy Singer, Patonga Beach Progress Association



106% Mortgages
DEFAULTS CONSIDERED

- Residential
- Rural
- Commercial
- Construction
- Seniors Loans

1300 799 063
www.maxfinancial.com.au
Call us we are local and have the experience to help you

Peninsular Office Supplies

4342 2150 or email: info@penoff.biz
Shop 8, 327 West St. Umina opposite Berith St.

YES

We will match or beat any advertised price on ink and toner cartridges. New originals or compatibles. Bring in your old cartridges and put them in the Calidad re-use bin (not recycled). Ask us why



WOY WOY COMMUNITY AGED CARE

Woy Woy Community Aged Care has always received strong support from community groups and volunteers interested in the care and well being of the aged in our community. It's this community spirit that help make us so highly regarded.

A Not for Profit organisation, owned by the Community, providing Nursing Home & Hostel Accommodation for the Frail and Aged

- Permanent Accommodation
- Respite Care
- Secure Dementia Units
- Comprehensive Activities Program
- Meals prepared on site

Resident Services include:

- "Pets as Therapy" - bring a dimension of care, nurturing and happiness to our residents
- Aromatherapy aids the treatment of illness with aromatic plant essential oils.
- Physiotherapists and Physiotherapy aids on site offer a range of treatments incl. massage, exercise programs and mobilization aids.
- Music Therapy is a therapeutic activity enjoyed on a weekly basis.
- Hairdressing, Podiatry, Religious Services, Library, Video Library and Pharmacy available.

Phone (02) 4344 2599 for enquiries



Aquarium Treasures

RELAX WITH FISH

We can come to you!

Spectacular marine, tropical aquariums and ponds. Everything you need for fish and reptile keeping, - packages, finance, professional advice, VIP club, home delivery, installations and servicing for home or office. Start a new hobby today!

Open 7 Days
4323 3344
Brisbane Water Drive, Point Clare (opposite the train station)

Clarke's // Amcal Pharmacy

AMCAL
Self Tanning Range

From **\$5.95**

AMCAL
Sorbolene Cream 100g Jar

2 for \$4.00

AMCAL
Vitamin E Moisturising Cream 250g Jar

2 for \$5.00

AMCAL
Sorbolene Cream 500g Jar

2 for \$6.00

AMCAL
Body Language Soap 100g 5 Pack

Any 2 for **\$5.00**

SURGI
PACK Mouthguard Junior or Senior

\$5.49 each

EGO
Ego QV Skin Lotion or Wash 1 Litre

\$16.99 each

Amcal's Autumn Savings

"Amcal's great prices help me look after the whole family"

AMCAL
Body Language Handwash 500mL Pump

Any 2 for **\$6.00**

CALTRATE
600mg 120 Tablets*

\$7.99 each

AMCAL
Cod Liver Oil 275mg Mega Value Pack 200 Capsules*

\$6.99 each

AMCAL
Fish Oil - Natural 1000 Mega Value Pack 200 Capsules*

\$9.99 each

AMCAL
Vitamin C 500mg Mega Value Pack 500 Tablets*

\$16.49 each

PUREX
Facial Tissue White 200 Sheets

\$1.49 each

PALMOLIVE
Gold Soap 4 Pack

\$1.99

MORNING FRESH
Dishwashing Liquid 450mL

\$2.99 each

DUO
2 in 1 Laundry Powder Concentrate 1kg Aromatics

\$1.99

Shop 4, Peninsula Plaza Trading Hours
Woy Woy
Ph 4342 2256
 Monday to Friday - 8.30am - 6.30pm
 Saturday - 8.30am to 4.00pm
 Sunday 9am - 3.00pm

Explanations needed

More and more we read about serious problems with our system of governance: e.g. federation, the dominant two-party system, proposed power privatisation and lack of democratic representation.

The corruption and sex scandals involving NSW politicians and senior local government administrators, the debilitating fragmentation of governance in our major cities, the hospital dramas, the slow responses to climate change issues are clear symptoms of system failure.

These system debacles need

Forum

not continue, eg why not move to a proportional representation system which delivers a diverse, representative and multi-party system?

This allows a government to change without an election.

It does away with the grotesque adversarial parliamentary nonsense of the two-party system.

There is an urgent need to launch focussed free internet education to provide a basic understanding of alternatives and how these can be achieved.

A special website to educate

the public in an unbiased, non-party political way, funded by an independent organization, may rapidly overcome the public's lack of reliable information.

The room for improvement in Australia's political system is truly immense, but just describing how it works is not enough.

We need explanations for alternatives.

This is unlikely to be initiated by either of the major parties and I invite foundations and philanthropists to come forward to organize this.

Klaas Woldring
Pearl Beach

Aborigines lived sustainably

Forum

At last we have made the apology, so perhaps now we could take a leaf out of the Aborigines' book and pay more respect to our planet.

It does after all support all living things and that includes us.

Continuing growth seems to be our constant catch cry but if we stop to think about it, it is unsustainable.

How will we support ourselves when all the minerals are gone and all the land is covered with concrete?

When children in the future ask for their birthright will they be satisfied with a piece of that concrete?

Where will the rain go when it falls on hard surfaces?

It certainly won't be able to refill the aquifer or sustain the plant and animal life.

It will probably flood our cities

and then drain out to sea.

Without water and with no land left to grow our food, what will sustain us?

Will we be satisfied with a pill?

The signs are all around us that the planet is stressed.

This surely is largely due to one species, which is in plague proportions and which thinks it can grow exponentially.

Until the coming of the white man to this continent, the aborigines lived in a sustainable way ensuring that no other species became extinct.

We would not be willing to become hunters and gatherers but perhaps we should stop consuming and do a little thinking instead and consider just what impact our behaviour is having on this planet.

Margaret Lund
Woy Woy

Nowhere are the roads as bad

I would just like to express my feelings about the roads in the Woy Woy, Umina and Ettalong area here on the Peninsula.

I have lived here for 42 years and never have I seen such a lack of public works done on the roads in this area.

Even the roads in Fiji are of better quality than here.

The potholes and patchwork on some of the roads are only the tip of the iceberg: Gallipoli Ave, Trafalgar Ave, Paton St, Billabong, Dunmore, Moana, and nearly all off streets on Ocean Beach Rd, just to name a few.

I've been to many states in Australia.

I've been to many countries outside of Australia and nowhere are the roads as bad as here.

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 532,
Woy Woy 2256

or
mail@PeninsulaNews.asn.au
See Page 2 for
contribution conditions

Sure there are areas in Australia that one or two roads, but it is getting to a point on the Peninsula now that it is every road.

You can't blame this on the rain because it has been like this for many years.

My street is a three-tonne max road, yet council continues to drive trucks up and down everyday of the week.

I have complained so many times its not funny.

The buses use this road as well even though this is not a bus route.

I am sorry to say that there is truly no excuse for the roads.

We are not going to get kerb and guttering, I know, but at least we could have roads that are still OK to walk on.

Quiet frankly, I would like to see Frank Sartor take control of the Section 94 funding

At least he might spend it on our roads which is more than the council does.

K Stirling
Umina

WIRES needs volunteers

I am a volunteer with the animal rescue group WIRES and would like to let the community know that we are in desperate need of rescuers and carers all around the Peninsula.

Although our branch covers the whole of the Central Coast, the majority of our members live outside the Peninsula area, which means our local native animals suffer

It sometimes takes a while for one of our volunteers to get to Peninsula animals as they are

Forum

usually driving from out of the area.

Our beautiful animals are part of what makes this region so wonderful and should suffer as little as possible.

To that end, I'd like to ask that community members who work and/or live in our area consider joining WIRES and helping with this worthy cause.

We have a training course coming up in early April for new members - enquiries to jenjen8@

bigpond.com or 1300 094 737.

Dawn Springett
Woy Woy

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:

www.peninsulanews.asn.au



SEAMLESS FLOOR COVERING

The alternative for all surfaces, no other product can match DESIGNER FLAKE for versatility, design, colour, quality and service.




Application Areas
for Domestic & Commercial use

▪ Homes	▪ Swimming Pool Areas	▪ Shops
▪ Driveways	▪ Bathrooms/toilets	▪ Office
▪ Pathways	▪ Laundries	▪ Stairways
▪ Garages	▪ Schools	▪ Community Centre
▪ Patio/Verandah	▪ Factories	▪ Clubs/Hotels
▪ Kitchens		

▪ Anywhere that a slip resistance is required

For a No Obligation Measure & Quote Call

0439 589 429
or 4340 0530

With thousands of colours to choose from we can match your existing décor or create a colour just for you

ADVERTISE IN

COAST BOWLS NEWS!

The official publication of the Central Coast District Bowling Association inc.

Reach 10,000 registered bowlers throughout the Central Coast at a very low cost.

Available from all Central Coast Bowling Clubs from Mooney Mooney to Morisset and selected retirement villages.

Published by Ducks Crossing Publications Ph: 4325 7369

This size starts from \$25 per week

Carers wanted by disabilities service

Central Coast Life Without Barriers Disabilities Services is looking for Peninsula residents who are interested in being carers for children or adults with disabilities.

Manager Ms Colleen Allen said that, if she had enough Peninsula carers, she could "place two clients tomorrow".

She said there were already two full-time carers on the Peninsula, but these carers required regular respite.

"Having new respite carers close by would make the children's lives easier, less disruptive," she said.

