

Woy Woy walks backwards

The inaugural "Walking Backwards to Woy Woy" parade was held on Saturday, October 4, as part of the Spike Milligan Festival.

Members of the Milligan family were escorted by the Mayor Robert Bell and SpikeFest chairperson Cr Chris Holstein, despite earlier threats to ban the parade.

Cr Holstein said that the backward walk had not been cancelled, despite reports.

It was always planned that participants "dress back to front and walk forwards" or alternatively "wear a mask on the back of your head", he said.

Cr Holstein said that there was never any intention to ask people to walk backwards.

Leading the walk was a line-up of entertainers including Circus Solarus, Strictly Dixie Jazz Band and Mad Cow Theatre Company.

Festival organiser Cr Chris Holstein said that the festival committee was inundated by enquiries from as far afield as New Zealand and Ireland and

were even interviewed by the BBC World Service.

"The world was watching Saturday morning when the inaugural Walking Backwards fun walk kicked off from Woy Woy Public School," he said.

Cr Holstein said that everyone found a creative and safe way to walk backwards, such as wearing their clothes back to front or making a mask to wear on the back of their head.

"It's all part of the Goonish fun at SpikeFest," he said.

The walk started mid-morning from Woy Woy Public School, at the corner of Blackwall and Park Rds, and proceeded to the waterfront where there was entertainment and stalls.

Participants were asked to make a gold coin donation, collected by the Rotary Club of Woy Woy, to go to Central Coast Community Environment Network and Central Coast Mental Health.

Cr Holstein said that residents of Upper Hutt City in New Zealand had their own "walking backwards" event as well.

Merchandise for Spikefest was also released on September 22



Part of walking backwards parade in Blackwall road

and includes t-shirts, embroidered polo shirts, caps and stubby holders.

All items are on sale at Woy Woy Library up to and including the week of the Festival.

Cr Holstein said that the walking backwards t-shirt will be

popular as a collector's item,

There will be sales at both the celebrations on October 4 on the Woy Woy waterfront and also on October 11 at Kibble Park for the World Cup celebrations, where Spikefest will be having workshops for the Australian

Cartoonists Association for children.

Cr Holstein said that proceeds of all sales of shirts would go to next year's festival which may include a film festival for aspiring young comedy directors.

Press release, October 3

Builders expected at Ettalong Club

Construction of the Ettalong Beach Club development could begin this month, according to managing director Mr Peter Hale.

In the latest issue of the Ettalong Beach Club newsletter, Mr Hale said that financial arrangements in relation to transactions to achieve the commencement were being

completed as he wrote.

"The development of the new club is still hot on the stove," he said.

"It is the intention of the builder to commence before September ends but we ain't celebrating until the crane arrives.

"I know that everyone is looking forward to the event and when it does kick off, don't miss the celebrations at the club."

Newsletter, October 3

Council seeks funds for Rogers Park

Gosford Council will appeal to the State and Federal Governments for funds to fix up Rogers Park in Woy Woy.

At its meeting on Tuesday, October 1, Council resolved to write to the State and Federal Governments for funding support from their respective budgets.

Rogers Park was ranked the first priority for rehabilitation in a recent condition assessment done by Gosford Council for sportsgrounds on former landfill sites.

Council resolved in July this year to have a report brought back to council addressing rehabilitation of Rogers Park.

The council agenda noted that the condition of Rogers Park is such that use by organised sport is minimal and restricted to certain areas.

"There is demand for additional

playing surfaces on the Peninsula, especially Rogers Park which has reasonable lighting," the report stated.

"The field could also be used to reduce the training load on Woy Woy oval which has been overused this winter season and requires significant rehabilitation."

Council estimated that rehabilitating the ground would cost a minimum of \$240 000.

The council agenda claimed that, based on the current landfill rehabilitation levy, there would not be funds available until at least 2008.

The report by council concluded that there was no existing funding source and that the rehabilitation be included in a list of capital works that would not proceed because they were not funded.

During the council meeting, Cr Lynne Bockholt moved, and Cr Chris Holstein seconded, that

"The rehabilitation of Rogers Park, Fields 2 and 3, be allocated funding in the 2004/5 Capital Works Program.

"A further report be brought back to Council within one month regarding the possibility of the Landfill Rehabilitation Levy being increased for the upgrade of sportsground facilities.

"As a matter of urgency Council write to Local State and Federal Members of Parliament requesting financial assistance for the upgrading of sporting facilities."

The motion was passed.

At the meeting, Cr Bockholt said that she was shocked about the news concerning Rogers Park.

"We should be able to guarantee to all those kids that use the oval that the oval will be rehabilitated," she said.

Council Agenda CS 068, October 1

Music night

Ettalong Bowling Club will hold a music night on Saturday, October 11.

The night will feature popular 50s to 80s music, and fancy dress is optional.

Elvis, Boy George and Michael Crawford look-alikes are expected.

Guests can also put on their own act, with prizes awarded.

A gold coin entry fee will go towards Barnados Foster Carers Support group on the Central Coast.

For more information, phone 4342 5350.

Flyer, October 3



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Information for members and their guests

Forum

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Welcome to edition 77 of Peninsula News

In this edition as well as the usual wealth of local news, we feature the Umina Beach Folk Festival.

Billed as a galaxy of stars coming to Umina, this event promises to be well patronised and is likely to grow to be one of the biggest annual events in the region if feedback received to date is any indication

Readers are encouraged to take the trouble to see for themselves what has been put on for them.

With many events running simultaneously and a wide variety of music on offer, organisers expect to be able to please everyone.

Cec Bucello, Manager

Contributors: Con Orfanos; Andrew Brown, Colyn Kellahan, Fred Quintrell, Irene Quintrell, Cheryl Johnstone.

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Legal responsibility for editing, printing and publishing, and election comment in Peninsula News is taken by Mark Snell of Woy Woy, for Peninsula Community Access Newspaper Inc.

About Peninsula News

Peninsula News is owned by Peninsula Community Access Newspaper Inc., an incorporated, non-profit association.

Its aims include providing a viable, non-partisan news medium and forum exclusively for the Peninsula and developing a sense of community on the Peninsula.

The day to day running and printing of the newspaper is undertaken by Mail Order Mall under licence from the association.

The paper actively encourages all groups and individuals on the Peninsula to contribute their news, opinions and items of interest for publication.

Contributions to the paper are edited to consistent standards of readability. Guidelines are available for intending contributors.

Community members are also invited to contribute by taking photos, joining the association, typing, or participating in committees.

There are 14000 copies of Peninsula News printed and distributed within the 2256 and 2257 postcode areas as well as to subscribers.

Volunteers receive equipment grants

Four organisations on the Peninsula have received funding from the latest round of Volunteer Small Equipment Grants

Member for Robertson Mr Jim Lloyd announced on Friday, September 26, that a total of 14 Central Coast groups had been successful in securing grants for a variety of purposes.

The four grants made to groups on the Peninsula included the Central Coast subsection of the Naval Association of Australia at Woy Woy, Ettalong Primary School Parents and Citizens Association, Ocean and Coastal Care Initiatives Umina, and the Wildlife Animal Rescue and Care Society, Woy Woy.

"These grants, up to the value of \$5000, will make the valuable work done by our dedicated

Central Coast volunteers easier, safer or more enjoyable," Mr Lloyd said.

"Volunteers are ordinary people who give up their precious time to help their own communities in all sorts of fields."

The Central Coast subsection of the Naval Association of Australia Woy Woy received funds to purchase one desktop copier and one printer attachment.

Ettalong Primary School Parents and Citizens Association will use their grant to buy a shade shelter tent, a flat tray trolley, and a standard hard trolley.

Ocean and Coastal Care Initiatives Umina Beach plan to buy a mini-disc recorder, five mini discs and storage CD's, as well as two lots of editing and production software.

The Wildlife Animal Rescue and Care Society Woy Woy have received funding to obtain miscellaneous animal welfare equipment

"The amount of interest this year was fantastic," My Lloyd said.

"The Central Coast has fared well in this latest round of funding and part of the reason for this is the huge amount of applications received from (the electorate of) Robertson.

"I wish to congratulate all those who received funding in this round and encourage others to apply or reapply for any future rounds."

Press release, September 26

Community Forum

Letters to the editor are welcomed and should be addressed to *Peninsula News*, PO Box 532, Woy Woy 2256. Contributions in Word format sent via e-mail to editor@PeninsulaNews.asn.au or on disk to save us having to retype them are preferred. Forum contributors are reminded that full contact details, including phone number, must accompany submissions. Please include a date with all contributions. Name and suburb will be published. Anonymous contributions will not be included.

Mayor bans well-travelled sign

The Mayor of Gosford Council found it necessary last Tuesday night to interrupt the flow of council business at its weekly Tuesday night meeting.

He felt it necessary to raise a concern, only he held, for the safety of persons visiting the almost empty Council Chambers, while going about their lawful business.

Cr Robert Bell was, it seems, indeed troubled by the sign I usually hold above my head on Tuesdays for all to see.

It is a sign well-travelled, having visited the State Parliament with it many times over three years, displaying it before the crowds visiting there for well over 600 hours with never an accident!

Mayor Bell spoke at length to the councillors about liability should someone be injured.

Council would be considered negligent.

The truth is the messages on the sign are the concern for our Mayor Bell.

The corruption allegations against Gosford Council, sur-

rounding a development application are not going to go away!

So the Mayor is attempting something tried before in Sydney on November 25 last year, by Constable Calcutt, Badge 880.

He is attempting to interfere with my freedom of speech.

He is raising spurious grounds to prevent me holding my sign, something I have been videoed doing for hours and days at a time in all weather outside our State Parliament House, exercising a right my 87-year-old father fought for!

And exercising that right in his defence.

Edward James, Umina

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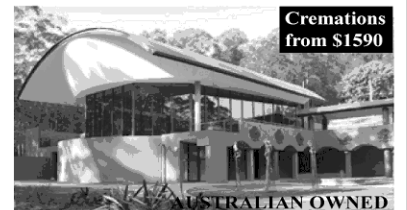
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New owner for ferry service

Jon Kirk of Empire Bay became the new owner of the Central Coast ferry service on Friday, August 1.

Mr Kirk purchased the business from Palm Beach Ferries.

He said that he has worked periodically in the industry over 20 years and has come from a 15-year career in corporate restructuring.

He said that his association with Central Coast Ferries will be hands-on and a long-term venture.

"The capital investment, \$500,000 in the design and construction of a low-wash, high-speed catamaran, represents a huge commitment," he said.

