

We're recognised, but not officially

Gosford Council has resolved to acknowledge that the suburbs of Woy Woy, Umina Beach, Ettalong Beach, Blackwall and Booker Bay are known as "The Woy Woy Peninsula".

At the same time, it resolved not to submit the name to the Geographical Names Board for official recognition.

Peninsula News journalist Lyle Stone had written to the council asking that it seek official recognition.

Cr Terri Latella, seconded by Cr Chris Holstein, added the acknowledgement at council's meeting of March 27 to a council staff recommendation not to seek official recognition.

"I note the positives of why it is beneficial to name it that way," Cr Latella said.

"I think it's socially important that the Peninsula be recognised as our Peninsula area."

Cr Latella said they would have preferred to take the name "out to the community to see what the community thought" but stated

that she would accept the motion regardless.

"Given that we do have a wonderful leisure centre down there, leave it as it is," Cr Latella said.

Cr Jim Macfadyen asked why the suburbs of Wagstaffe, Pretty Beach, Hardys Bay and Killcare were included in a map of the Peninsula distributed on the night but not listed in the recommendation.

Cr Holstein said that the officers report had come back "mindful and aware that it has always been those five (areas)".

"If you start taking it out into areas suggested by Cr Macfadyen you'll get into all types of issues," Cr Holstein said.

"We are not talking about the Geographical Naming Board, just acknowledging that the area is commonly known as the Peninsula."

Cr Malcolm Brooks suggested that it be acknowledged as the Woy Woy Peninsula, as Woy Woy was the gateway to the other suburbs.

Council agenda COR.20,

March 27

Lyle Stone, March 28



A gas well installed at the Kincumber Tip

Tip gas to power 400 homes

Earthbound gas from Woy Woy and Kincumber rubbish tips will be sold under a contract between Gosford Council and AGL.

Mayor Cr Laurie Maher has announced the contract, which would see the gas converted into "green" electricity.

"Landfill gas" consists of 45 to 60 per cent methane and 40 to 60 per cent carbon dioxide and is created by the decomposition of organic material," Cr Maher said.

"This project is a win/win situation as it prevents landfill gas emissions

entering the atmosphere while providing a clean energy source that eliminates the burning of fossil fuels."

Council officers stated that the installation of the gas wells for the extraction of landfill gas was already complete.

They stated that gas flow rates from the wells were now being monitored and extracted gas flared off prior to the installation of electricity generation units that would be powered by the landfill gas.

They stated that flow rate

monitoring would take a minimum of six months, followed by the installation of generators.

"The generation units will be connected to the local electricity grid and collectively produce enough green energy to power up to 400 homes annually," Cr Maher said.

Council officers stated that present estimates put the commercial gas life of the landfill sites at around 15 years.

**Press release, 29 Mar 2007
Marion Newall, Gosford Council**

Anzac Day service at Empire Bay

Empire Bay will host an Anzac Day service at the cenotaph near the waterfront at Empire Bay, commencing at 11am on April 25.

"The service is conducted annually and last year attracted around 500 people with over 20 wreaths laid by ex-Serviceman, and children representing their fathers and grandfathers wearing their medals," Anzac Day committee

member Mr Geoff Melville said.

Mr Melville said the service was a "very important event" in the area.

The Empire Bay and District Progress Association recently received a grant from the Federal Government to have the cenotaph restored.

**Press release, 11 April 2007
Geoff Melville, Empire Bay and District Progress Association**

Traffic changes for Anzac Day

The Brisbane Water police command has provided a list of traffic changes for Anzac Day ceremonies at Woy Woy and Empire Bay on Wednesday, April 25.

Senior constable Dave O'Shea said that the Woy Woy dawn service would commence from the Woy Woy railway interchange at 5.15am under police escort.

It would then turn left into Brisbane Water Dr, right into The Boulevard and Brickwharf Rd and into the cenotaph.

Sen Const O'Shea said there

would be some minor road closures for about 10 minutes.

Sen Const O'Shea said the morning service assembly would commence at 9am in Deepwater Plaza carpark.

The march would then move into George St, left into Victoria St from 9.30am, turn left into Blackwall Rd and then right into Brisbane Water Dr.

The march would then turn right into The Boulevard and Brickwharf Rd and then into the cenotaph.

Sen Const O'Shea said some minor and rolling closures by police

and SES could be expected during the march.

"We don't believe any streets will be closed for any great length of time," Sen Const O'Shea said.

Sen Const O'Shea said that the morning service at Empire Bay would see the closure of Sorrento Rd and the boat ramp to all traffic from 10am until 11.30am.

The closure would involve barrier boards controlled by rural fire services personnel with traffic diversions in place via Rickard Rd.

**Press release, 10 Apr 2007
Dave O'Shea, NSW Police**

THIS ISSUE contains 57 articles. Read more at www.PeninsulaNews.asn.au

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Andrews meets senior police and Chamber

Member for Gosford Ms Marie Andrews has met with senior police and Peninsula Chamber of Commerce president Mr Matthew Wales to discuss vandalism and anti-social behaviour.

Brisbane Water Local Area Command's Superintendent Max Mitchell and crime manager Chief Inspector Darren Bennett met with Ms Andrews and Mr Wales to discuss issues raised by Peninsula businesses and the community at large.

At the top of the list for discussion were incidents of malicious damage, antisocial behaviour and vandalism.

"The superintendent and crime manager gave us a good hearing," said Ms Andrews.

"We were advised of a number of operations already underway on the Peninsula with a number of new initiatives about to begin.

"Supt Mitchell is keen to develop a regular newsletter for the business community in cooperation with the Peninsula Chamber of Commerce.

"He also welcomed the State Government's commitment to provide \$100,000 funding for a mobile police station.

"It is important that we as a community work together to resolve these issues and I would encourage interested local businesses to develop a relationship with the Umina Police and Community Youth Centre (PCYC) to which two full time police officers are assigned.

"Our local police do a tremendous job under difficult circumstances at times and it is important businesses and residents assist by reporting all incidents of crime."

**Press release, 3 Apr 2007
Marie Andrews,
Member for Gosford**



The waterfront at Brick Wharf Rd

Residents meet about cycle path

Plans by Gosford Council to build a shared footpath-cycleway along the waterfront at Brick Wharf Rd, Woy Woy, have angered some residents.

A meeting was held on April 12 by several Peninsula residents at Lions Park, Woy Woy, about the proposed pathway.

The proposal is part of the Gosford Council's Cycleways Strategy and is said to provide a safe link for commuter and recreational cyclists along the Brisbane Water Foreshore.

According to Brick Wharf Rd resident Bryan Pritchard, the

proposed pathway is "absolutely stupid" since it poses "safety concerns" to potential pedestrians and cyclists.

"It's going to be a monstrosity if this plan goes ahead," Mr Pritchard said.

"The proposed path will intersect the boat ramp where people launch their boats and kayaks.

"This not only causes a number of safety issues for the people crossing the boat ramp but also has the potential to harm the environment."

Mr Pritchard said the "majority" of Brick Wharf Rd residents opposed the pathway being built outside

their backyards.

"From my understanding 13 houses, which will be directly affected by the pathway, oppose it," Mr Pritchard said.

"The pathway is going right up against our back fences.

"We only have a limited time left to let the council know how we feel about the pathway."

Mr Pritchard said the aim of the meeting was to "make locals aware" of the proposed pathway and "give them the opportunity" to write submissions to council.

The proposed pathway will be on public exhibition until May 4.

Clare Graham, 12 Apr 2007



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Forum

Trees endangered in Ettalong

I had a sympathetic response to my letter on the endangered trees in Ettalong, and also some useful suggestions as to how I should proceed.

First I rang an arborist, and by happenstance, spoke to the same man who had surveyed the trees for Gosford Council.

He gave me the bad news, confirmed the next day by a town planner in the council, that it was out of council's hands.

The mad monarchs of Macquarie St have rezoned the whole of Ettalong for villas and townhouses and even if it wanted to, council cannot stop a development of five villas going ahead on that site.

The trees are too large and too close to the buildings to survive.

Further, because of the requirement that any site has to drain to the road, and not to the sides, a metre of fill would have to be placed where the trees are, effectively killing them.

Of course "appropriate trees and shrubs" would be planted at the front.

However, we all know that any trees that manage to raise their heads above the roofline will immediately be pollarded or worse still disembowelled by the electricity commission to allow clear access for their cables. Isn't it time cables went underground?

Forum

The implications for the area are sad.

In a few years, every large tree on a residential block will go as the house becomes uneconomic to maintain and the land is sold for re-development.

Comments from the experts are illuminating:

Town planner: "Some people expect council to retain every tree!"

Old growth trees, yes, we do!
Arborist: "Trees are a renewable resource!"

Not in my lifetime, they are not
On a final sad note, all these rezonings were made with such good intentions.

But we all know where the road paved with good intentions leads, don't we?

Nancy Marchant
Ettalong Beach

Rare birds should convince council

The longer the council defers its decision on the Providence Projects DA at Umina on the corner of Hillview St and Veron Rd, the more worried I get.

How has this DA even been considered?

Are the council just worried about the consequences of making a decision?

There are countless reasons to reject this project and I can't think of one reason that it should be approved.

Forum

We read just this week that rare birds are being seen around Umina High School.

Where do you think these birds are breeding?

That alone should be enough to convince the council that this is land worth saving.

The Peninsula is almost completely developed.

Let's leave some vegetation on the flat bits!

Ross Cochrane
Woy Woy

More forum pages 10, 11 and 15

Peninsula News bucks the trend

While prices are increasing everywhere else, *Peninsula News* management has decided to continue as it has over the years by bucking the trend and **this time significantly reducing advertising costs.**

Display advertising now costs a minimum of 10% or more less than in 1999 and by advance booking, prices are now up to 50% off the new reduced rates.

Full colour costs have also been reduced.

They are now 50% less than in 1999.

Classified advertising costs have also been reduced.

They are now 37.5% less than in 1999.

Peninsula News was the first to have all articles on its own website, the first to use and publish an email address, the first to hold prices since commencement in March, 1999 and now after 8 years of publishing, the first to reduce prices significantly.

This has been made possible because the publisher of *Peninsula News*, Ducks Crossing Publications, now also publishes a number of other publications and can therefore share fixed overhead costs between those publications.

Also, enormous changes in technology have meant that the publication process is now quicker. Additionally, the expertise of staff has improved dramatically thereby increasing productivity.

Commencing with this edition, *Peninsula News* will continue to be a 24 tabloid page publication and will no longer be quarter folded.

This will result in more news for Peninsula (post codes 2256 and 2257) residents and more space for those articles that haven't been able to fit in the past.

This doesn't mean that we'll let our high standards slip.

There will still be no advertorial and no non-Peninsula specific editorial.

Editorial contributions and photographs are always welcome.

We trust that you'll continue to enjoy Peninsula News.

A copy of our new rates is available on request or from our website www.duckscrossing.org.

If you'd like more information or to place a booking, please feel free to call 4325 7369 or email us at mail@peninsulanews.asn.au.

Responsibility to protect rare birds

Forum

as mown foreshore reserves.

Nest sites are mere scrapes on the ground, not unlike that of the Masked Plover.

As a consequence, the birds are under an increasing threat from introduced predators, particularly foxes and cats, although unleashed dogs and human activities are also having a detrimental effect.

For anyone old enough to remember, the eerie night-time calls of the Bush Stone-curlew were once familiar sounds on the Brisbane Water foreshores.

But, over the last 50 years, much of the Bush Stone-curlew's former preferred habitat has been destroyed for "development".

St Hubert's Island is an extreme example of an estuarine wetland destroyed for housing.

Adcock Park at West Gosford, Frost Reserve at Kincumber, Roger's Park and the outer playing fields at Woy Woy Oval are all former wetlands, used as rubbish tips and filled to create playing fields.

Sometimes, in our rush to make our personal environment conform to our needs, it is all too easy to ignore what we have destroyed in the process.

The future of the Bush Stone-curlew on the Central Coast, in our own backyard, is now desperate.

As a community, we have a responsibility to protect these animals from local extinction.

Alan Skinner
Saratoga

Stand up for the Peninsula

Why is the council so insular about identifying the Peninsula?

And why is the council so obtuse about the long-standing use of the name, Woy Woy Peninsula?

We could name the new cycle-pedestrian bridge the Peninsula Bridge and erect a tourist sign proclaiming "Welcome to the Woy Woy Peninsula" (Woy Woy to Patonga and in between).

Let's stand up and be counted and put it to the vote.

We're passionate about our Peninsula.

Council, please don't sink the boat!

We should have some T-shirts

printed "Woy Woy Peninsula and proud of it!"

Rosemary Marcus
Umina Beach

Forum

Letters to the editor should be sent to:

Peninsula News
PO Box 532,
Woy Woy 2256

or

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See Page 2 for

contribution conditions

Peninsula News

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Caldicott to speak at Leagues Club

The Woy Woy Environment Centre will be presenting a talk entitled "Nuclear Power is not the Answer" by anti-nuclear campaigner Dr Helen Caldicott.

The talk will be held at the Woy Woy Leagues Club, on Tuesday, May 8, from 7.30pm.

"Physician and author of 'Nuclear Power is Not the Answer', Helen Caldicott is one of the world's leading campaigners on nuclear issues and is president of the Nuclear Policy Research Institute in the US," environment centre publicity officer Ms Zainem Ibrahim said.

"She has had personal meetings

with US Presidents and been nominated for the Nobel Peace Prize.

"The prestigious Smithsonian Institute has named her as one of the 20th century's most influential women."

Entry to the event is \$5 and bookings are essential.

Ms Ibrahim said the admission fee would cover the cost of booking the venue while any proceeds and donations would go towards the environment centre.

For more information or to book, telephone Wayne Quenelle on 4341 2327.

Press release, 30 Mar 2007
Zainem Ibrahim, Woy Woy
Environment Centre



Umina Beach foreshore facing south

Residents call for beach management advice

The Peninsula Resident's Association will urge Gosford Council to seek advice on best practice foreshore management.

The association met recently to hear from the community and to set its major focus issues for this year.

Matters raised included a call for council to get "expert up to date opinion" regarding the Ettalong foreshore and entire Umina Ocean Beach foreshores, and recent vandalism and "social disturbances" at Umina.