Carers were mostly needed for children with disabilities, rather than adults, which required placement of the child in the home of the foster carer family.

When carers provide care for adults with disabilities on a one-to-one basis, there is usually a home created to do this.

"But the greater need right now is for foster carers for children and young people with disabilities,

and this needs to be in the carer's home/family," said Ms Allen.

Ms Allen said: "I'm passionate about people with disabilities having the quality of life that the rest of us take for granted.

"One of the basics is having a safe place to live within a family or the community."

Ms Allen said: "We have some great carers from all walks of life."

Mr Ian Hakker of Tascott was a good example.

Ian has been a carer for nearly 10 years, and provides one-on-one care for a young man.

Ian said: "I was motivated to become a carer when I was living in Holland.

"I felt there was more that I could be doing with my life, and my work didn't suit me or give me satisfaction, so I became a carer for people with disabilities.

"There are a lot of rewards you get from being a carer.

"You get to see the person you are caring for progress in their life.

"For example they become more independent, you give them

a safe environment to live in and they appreciate feeling safe and secure, and you get to have lots of fun.

"Also you get to share your life with the person and vice versa.

"You share a huge role in each other's lives."

Ian also said being a carer had changed his life.

"Within my personal life, it has given me more structure.

"It has helped me discover who I am, and that I am a compassionate, understanding person who is able to reach out and support another person with their life goals.

"Being a carer gives me the satisfaction I was looking for."

Ms Allen said training for prospective carers will begin in late March, and they would be assessed upon its completion.

Applicants would also undergo a police check.

Anyone interested should phone 4323 9266 to register their interest, and make further enquiries.

Press release, March 7
Colleen Allen, Life Without Barriers

Program to help quit smoking

A local pharmacy is claiming to be the first in Australia to launch its own Quit Smoking Program.

Umina Beach Amcal Pharmacy will hold a free information session on Wednesday, March 12, at 6.30pm or Thursday, March 13, at 10am.

Participants must register by Monday, March 10.

The pharmacy stated that No Need To Smoke was "an effective, simple and proven five level program that teaches you how to take control again and break free from smoking".

It stated that the program will be held at the pharmacy and run by highly trained specialist Quit Smoking consultants who understand the difficulties smokers face when trying to quit.

The program is managed in five steps.

When you begin the program

you will be asked to clarify your reason for quitting and confirm your decision.

From there, you will be guided and supported through the next four levels of the program to "ultimately become a non-smoker free of the habit".

The pharmacy stated that a slip-up or relapse is never seen as failure: "ongoing support ensures that you continue to move forward in your journey without fear of failure".

For more information on how you can become a non-smoker, or to discuss any aspect of the program, call in and speak to Kylie, Kathryn or Jenny at Umina Beach Amcal Pharmacy.

The Umina Beach Amcal Pharmacy is located at 315 West St, Umina Beach.

Press release, 26 Feb 2008
Kylie Ekstrom,
Umina Beach Amcal Pharmacy

Awaken to love

A six-week group entitled "Awaken to Love" will be held at the Peninsula Women's Health Centre during the month of April.

Facilitator Ms Robyn Collins will teach participants some tools and principles to help them "attain self love and inner peace".

"The group will focus on how to gain an awareness of self-

respect and responsibility through forgiveness and an understanding of human psychology," community development worker Ms Kate Bradfield said.

"Robyn will explain how you can become an asset and contributor to the world, rather than a victim of its circumstances, and most of all, how to heal your own pain and live a full life."

The six-week course will be held each Thursday commencing on April 13 from and finishing on April 17.

It will operate from 10am to 1pm.

The cost is a gold coin donation and bookings are essential.

For more information, telephone the centre on 4342 5905.

Press release, 4 Mar 2008
Kate Bradfield, Peninsula Women's Health Centre



Central Coast Case Management Services

You should contact Central Coast Case Management Services when you or a person you know is having difficulties coping at home & requiring assistance with day to day tasks.

We can help you by linking you to services you need.

- Coordinating a variety of services
- Assisting carers in their role

Contact us to discuss if you are eligible

Ph: 4343 1888
113 Blackwall Rd
Woy Woy

MASSIVE HEALTH CRISIS IN LIFESTYLE RELATED BOWEL PROBLEMS

"CONSTIPATED" (worms) bloated, headaches, mood swing, back & stomach pain, lethargic, fatigued, reflux, belching, cravings, itchy anus and ears, diarrhoea cycles, joint pain, overweight, haemorrhoids, insomnia, ringing ears, hot flushes(hormones?), enemic, allergies, candida. plus Dr's misdiagnosed diverticulosis & irritable bowel? Is this U?

Well that was me (tried everything)
Now all gone FULL STORY

ph: 1300 669 664
e: DRF206@gmail.com
magichealing.info



Before Tapeworm After Tapeworm

Peninsula News
Community Access

is printed on 100% recycled paper products, even the ink is made from vegetable matter.

So when you're done reading this paper please recycle it or give it to someone else to read



WayWay DENTAL CARE

109 Blackwall Rd Woy Woy
Ph: 4341 1751

Surgery Hours
Monday & Tuesday 9am - 7.30pm
Wednesday to Friday 9am - 5.30pm

Graduating in 2001, and with international experience, it is with great pleasure that we introduce the latest member of our team, Dr Saif Hayek. **As a special introductory offer we are giving a 10% discount for any patient who brings in this advertisement for their first visit (only) with Dr Hayek.** This is a limited time offer and conditions apply.

It's time to take 30 at Curves.



30% Off + 30 Days Free.*

Discover how 30 minutes is all it takes to get a total body workout with our total support

Join Curves now and get **30% off** the service fee and **30 days free.**

Curves
The power to amaze yourself.™

Over 10,000 locations world wide

L1, Clock Tower Bldg
26 Railway St
WOY WOY

4344 5222

Streets noted for speeding

Three Peninsula streets have been noted for speeding, with details being forwarded to the NSW Police Force for consideration of enhanced enforcement where practicable.

The streets were Alexandra St, Umina Beach; Kingsley Ave, Woy Woy and Flathead Rd, Ettalong Beach.

The NSW Police Force has asked that for future speed complaints, a standard letter requesting information on time, day, direction and description of speed offence be issued to the complainant, and this information be collated prior to, and made available for, the relevant Gosford Council traffic committee meeting.

Council agenda TR.08.006, 4 Mar 2008



The new pet food and accessories store on West Street, Umina

In the pet food business

A new business has opened on West St, Umina Beach, specialising in food and accessories for pets.

Proprietors Donna McKinnon-Bell and Jody McKinnon said the business, Paws on the Coast, specialised in food and accessories for dogs, cats, birds, fish, reptiles, small animals and wildlife.

The owners said that they had worked in the pet industry before on the Central Coast and all their family were animal lovers.

Donna and Jody said they had always had a dream of having their own shop.

Paws on the Coast sold a full range of pet food and accessories "for all animals", but does not sell pets.

Its products range from basic items to luxury items for the "pampered pet".

Donna and Jody deliver pet food and the business is open seven days.

The pair said that their aim was to be involved with animal groups on the Central Coast to help stop

impulse buying of pets.

"We want to help save animals," they said.

The pair have lived at Empire Bay for over 20 years.

Cec Bucello, 7 Mar 2008

Laneway parking revisited

Gosford Council has resolved to place No Parking signs for a short length on the western side of an unnamed laneway between Blackwall Rd and Edward St, Woy Woy.

The move is a second attempt to resolve access issues in the laneway.

In February last year, a resident of Blackwall Rd, Woy Woy advised of vehicles parking in the north-south laneway continually blocking the rear access to the property.

Council's traffic committee stated that a solution to the problem was to install No Stopping signs on both sides of the unnamed laneway for its entire length.

At its meeting held in May last year, council adopted a the committee's recommendation that residents with rear access to the unnamed laneway be notified of the proposal; and subject to the concurrence of the local residents, to install No Stopping signs on both sides of the laneway, for its entire length.

A number of residents replied with concerns, and as a result, council decided not to proceed with the No Stopping sign proposal.

Since that time, council received further requests from residents

with rear access to the unnamed laneway to install No Stopping signs in the laneway.

The garages of No 129A to No 131 Blackwall Rd abut the unnamed laneway and require the full width of the laneway to manoeuvre in and out.

The traffic committee stated that any vehicles parked in this manoeuvring area "prevent normal access to the garages".

Council agenda TR.07.031, 4 Mar 2008

Three Easter services

The Ettalong and Umina Uniting Church will be holding three Easter services, according to the Reverend Narelle Penman.

The services will be held on March 20, 21 and 23.

The Maundy Thursday service will be held on March 20 at the Umina Uniting Church on the corner of Neptune St and Ocean Beach Rd, Umina, from 7.30pm.

The Good Friday service will be held on March 21 at the same location, from 8am.

A 9.30am session will be held at the Ettalong Uniting Church, Picnic Parade, Ettalong.

Easter Sunday services will be held from 6am at Pearl Beach in the grassed area between carpark and beach, at 9am at Umina and 9.30am at Ettalong.

Press release, 4 Mar 2008
Narelle Penman, Uniting Church

Now open on the Peninsula Peninsula Yoga Centre



4/94 Blackwall Rd Woy Woy 2256
Ph: 4342 5000 Mob: 0427 44 22 30
www.peninsulayogacentre.com.au

Experience the benefits of yoga in the ambience & serenity of the only yoga centre on the Peninsula.

Yoga classes for everyone !