"In the space of 16 weeks, I sold my home in Queensland, purchased a home locally, purchased the ferry service, and built a new boat."

"The other skipper, Paul Aarts, has been in the industry all his life," he said.

"I'm very happy to have him."

Mr Kirk said that positive changes had been made to the service.

"We have extended the timetable to cater for commuters and to connect with train services at Woy Woy.

The first service departs at 5.25am and the last at 7.10pm.

The inter-wharf fares have also been restructured.

"We're not charging excessively for the two-minute service from Empire Bay to Davistown RSL," he said.

The club has also made courtesy buses available for this service.

The 12.30pm service now also incorporates a scenic cruise around St Hubert's Island which connects with the normal run.

"We're aiming to keep the ferry running on time above anything else.

"The message to the local community is that we're friendly and reliable," he said.

Con Orfanos, October 1

Administrator takes over bowling club

The receivers and managers of the Woy Woy Bowling Club Ltd announced on Monday, September 22, that management of the club would return to the deed administrator before the end of the month.

Receivers Stephen Parbery and Mark Robinson of PPB Chartered Accountants said that an agreement had been signed which will see the receivers and managers retire.

The deed administrator will remain in his role until the payments to unsecured creditors have been finalised.

The departure of the deed administrator and finalisation of the deed of company

arrangement will see the club returned to the board of directors and members.

During the receivership, the secured creditor extended financial support to the receivers and managers to enable the club to continue to trade.

The receivers and managers advertised extensively, but unsuccessfully, to find a suitable merger partner for the club.

Woy Woy Holdings Pty Ltd has successfully negotiated an agreement with the secured creditor for the purchase of the debt and assignment of securities for an agreed sum.

The board of the club has supported the agreement which will enable the club to formulate a long-term strategy will provide the best opportunity for the future

viability of the club, according to Mr Robinson.

A number of factors influenced the club's financial performance in recent years including refurbishment and extension of clubhouse facilities that severely affected trading in 2000-2001 and from which the club struggled to recover, he said.

The agreement between the secured creditor and Woy Woy Holdings Pty Ltd would give the club the opportunity to continue and to provide benefits to members and the community of Woy Woy and the Peninsula district, he said.

The club is more than 70 years old and occupies a prime site on the New South Wales Central Coast.

Press release, September 30

Life jackets must now be worn

Crossing the surf bar between Broken Bay and Brisbane Water without a life jacket could result in fines of up to \$200, according to NSW Minister for Transport Services, Mr Michael Costa.

Mr Costa recently announced new on-the-spot fines for persons failing to wear life jackets when crossing coastal surf bars.

Surf bars are areas where estuaries, streams, and rivers run into the sea.

Mr Costa said there had been

four reported life or injury threatening incidents at this surf bar between 1992 and 2002.

"Surf bars are dangerous and unpredictable boating environments," he said.

The new fine of \$200 came into effect on October 1.

Mr Costa said that the new regulations were aimed at improving the safety of recreational boating licence holders and their passengers.

Under previous regulations, recreational boaters only needed to hold life jackets on their boats when crossing surf bars.

Press release, September 25

Toddlers' trike track to be built

Umina is to benefit from 30 new Work for the Dole placements following an announcement by Member for Robertson Mr Jim Lloyd.

A Tiny Tots Trike Track is to be built by Wyong Workwise Inc.

The project will include construction of a tricycle track, pathways, formwork, installation of playground equipment and landscaping.

The project will start on October 7 and will be built on the oval in Melbourne Ave, Umina.

The project is one of five new projects involving an additional 113 places secured by recent funding.

"Work for the Dole gives unemployed people work experience," Mr Lloyd said.

"It provides supervision by local people, and it involves teamwork

and initiative by the participants."

Nominations are currently open for the Prime Minister's Work for the Dole Achievement Awards, any member of the public can nominate a participant, supervisor or activity in the Awards, which will be announced in 2004.

Nomination forms are available at www.workplace.gov.au

Press release, October 1

Transport service for local youth

A new transport service targeting young people living on the Peninsula was launched September 22.

The service, known as the 4Cs Transport Brokerage, is a pilot project funded by the NSW Government.

The objective of the service will be to provide information and transportation assistance

services to young people who are experiencing transport disadvantage on the Peninsula.

Transportation assistance will initially be provided to assist the target group access, education, vocational training and employment.

To provide transportation assistance services, 4Cs is asking for support from the community.

It needs volunteers who are willing to be drivers of their own or other vehicles, including minibuses.

It also needs community organisations to make their minibuses available, when not required for their own purposes.

For more information, contact co-ordinator Roger Hunt on 4322 4922.

Email, October 3

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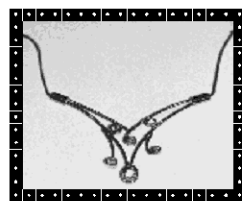


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Forum

Community Forum

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Spikefest walk makes British press

I see that the Spikefest backwards walk has caused some disturbance.

Although it did not give specifics of which councillor or councillors raised the legal concern, the issue has made a major British national broadsheet newspaper, "The Daily Telegraph".

I thought that you would like to know that Spikefest and Woy Woy is continuing to cause wide-ranging interest, at least in Britain.

People here say that Woy Woy has: "done well to make the Telegraph".

Jonathan Reichard, Cambridge, UK

Thanks from support group

Barnados Central Coast Foster Care Support Group wish to thank those who supported the IOOF Rebekah 96 group combined garage sale.

The day was well supported with plenty of donations.

Both organisations were able to assist Lifeline and the Smith Family.

In this troubled time for young people, this year's Christmas party is shaping up to be a "doozey."

Already 'Willy Wonka' will be in attendance and Santa will be making an appearance.

One more function has been organised, with Wazzas Music donating its services for a night at Ettalong Bowling Club on the

October 11 at 7pm.

It is intended to be a fun night with the opportunity to show your talents by dressing up and taking part in the karaoke.

Final preparations for the night are still in the making, but there is a West Tigers signed jersey to be raffled with other prizes.

If there is any memorabilia in that cupboard that could be donated for prizes or auction, it would be greatly appreciated.

It has been rumoured Elvis, Boy George and Phantom of the Opera (Michael Crawford) are already putting their acts together!

For further information or donation, phone Louise on 4342 5350.

Louise McIntyre, Umina

Tavern could have been built years ago

I write to correct the story published in your paper on September 9 concerning the tavern to be built at Patonga.

Contrary to your report, it has not taken six years for Gosford Council to approve the development of a tavern in the village, as the original application was approved in November 1998, almost five years ago, and the tavern could have been built and in operation since that time.

Shortly after it was approved,

an application to expand the trading area of the business was lodged and was completely rejected by council staff and councillors, mainly due to lack of off-street parking and overwhelming opposition from the community.

A similar application was again lodged this year and although there were a large number of objections from the community (54) and the application was again thoroughly recommended for rejection by council staff, councillors have now decided to approve the application.

Perhaps those residents of the shire who have experienced difficulty with having their development plans approved by council might now like to consider how Gosford Council has approved: a general store/bottle shop/tavern/bistro/dual occupancy (prohibited in Patonga) and beer garden on land zoned 2a(residential) without the provision of on site parking and with scant reference to floor space ratios or many other normal development requirements.

Vic Jefferies, Umina

Tax is based on ability to pay

The ClubsNSW lobby seems to have hijacked the media with their propaganda.

The State Government has a policy based on those who can afford to play and pay will do so for those who can't, for the greater good of all.

How any worker, or their representatives, could oppose this policy defies comprehension.

The alternative is a larger percentage GST or an increase in income tax.

In 2002, clubs earned gross poker machine revenue of almost \$3 billion.

They paid about \$300 million to the Commonwealth Government and about \$400 million in duty to the NSW Government.

All of the additional revenue from these taxes will go to fund better and expanded hospital services throughout the state.

It means that an extra \$1.6 billion from poker machine taxes

will be dedicated to health spending over the next eight years.

As a baby-boomer population is getting older and medical advances make more and better high-tech treatments available to increase our longevity, it's quite clear that growth in hospital demand will continue to rise.

The NSW Labor Government will deliver the largest ever health budget to the Central Coast this year, spending an all-time record \$260.7 million on health in the region.

The 2003/4 health budget for the Central Coast is an increase of \$32.4 million on last year.

The Central Coast funding is part of a record State health budget of \$9.3 billion.

The top 492 of the State's 1404 clubs will pay more state tax under the tax changes.

The other 912 clubs will pay no state tax or less state tax.

Of these 912 clubs, 450 have annual poker machine profits of \$200,000 or less. They will con-

tinue to pay no State tax.

There are 462 with annual poker machine profits of between \$200,001 and \$1 million. They will pay less state tax.

There are 912 clubs or 65 per cent of clubs in NSW, 497 country clubs or 73 per cent of clubs in country NSW, 699 hotels or 38 per cent of hotels in NSW, and 582 country hotels or 57 per cent of hotels in regional NSW that will be better off or no worse off under the tax changes.

Clubs in NSW are an important community asset and I've always considered that their reason for being was based on mutualism for all.

The top 500 clubs in NSW are spending less than four per cent of their poker machine revenue on community grants.

Some of the wealthier clubs are now threatening to deprive local community organisations of financial assistance.

Mike Hudson, Umina-Ettalong ALP

Organisation of medicine is puzzling

Gosford Hospital is being rebuilt, so understandably seems congested.

The hospital seems understaffed, hence the nurses and doctors seem overworked.

Having spent time there in July, it was obvious to me that conditions in the reception area and in the emergency wards seemed to be frenetic.

Arriving at about 4.30pm on a Saturday was possibly the wrong time, as many ambulances with patients were waiting outside.

After hours in an emergency ward, I was awoken from a disturbed sleep to be told that I would be admitted at about 11.30pm and would go to a ward at 3am but would be moved in the morning as that was a one-bed ward.

I observed over the next few days that among the busiest staff were the wardspersons who pushed the beds from ward to

ward.

"Playing musical beds" I called it, shoving them into any vacant spaces found.

I ended up at last in the Maternity Ward with several other older women, evidently the birthrate was low at that point in time.

One bemused obstetrician poked his head into the ward and asked me was I pregnant, bored stiff, I answered "Yes" and he went chuckling down the corridor.

This ward proved to be lucky for me as the nurses were very caring, seemed to have more time, and the space was not congested.

This should not be misinterpreted as a criticism of the nursing staff or the hospital doctors, as it was obvious that they were indeed overworked.

The causes seem to be manifold, and an obvious one arrived at by many is the demise of bulk-billing due to inadequate recompensation to GPs and the attacks

on the level of care through Medicare by politicians.