Association secretary Ms Sheelagh Noonan said Collaroy Council was following best practice regarding the management of its beaches by seeking the opinion of Sydney University expert Professor Peter Cowell.

"It would in the interests of the present and future Peninsula community for similar steps to be taken by Gosford Council," Ms Noonan said.

"The current plans are based upon 1995 information which needs to be updated in the light of climate change."

Ms Noonan said the association was also concerned about recent vandalism and social disturbance at Umina.

"We support the task force being set up by the Police to address the issues.

"We hope to have a community forum on the matter later this year."

Meetings for the resident's association are held on the third Saturday of each month, with the next meeting on April 21.

Press release, 10 Apr 2007
Sheelagh Noonan, Peninsula
Residents Action Group

Council works

Gosford Council is currently conducting works at Ocean Beach, Umina Beach and Daleys Point.

At Ocean Beach Surf Club, the rebuilding program is currently in progress, with the walls being established.

At Umina Beach Surf Club, the building is being formed up from the ground floor slab, following the completion of foundation piling.

At Umina, footpaths and accesses are being reconstructed on Mt Ettalong Rd.

Ocean Beach Rd will be closed at Wellington St, Umina, this week to allow construction of a roundabout.

At Daleys Point, rock walls and passing bays are being constructed.

Press release, 27 Mar 2007, 3 Apr 2007
Karen Weber, Gosford Council



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Salads

Greek salad	\$9.99
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Warm chicken salad layered with mixed salad, goats cheese, parmesan, pine nuts & light balsamic dressing drizzled w our special rocket pesto	\$16.99

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Garlic bread	\$4.99
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Mains - From the ocean

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Bowl of tiger prawns w dipping sauce & Turkish bread	\$19.99
Whole fish of the bay w lime & dill butter, tomato salsa & roasted potatoes	\$27.99

Mains - From the land

Curry of the day w steamed basmati rice	\$17.99
Pearl burger - 150g scotch fillet w bacon, cheese, caramelised onions, garlic aioli, salad & chips	\$19.99
Char grilled scotch fillet w asparagus, béarnaise sauce & candied yams - allow 25+ mins	\$25.99
Twice cooked duck breast w berry jus, roasted beetroot & kumera crisps	\$26.99

Mains - From the garden

Quiche of the day w side salad	\$13.99
Linguini w pan fried cherry tomatoes, basil, olives, fetta & anchovy butter	\$15.99
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Talks, trading and sustainability at Environment Centre

Talks, a trading day and a sustainable home visit are all events planned through the Woy Woy Environment Centre over the next three months.

The events include a Local Exchange and Trading System (LETS) pamper morning, a talk on native plants of the Peninsula, a talk on the community and the environment and a visit to a sustainable home.

The LETS pamper morning will be held on Sunday, April 22, from 9am to 1pm.

The event will feature yoga, meditation, reflexology, mini-facials, massage, Polynesian floor work and massage, pedicures, reiki, tarot readings and homemade natural bodycare products.

"It won't cost you a cent if you become a member of our LETS community trading system," said environment centre newsletter

author Mr Mark Mann.

"You can join on the day."

A discussion on native plants of the Peninsula will be held on Saturday, April 28.

Nurseryman Mark Snodgrass of Organic Matters and local wildflower photographer Mark Snell will talk about using local native plants in local gardens.

"Local natives are easy to look after, water-wise, attract native birds and help preserve local biodiversity," Mr Mann said.

A discussion on the community and the environment will be held on Saturday, May 5.

Ian Sutton from Equilibrium and Phil Blight from the indigenous Earth Light Project will explain how participants can get involved in local community environment projects.

"Don't miss this talk by two of the coast's most interesting environmentalists," Mr Mann said.

A field trip will be held on Saturday, May 19, to a sustainable home.

Peter Meloy will lead a free tour of his energy-efficient sustainable home in Bensville.

Bookings for the tour are essential and can be made by telephoning Zainem Ibrahim on 4342 6589.

A LETS trading day will be held on Saturday, June 2.

Participants will have the opportunity to find out about LETS, a community-based trading system where participants trade without using money.

For more information about LETS, telephone Korina on 4344 6185.

Mr Mann said all talks are free, start at 10.30am and run for about one hour and, apart from the tour, bookings are not necessary.

**Press release, 5 Apr 2007
Mark Mann, Woy Woy
Environment Centre**

Licence suspended on alcohol charge

A Killcare Heights woman was charged with high range prescribed concentration of alcohol offence and her licence immediately suspended in an incident over the Easter long weekend.

The charge was among several to take place across the local area as part of Operation Tortoise, conducted by police from the Brisbane Water Local Area Command Traffic Services.

Senior Constable Dave O'Shea said that at around 11pm on Friday, April 4, the 38-year-old woman was driving along Araluen Rd, Hardys Bay, and collided with a parked vehicle.

Sen Const O'Shea said her vehicle then spun 180 degrees to the wrong side of the road and collided with a vehicle in oncoming traffic.

"She was subjected to a roadside breath test which showed a positive reading and later underwent a breath analysis at Woy Woy Police Station which gave a reading of 0.203," Sen Const O'Shea said.

"She was charged with high range PCA and her licence was suspended immediately.

"She will appear at Woy Woy Court at a later date."

Operation tortoise concluded at

midnight on Monday, April 9.

Sen Const O'Shea said that, in the five days of the operation, police from the Brisbane Water command breath tested 1112 people and, of those, 10 were arrested and charged with drink driving offences.

"There were a further 22 traffic charges proffered against offenders," Sen Const O'Shea said.

"There were 47 infringements notices issued for 'exceed speed' offences and 288 camera frames were exposed.

"A further 158 infringement notices were issued for other traffic offences.

"There were 21 crashes in total for the five days, eight of these involved injuries to people and three involved alcohol.

"Overall we experienced a 120 per cent reduction in the number of positive tests while only increasing the number of people tested by two per cent.

"However alcohol crashes increased by 67 per cent and injury crashes by 88 per cent.

"These are obviously worrying trends which we are investigating now to determine which is the best course of action."

**Press release, 10 Apr 2007
Dave O'Shea, NSW Police**

Attack on farm animals upsets

Brisbane Water Secondary College acting principal Mr Frank Gasper said an incident last month involving the death of one of the school's farm animals was "very upsetting".

Two intruders broke into the school after hours on March 5 and killed one animal, injuring two others.

The following day police were called to the school after the animals were found.

"Such incidents are extremely rare at this school despite the fact

that our site has been so exposed to intruders because of the lack of a perimeter fence," Mr Gasper said.

Mr Gasper said the school was in the process of having a security fence completed.

"Hopefully this alone will act as a deterrent to prospective intruders," Mr Gasper said.

According to police, a large white duck had been killed after suffering injuries to its wing, back and head.

Police also found two pigs to have injuries to their legs and eyes.

Police said they later spoke with two 14-year-old boys who were taken to the police station.

Investigations into the matter continue.

Mr Gasper said the staff and students "devote so much of their time and emotional energy" into preparing the agricultural animals for shows.

"We are sure that this will not affect their determination to maintain the outstanding performances they have already achieved," Mr Gasper said.

Clare Graham, 12 Apr 2007

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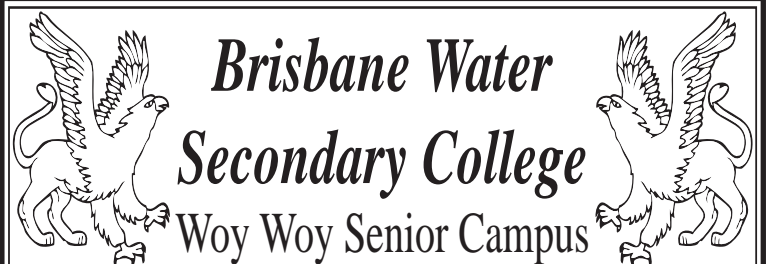
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Dear Peninsula News reader,

Brisbane Water Secondary College is holding an exciting day called Green Day on May 2nd.

The purpose of the day is to launch an extension of our recycling programme to include plastics, tins, glass & cartons, but the day will have a large environmental focus with competitions, special assemblies and all classes working on the same theme for the day

We are hoping that you may be able to support our efforts by providing some form of sponsorship. Some possibilities include:-

- For \$150 sponsoring a yellow recycling bin on which your company name will appear for year round advertising
- A contribution towards a bin, however small.
- Vouchers or prizes for competitions being run on the day.

Thank you for your time and attention.

Linda Langmaid

The Green Team at BWSC

Pamela McAlister

(Relieving Principal)

Edward Street, Woy Woy, NSW 2256 - Phone: 4341 1600

Email: linda.langmaid@education.nsw.gov.au

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Groundwater injection plans not ruled out

Gosford Council has not ruled out the possibility of adding high quality recycled effluent from Woy Woy sewage treatment plant to groundwater on the Peninsula.

The Council resolved to "note the progress being made on the water recycling strategy and drinking water substitution projects".

However, a council spokesman told Peninsula News last week: "The use of recycled water as a salt water intrusion barrier for the Woy Woy borefield was raised in conjunction with 30 other options proposed to the Gosford Wyong Water Authority for consideration to assist with drought management contingency plans.

"However, this proposal is not considered necessary for the borefield scheme presently being implemented," he said.

A report to Gosford Council's Strategy Policy Workshop stated that "recycled water" from the Woy Woy sewage treatment plant could be injected into the Woy Woy aquifer to prevent sea water intruding into the aquifer, under a medium to long term project currently being considered.

It could also increase the yield from the borefield.

The project had been identified by council as part of an Integrated Water Cycle Management Strategy which it said had the potential to supply a "significant volume of water to the region".

Peninsula News submitted a number of questions to council staff on Friday about the status, process and consequences of implementing the project.

"A more detailed response to questions raised by the Peninsula News can be provided early next week should you wish to

defer publishing the article," the spokesman said.

The "Water Sustainable Seawater Barrier Scheme" involves the injection of recycled water from the Woy Woy sewage treatment plant into the Woy Woy aquifer, according to the report to Council.

This was designed to prevent seawater intrusion into the aquifer, providing "up to 100 per cent additional flow from the ground water to the drinking water supply system".

The report stated that the aquifer was a "shallow unconfined sand aquifer".

"A drinking water project is underway to extract the freshwater from this aquifer to augment the Gosford potable supply.

"The sustainable yield for the drinking water project is four megalitres per day.

"The sustainable seawater barrier scheme consists of a series of injection bores around the perimeter of the freshwater aquifer.

"Recycled water will be injected into the salty-freshwater interface to create a barrier to prevent seawater intruding into the fresh drinking water aquifer.

"This project provides an additional three megalitres a day to the sustainable yield of the drinking water extraction scheme.

"Preliminary hydro-geological modeling has been undertaken and indicates that the groundwater flows towards the saltwater perimeter of the aquifer, consequently it is unlikely that the recycled water will be drawn back against the hydraulic gradient towards the drinking extraction bores, however further modeling is required."

Council reported that the cost of the project would be \$26.6 million.

Other schemes being considered

are located at Bateau Bay, Toukley, Warnervale, Charmhaven and Wyong South.

Other schemes include a water factory flow substitution at lower Wyong River, a Gosford CBD water mining demonstration project, the Kincumber Dual Reticulation Scheme, the Niagara Park Stormwater Harvesting Scheme and the Terrigal Water Mining Scheme.

The schemes all fall under council's Central Coast Water Recycling Proposal.

The report from council staff stated that the Gosford and Wyong Water Authority were in the process of completing an integrated water cycle management strategy that had identified a "range of potential options" for meeting a shortfall in water availability.

It stated: "A key component of this strategy is the increased use of recycled water.

"A number of potential projects that could be developed in the short to medium term have been identified that could significantly increase the level of water recycling in the area."

The report was provided as part of an update on the status of water recycling and other demand substitution projects operating, underway and planned for the Gosford Council area, at its strategy and policy workshop held on February 20.

It stated: "Water recycling is anticipated to be a major component of Gosford's Integrated Water Cycle Management (IWCM) strategy.

"It is important that the water recycling strategy and individual projects are developed and communicated in the context of IWCM and that sustainable outcomes are achieved."

Council agenda SF.2, March 27



The childcare centre being constructed on Nowack Ave, Umina Beach

Childcare hours changed

Gosford Council has extended the hours of operation for a childcare centre in Nowack Ave, Umina Beach.

The change allows the centre to start 30 minutes earlier and run 30 minutes later – from 7am to 6pm.

The council resolved at its meeting of April 3 to defer the matter to allow objectors to be advised that the recommendation to council was to support the hours of operation of 7am to 6pm.

Council had received six letters of objection to the proposal and two letters of support for the altered operating times at the Kids Club Child Care Centre.

A report from council's environmental health surveyor stated that the hours of operation sought were "not extraordinary

when compared to other Child Care Centres and may be necessary for parents who are required to commute to their employment".

"The proposed change does not increase the number of total traffic movements.

"In relation to noise aspects of the amendment, the more significant noise issue is children playing outside and this activity will not be influenced by the proposed amendment.

"In conclusion, I cannot find any reason to substantiate the refusal of the proposed amendment."

Gosford Council resolved at its meeting on August 1 last year to grant consent for a Child Care Centre with a condition which restricted its hours of operation to between 7.30am and 5.30pm.

Council agenda ENV.15, April 3

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The Lacemate lace retainer

Peninsula product makes its debut

A product invented by a Peninsula resident is set to make its debut appearance at the Australian Fitness Expo in Sydney from April 20 to 22.

The product, Lacemates, features a pair of lace retainers and sock garters, replacing the electrical tape used by many sportspeople to cover laces and socks.

Woy Woy resident and inventor of Lacemates Ms Lisa Loudon said she came across the idea after noticing the amount of electrical tape littering local sports fields.

"When my sons finished their football games, it would be the club members and parents left to clean up the field," Ms Loudon said.

"And most of the rubbish was electrical tape that the kids had used to fasten their laces and socks with."

Ms Loudon said she spent the next 15 years developing a product that would be stronger and more aesthetic for all sportspeople.

Ms Loudon said that one of the

major difficulties she came across was finding a durable fabric that stretched and was waterproof.