DENTURE CLINIC

Keith Boyd
Dental Prosthetist

NO REFERRALS REQUIRED
For full and partial dentures, relines and repairs

Phone 4360 2755
OR

Call in at
112 Blackwall Rd
(Woy Woy Osteopath Centre)

WOY Woy

Do you have spare time to volunteer helping injured or orphaned native wildlife?

COME JOIN OUR TEAM!



Central Coast is holding a RESCUE & IMMEDIATE CARE Training Course - Date: April 5 & 6 Location: GOSFORD - Cost: \$50



To Register / Inquiries:
1300 094 737 or
jenjen8@bigpond.com

You must be 18 years of age or older
WIRES Central Coast needs rescuers and carers in the Peninsula area!

Our December 2007 Training Course filled up quickly, so register your interest today!

Help to Rescue & Care for Native Wildlife on the Peninsula

Sponsored by

Peninsula News
Community Access

What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CWA, CWA Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Drive, Ettalong 4341 8344

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave., Ettalong 4341 1166

ECC, Everglades Country Club, Dunbar Rd, Woy Woy 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St Ettalong 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESCC, Ettalong Senior Citizens Centre, Cnr. Karingi St & Broken Bay Rd Ettalong 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd.

PBPPC, Pearl Beach-Patonga Chamber Of Commerce, (meets at) Pearl Beach Café, 1 Pearl Pde, Pearl Beach.

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy 4341 9333

PCYC, Osborne Ave., Umina Beach 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd Woy Woy 4342 5905

UCH, Umina Community Hall, 6 Sydney Ave., Umina Beach 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St Wagstaffe

WWAC, Woy Woy Aged Care, Kathleen St 4353 4224

WVEC, Woy Woy Environment Centre, 267 Blackwall Road Woy Woy 4341 7974

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd Woy Woy: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd

DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf.

Playtime Mon-Fri 9am, Little Gym **PCYC**

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, **UCH**.

Second Tuesday of every month

True Blue Meeting, 1.30pm; **Toastmasters**, 7pm, **EBWMC** **Get Together** afternoon tea, **ESCC**, **Pearl Beach Craft group**, **PBPH**, 1.30pm.

Stroke recovery group, 11.30am, **MOW**.

Diabetics Support Group, 10am, **ECC**

Third Tuesday of every month

Buffalo Lodge Knights Chp9, 7pm, **UCH**

Woy Woy Peninsula **Arthritis** Branch, 10am, enq: 4342 1790, **MOW**

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families. **BFC** **Toastmasters**, 7.15pm, **EBWMC** **Combined Pensioners** assoc afternoon tea, enq: 4341 3222, **ESCC**

Every Tuesday

Chess Club EBWMC 1pm enq: 4341 8748

Woy Woy Blood Bank welcomes donations Ocean Beach Road, Woy Woy 1pm to 7pm

Free Tax Help by Appt., School for Seniors (Cards, Craft & Games) 9am; **Playgroup** 9am; **Occasional Care**, 9am; **U3A Courses, Pre-School Playgroup**, 12.30pm; **Over 55s Learn To Play Bridge**, 1pm; **Stroke Recovery**, 2pm; **The Web**, from 2pm; **Dance & Theatre School**, 3.45pm; **Brophy Circus Academy**, 4.30pm; **Belly Dancing**, 4.30pm, **PCC**.

Circuit Boxing (Women) 9am, **Boxing/fitness training**, 4pm (Junior) , 5pm (Senior), **Breakdancing**, 5pm; **Gym Sessions** 8am; **Gym Circuit** 9:15am & 6pm; **PCYC**

Rotary Club of Woy Woy, 6pm, **ECC**

Ladies Indoor Bowls-9am; **Handicraft**-9am; **Cards**-12.30pm; **Computers**, 9am, **ESCC** .

Alcoholics Anonymous 6pm John the Baptist Church Hall, enq: 4379 1132

Carpet Bowls; 10am, **Card Club**; 7.15pm, **Chess Club**, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), enq 4360 2705, **WH**

Folk Art 9.30am, **Silk Painting** 1pm, **EBACC**.

Children's story time, Umina library, 10.30 am (Except Jan).

Sahaja yoga meditation, 10:30am enq: 4328 1409, **CWA**

Playgroup 10am Kids 0-5yrs, **WWPH**, enq: Juhel 4342 4362

Woy Woy Blood Bank, 11.15am to 8.45pm, session time 1pm to 7pm, Ocean Beach Rd, Woy Woy

Tap Dancing, EPH, 6pm, enq: 0438 033 039

Tai Chi WH 9:30 am Enq: 4360 2705

Supported Playgroup for first time and single parents **BFC** Enq: 4340 1111

WEDNESDAY

First Wednesday of every month

Older women's network, 10.15am, enq:4343 1079, **WWLC**

CWA social day, 10am, handicrafts, 1pm, enq: 4344 5192, **CWA**

Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

Second Wednesday of every Month

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy **Auxiliary**, 10am enq: 4344 2599.

Umina Beach **Probus Club**, 9.30am, **ECC**

Fourth Wednesday of every month

Everglades **Probus Club**, 10am, **ECC**, enq: 4341 0664

Every Wednesday

Al-anon/Alateen family support group "The Cottage" Vidler Ave Woy Woy, 12:30pm, 7pm.

St John's Ambulance; 7pm, **Meals on Wheels**

St John's Ambulance; Brisbane Water Cadets, 6.30pm - 8pm, Enq: 0404 748 471.

Free Tax Help by Appt., Occasional Care, School for Seniors, 9am; **Playgroup**, 10am;

Bridge Club, 9.30am & 7.30pm; **The Web**, from 2pm, **Physical Culture Club**, 3.45pm, **Coast Care Counselling** Judo, 5pm;

Weight Watchers, 6pm; **Belly Dancing**, 7.30pm; **PCC**.

Peninsula **Choir** rehearsal 7.30pm St Andrews Hall Umina.

Brisbane Waters **Scrabble Club**, **MOW** 6pm, enq: 4341 9929.

Seniors fitness EPH 9am, enq: 4385 2080.

Indoor Bowls 9am; **Fitness** 1pm **Leatherwork** 9am; **Table Tennis** 9am. **Scrabble** 1pm; **Computers**, 1.30pm, **ESCC**

Gym Sessions 8am (Incl **Self Defence for Young Women** 1pm; **Gym Circuit** 6pm; **Circuit Boxing** (Women) 9am, **Boxing/fitness training**, 4pm (Junior) 5pm (Senior), **PCYC**

Oils & Acrylics 9am, **Pastels & Drawing** 11.30am, **EBACC**, **Children's story time**, Woy Woy library, 10.30 (Exc Jan).

Alcoholics Anonymous 12.15 & 6.30 , St John the Baptist Hall, Blackwall Rd, Woy Woy.

Handicraft CWA, 9am, enq: 4341 1073.

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

Country Women's Association (CWA) Umina Beach craft day, 9am - noon, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.

Rotary Club of Umina, 6pm, **ECC**

Dance Club, 1pm, **EBWMC**

7pm, **Indoor Bowls, Fishing Club Raffle** 5.15pm, **EMBC**.

Bouddi Women's Drumming, 2pm, 73 Highview Rd Pretty Beach, enq: 0425 229 651.

Scrabble, 12.30pm. **WWPH** , **Children's art classes** 4.30pm, **EBACC**

Card Club, 1pm; **Chess Club**, 7.30pm, **EBWMC**

Tai Chi 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm;

Cards noon, **ESCC**

Children's story time, 3 - 5 yrs Umina library, 10.30am (Exc Jan)

Gym Sessions 8am, **Gym Circuit** 9am & 6pm **Circuit Boxing** (Women) 9am, **Boxing/fitness training**, 4pm (Junior) , 5pm (Senior) **PCYC** .

Social Tennis 9am-12pm, Pearl Beach Courts, enq: 4369 3195.

Adult tap dancing, EPH 10am; enq: 4342 3925

Fairhaven Services **Cash Housie**, Ettalong Bowling Club 7.30pm

Dance, 9am - 11:30am, **ESCC**, enq: 4344 3131

Pilates WH 9:30 am Enq: 4384 5005

Mah-jong WH 2pm Enq: 4360 2178

Yoga WH 5:30 pm Enq: 4323 1859

FRIDAY

First Friday of every month

Legacy Ladies, 9am; **EBWMC**

Second Friday of every month

Bookclub 10:30am enq: Mandy 4342 2482, 2pm

RSL Sub Branch Meeting **EBWMC**, 2.30pm.

Third Friday of every month

Legacy Ladies, **EBWMC**, 9am, enq: 4343 3492.

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, **WH**, 1.30pm, enq: 4360 1002.

Civilian widows, **ESCC**, 1pm. School for Seniors Bushwalking, **PCC**

Every Friday

Kids entertainment Yrs 7 -12, 7.30pm, **Playgroup**, 10am Umina Uniting Church.

Bingo 11.30am, **UCH** Enq:4343 1664

Lollipop Music Playgroup **BFC** 9.15am. Enq: 43 431929.

Old Wags **Bridge Club**, **WH** (except 4th Fri) 1:30pm, enq: 4360 1820.