Due to the cost of both doctors' visits and the prescribed drugs to the lower earners, the patients turn up at public hospitals in droves.

I can remember waiting at public hospitals for specialised attention as a child with my mother and waiting hours in the last century.

It could be that the organisation of medical science has been outstripped by the scientific discoveries of drugs for the treatment of many diseases or more likely that the profit motive should not be the primary factor for treatments to save human beings.

The organisation of medicine in society as a whole is puzzling to mere mortals and one wonders if the mystique of it all remains at the level of witch doctoring.

What do you think as consumers?

Enid Harrison, Woy Woy



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Fire permits required

A permit is now required for people wanting to light fires on the Peninsula, according to Gosford district's fire control officer Mr Arthur Owens,

Fires cannot be lit on the Peninsula without a permit from October 1, the official start of the NSW bushfire danger period.

Permits are available from Gosford Fire Control Centre on 4340 2911 from 8am to 4pm daily, or from local Rural

Fire Brigade or NSW Fire Brigade.

Fines and jail terms can apply to people who light fires without permits or on days of total fire bans, said Mr Owens.

"RFS Fire Control Centre staff are available for advice all year round, not just on fire permits but also how to manage bushfire hazards," he said.

Press release, September 29

Mayor reminds on water restrictions

Gosford mayor Cr Robert Bell has reminded Peninsula residents of the need for responsible water use during the continuing drought.

Cr Bell has clarified some of the differences between the compulsory Sydney Water restrictions introduced this week, and those applying on the Peninsula.

Cr Bell said "We must continue to monitor this situation and encourage residents and businesses to remain cautious and not to waste water.

"Here in Australia, water is a precious and finite resource.

"We should value it, conserve it, and use it wisely.

"After all we live on the driest habited continent on earth."

"The Central Coast community has done an excellent job so far in using water wisely," he said.

"All we now ask is that they continue with their good work," Cr Bell said.

Under the current restrictions

for lawns and gardens, no fixed hoses or sprinklers are allowed.

Micro spray and drip systems may be used for one hour a day between 7pm and 9pm.

Hand held hoses can be used at any time.

For paths and driveways, hosing down of paved surfaces such as paths and driveways is not allowed, except where it is required by law.

For private pools, there is no emptying and refilling of existing pools, topping up is allowed.

For washing cars, there are no restrictions when washing cars and other vehicles, although the use of buckets is encouraged.

Any breaches of these restrictions will result in formal warnings from council officers and could lead to restricted services and a \$225 reconnection fee.

If court action is taken, maximum penalties are \$5500 for corporations and \$550 for individuals

Press release, October 3



Handcraft importers open in Woy Woy

A new arm of a wholesale and retail business, **Exotic Lifestyles**, recently opened on The Boulevard, Woy Woy.

The business is also located at Gosford and Umina.

Owner Mr Tony Altavilla, said the business imports "unique and exotic-looking" handcrafts from countries including China, Morocco, India and Indonesia.

Tony said that his interest in such handcrafts began as a hobby and now he travels extensively in search of them.

Mr Altavilla said that the business sits well with today's Peninsula which is "more cosmopolitan, lively, and colourful".

The business sells a range of hand-crafted decorative items including urns, mosaic pieces, ornamental kites, partitions, ornamental doors, and tablecloths.

Most of the business' wholesale customers are Sydney-based interior designers, interior decorators, and architects.

Amy Crocker and Marsha Hazell, assist Tony with the Woy Woy arm of the business.

Amy, of Booker Bay, is planning to study interior design.

She decided on the location and presentation of items in the business' warehouse.

Marsha is assistant manager and keeps the books.

Marsha said that she has loved the career change and saw her new work environment as more than just a business.

"I visit the library and read up on the cultural meaning of the

handcrafts we import, to appreciate the beliefs behind them.

"My understanding has been helped by my travels to Indonesia and Bali.

"I have also received knowledge from our customers.

"We draw many interesting people who have travelled extensively and appreciate the handcrafts' cultural meaning.

"The hand-carved rooster, displayed in the warehouse, is asso-

ciated with the Indonesian cock-fighting tradition and represents sacrificial blood-shedding," she said.

Marsha said that she was pleased that the business was financially assisting many people in difficult economic circumstances in developing countries.

"We need to help them," she said.

Con Orfanos, October 1

Why do more Peninsula based businesses advertise in Peninsula News than in all the other mediums combined?

- ✓ Peninsula News only carries articles about the Peninsula, directly targeted at Peninsula residents
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Spring fete

The Anglican Parish of Woy Woy will hold its annual Spring Fete on Saturday, October 18.

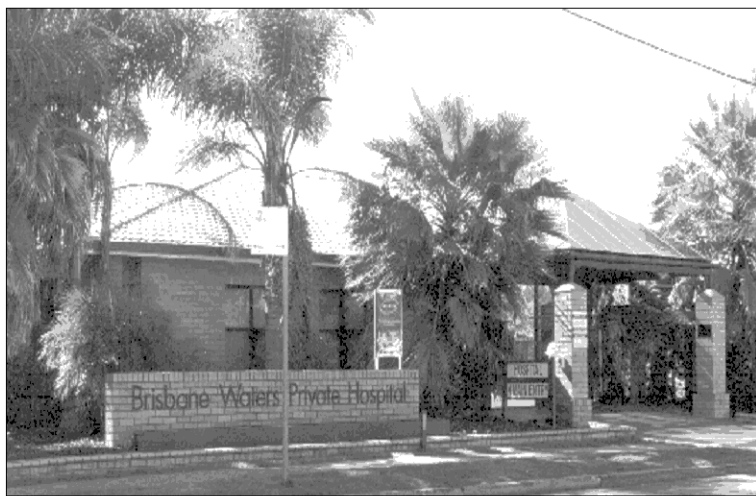
The fete will begin at 8:30am at St Andrews in Ocean Beach Rd, Umina.

Stalls will sell cakes, books, homemade jams, toys, plants, refreshments and handcrafted goods.

There will also be a white elephant stall, barbecue and craft demonstrations as well as a craft exhibition.

Flyer, October 3

Health



Brisbane Water Private Hospital

Development day held for nurses

Brisbane Waters Private Hospital held a professional development forum for local nurses on Tuesday, September 23.

The first forum was entitled "Once a Nurse, Always a Nurse?"

Brisbane Waters nurse educator Michelle Ryan said that it was hoped the forum would be the first of a number of forums for the hospital.

The forum featured three high profile speakers: Health Care Complaints commissioner Ms Amanda Adrian, the College of Nursing's director of education Dr Lorraine Ferguson and the College's project director for continuing professional development, Ms Tracey Osmond.

"Given the worldwide attention to continuing professional development, the focus of this first forum was on how the

Australian Nursing Profession should address this need," Ms Ryan said.

"With 40 nurses from the Coast's public and private hospitals attending, we would hope they will lead the way in taking up this challenge and inspire their colleagues to also recognise the vital importance of continuing professional development."

Media release, October 3

Pharmacy receives a facelift

Thinking of natural medicine, think.....

Jill Meredith, Naturopath



- Naturopathy
- Remedial massage
- Iridology & photos
- Herbal medicines
- Vitamins & supplements
- Clinical nutrition & Dietary advice

4344 2704

One of the Peninsula's larger pharmacies has received a facelift as part of the rejuvenation of Peninsula Plaza

Lance Clarke's Amcal Pharmacy has reopened, with its entrance now opposite Woolworths.

Lance Clarke celebrates 25 years as a pharmacist this year having graduated from Sydney University in 1978.

He originally worked in Bruce Judd's pharmacy from 1980 and took over ownership in 1984.

The business currently employs 30 staff on a full and part-time basis.

"The aim is to have enough staff at all times so that we can provide good service without queues," he said.

The pharmacy has 10 people

on staff at any one time.

When asked about the changes seen in his 25 years of being a pharmacist, Mr Clarke said: "Standards are much higher now.

"Pharmacies now need to have their quality of care tested and accredited.

"We are required by government to provide information on drugs and need to have continuous education to keep up with all the new products.

"Our range has increased enormously with the growth of the vitamin and alternative medicines industry and we need to be able to give advice on these products as well.

"People are much more health conscious these days.

"Many seek alternative medicines and many want to know more about the medicines they are taking and their effects," he said.

Modern pharmacies now have computerised stock control systems and computerised script records.

The pharmacy is open seven days a week and it is a requirement that a pharmacist is always available during that time.

If S2 medicines are prescribed, it is a requirement that the pharmacist counsels customers on the first time that these medicines are prescribed and that consumer medication information is provided.

The pharmacy has procedures



Fred Proctor presenting his weekly gift to staff. "They look after me so well here I feel like they're part of an extended family," Fred said

in place to avoid errors when supplying medicines by double-checking before filled scripts are given to customers.

The pharmacist on duty also checks for interaction problems that may arise from a patient taking medicines prescribed together and will intervene if concerned about possible ramifications.

Staff are also constantly receiving training either after hours on the premises or at other locations so that they can also

advise customers about products on sale over the counter.

The pharmacy has a registered nurse specialising in paediatrics on duty every Friday to give free advice and answer any questions

The pharmacy has its fans. Mr Fred Proctor often gives a cake to the staff.

"I do this every week because they look after me so well here," he said.

"They are all nice girls," he said.

Cec Bucello, September 18

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Night for guide dogs

A fundraising event for the Guide Dog Association will be held at Everglades Country Club on Saturday, October 11, from 7.30pm.

The night will include raffles and performances by a number of artists who will sing with

Everglades resident band Showdanz.

Guests will be encouraged to dance along to the music.

Entry will be a gold coin donation with all proceeds going to the Guide Dog Association.

Letter, September 30

Smokers wanted

Have you tried cold turkey, patches, gum, tablets? Unsuccessful? The reason is because you never broke the habit. How big is your habit? Do you smoke with a coffee/tea or a drink? After a meal? When bored, stressed, lonely or upset? If you don't break the habit, you will never become a happy non-smoker. **Smokers** shows how to stop smoking easily & safely without willpower or weight gain. 92% of our completers quit because they broke their addiction and their habit. We'll give you a written guarantee. Join us now or battle alone again! **Attend a free Smokers quit talk now - the last for 2003. Don't miss out again**

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- GOSFORD** Central Coast Leagues Club, Dane Drive **Mon 20 Oct (only)**
- TUMBI UMBI** Mingara Club, Mingara Drive (off Wyong Road) **Tue 21 Oct or Wed 22 Oct**
- TOUKLEY** Beachcomber Hotel, 200 Main Road **Thu 23 Oct (only)**
- CARDIFF** Club Nova Panthers, cnr. Pendlebury & Munibung Rds. **Tue 21 Oct or Thu 23 Oct**

Where applicable info for members/guests As seen on *Today Tonight, Today Show & Current Affair*
Other areas: www.smokers.com.au/info Last 2003 talks - don't miss out!