"Owning an upholstery business allowed me to investigate all the different fabrics available on the market," Ms Loudon said.

"There was nothing available when I came up with the idea, which I could use.

"I had to wait all that time for someone to invent the fabric.

Ms Loudon said she is "very excited" and "looking forward" to showing her new product at the Australian Fitness Expo at the end of April.

"It has been a hard slog, especially financially to get Lacemates up and running," Ms Loudon said.

"But I have no doubts in the potential of my product to the sports market in Australia and overseas.

Ms Loudon said she hopes to expand Lacemates to countries all across the world since the product is suitable to a range of international sports including

soccer, rugby league, rugby union, baseball, gridiron and hockey.

Ms Loudon said she has gained "tremendous support" from the Federal Government and Austrade in her journey to succeed.

"I knew it was going to be tough to try and break into the Australian and international market so I sought help from the Government," Ms Loudon said.

"They gave me all the help I needed to protect Lacemates from being reproduced.

"I am very lucky to have them on board."

Ms Loudon said she hopes to expand the product in the near future and set up production here on the Peninsula to help employment growth.

"The business would create a lot of jobs for the area," Ms Loudon said.

"I would need at least 10 machinists, a screen printer and laser cutter to handle the workload."

Clare Graham, 12 Apr 2007

April rain on target

Rainfall on the Peninsula for the month until April 13 was 58.4mm, according to Woy Woy resident Mr Jim Morrison.

This was just under half the monthly average of 125.7mm, with more than half the month to go.

A total of 52.5mm was recorded over Easter, with 25mm being recorded on the Saturday, 15.2mm on the Sunday and 12.3mm on the Monday.

A total of 265.9mm had fallen for the three months to the end of March, 85mm short of the average

rainfall for the first three months of the year.

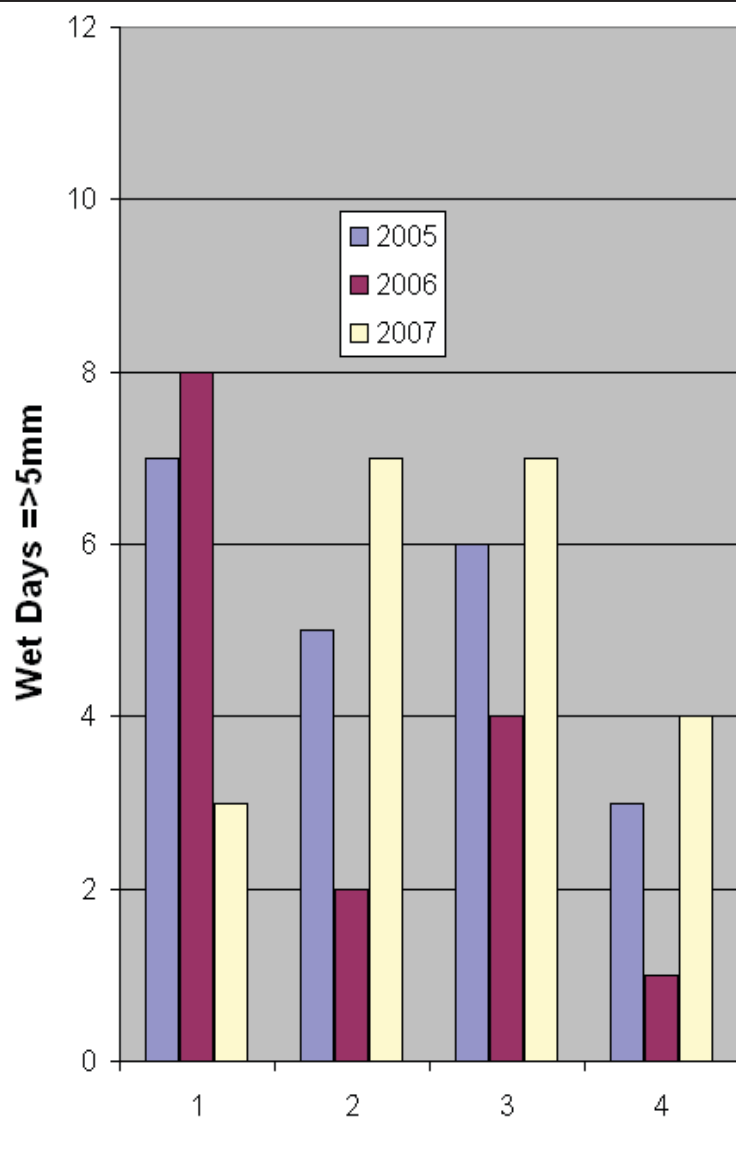
Rainfall at the end of March was about 76 per cent (three quarters) of average.

Mr Morrison said that there had been 21 wet days on Peninsula so far this year.

There had been 17 wet days at the end of March, compared to 15 wet days last year and 18 the year before.

Mr Morrison defined a wet day as one where five or more millimetres of rain had fallen.

Mark Snell, 12 Apr 2007



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Andrews stays against rate rise

Marie Andrews has "entered the history books" as the last Member for Peats and the first Member for the newly redistributed seat of Gosford on March 24.

"I feel very honoured to have been re-elected to State Parliament as the Member for the electorate of Gosford," Ms Andrews said.

"It has been my great pleasure since 1995 to have represented the former electorate of Peats.

"The newly-formed electorate of Gosford incorporates approximately two thirds of the area formerly known as Peats, together with Gosford, East Gosford, North Gosford, Point Frederick and Springfield.

"Whilst it is my intention to retain my electorate office in Woy Woy, I will ensure that I devote time and energy towards looking after the needs of all areas within my electorate.

"As the local State Member, I intend to continue my campaign against a rate rise proposed by Gosford Council."

Ms Andrews said that in the week leading up to the State elections, she attended all three community forums organised by council where she stressed the point that it had failed to address the basics such as drainage, road infrastructure,

kerb and guttering and now the continuing problem of dirty water.

"Residents are telling me they simply cannot afford a rate rise due to the increased cost of living, higher interest rates and huge hikes in the cost of petrol," Ms Andrews said.

Ms Andrews said that she had currently received over 5000 signatures opposing the proposed rate increase.

"I will continue with my campaign until council comes up with other ways of raising revenue," Ms Andrews said.

"There is always the option of improving how council manages its current income."

Ms Andrews said that during the election campaign a number of commitments were made by the lemma Labor Government to the Gosford electorate and she wanted to assure residents that she would be working "relentlessly to ensure that those commitments are honoured".

"I thank residents for their vote of confidence in me to continue on as their State Member and I give my assurance that during this term I will continue to agitate for the electorate's share of the State Budget," Ms Andrews said.

**Press release, 13 Apr 2007
Marie Andrews,
Member for Gosford**



Pelican Island as seen from Brick Warf Road Woy Woy

Islands to be weeded

Weeds are to be removed from Rileys Island and Pelican Island Nature Reserves to restore endangered ecological communities and conserve fauna habitat.

The National Parks and Wildlife Service (NPWS) has received \$17,990 of funding from Wetland Care Australia to undertake the work.

Wetland Care Australia is funded by Natural Heritage Trust and the Catchment Management Authority (Hunter Central Rivers and Northern Rivers).

"These nature reserves protect three endangered ecological

communities; Swamp Sclerophyll Forest, Swamp Oak Floodplain Forest and Coastal Saltmarsh," said senior ranger Ms Susan Davis.

"The Islands are habitat for many threatened fauna species including: Bush Stone Curlew, Yellow Bellied Sheath Tailed Bat, Little Eastern Bentwing Bat, Greater Broadnosed Bat, Goulds Wattled Bat, Osprey and Pied Oyster Catcher."

Ms Davis said the project would employ two local bush regeneration companies to remove weeds and restore habitat.

Ms Davis said the main weed problems were asparagus fern, bridal creeper, lantana and

blackberry.

"Work carried out through the project will be maintained and extended through work from NPWS staff, Green Corps, TAFE students and community volunteers," Ms Davis said.

The next community day will be on Sunday, April 22.

Participants have been asked to meet at Lions Park, North Burge Rd, Woy Woy, at 9am for a 12.30pm return.

For more information, telephone Deb Holloman on 4320 4224.

**Press release, 4 Apr 2007
Susan Davis,
National Parks and
Wildlife Service**

First president is life member

Local resident Annette Wilson was voted a life member of the Bouddi Society at its general meeting on February 27.

Bouddi Society President Mr Phil Donnelly said Ms Wilson had "a very strong commitment to her community".

"Annette was always very much a team player and her quiet confidence, determination and expertise provided the Bouddi Society with great impetus and stability," Mr Donnelly said.

Ms Wilson was the inaugural president of the Bouddi Society and

the initial editor of the Bouddi News, the newsletter used by the society to "reach into the community".

Mr Donnelly said Ms Wilson was still "actively involved in many of its (community) organisations".

Formerly the Killcare Hardys Bay Progress Association, the Bouddi Society is a cultural group which contributes to the cultural and social life of the Killcare Peninsula.

The group is also involved in financially supporting local charities and voluntary organisations.

**Newsletter, 27 Mar 2007
The Bouddi News,
The Bouddi Society**

Police from the Brisbane Water Local Area Command are seeking assistance to locate a man who was involved in an assault at Umina Beach on April 13.

At about 10.30pm a 39-year-old Silverdale man was walking with friends past a skate park on Sydney Ave when he became involved in an argument with a large group of youths.

A white Ford utility arrived at the scene and one of the two occupants allegedly pushed the Silverdale man to the chest, causing him to

fall to the road where he hit his head.

Police and ambulance officers were called and the man was taken to Gosford Hospital with serious head injuries.

He was then transferred by helicopter to Royal North Shore Hospital for emergency surgery.

As of Saturday, April 14, his condition is believed to be critical but stable.

Police are now searching for the Ford utility, possibly a BA or AU

model with a silver tray back.

Police would like to speak with a man described as being of Islander appearance, about 170cm tall with a stocky build.

Anyone who witnessed the assault or has information that could assist police is urged to telephone Brisbane Water Police on 4323 5599 or Crime Stoppers on 1800 333 000.

**Press release, 14 April 2007
NSW Police Media**

Assault at Umina Beach

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Precinct park would be tourist attraction

I write in reply to the letter from R Braddish (Peninsula News, March 26) about the potential for tourist development on the Peninsula.

The Peninsula Families Action Group is aiming to increase the attraction of tourists to the area by working with Gosford Council and local community organisations to develop Umina Precinct Park.

This park would incorporate state-of-the-art vandal-proof play equipment for children of all ages, trike track, adult exercise equipment, covered picnic tables and lots of shade.

This will be a fantastic community resource as well as a tourist attraction.

Forum

Any development needs, of course, to be developed with the ongoing input of all community groups in the area from the surf club nearby to environmental groups to ensure that all care is taken to protect and enhance the area.

Those wanting more information about this development can come along to the Peninsula Park Fun Day on Saturday, May 12, from 10am-2pm where equipment and plans will be on display as well as lots of activities for families.

Debbie Notara, Umina

It is incredible just how conditioned we as a species have become.

No sooner do we see somewhere which is naturally beautiful than we want to add to it or change it in some way: we want to get more people to come to it, principally so that they will part with their money. (Tourist Opportunities for Secret Retreat, Peninsula News March 26)

This is happening all around Australia, so that apart from those areas of the coast locked up in National Parks, and even they are under threat, everywhere is beginning to look the same.

Wouldn't it be easier if people who want the razz-a-mataz go to the Gold Coast or The Entrance in the first place and leave some places for the rest of us?

It is no wonder that authorities maintain that internal tourism is falling.

Overseas tourism will also drop, once people realize that all the natural, wild places have been changed or tamed or are threatened with flooding or drought.

We are slow to grasp that every change we make to the

Talk of climate change like smoking

Forum

environment, has an impact on the ecology of the area, so that eventually the very things which attracted us there are gone for ever.

As Mark Taylor, director of environmental science at Macquarie University has so aptly said, we are "trading a potentially secure future for the 'instant scratchie' of economic growth."

Money is all we ever seem to think about.

No one is willing to face up to the uncomfortable realities of our present lifestyle.

We just want to make, sell and consume regardless of the future.

We all talk about climate change but in much the same way as smokers constantly talk about giving it up but only a few actually do.

We seem unable to grasp the fact that it means changing our thinking; living differently and yet it is a war we have to win.

Instead of this, every level of government has adopted a "business as usual" policy.

We must have our every desire

satisfied and God help every other species.

Our local government, for instance, is determined to continue with its policy of rip it out, pull it down or concrete it over, for vested interests must make their money before moving to higher ground.

Why is our Council so unconcerned about climate change and the expected inundation of much of our low lying areas?

Waringah Council and the Gold Coast Council are very concerned and are even buying back some irretrievable properties.

The insurance industry is very worried.

They know that climate change is here, now.

If the earthquake in the Pacific had been any further south then the tsunami warnings might have been for the Peninsula.

The whole of our coastline has been under the sea previously.

What makes us think it cannot happen again?

Let's face up to the problem and stop trying to re-create the planet.

Margaret Lund
Woy Woy

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Reason to abolish compulsory voting

There are compelling reasons to abolish compulsory voting as soon as possible.

Can all parties who favour voluntary voting identify themselves soon please?

Compulsory voting is a dysfunctional imposition maintained to support the two-party tyranny.

It forces the major parties' platforms to the centre of the spectrum and has made them look-alikes.

It compels indifferent and poorly

Forum

informed voters to support often mediocre politicians sometimes perverted by non-transparent factionalism.

Voluntary voting, common in almost every Western democratic society, is an idea whose time is really long overdue in Australia.

In the recent NSW election, voters were, again, compelled to vote for the least unappealing major party.

What real choice is that?

It really is disgraceful.

Who will abolish compulsory voting?

Not the major parties!

That is why voters must seek

out reformist "minor" parties and independents whose chances in the current system are so minimal as to be hardly relevant.

Remember this, minor parties remain minor as a result of the system.

Diversity is not served.

New ideas don't get up.

Could voters please look at what happens elsewhere?

Voluntary voting and proportional representation are the norms there.

Klaas Woldring
Pearl Beach

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Councillor resists WorkChoices

It's clear that there is a concerted effort by the Federal Government to transfer council employees to the unfair WorkChoices system.