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30 & 2.30pm, enq: 4325 1869

Active Over 50's **Exercise Class** **EPH** 9.15am, enq: 4342 9252

Watercolour Painting 10am, **EBACC**

Painting 9am, **Computers** 1pm, **Scrabble** 1pm **ESCC**

Gym Sessions 8am, **Gym Circuit** 9am **Circuit Boxing** (Women) 9am, **Boxing/fitness training** 4pm (Junior) 5pm (Senior) **PCYC**

Peninsula Pastimes Ettalong Baptist Church, Barrenjoey Rd. 9.30am, (Ex sch hols), **Primary Kids Club** 4.30pm, enq:4343 1237

Alcoholics Anonymous 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303.

Hardys Bay Community Church, **indoor bowls, canasta, scrabble**,

morning tea 10am, enq 4363 1968.

Occasional Care, 9am; **Kindy Gym 0-3s** 9.15am, **3-5s** 10.20am;

Weight Watchers, 9.30am; **Smart Recovery**, 10am; **Samaritans Support Group**, 10.30am; **Bridge Club**, 12pm; **The Web**, from 2pm;

Brophy Circus Academy, 5pm; **Kempo Karate**, 5.30pm; **Judo**, 7pm; **U3A Courses**, **PCC**

Women's walking group, 9am - 11am **PWHC**

Fishing Club. **EBWM**

Krait RSL Day Club - 10:30am, Kooinda Village - 4341-8151

Fairhaven Services **Cash Housie**, East Gosford Progress Hall 7.30pm

Old Bags Bridge Club WH (except 4th Friday of month) 1:30 pm Enq: 4360 1820

Friendship for Seniors Hardys Bay Community Church 10am - 12pm Enq: 4360 1598

SATURDAY

First Saturday of every month

The National Malaya & Borneo **Veterans Assoc. Meet**, **EBWMC**, 2pm Enq: 4340 4160

Second Saturday of every month

Bookclub 10:30am enq: Mandy 4342 2482

Alliance Française french conversation, Impact Cafe Empire Bay 11am - 1pm Enq: 0412252709

Melaleuca Wetland **Regeneration** Group, Boronia Ave, Woy Woy, 8am.

Pretty Beach **Bushcare** group, Pretty Beach end Araluen Track, 8am.

Save our Suburbs, 1pm, enq 4342 2251 **WWPH**

Ex-Navalmen's Assoc, Central Coast Sub-Section, **WWLC** 10am.

Scrapbooking 12pm, **PCC**. enq 4342 3712

Third Saturday of every month

Umina P&C **Bushcare** 9am, Umina Campus of BWSC, Veron Rd Umina. enq: 4341 9301

Market Day, 9am Sydney 2000 Park, **UCH**.

Peninsula Residents Association, 2pm, **Peninsula Community Centre**, Cnr Ocean Beach Road and MacMasters Road.

Fourth Saturday of every month

Troubadour **Acoustic Music** Club, 7pm **CWA**

What's On in and around the Peninsula

Discovery 9am PCYC.
Brisbane Water Bridge Club, 12.30pm, Enq: 4341 0721, **WWLC Al-anon/Alateen** family support group Community Health building, Woy Woy Hospital 2pm Enq: 4344 6939.
Woy Woy Environment Centre 10am. WWEC Enq 4342 6589.
Car Boot Sale, Ettalong Markets. Community Dance, 1pm to 4pm, \$2, ESCC, Enq: 4344 3131 / 4341 3222
Social Dance, New vogue, old time, \$3 (inc. afternoon tea), 1pm, ESCC, enq: 4344 3131.

SUNDAY

First Sunday of every month
 Blackwall Mountain **Bushcare**, 9am cnr Blackwall Rd & Memorial Ave Enq: 4342 6995
Second Sunday of every month
Ladies Auxilliary of Vietnam Vets, 10 am, **Vietnam Vets**, 11am; **EBWMC** Umina P&C **Bushcare** 9am BWSC, Enq: 4341 9301
Third Sunday of every month
Bushcare Group, Tennis Courts, Empire Bay, 9am Enq: 43692486
Ettymalong Creek Landcare, Ettalong Rd, Umina, 8am, enq: 4342 2251.
EBWM Fishing Club competition at Club House in Beach St, Ettalong.
Fourth Sunday of every month
 Burrawang Bushland reserve **bushcare**, Nambucca Dr playgrnd 9am 4341 9301.
Last Sunday of every month
Alliance Française "La Petanque" (the game of boules) 11am - 5pm Enq: 0415309074
Lions Club Boot Sale & Mini Market, Rogers Park Woy Woy Enq: 4341 4151

Every Sunday
Fijian Cultural Group, 11am-4pm, **PCC** Coast Community **Church Services** 9am & 5pm Enq 4360 1448
Al-anon/Alateen family support group "The Cottage" Vidler Ave Woy Woy 7pm.
Patonga Bakehouse Gallery 11am Enq: 4379 1102

MONDAY

First Monday of every month
RSL Womens' Aux 9:30am **EBWMC** Endeavour View Club Luncheon **ECC** Contact 4342 1722
 Pretty Beach P S **P&C**, Resource Centre 7:30pm, ph 4360 1587.
Grandparents Parenting Support Group, Web Riley Room Catholic Church Woy Woy 4342 9995
Country Women's Association meeting, 10am, CWA Hall, Sydney Ave, Umina, enq: 4341 5627.
Second Monday of every month
Bookclub 7pm enq: Mandy 4342 2482
Save the Children St Andrews

Church Hall, Ocean Beach Rd Umina 1-30pm Enq 4324 4389
Women 50+ Group Chat, **PWHC RSL Women's Auxiliary**, 9am; **RSL Sub Branch**, 2.30pm; **Card Club**, 1pm, **EBWMC** **Pretty Beach to Killcare Community Association** WH 7:30pm, Enq: 4360 1546
 Killcare Heights **Garden Club**, 10:30am, Enq: 4344 4520
 Coastal **Crones** (over 50's), **PWHC**

Third Monday of every month
War Widows, 11am, **EBWMC** Enq: 4344 3486
Fourth Monday of every month
Toastmasters **Speachcraft** **Classes** 6pm **EBWMC**
Labor Party Peninsula Day Branch, **CWA**, 1pm.
Carers support group, Group room, Health Service Building, Woy Woy Hospital, Enq: 4344 8427.

Last Monday of every Month
WWLT Playreading, Woy Woy P.S. 7.30pm , Enq: 4341 2931

Every Monday
Cash Housie EMBC 7:30pm Enq: 4323 3566
Walking with other Mums Enq: Liz Poole 4320 3741
3Cs-Craft, Coffee & Conversation, 12.30pm
BFC. Enq: 43 431929
Yoga WH 9.30am Enq: 4360 1854.
Computers, 1pm, **Dancing** 9am; **Indoor Bowls**-9am; **Mahjong** 1pm; **Fitness** 1pm; **Yoga** for beginners 2.30pm; **ESCC**.
Gym Sessions 8am, **Tiny Tots** 9:15am, **Circuit Boxing** (Women) 9.00am, **Boxing/fitness training**, 4.00pm (Junior) , 5pm (Senior)
PCYC
Carpet Bowls 9am, **Card Club** 1pm, **EBWMC**
Fairhaven Cash Housie 7.30pm & **Bingo** 11am **EMBC** enq: **4323 3566**
Arts and Crafts for people with a disability 11am, Enq. 4341 9333
Patchwork & Quilting, 10am, **Pottery** 10am & 1pm **EBACC**
Children's Story Time, Woy Woy Library. 10.30 am
Occasional Childcare, 9am; **Volunteering**, 9am; **Gentle Fitness**, 9am; **Supported Playgroup**, 9.30am & 12.30pm; **Yoga**, 10am; **Second Chance Craft**, 11am; **Bridge Club**, 12pm; **Physical Culture Club**, 3.45pm; **Coast Care Counselling**, 4pm; **Dance & Theatre School**, 3.45pm; **Judo**, 5pm; **U3A Courses**, **PCC**
Craft group, 1pm **BFC**
 Fairhaven Services **Cash Housie**, Ettalong Bowling Club 7.30pm
Yoga WH 9:30 am Enq: 4360 2705
Pilates WH (except 2nd Monday of month) 6-7pm & 7-8pm
Tai Chi Empire Bay Progress Hall 9:30am Enq: Clare 4369 1075

Upcoming Events

March 16 - Peninsula Choir performing, Uniting Church Umina 3pm
March 18 - Peninsula Theatre, Gadgets. See Page 15 for advertisement
March 20 - Easter Services Ettalong and Umina Uniting Church. See Page 15 for advertisement
March 22 - Easter Fete, Patonga Progress Hall, 10 am
March 25 - The Bouddi Society, "They're a Weird Mob" 7.30pm, Wagstaffe Hall
March 29 - Peninsula Theatre, The it Grl and Panopticon. See Page 15 for advertisement
March 31 - Volunteer Information Centre, PCC, 9.30am
April 13 - Awaken to Love, 6 week course, PWHC, 4342 5905 for details
April 5 - Art Exhibition, Gnostic Mana Cafe, Woy Woy,

If you would like your community not-for-profit event listed here, send the details to the Peninsula News

Song writers will meet at Ettalong

The Peninsula will be hosting the first annual Australian Songwriters Conference in June.

The four day event will be held on Friday, June 6, to Monday, June 9, at the Ettalong Beach Club and Mantra Resort, Ettalong Beach.

Conference coordinator Ms Lisa Butler said Australia has never hosted a conference of this scope before.

"Although week-long songwriting camps and conferences are regularly held overseas there has never been a conference of this scope, particularly for songwriters, held in Australia," Ms Butler said.