Umina Beach Folk Festival 2003

Folk Festival comes to the Peninsula

The Umina Beach Folk Festival on October 17 to 19 will bring together the largest collection of musicians, singers, poets and dance presenters to gather on the Central Coast.

This is the third festival organised by the Central Coast Bush Dance & Music Association, which runs the Troubadour Folk Club in Woy Woy.

Smaller folk gatherings were held at Patonga in previous years.

The festival has been enlarged this year, and following the popularity of the bush dance last year, an extensive dance stream has also been added to the program.

The festival will use auditoriums at Club Umina and Umina Public School, with concerts running simultaneously in both venues on Saturday and Sunday.

More than 100 performers will from elsewhere NSW, Victoria, Queensland, the ACT and even Ireland for the festival.

There will also be two music workshop rooms and a singing room.

Music workshops are a



Steve Bevis

events and preparing breakfast on demand.

Extensive dance program

The large school hall has been set aside for a Saturday Night bush dance, a dancers' favourites dance on Sunday, and a Friday night welcome dance.

The hall will also be used for dance workshops all day Saturday and Sunday.

Dance workshops feature expert instructors selected for the festival.

The instructors will teach beginners as well as experienced dancers the basics of Colonial dance; international dance; Contra dance; English country dance; Scottish country dance; belly dance; and Irish set dance.

Organisers are hoping that people who have never tried folk dancing will attend workshops at the festival.

Festival venues

Festival venues include the Club Umina auditorium and bistro, the Umina Primary School Hall and classrooms, a large undercover outside area, and a marquee – all within a few minutes walk of each other and right on the beachfront at Umina.

A children's festival has been organised as a key element of the festival.

Organisers hope that the children will learn and grow to experience the enjoyment of music and different cultures.

The children's festival will be held on Saturday under a marquee at the front of Umina Public School and it is open to the children of paying parents or guardians.

It commences at 10am with a welcome party and children are encouraged to bring a funny hat and they will be eligible to win a prize.

During the day, children will be taught to yodel, to make and use

instruments and to make funny noises.

They will also experience story telling during the day and at night and they will participate in a family fun dance including Morris dancing.

The children's festival is not a baby sitting service and at least one parent or guardian should remain with their child and where possible share in the activity to make the experience more enjoyable for all concerned.

Blackboard concert

Saturday night will also feature a Blackboard Concert in the Club Bistro where performers place their name on a blackboard and get their chance to entertain club patrons from 6pm to 9.30pm.

Festival venues are situated within a short walk of a skate park, children's playground, BMX track, beach, barbecue facilities, football oval, tennis courts, cricket nets, two surf clubs and kiosks, shopping centre, showers and picnic facilities.

Entry fees have been kept at an absolute minimum, according to organisers, to encourage as many people as possible to experience the festival for themselves.

A season ticket, for the whole weekend, will cost \$30. Day or evening tickets will cost around \$10, with youth aged 12 to 17 half price.

Children under 12 will be free if they are with a paying adult or half price if unaccompanied.

Workshop entry is included in the ticket prices.

The Club Umina courtesy bus is available for travel to and from the club between 4.30pm and midnight on Friday and Saturday evenings.

The bus can be used by anyone needing transport to and from Woy Woy station as well as



Us Not Them

to and from accommodation points at Umina, Ettalong and Woy Woy.

Arrangements can be made directly with the club by telephoning 4341 2618.

Sessions

A folk festival wouldn't be a festival without music "sessions".

Festival participants are encouraged to bring their

instruments, or at least their voice, to join in spontaneous group playing and singing.

As the venues are not too close to private homes, noise should not be a problem.

However, the club has experienced problems recently with residents over excess noise after midnight.

Those starting sessions will be expected to keep them under the marquee on the beach side of the school with noise to be kept to a minimum.

Volunteers



Mothers of Intention

Volunteers are the lifeblood of any festival and the Umina Beach Folk Festival is no exception.

All revenue after costs to be distributed amongst the booked performers, poets and presenters.

By keeping costs at a minimum, festival organizers hope to be able to pay rates commensurate with what the booked entertainers should receive.

At the same time, ticket prices have been kept to a minimum so as to encourage as many people as possible to enjoy the wide variety of high quality and unusual entertainment on offer.

The outcome is that with very few exceptions, all the work to put on the festival, promote it and make it run successfully is done by volunteers.

In order to keep the number of

volunteers required as small as possible, we have not organized any volunteer managed food catering this year, relying on professionals to provide food at or nearby the venues.

Nevertheless, the festival needs your help to share the load.

If you can help for a few hours, please let organizers know either before the event by email on frussell@fastlink.com.au or by phoning 4341 4060, or at the event by asking at entry points.

Note, anyone providing seven or more hours is entitled to a season ticket.

Folk Club Competition

Five hours on Saturday, October 18, have been allocated for Sydney and Central Coast Folk Clubs to present their best artists in concert, to showcase a typical evening in their club.

Participating folk clubs are Dang-Lyn-Moon from Mooney Mooney, Hornsby, North by North West from Gladesville, Troubadour from Woy Woy and Toongabbie.

Each concert will be run by the relevant folk club using the sound equipment in place.

The concerts will take place under the outdoor covered area at the Umina Public School.

The inaugural Umina Beach Folk Festival Best Folk Club prize will be awarded to the club that is judged on overall variety, performance and audience reaction.

Clubs will be able to choose to use performers already booked for the festival or any that they invite as long as all performers are often seen at their club.

The first three clubs will perform between 11am and 2pm, while the remaining two clubs will be on stage from 4pm until 6pm.

Festival patrons are encouraged to see for themselves the wealth of talent that can be seen at folk clubs in Sydney and on the Central Coast, week in and week out.

They can also help keep the judges honest.

Cec Bucello, October 2



The fellowship of the strings

minimum of one hour sessions on topics such as: Preparing for the Gig; All you wanted to know about Harps; Learn to Play Tin Whistle; Australian Songs of the Great War; Performance Presentation; On Cumberland Plain—a History of Sydney's West in Song and Dance; Irish Session Experience; Anglo Concertina and Fiddle; FUNDamentals of Singing; Native American Drumming and Chanting; and The Transmission of Folk Music in Australia.

This year's festival includes a festival choir for those who love to sing in large groups.

Well known and highly regarded choir leader, Miguel Heatwole, will be available in the singing room for sessions from 1am till 12.30pm and from 2pm till 3.30pm on Saturday and again from 11am till 1pm on Sunday.

He will conduct the choir when it performs on the main stage in the club at 3pm on Sunday.

Poet's breakfasts.

A separate area has been set aside for two poets' breakfasts.

Well known bush poets Vic Jefferies, Viv Sawyer and Barry Lake will host the poets' breakfasts and will encourage everyone present to participate.

Club Umina catering staff will provide food specially for these

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More news

Peninsula News On-line includes the news items that don't fit in the printed edition

Longer items

Peninsula News On-line includes the full item where items have been cut to fit the printed page

More pictures

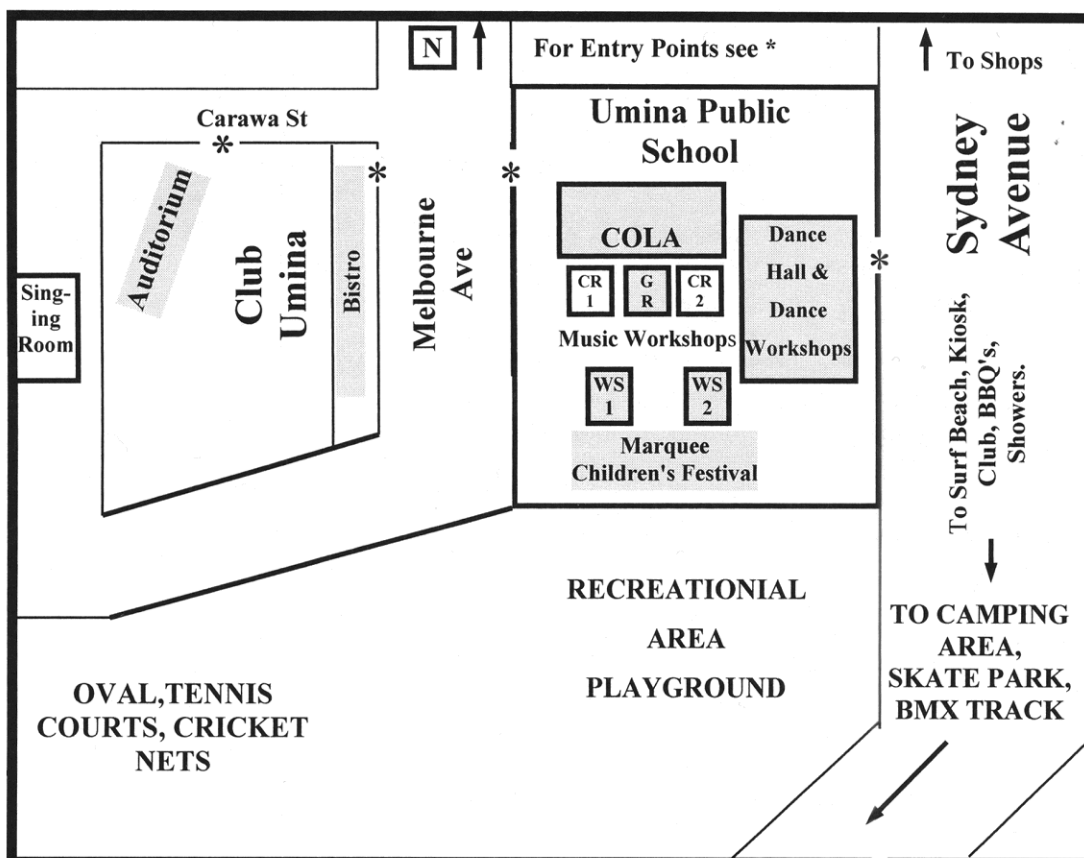
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Umina Beach Folk Festival 2003