The Federal Workplace Relations Minister is openly backing councils across the country to transfer employees to WorkChoices.

Changes proposed under some Queensland Councils will see employees working a 45-hour week which means less time with their families and increased work pressure.

This will also allow councils to trade away other entitlements such as annual leave, overtime rates and sick leave and will also eliminate unfair dismissal claims.

If the Federal Government gets their way, the working conditions of council employees will be eroded.

Forum

I will continue to lobby my fellow councillors to resist WorkChoices at every possible opportunity.

Today I call on Jim Lloyd to stand up for Central Coast families by rejecting the push by his government to attack the working conditions of local council employees.

I have invited Jim Lloyd to attend meetings with council workers in the past and to date he has failed to take me up on this offer.

I again extend the offer to convene a meeting with council employees so Jim Lloyd can publicly reject his government's attempt to force WorkChoices upon local government employees.

Jim Macfadyen
Pretty Beach

Rare species face multiple immediate threats

Forum

environmental grounds.

The current plan does not consider the bush stone-curlew.

Across the road at Umina Campus, the two main UCSW areas have been damaged by mowing, trampling, vehicles, sheep, rubbish-dumping, building and landscaping works.

The most recent damage appears to be from spraying of poison in one of these areas.

At Burrawang Reserve, regular incursions by motor vehicles have damaged UCSW vegetation.

Originally, this was by dumped cars, more recently by Council's heavy vehicles and now by motorcycles ridden regularly in the reserve.

Council's plans to extend the adjacent Nambucca Drive playground are only likely to result in further damage to this UCSW site.

Adjacent to Umina Oval and the caravan park is another neglected and degraded public reserve of UCSW. It's survival is threatened by weed invasion and being used for camping.

Council is planning a Precinct Park there, which will put additional pressure on the UCSW area.

At McEvoy Oval, vegetation is heavily infested with weeds and UCSW vegetation in the adjoining PCYC has been under-scrubbed.

On Mt Ettalong Rd, Council recently removed three mature trees from a UCSW area to allow the installation of concrete guttering.

A small patch of UCSW at Ferry Rd, Ettalong, is under threat from foreshore redevelopment plans.

Motor bikes on several sites have caused damage to UCSW vegetation.

These multiple threats are posed by both current activities and future plans.

They need to be addressed as a matter of urgency.

The NSW Department of Environment and Conservation

has developed a Umina Coastal Sandplain Woodland Endangered Ecological Community Restoration and Rehabilitation Management Plan.

This plan lists the 12 UCSW sites left, the threats to each site, and actions that will reduce the likelihood of extinction.

Threats are listed as: further clearing and fragmentation for urban development; weed invasion; rubbish dumping; unapproved track creation; mowing and slashing; too-frequent fire; lack of knowledge of the significance of the vegetation community; sand extraction; and a lowering of the water table for domestic use.

Will you or your children ever hear the call of the bush stone-curlew, or see the unfamiliar flowers of UCSW plants?

Shirley Hotchkiss
Umina

Fishers don't trust officialdom

Channel 9's Sunday program's (March 26) exposé on the science (or lack of it) on grey nurse sharks demonstrates the processes involved in fisheries and marine parks in NSW.

What I saw in that program was that where a fact doesn't fit the theory then chuck the offending fact out.

Back in the 1950s when I started my education, I was taught that the scientific method was to find facts, form a starting theory, test by way of finding new facts and modify the theory; not chuck out those facts that don't fit.

Fisheries said they expected to find seven tagged sharks in 160 surveyed, if their theory of 400 to 500 sharks was accurate, and when they found none therefore it doesn't count?

So if they saw one would it have counted?

What figure were they told to get?

Probably something more than seven would satisfy their political masters.

Certainly not what the Greens and Nature Conservation Council or the lemma party would have liked being released before the recent state election.

This exposé is backed up by

Forum

the personal experience of spear and free diver members of our committee who, like those on the exposé, don't want their spots to be either over-exploited as has happened in the widely known habitat areas or their reasonable legal activities prohibited.

While marine parks were being discussed, the MP scientists/officers were saying, "tell us where your fishing spots are and we will protect them for you" to continue fishing.

Surprise! That's where no-take sanctuary zones were placed.

Fishers have learnt from all that.

The lesson is taken to heart: Don't trust officialdom, extremists masquerading as greens or the just-returned NSW lemma Government.

Ken Bond
Umina Beach

Forum

Heritage must survive

I am the First Principal of Albert Josephson Chapter 119.

We own the Masonic Centre in Railway St, Woy Woy.

The building was declared "heritage" on December 22.


A lot of people in Woy Woy were wondering if the building was going to survive.

Now it is heritage, it must survive.

Les Walker
Killcare

Contributions

The Forum page/s presents an opportunity for Peninsula Residents to have their say. Any opinions expressed on the forum page/s are not necessarily those of the editor or management of Peninsula News. Contributions can be emailed, sent on disks or by handwritten letter. Contributions must include the date, your name, address and phone numbers. Name and Suburb will be published. Anonymous contributions will not be included. Submissions may be published in edited form. All accepted contributions also appear on our website:
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Significant women: Dina Benevol



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A second edition of “Significant Women of the Central Coast 2007” has been published as an International Women’s Day project.

The first edition was published last year.

It was collated by Ms Margaret Hardy, Gosford Council’s Citizen of the Year, on behalf of the Multi

Arts Confederation and Friends of Caroline Bay Inc and printed by Gosford Council in March.

Women included in the publication have been nominated by their friends and admirers of their work, according to Ms Hardy.

“Most have a social conscience which drives them to make a difference, correct

injustices, create works of art, or are creative in their approach to people and life,” Ms Hardy said.

Peninsula News has been given permission to feature the profiles of women of the Peninsula in each edition in further recognition of their contribution to the community.

Cec Bucello, 13 Apr 2007

Dina Benevol became a Pearl Beach resident by accident.

She was invited to a friend’s engagement celebration lunch in Crystal Avenue, back in 1986.

A hopeless map reader, she arrived hours late, just in time to eat the last of the Pavlova, sip the last of the wine and marvel at the beautiful scimitar-shaped bay with its blond sand beach, pushing out its tree-shadows to the seas as the afternoon turned into evening.

The day of that first visit the jacarandas were out, the sea was like liquid turquoise and it was a case of love at first sight.

She returned to Pymont, where she had lived with a partner until his road-death earlier in the year, decided that Pearl Beach would be good for the grief and heart-ache that ailed her, and wished hard.

Almost immediately an oldish house became available for rental, cats and books and other worldly goods were packed up, and in January 6th 1987, Pearl Beach had a new resident.

Dina had originally graduated from Birmingham University in England, as a teacher of English Literature and French.

She taught those subjects in England and then Montreal before arriving here in 1967 with a husband

and three young children.

To her horror she found that in those days if you taught school English in Australia, you had to teach history as a companion subject, rather than another language.

She had to ‘get’ history.

And that was the unexpected beginning of a still-going strong love affair with social history, and with this new love came a profound interest in primary sources.

Finding and working with original documents was infinitely more pleasurable than the dreary memory-tests about politics and wars that had bored her to failure during her own schooldays.

With the encouragement of Dorothy Hart and Mary Hawthorne, she helped the Progress Association set up an archive.

She gave workshops and demonstrations, help with choosing preservation media, and a whole lot of fun all round.

Eighteen years later, that fledgling archive is now a fine collection, and its annual display attract hundreds of people - residents and visitors with happy memories as well as newcomers interested in the heritage of the place.

Dina has written and published two major books about creating and using archives.

“Safe Keeping” was published in 1991 and “School Stories” - which encouraged schools to use their own archival material for teaching history skills - came out in 1992.

Despite their humble beginnings, these books have sold far and wide.

“Safe Keeping” is now out of print and out of date, as electronic record keeping has become much more common, and “School Stories” is being replaced by a trio of books - “Schools make History”.

In order to indulge in what she called “little luxuries like sleeping under a roof and feeding myself”.

She works as a records management/archives consultant in Sydney, and was trained at the State Library in preservation techniques.

One of her proudest achievements has been her research into the preservation and storage of records that has become part of the Australian and International Standard.

Never ever thought I’d end up doing this” she frequently says. “Never passed a history exam in my life,” but that’s Life’s Great Lesson, she is fond of adding “you never know how it’s going to turn out.

One surprise after another. Time and time again.

Significant Women of the Central Coast 2007

Calvary Funerals Blundell & Young



MERGING MEANING AND MOURNING

A funeral can be as unique as the individual being remembered. Even while adhering to traditions and ceremony, a funeral service should reflect personal values, interest and experiences - all the things that formed the rich tapestry of a life worth celebrating.

A meaningful funeral service is also an essential element in the healing process after the loss of a loved one. A funeral provides family and friends with closure after the death, and an opportunity to reminisce about the deceased’s life.

As you reflect on the life of your loved one, and begin to plan a fitting tribute, focus on the unique aspects of their life, and work those key elements into the ceremony. Was your husband an amateur painter? Consider holding a retrospective of his work. Was your grandmother a teacher? You may want to ask a school choir to perform at the service. Weaving your loved one’s personality into the event provides a lasting and honourable representation of who they were in life. Through special music, asking key individuals to speak, involving friends and family, and other special touches, you can creatively bring your loved one’s individuality into the funeral service, evoking fond memories for those mourning the loss.

A few questions you can ask yourself to help organise your thoughts include:

- Some of my loved one’s most important accomplishments include.....
- Some of my fondest memories of him or her are.....
- People who had the greatest affect on my loved one’s life are.....
- My loved one’s favourite music is.....
- My loved one’s hobbies and interests include.....
- Other things that gave him or her enjoyment are.....
- The causes and beliefs my loved one was passionate about are.....
- If my loved one was planning this service, he or she would include.....

NFDA funeral directors offer families information, advice, understanding, empathy and a shoulder to lean on during one of life’s most difficult times.

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Health

Red Cross wants volunteer helpers

The Australian Red Cross is looking for volunteers in the Peninsula area for its Hands On Care service.

"Australian Red Cross' Hands On Care provides companionship, hand care and facial massage to clients in nursing homes, hostels and frail-aged friendship programmes throughout the Central Coast," Australian Red Cross regional fundraiser and PR coordinator Ms Amber Edwards said.

"We would like to invite anyone who would like to meet new people and enhance the lives of the vulnerable, through the Hands On Care program to become a volunteer.

"No experience is necessary and training will be provided.

"The training program goes over two days and covers practical sessions in hand care and massage, infection control, administration, working as a volunteer, working with the elderly and people with

a disability and information on the many activities and services provided by Red Cross.

"It is really sad for our clients when their regular volunteers at a centre go on holidays and we do not have any one to take their place."

Ms Edwards said the contribution of time by volunteers would be greatly appreciated and they would be amazed at what a difference their involvement would make.

"So many of our volunteers, current and retired, are enjoying their time skiing that we need people who can fill the holes."

Ms Edwards said that anyone who had previously done the Cosmetic or Hands On Care training would be particularly welcome for morning tea.

Ms Edwards said the Australian Red Cross was also introducing a new program to provide companionship and foot-leg massages to patients while they are having haemodialysis.

"Patients attend dialysis three

times a week for between four and six hours," Ms Edwards said.

"Many of the patients are men and this is an opportunity for some men to become involved in the Hands On Care service of the Australian Red Cross.

"Full training on the massage procedure, infection control, working as a volunteer will be covered.

"There are two dialysis units at Gosford hospital and one at Lake Haven.

"We hope to be able to attend four sessions each week at each unit and we will need at least three volunteers per session."

Sessions are Mondays and Thursdays from 10am or 3pm for two to three hours.

Telephone Vicki Langley, Hands On Care Coordinator on 4324 3411 or email vlangley@redcross.org.au for more information.

Press release, 26 Mar 2007

**Amber Edwards,
Australian Red Cross**

Stress course for women

The Peninsula Women's Health Centre will be running a group for women on "managing stress" in April and May.

Health education worker Ms Kate Bradfield said the group aimed to teach skills for relaxation and reducing the effects of stress in a relaxed and informal environment.

"We will look at how the ability to relax helps us to remain healthy, as well as having a positive effect on our relationships," Ms Bradfield said.

"The group includes a combination of muscle relaxation

exercises, meditation, visualisation, correct breathing and self-talk.

"These are tools which may be used throughout life, to help us improve and live our lives more effectively and peacefully."

The group starts on Thursday, April 26, and finishes on Thursday, May 31, each Thursday from 10am to noon.

The cost is a coin donation.

Bookings are essential and can be made by telephoning the centre on 4342 5905.

Press release, 5 Apr 2007

Kate Bradfield, Peninsula Women's Health Centre

Dementia forum to be held

Dementia specialist Mr Mo Kane will conduct a forum to discuss Dementia on Wednesday, May 2.

The discussion will be held from 11am at the Woy Woy LEagues Club, Blackwall Rd, Woy Woy.

"Come and ask those questions which have concerned you as you are growing older," forum publicity officer Ms Enid Harrison said.

"This forum may dispell the doubts and myths you have heard about this condition, whether in connection with a spouse or fears for your own future.

"In some cases unfair labels may

be given to people by those with agendas IE for gain in regards to inheritance.

"Or you may have doubts about your memory less or forgetfulness.

"Better to learn the scientific facts to ease your mind, or where to get help.

"The club cafe serves inexpensive meals and you are invited to join with us for lunch afterwards."

For more information, telephone Heather McKenzie on 4342 2197.

Press release, 11 April 2007

Enid Harrison, Dementia forum

Living with teens course

A "Living with Teens" evening course for parents of teenagers will be held each Thursday for six weeks at Umina Uniting Church starting on May 10 until June 14.

The course will run from 7pm to 9pm.

Family worker Ms Sue Tancred said the course was facilitated

by Unitingcare Burnside RAPT (Reconnecting Adolescents and Parents Team) and aimed to provide parents with basic tools to help them maintain good relationships and communication with their children throughout their teenage years.

"The course covers topics such as normal development of teenagers, discipline, communication skills, self-esteem and sexuality and drug

and alcohol issues," Ms Tancred said.

Ms Tancred said there was no charge for the course and that childcare was not available.

"Supper will be provided," Ms Tancred said.

For bookings, telephone Ms Tancred on 4341 0793.