"The conference will deal specifically and exclusively with the craft and business of songwriting.

"The conference is committed to bringing in Australia's top music industry professionals to run seminars relating to songwriters and the Australian music industry, including top songwriters, producers, publishers, music lawyers, and representatives from the major Australian songwriting associations."

The conference's key guest speaker will be top US songwriter Jason Blume, along with Australian hit songwriters Gary Pinto, Phil Buckle, Di Torossian and Adrian Hannan.

Mr Blume is one of the few songwriters to ever achieve the distinction of having his songs on Billboard's Pop, R&B, and Country charts - all at the same time.

His songs have been recorded by pop superstars Britney Spears, the Backstreet Boys, and Jesse McCartney.

The Australian hit songwriters and producers attending the conference have worked with other notable musicians including Guy Sebastian, Anthony Callea, Christine Anu, Jimmy Barnes, Jade McRae, Delta Goodrem, and Powderfinger.

"The Australian Songwriters Conference is unique in that it is open to all songwriters, regardless of age, location, songwriting experience or genre," Ms Butler said.

"Songwriters do not need to be members of existing organisations, and the conference agenda is packed full of seminars, workshops and other activities relevant to both performing and non-performing songwriters."

A song contest will be held during the conference giving songwriters and performers the chance to showcase their work and win major prizes.

Conference attendees will also have the opportunity to perform their original material at the Open Mike nights held over the four days.

For further information and bookings, contact Lisa Butler on 0412 149 094 or visit the website at www.australiansongwritersconference.com.au.

Press release, 3 Mar 2008
 Lisa Butler, Australian Songwriters Conference



**North Burge Rd, Woy Woy
4341 7598**

Introducing - Joanne and Ping
Garden Court Restaurant
 Open Lunch and Dinner - Tuesday to Sunday
 Large menu range of Asian and Western Meals
 Offering- 10% discount on member's meals
 \$6.00 lunches (Asian and western options) Tuesday - Friday

Trading hours:
**Open: Lunch 12pm - 2pm Tuesday- Sunday ~ Dinner 5:30-8:30 Tuesday - Thursday
 Fri & Sat Night 5.30-9.00 pm ~ Sunday Night 5.30-8.30pm**

What's happening?

<p>HAPPY HOUR.. Everyday 9am-12pm \$2.90 schooners \$2.50 middles!! Tuesdays Lingerie Waitress and Pool comp starts 5pm Thursdays Surf and turf Raffle Tickets on sale: 5pm Plus Members' Badge Draw...followed by karaoke!! & Darts</p>	<p>Fridays Madness- Happy hour 5pm to 7pm.. Schooners \$2.50, Middles \$2.00 Saturdays Saturday Morning Raffle tickets on sale Fisho's raffle from 7pm Sundays Childflight (every third Sunday of the month) Free poker from 1pm</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Membership - now only \$2.50



Poet Arch Bishop (Left) and singer Jeffrey Schollar (Right) will feature in a Troubadour "Double-Header" on 29 March.

Choir sings for Easter

The Peninsula Choir of Woy Woy will present two performances for Easter during March.

Choir music director and conductor Mr Ivan Kinny selected the program of music from different periods.

"Favourites will include: Hugh Robertson's All in the April Evening, Tchaikovsky's The Crown of Roses, and the famous duet from Bach's Cantata No. 78 We hasten with eager but failing footsteps," choir publicity officer Ms Barbara Firth said.

The choir will sing on Palm Sunday, March 16, at 3pm.

The event will be held at the Uniting Church, Ocean Beach Rd, Umina.

Another performance will be held on the Good Friday, March 21, at 3pm.

The event will be held at St Andrew's Anglican Church, Ocean Beach Rd, Umina.

For more information, telephone Barbara Firth on 4342 7545.

Press release, 2 Mar 2008
Barbara Firth, The Peninsula Choir

Folk club has double header

The Troubadour Folk Club will feature a "double-header" on Saturday, March 29, with poet Arch Bishop and singer Jeffrey Schollar and his band

"Arch, the prince of the unpronounceable, the inimitable, irrepressible and ever so slightly irreverent, will have your emotions on the end of his fingertips as he goes through his huge repertoire of poetry, yarns and verse," said Troubadour publicity officer Ms

Willy Timmerman.

"After Arch has woven his web of laughter and tears, the increasingly popular Jeffrey Schollar and his band will perform.

"Jeffrey Schollar is an awkward man to say the very least.

"After being questioned on why he writes such degrading songs about his own life, he replied 'I make fun of myself because I've got a low self esteem. I also dislike my girlfriend'.

"Jeffrey Schollar writes songs about his own troubles (or lack

thereof), be they about his unfortunate social life, paranoia about his own self worth, or his seemingly awful girlfriend.

"He is a singer/songwriter that you will either love or hate."

Ms Timmerman said there would also be ample opportunities for floor spots.

The event will begin at 7pm on Saturday, March 29, at the CWA Hall, Woy Woy.

Press release, 24 Feb 2008
Willy Timmerman, Troubadour Acoustic Music Club

Exhibition in Woy Woy

An art exhibition entitled "Driftwood Ambiguity" is currently being held at Gnostic Mana Café, Woy Woy.

Local artist Ms Ruth Eager will showcase her collection of paintings in oil on canvas until Saturday, April 5.

"My paintings are somewhat surrealistic, based on the shape

and colour of driftwood, a stream of work I have enjoyed and returned to for a number of years," Ms Eager said.

The Gnostic Mana Café is open seven days between 9am and 5pm and is located on the corner of The Boulevard, Woy Woy.

For further information, telephone 4344 1444.

Press release, 28 Feb 2008
Ruth Eager



BRASSERIE / CAFÉ
OPEN 7 DAYS

FRESH NEW SEASONAL MENU

All the favourites plus tasty specials in Seafood; Asian; Curries, Gourmet Pizzas

Specialty Evenings From 20.01.2007

Sunday - Carvery \$12 **

Monday - Steak \$12 **

Wednesday - Schnitzel \$9.50 **

Friday - Reef'n'Beef \$24.50

** Special Family Price available

Saturday - evening BBQ

Sunday - lunch BBQ

Breakfast open from 7.30am.

a-la-carte or weekend buffet

Coffee Shop: Open

Daily : 7.30am to 9.30pm

Lunch open from 12.00 midday

Express Specials \$8.00*

Dinner from 5.30pm

TEXAS HOLD 'EM POKER

Saturdays 7.30pm till late
Sunday 6.30pm
Mondays from 6.30pm
Tables available all week long for practice games

THURSDAY NIGHT CHICAS Lounge

Trivia from 7 - 9pm
With the "Professor" Graham Lewis
Karaoke from 9 - 12 midnight
Cash prizes

The Summer of Entertainment
All Free

LIVE MUSIC IS BACK IN A BIG WAY

IN RILEYS LOUNGE
The largest bar on the Peninsula with the biggest entertainment venue

Easter Saturday
BBQ Dinner on Terrace.
Riley's 9.30pm
"Disco Inferno"

Easter Sunday
BBQ Lunch on Terrace -
Riley's 9pm "The Fab Four"

Easter Monday
Lunch on Terrace

Every Sunday from 1pm
Jazz/Chill out music
on the ocean front terrace

Easter Sunday
BBQ Lunch on Terrace -
Jazz on Terrace
1pm "Hip Fidelity Trio"

ETTALONG



B E A C H C L U B

Ettalong Beach War Memorial Club

51 - 52 The Esplanade

Ettalong Beach NSW 2257

Telephone (02) 4343 0111

Fax (02) 4342 3639

www.ettalongbeachclub.com.au

*Members' prices - Non- members add 10% so why not join now for only \$5

Details correct at time of printing

Weird Mob at Wagstaffe

The Bouddi Society will present the classic Australian film "They're a Weird Mob" from 7.30pm on Tuesday, March 25, at Wagstaffe Hall.

Bouddi Society vice president Mr David Dufty said the film was based on a best-selling book by Australian author John O'Grady, writing under the name of Nino Culotta.

"In 1965, it was the first feature film made in Australia for seven years and it helped to put pressure on the Commonwealth Government to fund local feature film production," Mr Dufty said.

"It was directed by leading English producer Michael Powell and starred veteran Italian actor Walter Chiari as Nino, the migrating Italian sport journalist.

"Nino gets a job as a builder's labourer, learns to talk and drink like an Australian, and falls in love with an Australian girl (Clare Dunne).

"He is bemused by this strange

new country, where people abuse him on the street and strangers want to buy him a drink, but he is hopeful about the future.

"The film was an enormous hit at the Australian box office, grossing \$2 million, on a budget of \$600,000.

"It was one of the first feature films to deal openly with questions of prejudice against New Australians.

"This hilariously funny film also features an ensemble cast of Australian acting legends such as Chips Rafferty, John Meillon, Ed Devereaux and Jeanie Drynan, as well as a cameo appearance from Graham Kennedy."

Mr Dufty said the evening would cost \$10 for Bouddi Society members, \$5 for students and \$12 for others.

Wine, nibbles and a presentation by local documentary film maker Mike Rubbo were included in the price.

Press release, 28 Feb 2008
David Dufty, Bouddi Society



Jocelyn Maughan's Patonga-inspired artworks will be on display at the Mosman Gallery

Patonga artist exhibits in Mosman

An exhibition of recent works by Jocelyn Maughan inspired by Patonga will be displayed at the Mosman Art Gallery from this Friday, March 14.