Friday October 17

Time	Bowling Club Auditorium	School Hall
7.20	7.30pm	
7.40	Official Opening	
8.00	8pm	
8.20	Steve Bevis	8.30pm to Midnight
8.40	8.40pm	
9.00	Us Not Them	Welcome Dance
9.20	9.20pm with	
9.40	John Dengate	Mixed Band
10.00	10pm	
10.20	Urban Excentrics	Springtide
10.40	10.40pm	Celtic Dreaming
11.00	Graham Dodsworth	Gael Mor
11.20	11.20pm	
11.40	Wheeze & Suck Band	
12.00	Midnight	Finish



Saturday October 18

School Marquee Childrens' Festival	Bowling Club Bistro	Singing Room Choir Worshop	Bowling Club Auditorium	School Hall Dance Workshops	School COLA	School Room 1	School Room 2
10am Welcome Party Bring a funny hat. Prize for the funniest hat	9am-11am Poets Breakfast			9am - 10.30am Colonial Dance Pauline Cambourne		Music Workshops	Music Workshops
11am Billy Rae's Fun Yodelling Workshop	Featuring Barry Lake and Viv Sawyer	11am - 12.30pm Miguel Heatwole	11.30am Shiny Bum Singers	11am - 12.30pm International Dance Debbie Hotchkis	11am Dang-lyn-moon Folk Club Concert	11.30am - 12.30pm John Hospadaryk 'On Cumberland Plains'	11.30 - 12.30 Chris Fraser 'Preparing for the gig'
12 noon to 1pm Lunch Break			12.10pm Earlwood Greg	12.30 to 1.30pm Lunch Break	12md Hornsby Folk Club		
1pm Instrument Making Come along and make some interesting instruments and learn to play them			12.50pm Mothers of Intention 1.30pm Sam Burke	1.30pm to 3pm Contra Dance with Julie Bishop	1pm North by North West Folk Club Concert	1pm - 2pm Vic Jefferies Workshop on Performance Presentation & Writing Poetry	1pm-2pm Jan Couchman & Brandon Lassells 'All you ever wanted to know about harps'
2.30pm Silly Singing and Funny Noises with Sean		2pm - 3.30pm with Miguel Heatwole	2.10pm Springtide		2pm SASS 2.40pm Graham Dodsworth	2.30pm - 4pm Irish Session Experience with Gael Mor	2.30pm to 3.30pm John Dengate 'A chapter in the story'
3.30pm Learn to play Didgeridoo and Bodhran with Sean and Alison			3pm John Hospadaryk 3.40pm Touchwood	3.30pm to 5pm English Dance with Stephen Loftus	3.20pm Ilaun		
4.30pm Monster Story Reading Theatre with Sean			4.20 Phil Davidson 5pm Fellowship of the Strings		4pm Troubadour Folk Club Concert	4.30 - 5.30pm Us Not Them Australian songs of the Great War	4.30pm to 5.30pm Learn Tin Whistle with Alison Boyd
5.30pm close			5.40pm Paul Regan	5.30pm to 7pm Morris Dancing workshop and Family Fun Dance with Wheeze & Suck Band	5pm Toongabbie Folk Club Concert		

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Umina Beach Folk Festival 2003

Saturnight October 18

School Marquee	Bowling Club Bistro	Bowling Club Auditorium	School Hall	School COLA
	6pm - 9.30pm	6.40pm SASS	6pm - 7pm Family Fun Dance continues	6pm 6.40pm Wayward Folk Sing Australia
7pm Story Telling of Fairies and such with Lesa	Frank's Blackboard Concert	7.20pm Craig Dawson & Simone Olding	7pm to 8 pm Meal Break	7pm Sing a long with Bill Bekric
8pm to Midnight	Get your name down early	8pm Desert Flame	8pm to Midnight	8pm Iaun
Jam Session and Sing-a-long	15 minutes per performer	8.20pm Fred Smith	Festival Dance with Snake Gully Bush Band	8.40pm Paul Regan
Bring along your instruments and your voices.		9pm 9.20pm Desert Flame Chris Fraser	All dances taught and called	9.20pm Anne Ridgway
Everyone welcome to join in		10pm 10.40pm, Redheads Us Not Them	Everyone Welcome	10.00pm 10.40pm Gael Mor Phil Davidson
		11.20pm Celtic Dreaming		11.20pm Steve Bevis

Sunday October 19

Bowling Club Bistro	Bowling Club Auditorium	School Hall	School COLA	School Room 1 (Music Workshops)
9am - 11am Poet's Breakfast featuring		9am - 10.30am Scottish Country Dancing Catherine Bonner		
Viv Sawyer and Vic Jefferies	11am Mothers of Intention 11.40am Craig Dawson & Simone Olding	11am - 12.30pm Belly Dancing Workshop Desert Flame	11.00am Linda Campbell 11.40am Shiny Bum Singers	11.30am - 12.30pm Iaun Anglo Concertina & Irish Fiddle Workshop
Singing Room	12.20pm Celtic Dreaming	12.30pm - 1.30pm Lunch break	12.20pm John Dengate	12.30 to 1.30pm Graham Dodsworth The Transmission of Folk Music in Australia
11am - 1pm Festival Choir with Miguel Heatwole	1.00pm Redheads 1.40pm Ann Ridgeway	1.30pm - 3pm Irish Set Dancing with Margaret & Bill Winnett	1.00pm Earlwood Greg 1.40pm Touchwood	
	2.20pm Fred Smith	All dances taught and called	2.20pm Sam Burke	2pm - 3pm FUNDamentals of Singing with Linda Campbell
	3pm Festival Choir with Miguel Heatwole 3.30pm Wheeze and Suck Band	3.30pm - 5pm Dancers' Favourites with Bill Winnett	3pm Urban Excentrics	3.30pm - 4.30pm Native American Drumming & Chanting with Jenny O'Reilly

Laycock Street THEATRE

WHAT'S ON

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What's on in and around the Peninsula

Following is a comprehensive listing of events planned for the Peninsula over the next two weeks.

Listings in this section are free to not-for-profit community groups although a subscription to help support Peninsula News would be appreciated.

Simply send us details of your group's events and activities by fax, email, or post, or drop in to our office.

Contact details and deadline date are shown on page two.

DAILY EVENTS

Visitor Information Centre, Watersedge Gifts and Souvenirs, 18-22 The Boulevard, Woy Woy. Enq: 4341 2888

Visitor and Community Information Umina Beach information centre Cnr West and Bullion St Umina (behind the library) Enq. 4344 2200

Woy Woy Pelican Feeding, 3pm Pelican Park, Fishermans Wharf.

Woy Woy vacation care centre activities program weekdays only during school holidays 7am to 6.30pm from \$8.20 a day Enq 0414 511 839

Kindy Gymnastics PCYC Osborne Ave Umina mon - fri 10am - 11am Enq 4341 9333

Playtime PCYC Osborne Ave Umina mon - fri 9am - 10am Enq 4344 7851

Little Gym PCYC Osborne Ave Umina mon - fri 10am - 11am Enq 4344 7851

Circuit Boxing (Women) 9.00am, **Boxing/fitness training**, 4.00pm - 5.00pm (Junior), 5.00pm - 6.00pm (Senior) PCYC, Osborne Avenue, Enq 4344 7851.

WEEKLY EVENTS

EVERY TUESDAY

Drop in 12-18 yrs only The Web Youth, Service 12pm-6pm Enq 4342 3684

Judo all ages \$3, 5.30pm: Peninsula Community Centre, Ocean Beach Rd., Enq 4342 4121

Trent's Trivia Club Umina (Umina Beach Bowling Club) 7.30 pm. \$2 pp. Enq 4341 2618

Circuit Boxing (Women) 9.00am, **Kindy Gym** 10am-11am \$6, **Boxing/fitness training**, 4.00pm - 5.00pm (Junior), 5.00pm - 6.00pm (Senior), **Breakdancing**, 5.00pm PCYC, Enq 4344 7851

Free Bingo, Woy Woy Leagues Club 11am.

Ettalong Pelicans Masters Swimming Club Woy Woy Indoor Heated Pool, 7.30pm Enq: 4360 1220

Ladies Golf, 18 hole stableford, 8am; Ladies outdoor bowls, 9.30am; Everglades Country Club.

Ettalong Senior Citizens Centre activities; Ladies **Indoor Bowls**-9am; **Handicraft**-9am; **Cards**-12.30pm; Enq: 4341 3222.

Have-a-chat meeting 10am, **Discussion Group**, 11am, **Rumikin or cards**, 1pm, School for Seniors, Peninsula Community Centre. Enq: 4341 9333, **Judo**, Seniors/Women, 6.30pm \$3 Enq: 4342 4121.

Alcoholics Anonymous Woy Woy Group 6pm John the Baptist Church Hall, Cnr Victoria St & Blackwall Rd Enq Julie 4379 1132

Tai-Chi classes Wagstaffe Hall 10.30am except school holidays Enq 4360 2705

Rotary Club of Woy Woy 6pm Everglades Country Club, Dunban Rd., Woy

Competition Darts, Ettalong Bowling Club, 7pm Enq: 4341 0087

Scrabble, Empire Bay Community Progress Hall 12 - 4pm Enq. Jan 4369 3195.

Folk Art 9.30am - 11.30am, **Oils and Acrylics** 12 - 2pm Ettalong Beach Arts & Crafts Centre Enq Penny Riley 4360 1673

Children's story time, Umina library, 10.30am - 11.30am

Adult tap dancing classes, Ettalong Progress Hall 7pm Enq 4342

Sports bar raffle Ettalong Memorial Club, Enq: 4341 1166

Sahaja yoga meditation CWA Hall Woy Woy, 10:30am Free Entry Enq: 4328 1404

EVERY WEDNESDAY

Young Women's Group 12-18 yrs only, The Web Youth Service 12pm-6pm Enq 4342 3684

Rock'n'Roll Dance Class Ettalong Bowling Club 7pm Enq 4341 0087

Bridge Ocean Beach Surf Club. 9.30am and 7.30pm Enq 43410721

Peninsula Choir rehearse 7.30pm St Andrews Hall Umina. Men welcome Pearl Beach **Play Group** 10am Pearl Beach Progress Hall

Enq: 4342 7182

Brisbane Waters Scrabble Club, Woy Woy Meals on Wheels Hall, 6pm - 10pm New players welcome. Enq: 4341 9929

Men's 18 hole golf event; Men's triples **bowls**, 1pm. Everglades Country Club.

Bingo/Cash Housie 7:30pm Club Umina. Enq: 43412618

Seniors fitness Ettalong Progress Hall, 9am, Enq: 4385 2080;

Ettalong Senior Citizens Centre activities; **Indoor Bowls**-9am; **Fitness** 1pm **Leatherwork**-9am; **Table Tennis**-9am; **Bridge**- 12 noon. **Scrabble** 1pm Enq: 4341 3222.