Press release, 13 Apr 2007

Sue Tancred, Umina-Ettalong Uniting Church

Volunteer info session

A free volunteer information session will be held at the Peninsula Community Centre on Monday, April 30, from 9.30am to 11am.

The information session will be provided by Volunteering Central Coast Inc.

Volunteering Central Coast acting recruitment coordinator Mr

Eddie Kain said the group had over 180 positions listed for volunteer work.

"From working outdoors to cooking, to working with animals to receptionist work, there is something for everyone," Mr Kain said.

"Make a difference and join the volunteering workforce on the Central Coast."

Bookings and details of the information session are available by telephoning 4329 7122.

The Peninsula Community Centre is located on the corner of Ocean Beach Rd and McMasters Rd, Woy Woy.

Press release, 4 Apr 2007

**Eddie Kain,
Volunteering Central Coast Inc**

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Umina vs Gosford Under 8 2s

Giving credit to fluoride is farcical

A recent Central Coast Express Advocate article talks about the report released by Australian Institute of Health and Welfare.

Tony Abbott selected just a few findings from the report to suit his political purposes.

Journalists who should have known better accepted the findings of the report hook, line and sinker.

Alison Branley's article is a celebration of Gosford Council's decision to fluoridate the lower Central Coast water supply.

Reading the report reveals that there are so many differences between the two generations surveyed in the report that restricting improvement in dental health to fluoride is laughable.

The generation that was brought up in a time of the Great Depression and the World War 2 had their teeth removed before any restorative work was attempted.

The beginning of 20th century dentistry was referred to in the AIHW report as a "band of itinerant tooth-pullers", consisting of barbers and pharmacists trained as apprentices (rather than at university).

Revolutionary changes in dentistry led to the younger generation not just treating but also preventing tooth decay.

Changes in diet and oral hygiene are also broadly discussed in the report.

There is a clear link established between consumption of sugar and increased dental decay.

To use the report to validate Council's decision to enforce the introduction of fluoride is very shoddy.

Improvement in dental health has been recorded worldwide and to give all credit to fluoride is farcical.

Only the English-speaking countries promote water fluoridation!

It should be noted that Americans started the fluoridation experiment one year after the Nazi Germany doctors were executed for medical experiments conducted on their

war prisoners, some of which involved fluoride.

Australia is America's biggest follower in the practice that is contemptuous to democracy and to human rights.

Many western countries refuse to use fluoride and recognised it as a 'false god'.

In Europe, 98 per cent of countries do not fluoridate their water.

Only five per cent of the world's population drinks artificially fluoridated water of which 50 per cent live in North America.

By Cr Jim Macfadyen's definition all those who oppose fluoridation are "flat-earthers".

Is he aware that he is impugning the governments of fluoridation-free European countries who have scientifically advanced health systems and have children whose teeth are better than those of children in fluoridated areas?

The term "fluoride generation" sounds like a marketing campaign for toothpaste manufacturers.

How independent can the AIHW report be when it is sponsored by multinationals like Colgate who as we know have a lot riding on the fluoride issue.

Journalists like Ms Branley should do their homework and identify the competing interests in the fluoride debate and not be so biased in their conclusions.

The Gosford Council takes advantage of the limited scope and even more limited interpretation of the AIHW report and uses it to justify their decision to inject fluoride into our drinking water.

It was accepted with little criticism that Central Coast houses will be supplied with fluoridated water from the Hunter, simply because we did not seem to have a choice.

The decision to fluoridate all Central Coast water collected at Somersby and the water to be collected in the newly-built water plant in Woy Woy was made at a most vulnerable time, the time of drought and severe water restrictions.

In December 2006 the Gosford Council and NSW Health over-rode

two previous community referenda where the public clearly stated that they did not want their public water fluoridated.

The Mayor has used his casting vote without community mandate based on his personal views.

The Council refuses to tell us that annual operating costs associated with purchase, dosing, monitoring and staffing of the fluoridation equipment in Somersby has been estimated at around \$150,000 per year.

This includes the cost of fluoride, ongoing sampling and testing, and the seven days a week staff as required under the regulations.

We should ask the Council: Is the fluoridation plant installed at the new water treatment plant in Woy Woy going to cost the same amount?

We should also ask the Council if the proposed increase in rates by \$35-\$55 per week will be enough to cover the cost of fluoride "enforcement"?

The cost of possible liabilities when the people employed to handle the poison (which is alleged by the Council "not harmful or toxic") get sick will also be passed onto the ratepayers.

(Remember, that asbestos was also proclaimed to be safe!).

As the off-gassed fluoride is highly corrosive, infrastructure deteriorates over time.

Who is going to pay for replacing the expensive equipment even if the original is to be paid for by the Department of Health?

Should we prepare ourselves for another rate rise every seven years when fluoride injection infrastructure needs replacement?

Is the sewer system infrastructure capable of removing the fluorides

or reducing them to acceptable levels?

What will be the cost of additional treatment to the sewer?

Also, who is going to pay for cosmetic dentistry to treat the teeth damaged by fluoride over-dosing?

According to UNICEF and the discussed AIHW report, Australia has got the highest rate of dental fluorosis.

The American Dental Association has issued an official warning in November 2006 not to use fluoridated water to reconstitute baby formula, but our health officials seem to be living on a "flat earth" refusing to communicate with the rest of the world.

They only see some "mini" statistics comparing Wyong with Gosford hospital admission lists, statistics that would have no value in the scientific world without being "peer reviewed".

Sodium fluoride is entirely different from organic calcium-fluoro-phosphate needed by our bodies and provided by nature.

This organic calcium-fluoro-phosphate, derived from proper foods, is an edible organic salt, insoluble in water and assimilable by the human body, whereas the non-organic sodium fluoride used in fluoridating water is poisonous to the body and fully water-soluble.

The body refuses to assimilate it.

Fluoride is specifically removed during fertilizer manufacture (to prevent consumption by livestock) and collected in pollution scrubbers (to prevent release to the atmosphere) but then sold to add to human water supplies as a means to reduce tooth decay.

Instead of paying for disposal of their toxic waste, the

aluminum, steel, and phosphate manufacturers get paid for dumping it into our drinking water together with associated elements, such as arsenic and lead.

What they put into our drinking water is not a pharmaceutical grade product that can be found in toothpastes.

Human beings are drinking toxic industrial waste!

Fluoride is big business, billions of dollars per year are generated and the industry has a big lobbying budget.

The big industrial polluters could be called the alchemists of 21st century, who can turn toxic waste into gold.

In spite of having more than 60 per cent of its population forced to drink fluoridated water Australia does not have much to celebrate.

An analysis by the health insurer MBF showed that six-year-olds experienced the biggest increase in private hospital admissions for the treatment of dental cavities with 42 admissions in 2000 almost doubling to 82 in 2005.

In the view of this report, the "fluoride generation" does not perform very well.

The previous generation is not known for treating their six-year-olds teeth in hospitals.

First of all the previous generation has had 40 years more to develop their cavities - let's check the statistics again in 40 years.

Is it worth to spend time and money on even debating the fluoride issue knowing that only a small percent of the total volume of artificially fluoridated water will be consumed and knowing that the consequences of the enforcement will be legally contested?

Zofia Majak
Ettalong Beach



Aquarium Treasures

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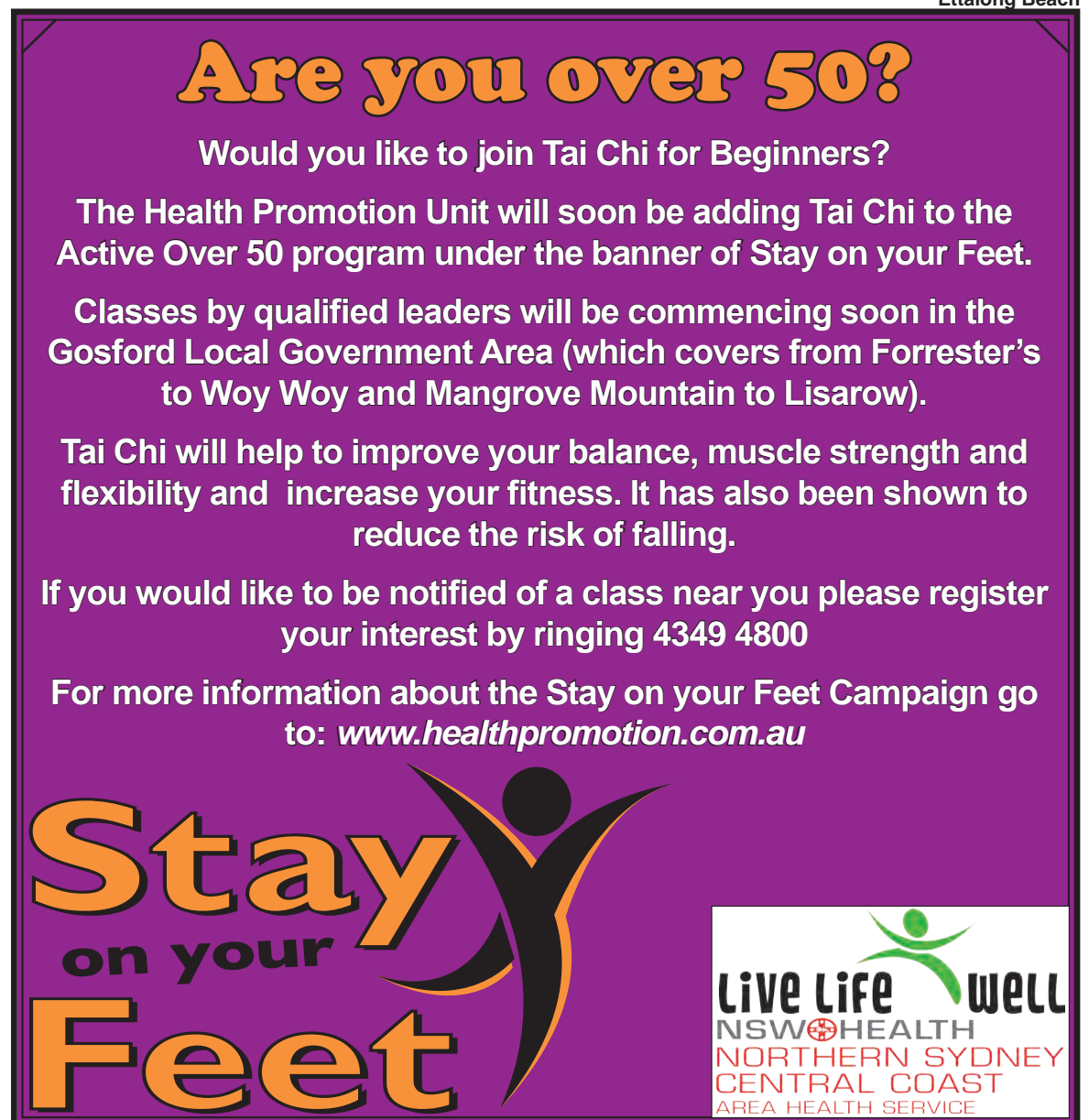
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Are you over 50?

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The Health Promotion Unit will soon be adding Tai Chi to the Active Over 50 program under the banner of Stay on your Feet.

Classes by qualified leaders will be commencing soon in the Gosford Local Government Area (which covers from Forrester's to Woy Woy and Mangrove Mountain to Lisarow).

Tai Chi will help to improve your balance, muscle strength and flexibility and increase your fitness. It has also been shown to reduce the risk of falling.

If you would like to be notified of a class near you please register your interest by ringing 4349 4800

For more information about the Stay on your Feet Campaign go to: www.healthpromotion.com.au

Stay on your Feet

Live Life well
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Arts & Entertainment



Bangers & Mash

Theatre offers subscriptions

The Peninsula Theatre is offering subscription packages for three shows happening at the theatre over the coming months.

Laycock Street Theatre marketing coordinator Ms Lisa Kelly said theatre-goers could still buy a subscription package for the shows, but they would need to get in quick as "tickets are selling fast".

"Whilst you don't need to be a subscriber to see shows at the Peninsula or at the Laycock Street Theatre, the benefits of becoming a subscriber make it well worth the effort," Ms Kelly said.

The subscription consists of three shows: Mikelangelo and the Black Sea Gentlemen, A Tribute to Danny Kaye and Bangers and Mash.

"This is the second professional subscription series from Laycock Street Theatre and to cater for the growing population on the Peninsula, a number of subscription shows are being offered at the Peninsula Theatre," Ms Kelly said.

"Mikelangelo and the Black Sea Gentlemen is a unique type of show described as Kabaret Noir.

"The band consists of Mikelangelo with his booming vocals and impressive stage presence.

"He is backed by Rufino on violin, The Great Muldavia on clarinet, Guido Libido on piano accordion

and Little Ivan on Double Bass.

"Together they waltz, tango and polka their way through a show bristling with humour, pathos and beauty."

Mikelangelo and the Black Sea Gentlemen perform for one concert only on May 23 at 7:30pm

"A Tribute to Danny Kaye features a hilarious performance by Russell Fletcher in a show that won Best Comedy Award at the Melbourne Fringe Festival (2005) and was a sold out smash hit at the Adelaide Cabaret in 2006," Ms Kelly said.

"Accompanied by Greg Riddell on piano, Fletcher pays homage to Kaye in a showcase of his best songs, routines and characters from his hit TV and radio series.

"The audience receives much more than a tribute show however," said Ms Kelly.

"Fletcher explores Kaye's difficult personality, his struggle for recognition, the suppression of his roots, and his mysterious disappearance off the comedy radar."

A Tribute to Danny Kaye will hold two shows on Wednesday, July 18, at 11am and 8pm.

Bangers and Mash will be delivered by Drew Fairley and Kate Smith.

"Exploring the 30-something dilemma of single life, house sharing, and avoiding all those

life-changing choices, Bangers and Mash really sizzles," said Ms Kelly.

"Fairley plays Bart - a womanising cad who moves in with Smith's character, Mash, a fashionista with a penchant for Barbra Streisand.

"The unlikely pair grapple with their unspoken chemistry, considered a no-go area between flatmates."

Tickets are \$38 for adults, \$34 concession and \$22 for children.