The exhibition will include drawings and watercolours that had been developed through monotypes and block prints to finely crafted oils and tempera paintings that demonstrate the artist's "mastery of composition and acute understanding of the human form".

The exhibition will be opened by artist and president of the Australian Watercolour Institute Mr Brian Stratton OAM.

The opening night for the exhibition will be held at 6.30pm on Friday, March 14.

Admission to the Mosman Art Gallery is \$8 or \$6 concession.

Complimentary drinks are provided.

Those wishing to visit the opening of the exhibition must RSVP by March 12.

An exhibition talk and demonstration will also be held by Jocelyn Maughan on Sunday, March 30, from 1pm.

Admission to the talk is free and afternoon tea is included.

An excursion to Jocelyn Maughan's Patonga Bakehouse Gallery and Borg Galleries Central Coast has also been organized by the Mosman Art Gallery for Friday, April 4.

The gallery is located on the corner of Art Gallery Way and

Myahgah Rd, Mosman.

It is open seven days a week from 10am to 5pm, and is closed public holidays.

For more information, telephone 9978 4178 or visit www.mosman.nsw.gov.au.

Press release, 4 Mar 2008
Mosman Art Gallery



Ettalong Public School held its annual Swimming Carnival at the Peninsula Leisure Centre last month, pictured here are the individual champions

Ettalong swimming carnival

Ettalong Public School held its swimming carnival at the Peninsula Leisure Centre on February 11.

P&C publicity officer Ms Michelle Pathirana said: "There was great student participation both in the pool and out, with students cheering on their team mates.

"Novelty events were also available for non-competitive swimmers."

Flinders House was the team champion.

Individual champions were Trixie Johnston, Jasmine Erceg, Gemma Crowson, Jedd Gollodge, Jake

Alipate and Kayleb Green."

Ms Pathirana said 40 students were chosen to represent Ettalong School at the Zone Carnival on March 4.

Press release, 3 Mar 2008
Michelle Pathirana, Ettalong Public School P&C

Woy Woy Public School Parents' and Citizens' Association celebrated P&C day on Wednesday, March 5, by holding an awards night for school volunteers.

"Chris Anthony, one of the many tireless helpers within the school, took out the School Volunteer of the Year award," according to P&C publicity officer Mr Mark Ellis.

Annette Karton received the Innovation Award and Richard

Laznik the Cheer of the Year.

"The night was a great success with a talk by Alayna Sutcliffe from St John on the benefits of volunteering and our President Julie Stevens gave a great presentation reflecting on the previous year's amazing efforts, membership drives and the ongoing challenges for the coming year for the P&C."

Press release, 6 Mar 2008
Mark Ellis, Woy Woy Public School

Volunteer awards



UNITING CHURCH HOLY WEEK SERVICES

20 March	Maundy Thursday 7.30 pm, Cnr Neptune St & Ocean Beach Rd, UMINA
21 March	Good Friday 8am, Cnr. Neptune St & Ocean Beach Rd, UMINA 9.30am, Picnic Parade, ETTALONG
23 March	Easter Sunday 6.00am Pearl Beach [grassed area between carpark and beach] 9am UMINA 9.30 ETTALONG

DRUMBALA

Djembe Drum Tuition
CWA Hall, Woy Woy

- **Beginners 8 week course starts 25th Feb**
- **Ladies beginner drumming Fridays**
10am - 11.30am

Katy 43421112 or 0423 548 540
Email: drumbala1@yahoo.com.au

★ WHAT'S ON ★

PENINSULA THEATRE

Cnr McMasters & Ocean Beach Rds WOY WOY

GADGETS

THE RIGHT TOOLS FOR THE JOB



18-19 March

Combining physical theatre, hilarious improvisation & audience participation, with Erik the Robotic Dog.
A great show for young & old.

DEVISING THEATRE presents

THE IT GIRL and PANOPTICON

29 and 30 March

Two new works that explore the contemporary phenomena of celebrity culture. THE IT GIRL explores the significance of google identities, PANOPTICON deconstructs celebrity culture and asks what impact it has on our understanding of ourselves?

GOSFORD CITY COUNCIL presents

SHORT + SWEET

Bite-sized theatre with attitude returns in July 2008. Start working on your 10 minute plays - the deadline for submission of scripts is 16 May 2008. The best 10 will be performed at the Peninsula Theatre in July.

More information
www.laycockstreet.com/sns2008.html

The CULTURAL LABORATORY

Returning on 9th May

Tickets on sale now. Still only \$10!

It's a safe space so bring your friends, your ideas & an open mind. Includes a mixture of local performers, story-telling, visual arts, film, music and drama, plus the Open Forum & Supper.

BOX OFFICE 43 233 233

Sponsored by

Peninsula News

Community Access

Peninsula Theatre - Cnr McMasters & Ocean Beach Rds, Woy Woy is proudly owned & operated by Gosford City Council

Classifieds

Incorporating a trades directory and public notice advertisements.

Peninsula News Classifieds aim to help community groups and businesses reach the Peninsula community at the lowest possible price.

ADVERTISEMENTS cost only \$25 plus GST for 5 cms, and will be working for you in your local community for

TWO WEEKS

Phone: 4325 7369

Fax: 4325 7362

E-mail: mail@peninsulanews.asn.au

Accommodation

Renovating this year?
Need short term accommodation?
Woy Woy short stay, near water
Large 3b/r apartment
Well behaved pets, kids and adults welcome
4341 1744

Antennas

A Better Picture
Antenna & Digital Installations & Tuning
New home specialist
Credit cards OK
HAYWARD VIDEO
All areas
Gosford 4323 6367
Woy Woy 4344 4414
Warnervale 1800 244 456
0412 685 555

Building Services

NELSON'S MAINTENANCE SERVICES
• Pipe and Cable Location
• Underground Boring
• Pipe and Conduit Trenching
• Jackhammer Excavation
• Concrete Cutting
Obligation free quote
Call Tony
0402 551 067

Electrical Appliances

Repairs and Service to vacuum cleaners, washing machines & fridges - Large range of vacuum cleaner bags.
JAYARS APPLIANCE SERVICE
 
13-15 Mutu St - Woy Woy
4342 3538 or 4344 3384
Approved Service Centre for over 15 Companies

For Sale

Spanline Patios, Glass and Screen Rooms, Carports & Wall Cladding as seen on TV
Lic. 83737c
PICTON BROS SPAN LINE
Gosford 4324 9300
Charmhaven 4393 3397

'91 Toyota Soarer GT Limited - Luxury \$8,990



White Pearl Paint, Leather, Automatic, Auto Lights, Cruise Control, Climate Control, Electric Seats, Power Everything, Touchscreen Head Unit, Great Sound System.
20" Chrome Wheels & New Tyres
Just spent \$\$\$\$'s
Just changed Water Pump, Cam Belt, Bearings etc etc.
Must Sell!! - New car arrived
Call Justin 0412 894 082

Lawns & Gardens

 **Green Frog**
Lawns & Garden Care
• Lawn mowing • Gardening
• Gutter clearing •
• Garden Minding •
Anything else? Just ask!
• Free quotes • Pensioner discounts • Friendly affordable service by a Peninsula local
Ph: Ryan 0415 350 453
grnfrog@optusnet.com.au

Jamie's Lawn Mowing

Pensioner Discounts Match or Better any reasonable quote
Professional Work
Gutter Cleaning and other odd jobs
0488 268 166

Plumbers

PRIDE PLUMBING
• All Plumbing & Drainage
• Hot Water Repairs & Replacements
• Gas Fitting & LPG
• Bathroom & Kitchen Renovations
• Blocked Drains/Electric Eel Service
• Guttering & Downpipes
• Water Tank Specialist
• Backflow & TMV Specialist

0409 180 596

Public Notices

Leslie St. Vet Clinic
New Consultation hours
Mon-Fri 8.30am - 6pm
Sat 8.30 am - 12noon
Sun - Closed
For appointments phone - 4342 0500

My healing from breast cancer by Dr Barbara Joseph MD obstetrician & Gynaecologist. Audio tape of the interview about this book: a must listen \$10 to order
ph 1300 669 664 or Email sales@magichealing.com plus many other CD'S DVD's audio tapes on other cancers

Woy Woy Peninsula Lions Club
Sunday, 30 March 8am to 1pm
Great variety of stalls ~ BBQ, Tea & Coffee. Vendors Welcome ~ \$10 per car
Cnr. Ocean Beach Road and Erina St. Woy Woy
Always Last Sunday (Except December)
More Details...
Elmo 4341 4151 - Hope 4369 8707

Central Coast Bush Dance & Music Association
Experience Folk Music at its best
Top Bands - loads of fun with

Snake Gully

at East Gosford Progress Hall @ 7.30pm Henry Parry Drive
April 12
Enq: 4342 5333
Admission \$15 incl. supper
Folk Fed Affiliates & Pensioners \$12, Children 12 to 18 \$8
www.ccbdma.org for more information

Public Notices

IMPORTANT NOTICE

EnergyAustralia is committed to continually improving the reliability of its electricity network.

As part of this commitment we are presently upgrading the network supplying customers on the Central Coast peninsula.

The final phase of this \$7 million upgrade involves the replacement of major spans of overhead cable across Woy Woy Bay and Phegan's Bay.