Social Darts, Ettalong Bowling Club, 7pm Enq: 4341 0087

Oil Painting, 9am **Multi-craft needlework** 10am, School for Seniors, Peninsula Community Centre, Enq: 4341 9333

Ladies BJP School of Physical Culture, 3.30pm, \$3, 4-13 year olds Peninsula Community Centre, Enq: 4344 4924.

Circuit Boxing (Women) 9.00am, **Kindy Gym** 10am-11am \$6, **Boxing/fitness training**, 4.00pm - 5.00pm (Junior), 5.00pm - 6.00pm (Senior) PCYC, Osborne Avenue, Enq 4344 7851

Leatherwork Classes Ettalong Senior Citizens Centre Enq 4341 3222

St Johns Ambulance meets at Woy Woy Aged Care Centre (meals on wheels) from 7-9pm. Enquiries phone 4341 3341

Killcare Wagstaffe Playgroup at Wagstaffe Community Hall every Wed morning in school terms. 9.30 - 12pm Enq 4360 2065 4360 2757

Club Bingo/Cash Housie 7.30pm In aid of Fairhaven. Umina Beach Bowling Club Melbourne Ave., Umina Beach Enq 4325 3608

Killcare - Wagstaffe Rural Fire Brigade weekly meeting 7.30pm Stanley St Killcare (at the fire station). New members welcome. Enq. Ph 4360 2161

Drawing 9am - 11am, **Pastels** 11.30am - 1.30pm, **Oils and Acrylics** 12 - 2pm Ettalong Beach Arts & Crafts Centre Enq Penny Riley 4360 1673

Children's story time, Woy Woy library, 10.30am - 11.30am

Alcoholics Anonymous 7.30pm John the Baptist Hall, Cnr Victoria and Blackwall Rd, Woy Woy

Free members raffle 1pm Ettalong Memorial Club, Enq: 4341 1166

Basic Meditation Group 10am-12pm different theme each session, Enq 4342 5905

Handicraft The Country Women's Hall, 9.00am - 11.30am, 50 cent donation, Enq: 4342 4316

EVERY THURSDAY

Free entertainment Ettalong Bowling Club 6.30pm - 9.30 pm Enq 4341 0087

Senior Snooker Ettalong Beach War Memorial Club at 8.30am Enq 4341 7307

Drumming - Bouddi Women's Drumming 2 - 3pm 73 Highview Rd Pretty Beach \$10. Enq 0425 229 651

Scrabble Progress Hall, Woy Woy Rd 12.30pm.

Tai Chi-11.35am Ettalong Senior Citizens Centre

Tai Chi, Pearl Beach Progress hall, 9.30am Enq: 4341 1243

Ettalong Pelicans Masters Swimming Club Woy Woy Indoor

Ladies 18 hole **golf** event; Everglades Country Club. Enq 4341 1866

Active over 50s classes, **Ballroom Dancing**, 10am. Ettalong Beach Bowling Club Enq: 4340 1057.

Ettalong Senior Citizens Centre Activities; **Dancing**-9am; **Indoor Bowls**-9am; **Table Tennis**-1.45pm; **Cards** 12 noon. Enq: 4341 3222

Judo all ages \$3, 5.30pm: Peninsula Community Centre, Ocean Beach Rd., Enq 4342 4121

Brisbane Water Bridge Club Ocean Beach Surf Club. 12.30pm Enq. 4341 0721

Bridge Ocean Beach Surf Club. 12.30pm Enq 4341 0721

Line Dancing Umina Beach Bowling Club, Melbourne Ave., Umina 9.30am. Enq 4341 2618

Killcare Wagstaffe Playgroup at Wagstaffe Community Hall every Wed morning in school terms. 9.30 - 12pm Enq 4360 2065 4360 2757

Stitchery Circle 9.30am - 12pm, **Silk Painting** 1.30pm - 3.30pm

Ettalong Beach Arts & Crafts Centre Enq Penny Riley 4360 1673

Children's story time, Umina library, 10.30am - 11.30am

Social Tennis 9am - 12pm Pearl Beach Courts Enq Jan 4369 3195

Adult tap dancing classes, Ettalong Progress Hall 10am Enq 4342 3925

Bingo 9.45am Ettalong Memorial Club, Enq: 4341 1166

Free members raffle 1pm and 7.30pm Ettalong Memorial Club, Enq: 4341 1166

Karaoke Ettalong Memorial Club, Enq: 4341 1166

Young Men's Groups 12-18 yrs only, The Web Youth Service 12pm-6pm Enq 4342 3684.

Circuit Boxing (Women) 9.00am, **Kindy Gym** 10am-11am \$6, **Boxing/fitness training**, 4.00pm - 5.00pm (Junior), 5.00pm - 6.00pm (Senior) PCYC, Osborne Avenue, Enq 4344 7851.

EVERY FRIDAY

Craft Classes St Lukes Woy Woy, 7.30pm, Enq: 0400 499689.

Old Wags Bridge Club, Wagstaffe Hall each Friday except 4th 130pm Enq 4360 1820 or 4360 1612

Woy Woy Leagues Club, free entertainment, Players Lounge 5.30pm.

Men's 18 hole Golf event, Everglades Country Club.

Active over 50s classes, **Aqua-fitness**, Woy Woy Hospital Hydro Pool, 1:30 - 2.30pm, 2.30 - 3.30pm. Enq: 4325 1869

Active Over 50's **Exercise Class** Ettalong Progress Hall 9.15am Enq 4342 9252

Ettalong Senior Citizens Centre **Line Dancing**- 9am; **Bridge**- 12 noon; **Painting**-9am Enq: 4341 3222.

Peninsula Pastimes Ettalong Baptist Church, Barrenjoey Rd. 9.30am, (in school terms), \$2 incl. Morning tea. Creche Enq 4369 5558 Enq: 4341 1166

Brisbane Water Bridge Club Ocean Beach Surf Club. 12.30pm Enq. 4341 0721

Alcoholics Anonymous Woy Woy Group 6pm at John the Baptist Hall, Cnr Victoria St & Blackwall Rd., Woy Woy Enq Phillip 4342 7303

Kindy Gymnastics Peninsula Community Centre, 93 McMasters Rd Woy Woy. Beginners 9.30 - 10.15am, advanced 10.30 - 11.15am Enq 4341 9333

Free members raffle 1pm Ettalong Memorial Club, Enq: 4341 1166

Hardys Bay Community Church, retiree men and women welcome **indoor bowls**, **canasta**, **scrabble**, and **morning tea** 10am to 12.30pm Enq 4363 1968

Doctor & Nurse 12-18 yrs only, The Web Youth Service 2pm-9:30pm Enq 4342 3684

Circuit Boxing (Women) 9.00am, **Kindy Gym** 10am-11am \$6, **Boxing/fitness training**, 4.00pm -

(Senior) PCYC, Osborne Avenue, Enq 4344 7851.

EVERY SATURDAY

Cash Housie St Mary's Hall, Ocean View Rd Ettalong 7.30pm - 10.15pm Free Tea and Coffee. Cash Prizes Enq: 4369 0626.

Snooker Ettalong War Memorial Club at 8.30am Enq 43417307

Cabaret dance & floor show, 8pm free, Everglades Country Club, Dunban Road, Woy Woy

Men's 18 hole golf event; Men's triples **bowls** 1pm; Everglades Country Club.

Old Time & New Vogue Dancing; 1pm, Pat Walsh organist, Ettalong Beach Memorial Club Enq: 4341 2156

Brisbane Water Bridge Club, Woy Woy Leagues Club 12.30pm, Ocean Beach Surf Club Enq: 4341 0721

Patonga Bakehouse Gallery, Every Weekend 10.00 am-4.00 pm

Children's pottery 9am - 10.30am and 11am - 12.30pm, Ettalong Beach Arts & Crafts Centre Enq Penny Riley 4360 1673

Free members raffle 1pm Ettalong Memorial Club, Enq: 4341 1166

Activities 12-18 yrs only, The Web Youth, Service 4.30pm-9.30pm Enq 4342 3684

EVERY SUNDAY

Coast Community Church Services 9am and 5pm Enq 4360 1448

Patonga Bakehouse Gallery, Every Weekend 10.00 am-4.00 pm

Free Jazz or duos 4pm, Players Lounge, Woy Woy Leagues Club.

Mixed and men's 18 hole **golf**; men's **bowls** pairs-9.30am; mixed triples bowls-1pm; Everglades Country Club.

Free members raffle 1pm Ettalong Memorial Club, Enq: 4341 1166.

Seniors/Masters training, Umina Life Saving Club, 8.00am.

EVERY MONDAY

Yoga Wagstaffe Hall 9.30 am Enq 4360 1854

Bowls Ettalong Memorial Club at 1.30pm Enq 4344 1358

Free Bingo Woy Woy Leagues Club 11am. Club Umina 11am.

Bingo/Cash Housie 7:30pm Club Umina

Gentle Exercise, Ettalong Fitness City, 10.30am & 11.30am, Enq: 4341 3370; Ettalong Senior Citizens Centre, 1pm, Enq: 4341 3222.

Strength Training 11.30am Fitness City Ettalong Beach Club Enq 4343 0130

Ettalong Senior Citizens Centre activities; **Dancing**-9am; **Indoor Bowls**-9am **Mahjong**-1pm; **Fitness** 1pm **Yoga** for beginners 2.30pm Enq: 4341 3222.

Circuit Boxing (Women) 9.00am, **Kindy Gym** 10am-11am \$6, **Boxing/fitness training**, 4.00pm - 5.00pm (Junior), 5.00pm - 6.00pm (Senior) PCYC, Osborne Avenue, Enq 4344 7851

Child and Parents Support Service (CAPS), coffee and chat, 10am, 50 Neera Rd, Umina 24 hour Enq: 4343 1911

Brisbane Water Bridge Club Ocean Beach Surf Club. 12.30pm Enq. 4341 0721

Fairhaven Cash Housie Umina Beach Bowling Club, Melbourne Ave., Umina 7.30pm Enq: 4325 3608

Bingo Umina Beach Bowling Club Melbourne Ave., Umina 11am Enq 4341 2618

Evening Bowls Ettalong Beach War Memorial Club at 6pm Enq 4341 9656

Card Club 500 1pm Ettalong Beach War Memorial Club Enq 4341 1166

Arts and Crafts for people with a disability 11am - 2pm. Bring own lunch. Volunteer helpers welcome. Enq. 4341 9333

Patchwork and Quilting, 9am - 3pm, **Pottery** 10am - 12pm, 1pm - 3pm Ettalong Beach Arts & Crafts Centre Enq Penny Riley 4360 1673

Second Chance Craft, Arts and crafts for people with a disability 11.30am - 2pm, bring own lunch.