Ms Kelly said subscribers get cheaper tickets, the best seats, receive late-sales and special offers, save time, avoid disappointment and receive the CentreStage quarterly newsletter.

The theatre is located in the Woy Woy Community Centre complex off John Hoare Close which is at the Ocean Beach Rd end of McMasters Rd.

"Seating 124 patrons, the venue is ideal for plays and musical performances and is becoming a hub for the Comedy All-Stars which features some of the best comedians from the coast, Newcastle and Sydney," Ms Kelly said.

"The theatre is fully licensed, with bar and kiosk, wheelchair access/seating, and there is plenty of parking."

Press release, 12 Apr 2007
Lisa Kelly, Laycock Street Theatre

Exhibition after Siddhartha

Local artist Sandra McArthur is holding an exhibition, "After Siddhartha", at The Gnostic Mana Café, Woy Woy, from April 8 to May 5.

After Siddhartha is a collection of works inspired by writer Herman Hesse and his book Siddhartha.

Ms McArthur said that, in the book, Siddhartha finds his ideal of unity and completion by listening to

the river.

Ms McArthur said that she had found her own answers in the sea.

The paintings are "but moments in her meditations of the ocean and her own search for completion", she said.

The Gnostic Mana Cafe is located at 31 The Boulevard, Woy Woy.

Newsletter, 27 March 2007
Multi Arts Confederation

Free comedy at library

Woy Woy Library will host a free comedy night on April 20 from 7.30pm to 9.30pm.

The over-18s event features comedians Steve Philp and Rhonda Selling and the unveiling of Goons cartoons by Desmond Milligan.

Comedian, actor and Nova 96.9 radio announcer, Steve Philp, has written and co-hosted the comedy show Kennedy and Philp.

Rhonda Selling is currently working on Stand Up Australia and has performed at numerous venues including the Sydney Comedy Store and The Fringe Bar.

The comedy night also features members of Youth in Performing Arts presenting a repertoire of comic songs and music.

Free tickets, which include a light supper, must be collected before April 17 from Woy Woy, Umina Beach, Kincumber, Gosford, Erina, Wyoming, Niagara Park or Kariong

libraries.

Press release, 11 Apr 2007
Marion Newall, Gosford Council

Laycock Street

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BY RUSSELL FLETCHER

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The Pearl Beach Chamber Music Festival will be held over the Queen's Birthday long weekend, on June 9 to 10, at the Pearl Beach Memorial Hall.

The 2.30pm Saturday session will see The Conservatorium Bassoon Quartet perform, followed by the 7.30pm performance of The Brandenburg Orchestra Ensemble.

The Song Company will perform on Sunday at the 2.30pm afternoon session, along with The Sydney Consort playing at 7.30pm.

Tickets are \$33 for adults and \$15 for children.

Proceeds from the festival are used for improvements to local and environmental facilities at Pearl Beach.

Newsletter, 27 Mar 2007
Multi Arts Confederation



The Peninsula Leisure Centre's Achiever of the Year, Laura Lewis, and health and fitness instructor, Daniel Summers, with one of Laura's old size 22 tops.

Prize for fit achiever

Daleys Point resident Laura Lewis will be named the Peninsula Leisure Centre's Achiever of the Year, receiving a one-year gold membership pass as her prize.

Leisure Centre officers said that nine months ago, 81 year old Laura wore size 22 clothes, found it difficult to bend, and thought she had "left it too late to ever be fit again".

Laura is now a size 12 and spends five days a week working out.

Health and fitness instructor Mr Daniel Summers said the centre had chosen Youth Week to present the award because "exercise has become Laura's fountain of youth".

"She's an inspiration to us all."

Laura first approached the centre last June asking if it was "too late" to start a get fit program.

"As well as being overweight, I'd had hip and shoulder replacements the year before and had very little mobility," Ms Lewis said.

"When I first started on the exercise program, the instructor had to help me get my shoes on and put my feet onto the exercise bike pedals.

"Initially, I could only manage 15 minutes exercise at a time, whereas now I visit the centre five times a week for up to two and a half hours at a time, I get really annoyed if something keeps me from getting there."

Laura includes the exercise bike, a resistance program, weight exercises and three to four sessions in the hydrotherapy pool in her weekly program.

"I'm only telling my story because it might help others like me," Ms Lewis said

"I'm completely changed. I feel like a new person, really contented, full of life and I don't get so tired anymore.

"My advice is it's never too late. I'm sorry I didn't start exercising years ago."

Press release, 11 Apr 2007
Marion Newall, Gosford Council

Del's for Dinner

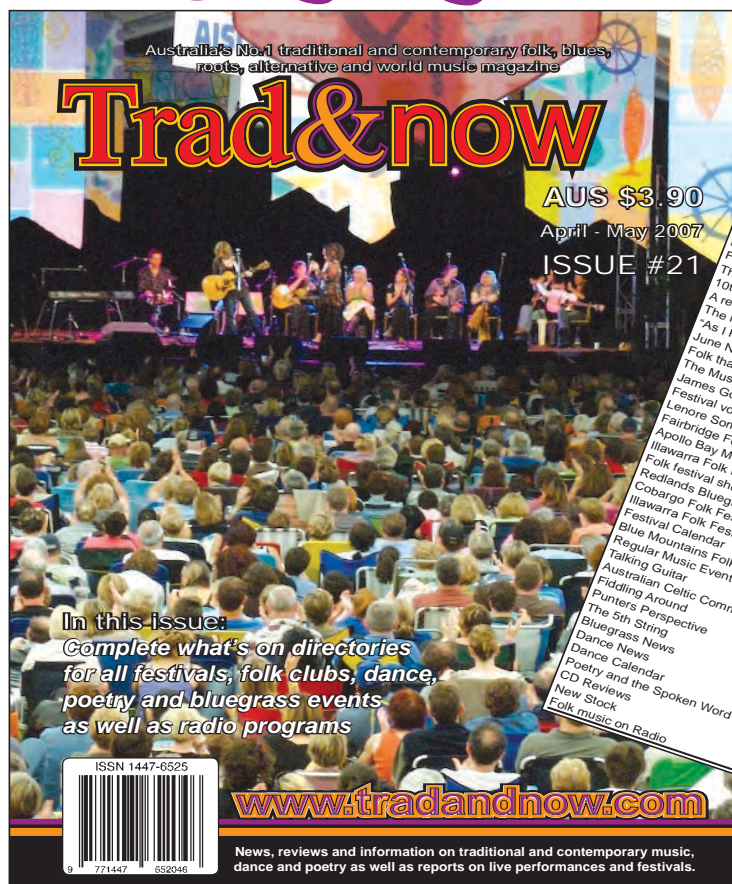
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In this issue	
Letters to the editor	4
Hottest CDs 2006 winners	5
New regency of sound	6
Freddy goes to Minnesota	9
The folk movement & the future	10
A review of recording equipment	14
The National Colonial Ball	16
June Nichols' Tribute Concert	18
Folk that's upside down ... A response	21
The Music Recommenders... A response	22
Lenore Somerset... film launch	26
Apollonia Bay Music Festival 2007... A tribute	28
Illawarra Folk Music Festival... A stellar lineup	30
Folk festival showcases Boolara	31
Redlands Bluegrass Festival	33
Copargo Bluegrass Festival	34
Illawarra Folk Festival	36
Bluegrass Festival	37
Regular Mountains Folk Festival	38
Talking Music Events Calendar	39
Australian Celtic Community	40
Punters Perspective	42
The 5th String	46
Bluegrass News	49
Dance News	52
Poetry and the Spoken Word	54
CD Reviews	56
New Stock	58
Folk music on Radio	60
	62
	64
	65
	69
	73
	78
	79

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as well as radio programs



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News, reviews and information on traditional and contemporary music, dance and poetry as well as reports on live performances and festivals.

Performance by Little Theatre

Woy Woy Little Theatre will be performing "The Spirit of Annie Ross" at the Peninsula Theatre, Woy Woy, from June 22 to July 8.

Written by Bernard Farrell and directed by Barbara Hickey, "the play is a seriously funny, spooky play from one of Ireland's most popular playwrights", according

to the Central Coast Multi Arts Confederation newsletter.

The booking office opens two weeks prior to the performances, and can be made by contacting 4344 4737.

For more information, telephone 4341 2931.

Newsletter, 27 Mar 2007
Multi Arts Confederation

Available from your local newsagent
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What's On in and around the Peninsula

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Many events listed take place at the following locations:

BFC, Beachside Family Centre, Umina Public School

CU, Club Umina, Umina Beach Bowling Club, Melbourne Ave, Umina Beach 4341 2618

CWAHWW, CWA Hall, Anderson Park, Brick Wharf Rd, Woy Woy

EBACC, Ettalong Beach Arts & Crafts Centre, Kitchener Park, Cnr Picnic Pde & Maitland Bay Drive, Ettalong 4341 3599

EBWMC, Ettalong Beach War Memorial Club, 211 Memorial Ave., Ettalong 4341 1166

ECC, Everglades Country Club, Dunbar Rd, Woy Woy 4341 1866

EMBC, Ettalong Memorial Bowling Club, 103 Springwood St Ettalong 4341 0087

EPH, Ettalong Progress Hall, Memorial Ave, Ettalong

ESSC, Ettalong Senior Citizens Centre, Cnr. Karingi St & Broken Bay Rd Ettalong 4341 3222

MOW, Meals on Wheels Hall, Cnr Ocean Beach Rd and McMasters Rd.

NPWS, National Parks & Wildlife Service, www.nationalparks.nsw.gov.au, 4320 4205

PBPH, Pearl Beach Progress Hall, Diamond Rd, Pearl Beach 4342 1459

PCC, Peninsula Community Centre, 93 McMasters Rd, Woy Woy 4341 9333

PCYC, Osborne Ave., Umina Beach 4344 7851

PWHC, Peninsula Women's Health Centre, 20a McMasters Rd Woy Woy 4342 4905

UCH, Umina Community Hall, 6 Sydney Ave., Umina Beach 4343 1664

WH, Wagstaffe Hall, Cnr Wagstaffe Hall & Mulhall St Wagstaffe

WWBC, Woy Woy Bowling Club

WWEC, Woy Woy Environment Centre, 267 Blackwall Road Woy Woy 4341 7974

WWLC, Woy Woy Leagues Club, 82 Blackwall Rd Woy Woy: 4342 3366

WWPH, Woy Woy Progress Hall, 76 Woy Woy Rd

DAILY EVENTS

Woy Woy **Pelican Feeding**, 3pm Pelican Park, Fishermans Wharf.

Playtime Mon-Fri 9am, Little Gym PCYC

TUESDAY

First Tuesday of every month

Buffalo Primo Lodge No 9, 7pm, **UCH**.

Second Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families, **BFC** **Senior's Idol**, 1pm; **Toastmasters**, 7.30pm, **Seniors Day** 12 noon, enq: 4341 6842, **EBWMC** **Get Together** afternoon tea, **ESSC**, **Pearl Beach Craft group**, **PBPH**, 1.30pm.

Stroke recovery group, 11.30am, **MOW**.

Diabetics Support Group, 10am, **ECC**

Third Tuesday of every month

Buffalo Lodge Knights Chp9, 7pm, **UCH**
Woy Woy Peninsula **Arthritis**

Branch, 10am, enq: 4342 1790, **MOW**

Fourth Tuesday of every month

Playgroup for Aboriginal & Torres Strait Island families. **BFC**

Toastmasters, 7pm enq: 4341 6842, **EBWMC**

Combined Pensioners association afternoon tea, enq: 4341 3222, **ESSC**

Every Tuesday

The Web, Drop in centre 12-18yrs 12pm - 5pm, **TWYS**

Butterfly Group for Women who have suffered domestic violence 12.30pm **PWHC**

Empire Bay Scrabble Club 9.15am-12.45pm, enq: 4369 2034

Judo 5pm, **Playgroup** 9am, **Peninsula Dance and Theatre School** 3.45pm, **Dragon Kung Fu** 6.30pm, **Gambling Counselling** by apointment, **Latin Salsa Dance** 8pm, **School for Learning/Seniors - over 55's** 10am, **Belly Dancing**, 1pm, **PCC**.

Circuit Boxing (Women) 9am, **Boxing/fitness training**, 4pm (Junior) , 5pm (Senior), **Breakdancing**, 5pm; **Gym Sessions** 8am; **Gym Circuit** 9:15am & 6pm; **PCYC**

Rotary Club of Woy Woy, 6pm, **ECC**

Ladies Indoor Bowls-9am; **Handicraft**-9am; **Cards**-12.30pm; **Computers**, 9am, **ESSC** .

Alcoholics Anonymous 6pm John the Baptist Church Hall, enq: 4379 1132

Bowls; 10am, Card Club; 7.30pm, **Chess Club**, 1pm, **EBWMC**

Tai-Chi classes, 9.30am (ex sch hols), enq 4360 2705, **WH**

Folk Art 9.30am, **Silk Painting** 1pm **EBACC**

Children's story time, Umina library, 10.30 am (Except Jan).

Sahaja yoga meditation, 10:30am enq: 4328 1409, **CWAHWW**

Playgroup 10am Kids 0-5yrs, **WWPH**, enq: Juhel 4342 4362

Butterfly Group Drop In (Domestic violence support), 12.30pm **PWHC**

WEDNESDAY

First Wednesday of every month

Older women's network, 10.15am, enq:4343 1079, **WWLC**

CWAsocial day, 10am, handicrafts, 1pm, enq: 4344 5192, **CWAHWW**

Ettalong Ratepayers & Citizens Progress Association, 7.30pm, **EPH**

Second Wednesday of every Month

Woy Woy VIEW Club, Friendship Day, **MOW**, 10.30-11am, enq: 4344 1440.

Red Cross, Umina branch meeting, Umina Uniting Church Hall, 1:30pm.

Woy Woy Community Aged Care Auxiliary, 10am enq: 4344 2599.

Umina Beach Probus Club, 9.30am, **ECC**

Third Wednesday of every month

Woy Woy VIEW Club - Luncheon at the Everglades Country Club, 10.30-11am, enq: 4344 1440, **ECC**

Every Wednesday

St John's Ambulance; Woy Woy Aged Care, 7pm, enq:4341 3341.

Killcare - Wagstaffe Rural Fire Brigade 7.30pm Stanley St, Killcare, enq: 4360 2161.