EnergyAustralia will be carrying out this work between March 3 and March 28, 2008. We expect to be working between 7am and 5pm, Monday to Friday.

Residents and boat owners in these areas are advised that some delays to water traffic are likely while cable is being replaced and that exclusion zones will be in place for public safety.

Water traffic controllers will supervise movement of watercraft.

The work will not require an interruption to electricity supply in these areas.

EnergyAustralia apologises for any inconvenience and thanks the community for its understanding.

Further information is available from EnergyAustralia's Central Coast Major Projects group on 1 800 004 971.



The Troubadour Acoustic Music Club

proudly presents **Jeffrey Schollar**

& Arch Bishop

for one day only at the CWA Hall Woy Woy

March 29, 7pm

Tickets \$10
Concession \$8
Members \$7
Tickets available at the door. see www.troubadour.org.au

4341 4060

Australian Red Cross

VOLUNTEERS NEEDED
Join the Hands On Team and with only a couple hours a week or fortnight, you can provide companionship to frail aged people on the Coast, through personal touch and emotional support while making new friends.

Call Vicki Langley on 4324 3411 for information.
www.redcross.org.au

Pumps and Bores

Bore water pump & spear point installation, maintenance, repairs & modifications.
PVC pipe & spear points installed that never need cleaning.
Ph John Woolley Lic. No. DL1664
Phone: 4342 2024

Bores and Spears

Install high quality pumps and maintenance free spears, existing systems reconditioned, all work guaranteed.
Ph: Warren Greenway
Ph: 4341 7736 Mob: 0408 225 390
Lic No. DL1960

Pure Value

Advertise now in this space for only \$35 + GST. At such a low price, how can you resist?
Call 4325 7369

Removals

A MAN WITH A VAN
From \$45 per hour
New 6.5 tonne Pantec with tailgate lifter
\$65 per hour
2nd or 3rd man available
www.amanwithavan.com.au
0413 048 091

Security

Alarm Systems
For a full range of security services, try the locals
ALARMS PATROLS - GUARDS ALLPOINT SECURITY
Ph: 4322 1713
Fax: 4322 1753

Tiling

Tiling Plus

To suit your taste, lifestyle and budget. Wall & floor tiling plus landscaping, painting, household repairs & property maintenance
Competitive rates
Pensioner discounts
0439 589 426

Tuition

Violin, Keyboard, Piano, Mandolin, Drum and Guitar lessons available

All Ages welcome. Gain confidence and achieve results
Frank Russell
4342 9099 or 0417 456 929

TODAY'S SCOUTS - NOW IS THE TIME TO JOIN



2008 THE YEAR OF THE SCOUT
www.scouts.com.au
1800 SCOUTS





Rotary hosts exchange students

CONVERT YOUR HOME MOVIES, VHS & 8mm TAPES TO DVD

From \$35.00

- ◆ *Editing*
- ◆ *DVD menus & titles*
- ◆ *Special Effects*
- ◆ *Music*

Can be added for an extra cost



CONVERT YOUR LP'S & CASSETTES TO CD

Prices start from \$15 per record. Cassette prices may vary.

Make your own compilation CD from \$25

Phone Lee on 4340 0530

The Rotary Club of Umina Beach recently hosted 30 Youth Exchange Students from around the world, according to chairman of public relations Mr Geoff Melville.

Mr Melville said that the Rotary club showed the students around the Central Coast.

"Past president Mr Robert Meyer organises the weekend each year," Mr Melville said.

"Their stay included a cruise on the Lady Kendall on Brisbane Waters.

"Also included in their agenda was a trip to the Reptile Park, Challenge Ranch, a bush dance and barbecue and an observation car rally around the Central Coast Beaches."

Press release, 25 Feb 2008
Geoff Melville, The Rotary Club of Umina Beach

APRIL 2008

The Great Australian BITE

Share a bite - help the fight

Host a bite to eat, invite your friends, family or workmates and support **Diabetes Australia**

DIABETES AUSTRALIA
New South Wales

Register as a host today
1300 136 588
by email: gabi@diabetesnsw.com.au
or online: www.greataustralianbite.com.au

Sponsored by

NARRABEEN SPORTS HIGH SCHOOL



OPEN NIGHT
WEDNESDAY MARCH 12 2008
4.00 TO 7.00 PM

4.00pm-5.00pm Sausage Sizzle
5.00pm-6.00pm Tour with Student Leaders
6.00pm-7.00pm Principal's Welcome and Targeted Sports Program Presentation

Is Narrabeen Sports High School a school for sport only? **NO**

Our Targeted Sports Program for talented athletes runs BEFORE school.

- Outstanding results and growth in ELLA, SNAP, School Certificate and Higher School Certificate external examinations.
- Please come and see our Senior Students in afternoon Construction, Hospitality, Photography, Entertainment and Dance Classes.
- Visit our Key Learning Areas and see our wonderful facilities and students involved in theatre, debating, music practice, visual arts, technology, science, maths, history, geography, PDHPE and foreign language activities.
- Talk to our students, teachers and Principal, Mrs. Kerry Rose about the school's programs including plans for girls only and boys only classes.

BROPHY

circus academy

Looking for something different and exciting?

Why not try aerial and tumbling classes run by specialist trainers?

Ideal for children and adults
A great way to keep fit
7 Years to Adults
Niagara Pk & Woy Woy

0438 627 325

www.brophyproductions.com.au



Carley Chapman

Special medals for Carley

Special Olympics Central Coast member and Umina Beach resident Carley Chapman has won several medals for her sporting achievements over the past month.

She played in her first Special Olympics State Title golf game and achieved second placing in the Ladies division, according to mother Ms Jenni Chapman.

The titles were held on Sunday, February 17, at the Royal Sydney Golf Club at Rose Bay.

"Both Carley and Gabrielle,

the Ladies division winner from Sydney, were presented with their medals during afternoon tea at the club house.

On the following weekend, Carley Chapman competed in the Special Olympics State Title for swimming (short course), which was held at Kurri Kurri Aquatics Centre on Sunday, February 24.

"Carley achieved a first in 50m freestyle and 50m butterfly, as well as being fourth swimmer in the freestyle relay and helping her team into first place.

"In addition, Carley achieved second placing in 50m breaststroke,

third placing in 50m Backstroke and fourth placing in the Individual Medley."

Ms Chapman said that the Special Olympics was an organisation that provided year-round sports training and competition for children and adults with an intellectual disability.

Sports offered by the Special Olympics are athletics, basketball, bocce, golf, gymnastics, soccer, softball, swimming, tennis and tenpin bowling.

Press release, 26 Feb 2008
Jenni Chapman

Rugby union club launches season

The Woy Woy Rugby Union club has launched its season, with more than 150 people attending in the team colours, according to club secretary Mr Kevin Dearlove.

The season launch served as a pre-season meeting for the families to get to know the coaches and managers for the upcoming season.

"We were really pleased to see so many Under-18s and Under-19s with their families," said Woy Woy Rugby Club vice president Mr Richard Berntsen.

"The Under-19s are going to be particularly strong this year and, coached by Graham Marshall, we are looking at them to be leaders in the club in 2008."

The launch raised more than \$5000 for Woy Woy Rugby Union, which will go to new training

equipment and jerseys for the current season.

The season launch was hosted by the Bay View Hotel.

Publican Mr Gary Narvo said he was pleased at the success and the behaviour of the players.

"It was great to see the family atmosphere," Mr Narvo said.

"The Bay View provided the food and we were really pleased that the players and families could enjoy a drink and have such a great time".

The launch was also sponsored by Byron Bay Premium Ale and was attended by the director and co-creator of Byron Bay Premium Ale Mr Glen Carey.

For more information, telephone Richard Berntsen 0412 877 277 or Kevin Dearlove 0403 338 302.

Press release, 3 Mar 2008
Kevin Dearlove,
Woy Woy Rugby Club

Life saving championships

Umina Surf Life Saving Club competed in the Ocean Beach Branch Championships last month.

The Masters Championships Carnival was held on February 9 and the Open Championships Carnival on February 16.

The Umina team, consisting of Kerry Armstrong Smith, Peter Braddish, Kimblery Pratt, Jordan Krucler, Ashlee Langford and Leah Langford, received a gold medal for the patrol competition.

Alex Bainbridge gained a first place in the Under-15 Champion

Life Saver division.

Jordan Krucler dominated his age division by winning first place as the Under-17 Champion Life Saver.

Jordan later went onto the State Championships and gained another gold medal in the Under-17 Champion Life Saver at Swansea.

"Jordan now heads for Western Australia to compete in the National Surf Life Saving titles to represent Umina," Umina club secretary Ms Christine Lavers said.

Press release, 5 Mar 2008
Christine Lavers,
Umina Surf Life Saving Club

Netball receives sponsorship

The Woy Woy Netball Association has received \$1500 from a local fast food outlet.

McDonalds Woy Woy donated the sports grant so that the club could purchase new equipment, as part of a sponsorship deal across the Central Coast and Sydney metropolitan region.

The sponsorship package

includes encouragement awards, VIP cards for officials and end of year pennant awards which will be provided to 21 Associations during the 2008 season.

"Netball is a great way for children to participate in social activities in the community whilst being active and keeping fit at the same time," Netball NSW general manager Ms Carolyn Campbell

said.

McDonald's Woy Woy licensee Mr John Ursino said: "We look forward to further building a strong relationship with the Woy Woy Netball Association for the second season and together drive netball at a local level."