Children's Story Time; Woy Woy Library. 10.30 am - 11.30 am

Punters choice 12.45pm Ettalong Memorial Club, Enq: 4341 1166

Gentle Exercise, Resumes Monday 13th, 9.30am at the Peninsular Community Centre, Enq: 4343 1888.

EVENT CALENDAR

Tuesday October 7

Buffalo Primo Lodge No 9 (1st Tue) Umina Community Hall 7pm

Kids Comedy Writing Program, 7/10 - Sat 11/10, Woy Woy Library, Enq: 4348 9915.

Combined Pensioners Association meeting, games, dancing, afternoon tea (every 2 weeks) Ettalong Senior Citizens Centre 1pm. Enq 4341 3222

Bookmobile (fortnightly) Killcare Heights. Fortnightly Tuesdays Cnr Scenic Rd & Beach Drv, 10.35am; Wagstaffe Community Hall 11am.

Wetlands Exhibition, Wetlands of Brisbane Water Estuary, Wildlife Service Information Centre, opposite Maitland Bay Drive until 12th Oct, Enq: 4360 2295 or 4360 2725.

Wednesday October 8

Red Cross, Umina Beach Branch monthly meeting 1.30pm (2nd Wed). Umina Uniting Church Hall, Ocean Beach Rd, Umina. Visitors welcome.

Woy Woy Community Aged Care Auxiliary meeting (2nd Wed) 10am Aged Care Complex, Kathleen St., Woy Woy Enq 4341 1588

Endeavour View Club Woy Woy Leagues Club, 10.30am (2nd Wed).

Kids Drama & Discovery classes at Umina PCYC 4pm children from 5 to 16 (2nd Wed). Enq 4344 7851

Thursday October 9

Library Bookmobile (fortnightly) Daleys Point, Peridon Village. Fortnightly Thursdays 10.15am - 10.30am Peridon Retirement Village Hall, Empire Bay Opposite Post Office & bottle shop 11am - 11.20am Near park & local shop Bensville local shop 11.30 am - 11.40am

Outsiders Club Ettalong Memorial Club (2nd Thur) at 9am

Peninsula Womens Health Centre Clinic Enq: 4342 5905 (2nd & 4th Thur).

Amateur Comedy Competition, 9/10, 8 pm, Umina Beach Bowling Club.

Association for Environmental Education, Woy Woy Environment Centre, Thur 9th 4pm, Enq: 4328 1810.

Friday October 10

RSL Sub Branch Ettalong Memorial Club (2nd Fri) at 2.30pm(Thur).

Comedy Performances-Umina, Fri 10/03 - 7 pm, Umina Beach Bowling Club, Enq: 4341 2618.

Comic & Crazy Verse, 10/10, 7 pm, Cost \$20 including supper Sat 11/10, 2 pm, Enq:

What's on event calendar

Pretty Beach Bushcare Group
Pretty Beach end Araluen Track (2nd Sat) 8am

Save Our Suburbs (2nd Sat)
Meeting 3pm Woy Woy South
Progress Hall, Woy Woy Rd., & Pier
St. Enq 4342 2251

The Ex-Navalmens' Association,
Central Coast sub-section meeting,
(2nd Sat) Woy Woy Leagues Club
10am.

Picasso According to spike, 11/10 -
Sun 12/10, Peninsula Community
Centre, Enq: 4369 4534.

Radio Wollombi, Peninsula
Theatre, 11/10, 2 pm, Bookings
Essential, Ph: 4323 3233.

Stanley Awards Gala Dinner,
Ettalong Beach War Memorial Club,
11/10, Enq: 8920 9996.

Sunday October 12
Buffalo Lodge, Woy Woy 381
Umina Community Hall, 11am (2nd
Sun)

Buffalo Lodge Gosford No 63 (2nd
Sun) 1pm Umina Community Hall.

Size Seven Socks From a
Chickens Laundry, Peninsula
Theatre, 12/10, 2 pm, Bookings
Essential, Ph: 4323 3233.

Steady Eddie, Lizottes Ettalong
War Memorial Club, 12/10, 8 pm,
Enq: 4341 1166.

Amateur Comedy Competition,
Lizottes Ettalong War Memorial Club,
12/10, 1 - 5 pm, Enq: 4341 1166.

Amateur Comedy Competition,
Lizottes Ettalong War Memorial Club,
12/10, 1 - 5 pm.

Amateur Comedy Competition,
Final Playoff, Lizottes Ettalong War
Memorial Club, 12/10, 1 - 5 pm, host
Steady Eddie.

Monday October 13
Kincumber Community College,
Enrolment 13-17 Oct, 9.30am to
2.30pm. Enq for courses 4369 1187.

Grandma Moses Exhibition,
Gosford Senior Citizens Centre, 13 -
17 Oct, contact 4324 4749 for Entry
information.

Combined Pensioners Association
(fortnightly) meeting, games,
dancing, afternoon tea Ettalong
Senior Citizens Centre 1pm. Enq
4341 3222.

RSL Womens Auxillary Ettalong
Memorial Club (2nd Mon) 9am

Coastal Cronies offering
counselling Enq: 4342 5905 (2nd
Mon)

Pretty Beach Wagstaffe Progress
Association Inc Wagstaffe Hall (2nd
Mon) 7.30pm Enq 4360 1546

Killcare Heights Garden Club (2nd
Mon) 10.30am Enq 4344 4520

Woy Woy Peninsula Lioness Club,
monthly dinner meeting (2nd Mon)
Everglades Country Club 6.45 for
7.15 Enq 4342 4393

Monthly Meeting (1 Mon) The
Country Women's Hall, 10am, Enq:
4342 4316

Ettalong Beach Arts & Crafts
Centre, Term 4 commences Oct 13
to Dec 12, classes include Folk Art,
Drawing, Pastels, Contemporary Oils
& Acrylics, plus many more enq:
4360 1673.

Tuesday October 14
Killcare Surf Life Saving Club (2nd
Tue) 7pm Enq 4360 1966

Stroke Recovery Group, 11.30am,
(2nd Tues), Meals on Wheels
Auditorium.

Pearl Beach Craft Group, 1.30pm,
Progress Hall (2nd Tue)
Enq: 4342 1459.

Toastmasters Ettalong Memorial
Club (2nd Tue) at 7pm Enq 4341
6842

Umina T.P.I. Ettalong Memorial
Club (2nd Tue) at 1pm Enq 4341
4644

Wednesday October 15

Library Bookmobile (Fortnightly)
Weds. Patonga Near Community Hall
9.45 am. , Pearl Beach near
Community Hall 10:55 am, Umina
Nursing Home Arras Ave 11:40 am

Thursday October 16
Seniors Social Morning, 9.30am -
12pm (3rd Thurs) church hall at rear
of 118 Blackwall Rd. Enq - 4342
5061

Friday October 17
Legacy Ladies Ettalong Memorial
Club 10am (3rd Fri) Enq 4343 3492.

Umina Beach Folk Festival, 17 -
19, dance workshops, Enq: 4341
4060.

Saturday October 18
Australia Photographic Society
Annual Conention, 18 - 24, CC
Leagues Club, Enq: 4325 3922

Monday October 20
War Widows Ettalong Memorial
Club (3rd Mon) 1pm.

NSW Transport Authorities Retired
Employees (TARE) Association, (3rd
Mon) 2.30pm, Bistro area, Ettalong
Bowling Club Springwood St.

Transforming Anger for Women,
Peninsula Womens Health Centre,
10.00am to 12.30pm, 6 week course,
Facilitator, Sonja Ethrington,
Bookings, 4342 5905.

Annette wins enamelling award



A pearl necklace, one of Annette's winning pieces

Woy Woy resident Annette Clarke took out the Val Annear Trophy for enamelling at a recent National Gem Show.

Annette, who teaches enamelling at the Central Coast Lapidary Club, has taken out awards in previous years.

Enamelling is the art of fusing molten glass onto a metallic

object usually copper, silver or gold. Most artists use copper.

Mrs. Clarke's winning piece was a cloisonné tumbler with a design of flannel flowers on it.

Annette's work will be on

display at the club's annual Gem and Mineral Festival, which will be held at the Wyong Memorial Hall on October 18 to 19.

Letter, September 29

Patchwork business opens

The Peninsula now has its own patchwork and embroidery studio thanks to a long term resident who has turned her hobby into her business.

Owned and operated by Keren Nelson at Empire Bay, the studio trades as House of Patchwork and offers classes in quilt creation, rotary cutting, foundation piecing, applique and hand and machine piecing.

Embroidery classes include standard embroidery, wool, ribbon and stump embroidery,

candlewicking and cutwork.

Keren has lived on the Coast for 33 years and has been teaching patchwork for two years and embroidery for 10 years.

"I was taught by my granny when I was a child and have been doing it ever since," she said.

Keren has three grown-up children and is the vocational director of Woy Woy Rotary Club.

She commuted to Sydney for 12 months and decided that she needed an alternative source of income.

"Class sizes are kept small and

relaxed and are held morning, noon and night," Keren said.

Cec Bucello, October 3

CRAFT CLASSES

RUBBER STAMPING /
CARD MAKING CLASSES
AT ST LUKES WOY WOY.
EVERY FRIDAY
EVENING 7:30PM
TO BOOK PHONE TRISH ON
0400 499689

WHAT'S ON AT YOUR CLUB?

FREE ENTERTAINMENT
Every
THURSDAY 7.00 pm
FRIDAY 8.30 pm
SUNDAY 5.00 pm

MELBOURNE CUP DAY LUNCHEON IN A BOX

\$27.50 PER PERSON
HEAPS OF FUN/GIVEAWAYS
BEST HAT
BEST DRESSED LADY
BOOKINGS ESSENTIAL
TICKETS AVAILABLE MON 6TH OCTOBER
Information for Members & Guests

super \$ 7even

from 6.00pm
Monday - All you can eat
Pizza & Pasta \$7
Tuesday - Tooheys Steak
Night \$7
Wednesday - Sizzling Salads \$7

FUNNY HONEYES

Friday 10th OCT
Featuring
LIBBI GORR, JACKIE LOEB
BEV KILLICK, GABBY
MILLGATE
8.30 pm
Tickets Selling Fast
\$15.00

Sorry No Reservations/Refunds

BINGO

Monday 11 am
BINGO/CASH HOUSIE
Monday & Wednesday 7:30 pm

The Best Club on the Coast



Winner of the Central Coast Business
Award for Outstanding Club

Melbourne Ave. Umina
Phone: 4341 2618



Where the locals go !! For the information of members and their guests Where the locals go !!