Brisbane Water Bridge Club,. 9.30am & 7.30pm enq: 4341

6763,

Oil Painting, 9am, **Scrapbooking** 9am, **Multi-craft needlework** 10am, **BJP School of Physical Culture**, 3.30pm, 4-13 yrs enq: 4344 4924 **Playgroup** 10am, **Weight Watchers** 5.30pm, **Belly Dancing** 7.30pm; **School for Learning/Seniors** 9am, **Gambling and general counselling** by appointment, **Peninsula Dance and Theatre School** from 3.45pm

The Web, 12pm - 6pm; **PCC** . Peninsula **Choir** rehearsal 7.30pm St Andrews Hall Umina.

Brisbane Waters Scrabble Club, **MOW** 6pm, enq: 4341 9929.

Seniors fitness EPH 9am, enq: 4385 2080.

Indoor Bowls 9am; **Fitness** 1pm **Leatherwork** 9am; **Table Tennis** 9am. **Scrabble** 1pm; **Computers**, 1.30pm, **ESSC**

Gym Sessions 8am (Incl **Self Defence for Young Women** 1pm; **Gym Circuit** 6pm; **Circuit Boxing** (Women) 9am, **Boxing/fitness training**, 4pm (Junior) 5pm (Senior), **PCYC**

Oils & Acrylics 9am, **Pastels & Drawing** 11.30am, **EBACC**

Children's story time, Woy Woy library, 10.30 - 11.30am (Except Jan).

Alcoholics Anonymous 12.15 & 6.30 , St John the Baptist Hall, Blackwall Rd, Woy Woy.

Handicraft CWAHWW, 9am, enq: 4341 1073.

THURSDAY

Second Thursday of every month

Outsiders Club, 9am; **Brisbane Water Seniors** 1pm Enq: 4344 5670 **EBWMC**

Women's Health Clinic Enq 4320 3741 **PWHC**

Australiana Bus Trips PCC

Women's Health Clinic; **PWHC** 4320 3741

Fourth Thursday of every month

9am **Free immunization** clinic for Aboriginal & Torres Strait Island children 0 - 5 years, **BFC**

Umina Probus, **ECC**, 10am. **Women's Health Clinic**; **PWHC** 4320 3741

Every Thursday

Creative Writing, **CWAHWW**, Enq 4369 1187

Gambling and general counselling by appointment, **Music 2-5yrs** 9am, **Yoga** 10am, **Brophy Circus Academy** 5pm, **Brisbane Water Bridge Club** 12.30pm, enq. 4341 6763, **Judo**, 5pm Enq: 43424121; **The Web**, 12pm - 6pm **Young Men's Groups** 12-18 yrs, 4342 3684; **PCC**

Free entertainment 6.30 pm, **School for Learning/Seniors** 9am; **Senior Snooker** 8.30am **Ballroom Dancing**, 10am, **Trivia**, 7pm, **Indoor Bowls**, **Fishing Club Raffle** 5.15pm, **EMBC**.

Bouddi Women's Drumming, 2pm, 73 Highview Rd Pretty Beach, enq: 0425 229 651.

Scrabble, 12.30pm. **WWPH** , **Children's art classes** 4.30pm, **EBACC**

Tai Chi 11.30am & 3.45pm; **Dancing** 9am; **Indoor Bowls**, 9am; **Table Tennis**, 1.45pm; **Cards** noon, **ESSC**

St John's Ambulance; **Brisbane Water Cadets**, 7pm, Enq:4341 3341.

Children's story time, 3 - 5 yrs Umina library, 10.30am (Except Jan).

Gym Sessions 8am, **Gym Circuit**

9am & 6pm **Circuit Boxing** (Women) 9am, **Boxing/fitness training**, 4pm (Junior) , 5pm (Senior) **PCYC** .

Social Tennis 9am-12pm, Pearl Beach Courts, enq: 4369 3195.

Adult tap dancing, **EPH** 10am; enq: 4342 3925

Al-anon/Alateen family support group "The Cottage" Vidler Ave Woy Woy, 12:30pm, 7pm.

FRIDAY

Second Friday of every month

2pm **Peninsula Twins Club** Free. **BFC**

RSL Sub branch **EBWMC**, 2.30pm.

Third Friday of every month Legacy Ladies, **EBWMC**, 10am, enq: 4343 3492.

Fourth Friday of every month

South Bouddi Peninsula Community Assoc, **WH**, 1.30pm, enq: 4360 1002.

Civilian widows, **ESSC**, 1pm.

Every Friday

Cash House Nights, **Gosford progress hall**, 7.30pm, **4325 3608**

Kids entertainment Yrs 7 -12, 7.30pm, **Playgroup**, 10am Umina Uniting Church.

Bingo 11.30am, **UCH** Enq:4343 1664

Lollipop Music Playgroup **BFC** 9.15am. Enq: 43 431929.

Old Wags **Bridge Club**, **WH** (except 4th Fri) 1:30pm, enq: 4360 1820.

Aqua-fitness, Woy Woy Hospital Hydro Pool, 1:30 & 2.30pm, enq: 4325 1869

Active Over 50's Exercise Class **EPH** 9.15am, enq: 4342 9252

Watercolour Painting 12.30pm **EBACC**

Painting 9am, **Computers** 1pm, **Scrabble** 1pm **ESSC**

Gym Sessions 8am, **Gym Circuit** 9am **Circuit Boxing** (Women) 9am, **Boxing/fitness training** 4pm (Junior) 5pm (Senior) **PCYC**

Peninsula Pastimes Ettalong Baptist Church, Barrenjoey Rd. 9.30am, (Ex sch hols), **Primary Kids Club** 4.30pm, enq:4343 1237

Alcoholics Anonymous 6pm, St John the Baptist Hall, Blackwall Rd, Woy Woy, enq: 4342 7303.

Hardys Bay Community Church, **indoor bowls**, **canasta**, **scrabble**, **morning tea** 10am, enq 4363 1968.

Kids Club (Primary) .4pm, **Brisbane Water Bridge Club**, 12.30pm, enq. 4341 6763, **Weight Watchers** 10am, **Gambling Counselling** by appointment, **Peninsula Dance and Theatre School** 3.45pm; **The Web**, 2pm-9.30pm **Doctor & Nurse** for 12-18 yrs old, **Brophy Circus Academy** 5pm **Kindygy** 0 - 3yrs 9.15am, 3 - 5yrs 10.20am **PCC**

Women's walking group, 8am **PWHC**

Fishing Club. **EBWM**

SATURDAY

First Saturday of every month

The National Malaya & Borneo **Veterans** Assoc Aust meet, **EBWMC**, 2.30pm Enq: 4340 4160

Second Saturday of every month

Melaleuca Wetland **Regeneration** Group, Boronia Ave, Woy Woy, 8am.

Pretty Beach **Bushcare** group,

Pretty Beach end Araluen Track, 8am.

Save our Suburbs, 1pm, enq 4342 2251 **WWPH**

Ex-Navalmen's Assoc, Central Coast Sub-Section, **WWLC** 10am.

Scrapbooking 12pm, **PCC**. enq 4342 3712

Third Saturday of every month

Umina P & C **Bushcare** 9am, Umina Campus of **BWSC**, Veron Rd Umina. enq: 4341 9301

Market Day, 9am Sydney 2000 Park, **UCH**

Peninsula Residents Association Meeting

Last Saturday every month Wagstaffe **Bushcare** group, Half Tide Rocks sign, 8am.

Melaleuca Wetland **Regeneration** Group, Boronia Ave, Woy Woy, 8am

Every Saturday

The Web, **Activities** for 12-18yrs old, 4.30-9.30pm; **Weight Watchers** 8am, **PCC**

Cash Housie St Mary's Hall, Ocean View Rd Ettalong 7.30pm

.

Cabaret dance & floor show, 8pm free, Men's 18 hole **golf**; Men's triples **bowls** 1pm; **Snooker** 8.30am **EBWMC** **Childrens Pottery** 9.30am **Silvercraft** 1pm, **EBACC** **Gym Sessions** 9am, **Drama & Discovery** 9am **PCYC**.

Brisbane Water Bridge Club, 12.30pm, Enq: 4341 0721, **WWLC**

Al-anon/Alateen family support group Community Health building, Woy Woy Hospital 2pm Enq: 4344 6939.

Woy Woy Environment Centre 10am-. 267 Blackwall Road. Enq 4342 6589.

Car Boot Sale, Ettalong Markets. Community Dance, 1pm to 4pm, \$2, **ESSC**, Enq:4344 3131/4341 3222

Social Dance, New vogue, old time, \$2, refreshments, 1pm, **ESSC**.

enq:4344 3131/4341 3222.

SUNDAY

First Sunday of every month

Blackwall Mountain **Bushcare**, 9am cnr Blackwall Rd & Memorial Ave Enq: 4342 6995

Second Sunday of every month

Umina P & C **Bushcare** 9am **BWSC**, Enq: 4341 9301

Buffalo Lodge, Woy Woy, No 381, 11am, **Buffalo Lodge**, Gosford No 63, **UCH** 1pm.

Troubadour Acoustic Music Club, 1.30pm **CWAHWW** Enq: 4342 9099

Third Sunday of every month

Bushcare Group, Tennis Courts, Empire Bay, 9am Enq: 43692486

Vietnam Vets, 11am. **Bootscooters**, 2.30pm **EBWMC** Ettymalong **Creek Landcare**, Ettalong Rd, Umina, 8am, enq: 4342 2251.

EBWM Fishing Club competition at Club House in Beach St, Ettalong.

Fourth Sunday of every month

Buffalo Lodge Woy Woy 381 11am; **Buffalo Lodge** Gosford No 63 **UCH** 1pm.

Burrawang Bushland reserve bushcare, Nambucca Dr playgrnd 9am 4341 9301.

What's On in and around the Peninsula

Last Sunday of every month

Ladies Auxiliary of Vietnam Vets, 10 am, **EBWMC**

Lions Club Boot Sale & Mini Market Enq: 4341 4151

Open Acoustic Mic Afternoon, 1pm to 5pm, **WWBC**

Every Sunday

Coast Community **Church Services** 9am & 5pm Enq 4360 1448

Al-anon/Alateen family support group "The Cottage" Vidler Ave Woy Woy 7pm.

Patonga Bakehouse Gallery 11am Enq: 4379 1102

MONDAY**First Monday of every month**

Endeavour View Club Luncheon **ECC** Contact 4342 1722

Pretty Beach P S **P&C**, Resource Centre 7:30pm, ph 4360 1587.

Grandparents Parenting Support Group, the Cottage, 91 McMasters Rd, Woy Woy, enq: 4342 9995 or 4341 2072.

Second Monday of every month

Save the Children St Andrews Church Hall, Ocean Beach Rd Umina

1-30pm Enq 4324 4389

Women 50+ Group Chat, **PWHC** **RSL Women's Auxiliary**, **EBWMC**, 9am.

Pretty Beach/Wagstaffe **Progress Assoc WH** 7:30pm, Enq: 4360 1546

Killcare Heights **Garden Club**, 10:30am, Enq: 4344 4520

Coastal **Crones** (over 50's), **PWHC**

Third Monday of every month

War widows Guild, **EBWMC** 1pm, Enq: 4344 3486

Fourth Monday of every month

Labor Party Peninsula Day Branch, **CWAHWW**, 1pm.

Carers support group, Group room, Health Service Building, Woy Woy Hospital, Enq: 4344 8427.

Last Monday of every Month

WWLT Playreading, Woy Woy P.S. 7.30pm, Enq: 4341 2931

Every Monday

Walking with other Mums Enq: Liz Poole 4320 3741

3Cs—Craft, Coffee & Conversation, 12.30pm **BFC**. Enq: 43 431929

Yoga WH 9.30am Enq: 4360 1854.

Computers, 1pm, **ESSC**

Dancing 9am; **Indoor Bowls**—9am; **Mahjong** 1pm; **Fitness** 1pm; **Yoga** for beginners 2.30pm; **ESSC**.

Gym Sessions 8am, **Tiny Tots** 9:15am, **Circuit Boxing** (Women) 9.00am, **Boxing/fitness training**, 4.00pm (Junior), 5pm (Senior)

PCYC

Fairhaven Cash Housie 7.30pm & **Bingo** 11am **EMBC**

Arts and Crafts for people with a disability 11am, Enq. 4341 9333

Patchwork & Quilting, 9am & 12.30pm, **Pottery** 10am & 1pm

EBACC

Children's Story Time, Woy Woy Library. 10.30 am

Gentle Exercise for over 50's, 9.30am, **Yoga**, 10am, **Brisbane**

Water Bridge Club. 12.30pm, **BJP School of Physical Culture**

3.45pm, **Peninsula Dance and Theatre School** 3.45pm,

Gambling & general Counselling by appointment, Music 2-5 yrs 9am

PCC

Craft group, 1pm **BFC**

Upcomming Events

April 21 - **Uminafied**, skate boarding and BMX competitions, urban music, dancedemonstrations, Umina Skate Park, 10am to 3pm

April 22 - **LETS** trading day, 9am to 1pm, **WWEC**

April 25 - **Anzac Day**, Empire Bay, cenotaph, 11am, Woy Woy Railway Station, 5.15am, Woy Woy cenotaph, 5.30am, Deepwater Plaza, 9am, cenotaph, 10am.

April 28 to 29 - **Set Design Workshop**, 10am to 4pm, Peninsula Theatre.

April 28 - **Native Plants discussion**, 10.30am, **WWEC**

April 30 - **Volunteer information session**, 9.30am to 11am, **PCC**

May 2 - **Dementia talk**, 11am, Woy Woy Leagues Club, enq: 4342 2197

May 5 - **A History Making Day**, Wagstaffe Hall, enq: 4360 1709.

May 5 - **Community and the Environment discussion**, 10.30am, **WWEC**

May 8 - **Nuclear Power is Not the Answer**, presentation, Woy Woy Leagues Club, 7.30pm, enq: 4341 2327.

May 10 - **Living with Teens** course begins, until June 14, 7pm to 9pm, Umina Uniting Church, enq: 4341 0793.

May 19 - **Sustainable home field trip**, enq: 4342 6589.

June 2 - **LETS** trading day, enq: 4344 6185.