Press release, 18 Feb 2008
Sarah Hockey, PPR

Umina Bait & Tackle
PTY LTD

Large Range of BAIT
Excellent Range of TACKLE

FRESH GREEN WEED

CHEAP BAIT

FRESH GREEN WEED

Open 7 Days

LESLIE STREET, UMINA ☎ **(02) 4341 1686**

Coast wins rugby at Woy Woy

Woy Woy Oval hosted the opening round of the NSW Rugby Country Championships on March 1.

Defending Caldwell Cup champions the Central Coast Waves defeated Illawarra in what was described as "a tough battle".

"It was a hard-fought battle throughout, with the game dominated by a very strong southerly wind during the entire 80 minutes," Central Coast Rugby Union president Mr Larry Thomson said.

"The Waves ran with the wind in the first half and went to the break leading 20-5, but the Illawarriors closed the gap to three points in the second half when they had use of the wind.

"Central Coast won the game by 20 points to 17 in a pleasing start to the series."

Unfortunately, the Central Coast Under-19s were "steamrolled" by Illawarra 52-5 earlier in the day.

Central Coast and Newcastle Hunter now sit at the top of the table with four points after the first

game.

"Several players played well for the Central Coast," Mr Thomson said.

"Winger Denis Raft had a good game showing great pace during the game.

"Captain and number eight Andrew Moseley played well, as did flanker Ryan Metcalfe, inside centre Tim Hill and second rower Dave Plunkett."

Central Coast played Central West at Orange on Saturday, March 8, with the final score not known at time of printing.

The Waves will then head off to play Newcastle Hunter at Birmingham Gardens on Saturday March 15, at 7pm.

The Caldwell Cup Final will be played at Sydney Football Stadium on Friday, March 28, as a curtain raiser to the Waratahs v Cheetahs match.

Central Coast currently holds a three-year-straight title win for the Caldwell Cup.

**Press release, 4 Mar 2008
Larry Thomson,
Central Coast Rugby Union**



PLC Pool Lifeguard Challenge Team

Lifeguards win challenge

Gosford Council has placed first at the Royal Life Saving NSW Pool Lifeguard Challenge, winning over \$1000 worth of equipment and training.

Lifeguards from the Peninsula Leisure Centre competed against other NSW aquatic centres to win five out of the six competitions at Blacktown Leisure Centre on February 1.

The event allowed the pool lifeguards to "showcase the high level of expertise that they have", according to council's coordinator of leisure and lifestyle Mr Simon Clarke.

Rescue simulations, obstacle swims, relays and line throws were just some of the activities included in the challenge that were designed to test the lifeguards' skills in rescue and emergency care, leadership and fitness.

Lifeguards from Gosford Pool and the Peninsula Leisure Centre made up the winning team, and included Mick Magurren, Lachlan Staples, Nathan Broadbent, Dean Mackay and Keira Pride.

The prize winnings included two rescue tubes, a training defibrillator and a submergible training dummy.

**Press release, 27 Feb 2008
Kate Carragher,
Gosford Council**

Good results at State surf titles

Umina Surf Life Saving Club has achieved "outstanding results" at the State Age Surf Life Saving Championships held at Swansea from February 29 to March 2.

Jordan Krucler achieved a gold medal as the Under-17 Champion Life Saver.

The Under-14 Female Beach Relay team consisting of Kimberley Braddish, Kate Styles, Allara South and Alison Howell, gained a silver medal for their efforts on the day.

The Under-8 Male Wade Relay team made up of Harry Braddish, Jack Alipate, Mason Oldfield and Shannon Adams, received a bronze medal.

Rachel Wood won a bronze medal in the Under-9 Female Surf Race, while Harry Braddish also received a third place for Under-8 Male Beach Sprint.

"We are very proud of all our competitors who represented Umina and made it to many finals," Umina club secretary Ms Christine Lavers said.

The club will be holding its junior presentation day on Sunday, April 27, from 2pm to 6pm at Club Umina, Umina Beach.

**Press release, 4 Mar 2008
Christine Lavers,
Umina Surf Life Saving Club**

Single entry comp held

The Everglades Bowls Tournament Committee held a single entry competition for 56 players on Australia Day.

With only one green available due to weather and the new synthetic carpet green well behind schedule, the Bowls Tournament Committee decided to run a single

entry competition for 56 players, according to committee secretary Mr Peter Arnold.

"Each player had his own card, recorded his own scores, played three out of four games of triples and did not play with or against the same player in any game, giving every bowler a good chance at the prize money," he said.

"The Committee covered the green fees and the prize money of \$600."

Winners were Allan Quinn, Frank Pengelly, Gerry Pickford, Dennis Ferguson, Charlie Gray, Col Nicholls, Tom Cain and Ray Ward.

**Publication, 21 Feb 2008
Peter Arnold, Coast Bowls News**

For the latest news on what's happening on the Peninsula see....

www.PeninsulaNews.asn.au

● News ● Education ● Sport ● Arts ● Health ● Forum ● Peninsula Diary ● Web directory ●

The Peninsula newspaper's website, a comprehensive collection of editions published to date

PCYC
POLICE & COMMUNITY YOUTH CLUBS

'PUMP' GYM

No Frills/Hassles or Contracts

Take advantage of our low cost rates and save

Weights ~ Boxing

Circuit Boxing

General Circuit

'PUMPing' ('Rocking') Gym on Monday Nights

Our Gym is for use by people of all ages

Monday to Thursday	9:00am-12noon	3:00pm-8:00pm
Friday	9:00am-12noon	3:00pm-6:00pm
Saturday	9:00am-12noon	

To join PCYC

\$5 for under 18s or \$10 for over 18s

Single Gym Session

\$5 for under 18s or \$7 for over 18s

Weekly Gym Session

\$10 for under 18s or \$15 for over 18s

Monthly Gym Session

\$30 for under 18s or \$50 for over 18s

PENSIONER CONCESSIONS AVAILABLE FOR OVER 65's

You can find out more by speaking to Gym staff,

to staff at the front counter or by phoning us on

Ph: 4344 7851 – UMINA PCYC

Osborne Avenue, Umina Beach

Sponsored

by

Peninsula
Community Access

News

Campbells Building Materials

Poly Water tank clearance
*Floor stock only



750L \$375*
1330L \$475*
2500L \$725*



Dogalogue out now!

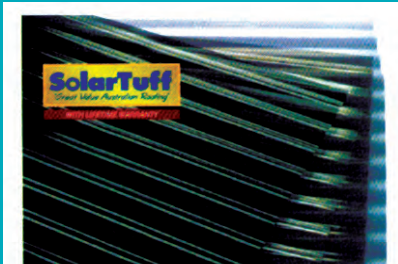
Radiata Dressed
standard boards

Prices per lineal meter

42mmx19mm - \$1.04
70mmx19mm - \$1.45
90mmx19mm - \$1.65
190mmx19mm - \$3.15
240mmx19mm - \$5.79
290mmx19mm - \$7.72



Masonite Underlay. **\$850**
Provides a smooth, even supporting surface for vinyl and cork floor coverings.
1220 x 915 x 5.5mm. 134-9356



Solar Tuff Poly
carbonate Roofing

\$9.95 Lineal Meter
(will require special order)

Laserlite 2000 \$12.50 Lineal Meter

Solagard 8L \$79 bonus
Wattle Solagard paint

brush rrp \$15



Project Panel Plywood. **From \$495**

Exterior grade plywood ideal for any DIY project that will be stored or used inside or outside.

900 x 450 x 3.6mm. 160-4396

900 x 600 x 3.6mm.

160-4404 **\$6.50**

1200 x 600 x 3.6mm.

160-4412 **\$8.95**

1200 x 900 x 3.6mm.

160-4420 **\$12.95**

Phone: 4341 1411

Fax: 4343 1355

100% Locally owned

100% Locally staffed

182 Blackwall Road,
(at the lights) Woy Woy

Closed Good Friday
Easter Monday 9am-1pm

OPEN 7 DAYS

Monday ~ Friday - 7am - 5pm

Saturday - 8am - 4pm

Sunday - 9am - 2pm



HUGE RANGE - Discounted Prices

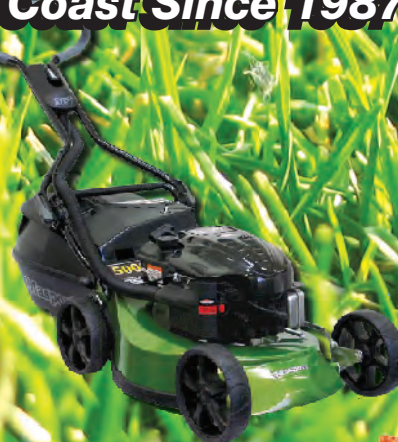
BLACKWALL MOWERS & CHAINSAWS

Ph: 4343 1624 or 4341 1671 **NOT JUST A MOWER SHOP!!** 72 Memorial Ave, WOY WOY
Fax: 4344 4181 Email: blackwall@wix.com.au - www.blackwallmowers.com - Monday to Friday 8am to 5pm - Saturday 8am to 1pm NSW 2256

SALES - REPAIRS - SPARES

Serving the Coast Since 1987

- Modern Workshop
- All work guaranteed
- Authorised Warranty
- Repairer of most brands



ECHO

Husqvarna Masport

BRIGGS & STRATTON

ATOM

Kawasaki

WAGNER

shindaiwa

DOLMAR

Arrens

ROVER