The Australian Theatre of the Deaf's play Aliens highlights the experiences of refugees in an Australian detention centre

Theatre for hearing and non-hearing audience

The Australian Theatre of the Deaf will perform on the Peninsula in May with a play addressing many issues about Australia's refugee and detention centres.

"Aliens" will be performed at the Peninsula Theatre, Woy Woy, on May 18, at 7.30pm.

The one-hour play tells the story

of a Chinese acrobat and an Afghani nurse fleeing their homelands, and of their subsequent experiences in an Australian detention centre.

Community grant funding has reduced the price of tickets to \$2 each, with the performance suitable for both hearing and non-hearing audiences.

Bookings can be made through

the Laycock Street Theatre box office on 4323 3233. Deaf or hearing-impaired people can call through the National Relay Service on 133 677 and quote the theatre number.

Information is also available on the theatre's website at www.laycockstreet.com.

Press release, 28 March 2007
Marion Newall, Gosford Council

Local artist wins prize

Local artist Judith Hoste was recently awarded first prize at the Waterford Village Seniors Art Prize for her acrylic work "Natures' Magic".

The exhibition was held at the Waterford Retirement Village on March 10 as part of Seniors Week.

Ms Hoste said her first prize achievement was "very exciting" and "a nice surprise after a lot of hard work".

"All up the painting took me 15 hours to complete... it was well worth it," Ms Hoste said.

Ms Hoste said the inspiration for her most recent work came from a walk she went on in bushland around the Sydney suburb of Cherrybrook.

"The light that was coming down through the trees was such a wonderful sight," Ms Hoste said.

"I just had to start taking photographs.

"It seemed like such a special place to capture."

Ms Hoste began painting classes in 1981 with teacher Ms Ethel Jamieson of the Noonameena studio at Booker Bay.

She has since received many awards for her pieces featuring local scenes, Australian wildlife and wildflowers.

Ms Hoste is also among several other local women featured in Margaret Hardy's book "2007

Significant Women of the Central Coast".

Clare Graham, 12 Apr 2007
Press release, 4 Apr 2007
Judith Hoste

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Children from Years 1 and 2 at Umina Public School celebrated Harmony Day recently by finding out about the cultural backgrounds of their parents and grandparents.

"The results were astounding with 33 different countries represented from all four corners of the world," said Beachside Family Centre facilitator Ms Debbie Notara.

"Posters with the maps of all the countries were displayed and the children placed stickers next to those of their family heritage.

"This joint activity between Umina Public School and Beachside Family Centre was a fantastic opportunity for the children to celebrate cultural diversity and commit to harmony and mutual respect.

"It also raised awareness that

Australians come from a vast range of backgrounds.

"The children also wore orange dress for the day and brought along an orange or carrot for recess.

"They had spent time during the previous weeks learning the song 'Hello my friend, Hello' in a number of different languages."

Press release, 29 Mar 2007
Debbie Notara, Beachside Family Centre

Harmony Day at Umina



Middle Campus students – in no order Matthew Isok, Amanda Plowright, Jessica Cousins, Matthew Hopkins, Angela Mangan, Kathleen O'Donnell, Ashlee Clements, Paige Martin

Students impress Red Cross members

Members from the Umina Beach Red Cross have been "pleasantly impressed" with the "composure, enthusiasm and maturity" of the students from Brisbane Waters Secondary College.

The students worked as unpaid volunteers as they raised funds for this year's Red Cross Calling campaign.

"The students were led by former principal and long-time Umina Red Cross volunteer Les Anderson and

fellow Umina Red Cross member Eileen Stewart through local businesses raising nearly \$1200 dollars," Australian Red Cross PR coordinator Ms Amber Edwards said.

Mr Anderson said: "Eileen and I were impressed with the effort put forward by these students and they are a credit to their families and to their school".

Press release, 12 Apr 2007
Amber Edwards, Australian Red Cross

Red Cross effort

Brisbane Water Secondary College students raised over \$830 for the Red Cross on March 9.

Students Paige Martin, Jessica Cousins, Matthew Hopkins, Matthew Isok, Kathleen O'Donnell, Angela Mangan, Ashlee Clements and Amanda Plowright visited local businesses to raise money.

BWSC careers advisor Mr Phil Williamson said the students deserved thanks "for their magnificent fundraising efforts" and "for the way they represented themselves and our school," Mr Williamson said.

Press release, 27 Mar 2007
Phil Williamson, Brisbane Water Secondary College Umina Campus

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Sponsors wanted for Green Day

Brisbane Water Secondary College is currently seeking sponsorship for its Green Day, to be held on May 2.

College Green Team member Ms Linda Langmaid said the purpose of the day was to launch an extension of the schools recycling program to include plastics, tins, glass and cartons.

"The day will have a large environmental focus with competitions, special assemblies and all classes working on the same theme for the day," Ms Langmaid said.

Ms Langmaid said the school was asking for sponsorship including vouchers or prizes for competitions being run on the day, or a contribution towards a bin, however small.

Businesses could also sponsor a yellow recycling bin for \$150, on which the businesses name would appear for year round advertising.

Ms Langmaid said the college had been involved in several environmental initiatives over the last few years.

"There has been a strong recycling program in the school for many years for paper and cardboard," Ms Langmaid said.

"This is being extended to include

plastics, tins, wax cartons, mobile phones, and printer cartridges.

"We are holding Green Day on May 2, which involves the whole school being involved in environmental initiatives.

"Many students will carry out a waste audit and analysis on the types of rubbish found in our school.

"The students will separate the rubbish into its various categories to determine the amounts that could be recycled, and where most litter was concentrated.

"A competition will be run throughout the school to gather students' ideas on how to deal with the litter issue and encourage further recycling in our school.

"There will be a lunch time concert in our courtyard with environmental songs performed.

"We were successful in gaining a Commonwealth Community Water grant which has allowed us to install waterless urinals, dual flush toilets, 10,000 litre rainwater tank and aqualoc tap fittings to reduce water flow, saving thousands of litres of valuable water very year."

Press release, 30 Mar 2007
Linda Langmaid, BWSC Woy Woy campus



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BLACK FRIDAY

Dance Party

The Black Friday dance party was wholly run and managed by the Umina PCYC



Bike Week bash at Woy Woy

Gosford Council has resolved to relocate this year's Bike Week Bash event to Anderson Park, Woy Woy, due to a lower popularity of the event at Erina and Narara Valley.

A report from council stated that in the past, Gosford foreshore was seen as a central point in promoting community rides to the event from Woy Woy, Erina and Narara Valley.

It stated that the Erina and Narara Valley rides were "considerably less popular than that from Woy Woy" and involved "considerable organisation".

As such they were not conducted last year.

The report stated that the Gosford foreshore was "a less strategic location than originally foreseen".

It also noted concerns about the effectiveness of barricading and ensuring pedestrian safety at the Gosford Waterfront as Dane Dr would be expected to remain open during the event.

Council stated it had received a proposal from the Central Coast Cycling Club to hold a criterium race at Woy Woy in association with the event.

It stated that an "attractive option" for holding of the event at Woy Woy would involve the closure of The Boulevard between Brisbane Water Dr and Brick Wharf Rd to ensure the safety of those attending and to increase the area available in which to conduct the event.

It stated: "A closure between 7am to 2pm on Sunday, September 30

is foreseen".

"Such a closure is seen as having a relatively minor impact upon traffic and a Traffic Management Plan similar to previous events conducted at this site could be expected to apply.

"The event could celebrate the arrival of the cycleway from Gosford with the recent opening of the Woy Woy Bay cycleway bridge.

"The opportunity of the event could be taken to officially name the bridge should that be council's decision.

"Conducting the Bike Week Bash at Anderson Park, Woy Woy is recommended as is the immediate inviting of expressions of interest in respect of those wishing to participate in the event."

This would include charities, community organisations, companies and private individuals wanting to participate in the event.

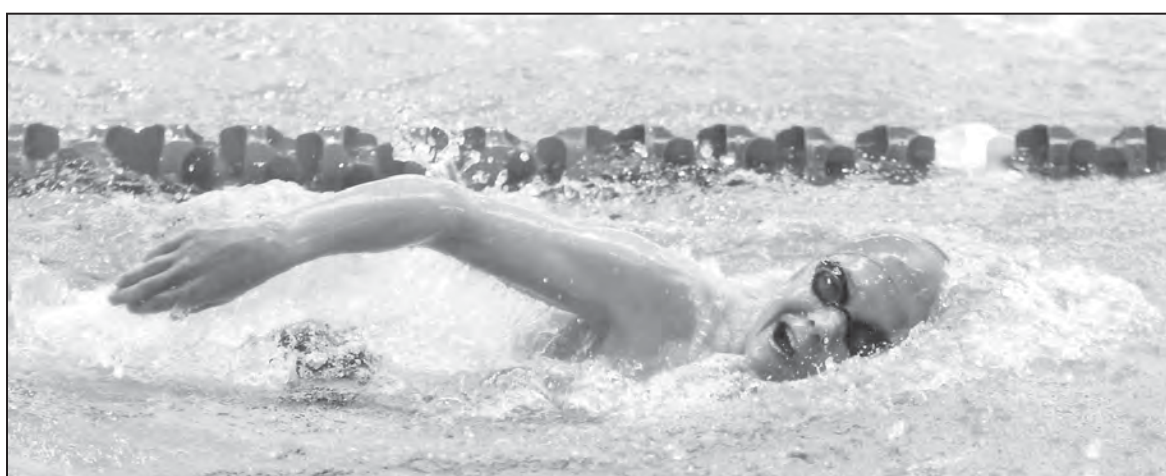
Council has also proposed that the event be held on Sunday, September 30, during Bike Week.

Council is expected to apply for a \$5000 grant under the Roads and Traffic Authority's (RTA) Bike Week Grant Guidelines to offset the cost in organising the event.

Council has held the annual Bike Week Bash on the Gosford foreshore as a community fair involving bike related promotions, exhibitions and demonstrations as well as being the end destination for community rides.

Council stated that the event has promoted community health, the cycleway facilities council has already provided as well as cycling for recreation and transport.

Council agenda CIT.7, April 3



Thomas McParlane

Swimmer is sponsored

Swimmer Thomas McParlane, 13, of Phegans Bay has received \$500 sponsorship to attend the Australian Age Championships in Perth from April 11 to 15.

The sponsorship came from the Central Coast Regional Organisation of Councils (CCROC) who also funded seven other non-

Peninsula based swimmers.

Central Coast Age Champion for the last seven years, McParlane is the first member of the Woy Woy Amateur Swimming Club to make the championships in 19 years, according to Gosford Council.

A joint initiative of Gosford City and Wyong Shire Councils, CCROC provides sponsorship to residents who have been selected

by a national, state or regional body to participate in a recognised sporting or cultural event.

In return for sponsorship, the recipients promote the Central Coast in the local, interstate and international arenas.

Press release, 27 Mar 2007
Kate Carragher, Gosford Council

First in 14 years



Photo (left to right): Jessica Potter, Luke Chilcott, Nathan Dennis, Kieran Casey and Jordan Burnes from the Mingara Aquatic Swimming Club National Team.

The Woy Woy Amateur Swim Club will have its first representative at the upcoming Australian Age Championship since ex-Olympian Steve Dewick over 14 years ago.

At the recent NSW State titles, 13-year-old Tom McParlane qualified for his first Australian Age Championships in the 100m Freestyle, 50m Freestyle and 100m Butterfly.

"Tom travels to Perth on April 10 for a week of competition," swim club publicity officer Mr Carl Krucler said.

"He will be a great ambassador for our club, its sponsors and the Central Coast."

Tom's achievements on his way to qualifying for the Australian Age Championships include five-time Central Coast Age Champion, medallist at the NSW Speedo Sprint Series 2004, 2006 and 2007 and gold medallist at the NSW Country Championships in 2004, 2005 and 2006.

Tom has also competed at the NSW State Championships for the last five years and was a finalist in two events at this year's NSW State Championships.

Press release, 26 Mar 2007
Carl Krucler, Woy Woy Amateur Swim Club

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Sport

Bowling club changes its name

The Woy Woy Bowling Club Ltd will be re-launching itself as "The Sporties at Woy Woy" on April 22.

Club chief executive officer Mr Roly Zappacosta said that, under the new name, the club hoped to continue to grow into the future and to provide "great services to the Peninsula and our members and guests".

"The day will be a charity day to raise money for Child Flight from 9am," he said.

"We have the pleasure of four Central Coast Mariners to join in on the fun, and then at 12.30pm we will officially reopen the club.

"This will be followed by a light lunch, a raffle and entertainment for both children and adults."

Mr Zappacosta said the bistro would be open all day for members and guests to try "great new menu from our new caterers Tony and his team".

"Ms Marie Andrews MP will be joining us on the day to officially open the club, together with our Club president Ken Blake," Mr Zappacosta said.

Children's entertainment includes face painting and Andre Gumprecht, Adam Kwasnik, Matthew Osman and Matthew Trott from the Central Coast Mariners will sign autographs and to play bowls.

"We hope to raise close to \$10,000 for Child Flight," said Mr Zappacosta.

Club chairman Mr Ken Blake said: "We feel that this change of name will help the club continue to survive in the future.

"As there are a lot of legislative changes facing the industry with smoking laws and poker machine taxes, we feel that we need to attract a younger crowd together with our faithful members that we already have".

Press release, 13 Apr 2007
Roly Zappacosta, The Sporties at

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Tue	1-May	Painting in all Media	10:00am	12:00pm	8	\$99*
Thu	3-May	Fit Families	7:00pm	8:30pm	8	\$95
Fri	4-May	Mandarin Level 2	9:30am	11:30am	8	\$103
Tue	8-May	Japanese Level 1	7:00pm	9:00pm	8	\$103
Wed	9-May	French Level 2	7:00pm	9:00pm	8	\$103
Sat	12-May	Italian Banquet	9:30am	3:30pm	1	\$80
Sat	19-May	Stone Sculpture - Hebel	9:00am	3:00pm	1	\$85
Sat	26-May	Make-up - Plan and Design	9:30am	4:00pm	1	\$65
Sun	27-May	Owner Builder Prerequisite Course	9:00am	5:00pm	1	\$185
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