ART AND CRAFT COURSES FOR THE PENINSULA FOURTH TERM

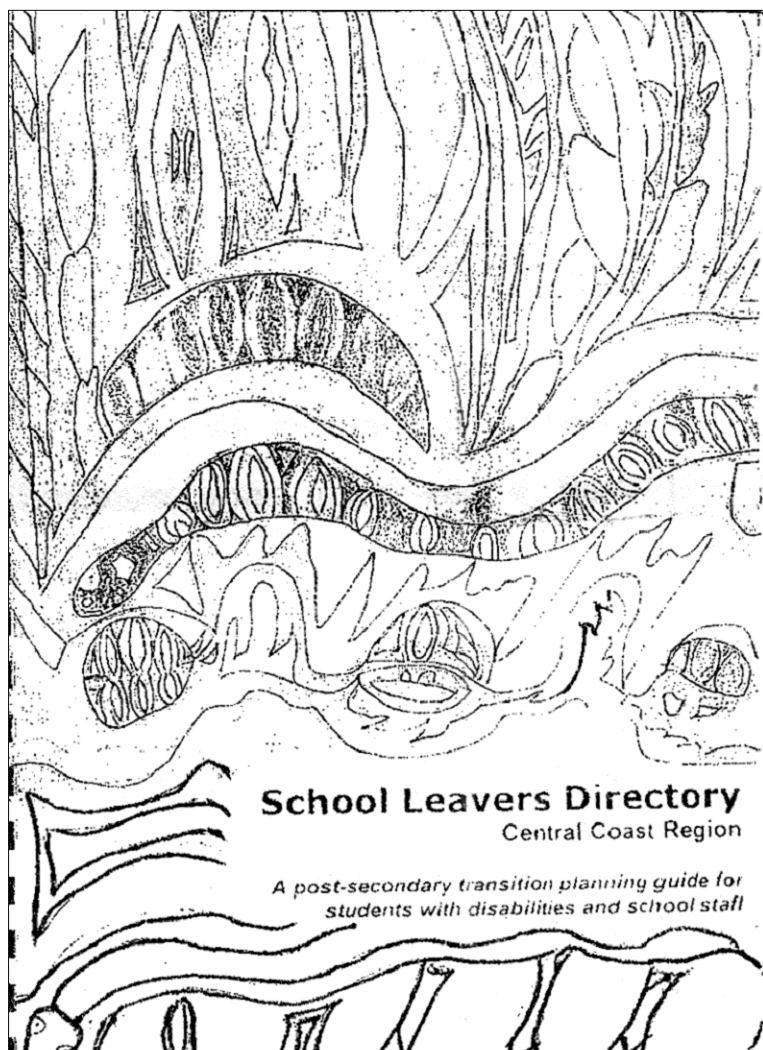
Ettalong Beach Arts & Craft Centre is inviting enquiries and applications for its Fourth Term classes which begin October 13, 2003 at the Centre located in Kitchener Park, Ettalong Beach (Corner of Picnic Parade and Maitland Bay Drive)

Classes are as follows:

- Patchwork •Folk Art •Stitchery Circle
- Drawing •Pastels •Oils
- Acrylics •Silk Painting •Children's Pottery
- Quilting •Pottery

For enrolments or enquiries,
phone Penny Riley on 4360 1673

Education



Directory cover featuring David's artwork

Directory shows David's art

A design by a BWSC Woy Woy Campus student, David Curtain has been chosen as the front cover of the School Leavers' Directory for the region.

David Curtain's artwork was the winner of a competition open to all support units on the Central Coast.

Art student David Curtain created a design with an Aboriginal theme.

He said that the images sym-

bolised the pathway of students leaving school, the decision and obstacles that can confront students and opportunities that arise to help students make a smooth transition.

David Curtain was awarded the first copy of the booklet by Cheri Risti and Pam Thompson from Transition Support 7-12, and Kay Dean regional disability liaison officer for the Hunter and Central Coast.

Newsletter, September 30

**Woy Woy
Computer classes
starting soon**

Computers for Seniors

Introduction to Computers

Introduction to the Internet

Computer Housekeeping
(for Seniors)

for more information
please phone 4348 4300



Soccer tour of New Zealand

Six students from Empire Bay Public School left for New Zealand on Tuesday, September 30, to play soccer.

The students will be touring the south island of New Zealand for 14 days and will play eight games of soccer against New Zealand teams.

The players are Zane Collins, Jackson Crickmore, Matthew Lincoln, Kyle Moulds, Nathan Richter and Jack Saunders.

Newsletter, October 1

Skate boarders cause damage

Ettalong Public School has been damaged by skate boarders using the school grounds over weekends.

The schools newsletter reported that seats, windows, lunch tables and garden plants had been broken over the weekend of September 20-21.

"A group of young people are

skateboarding in the school grounds after school and at weekends, this group is causing damage to our school," said principal Mr Bruce Donaldson.

"It is only a matter of time before they are charged with vandalising school property."

The newsletter also noted that thieves who broke into the school

in early September had been caught and charged.

"Over the holidays, the police and Department of Education will be putting extra security guards and doing extra security checks and will charge and arrest anyone found trespassing on school grounds."

Newsletter, October 1

Mums without Mums meet in Woy Woy

Woy Woy group "Mums without Mums" held its first session on Tuesday, September 16, at Lions Park, Woy Woy.

The group is one of three groups on the Central Coast.

The Woy Woy group covers Pt Clare to Patonga.

It will meet regularly depending on the demands of the group.

Ms Mandi Thomson formed the groups after witnessing how many people living on the Coast were without the support of family living nearby to help raise their children.

Michelle Turner runs the Woy Woy group.

"There are also those who find themselves without mums who are looking for a substitute mum-grandmother figure: someone to share experiences with, have coffee with and go shopping with," she said.

"There are many women isolated in the community and we would like to bring these women together to support and nurture each other through what is an exciting and rewarding time - raising our children."

The group will meet monthly for weekend functions held.

"This will also provide an opportunity for dads to connect with other dads."

She said dads were quite often commuting to Sydney and did not have the opportunity to meet with other dads.

The first group picnic will be held on Sunday, September 28, at 12pm at the park in Greenvale Rd, Green Point.

The monthly events will rotate around the Central Coast.

The Woy Woy group plans to meet each Tuesday at 10am.

The group plans to have a mothers' night to give mothers a rest.

For further information about the group, call Michelle on 4322 8684.

Email, September 12

Forum for grandparents raising grandchildren

A forum for grandparents raising grandchildren will be held at St John the Baptist Church Hall on Monday, October 13.

The forum will run from 9:30am to 12:30pm and is an initiative of the Grandparents Who Are Parenting group in Woy Woy and the Council on the Ageing.

Entitled "Where do we go from here?", the forum will address the needs of grandparents raising grandchildren, included support services that are needed and available.

The forum will tackle some of the issues involved for grandpar-

ents raising grandchildren, ranging from finances to health.

Financial issues included "insufficient information regarding guardianship allowance and foster parent payments; loss of retirement funds due to legal battles and often the need to modify the home".

There was a "loss of identity and recognition". Grandparents were "not the same as foster parents"; and suffered isolation from their peers and the loss of their retirement.

Health issues for grandparents included burn out "due to lack of respite childcare while coping with children who have experi-

enced severe trauma in the family".

There was "impairment in function for children at school - lack of professional assistance and guidance".

The grandparents also suffered "lack of respect, feeling intimidated and not knowing where you stand with DoCS".

Some grandparents feared: "You never quite know when they might decide you are not coping and take the children from you too."

Anyone wanting to attend should book on 13 1444 by Thursday, October 9.

Press release, October 3

Students stage fashion parade

Entertainment Industry students from BWSC Woy Woy Campus displayed their work in the Artstart Fashion Parade at Gosford art gallery on Saturday, September 13.

Teachers Mr John Maxwell and Mrs Matthews reported that the students received a large number of positive comments from organisers and guests.

Mitchell Rumph was involved as stage manager, James Arnold

was technical director and Raani Bhatia was responsible for lighting, while Matthew Harrison worked on audio.

Grant Attril was Master of Ceremonies.

Newsletter, September 30

School crossing is approved

Gosford Council has approved a school crossing outside Pretty Beach Primary School.

The crossing will mean a reduction in the number of car

parking spaces available.

"It has come after many year of campaigning by community groups and the P and C to improve safety for students," said principal Ms Jill Godwin.

A meeting will be held next

Public speaking finals are held

Woy Woy South Public School conducted the finals of their public speaking competition for students in grades two to six on Monday, September 9.

Adjudication for the finals was performed by Mr Peter Doherty from Rotary and Brisbane Waters Secondary College principal Mr Pat Lewis.

The students spoke on topics including "Cars should be banned from the city", "Children should do homework", "Healthy canteen food" and "Dogs make better pets than cats".

From year two, Lachlan Stokie

won for his speech on owls.

Year three student Rachel Carle won with her speech on "Why animals shouldn't be locked up".

From year four, John Besley's presentation on bullying was awarded first place.

In year five, Chloe Potvin's speech about Dick Smith won and, from year six, Elisabeth Cansdale's presentation theme "Just like me" finished in first place.

All finalists from each grade who spoke on the day received a certificate of accomplishment

Press release, September 15



School joins in net launch

Students from The Coast Christian School at Bensville participated in the launch of an education online game on Thursday, September 25.

Net Detectives is a game played over the internet, de-

signed to help Australian children learn how to chat safely on the internet.

The Minister for Communications, Information Technology and the Arts, Senator Richard Alston, formally launched the initiative in Ultimo.

The activity ran from 9.30am to

11.30am.

The key messages of Net Detectives are that parents should monitor their children's use of the Internet, particularly chat rooms; children should never give out personal information when they're chatting online and if children want to meet face-to-face

Nomination of teachers wanted

Nominations of local teachers are wanted for the National Excellence in Teaching Awards.

Nominated teachers will receive a congratulatory Certificate of Nomination and can then go on to be candidates for the Regional and National awards.

They are also eligible for professional development grants and bequests to their schools.

"This is our opportunity to acknowledge our outstanding teachers, to show our appreciation for their efforts and given them a well-deserved pat on the

back," said Woy Woy South Public School principal Mr Mick Tattam said.

"Individual parents, the P&C or past or current secondary students can submit nominations."

"Teachers are doing a fantastic job with sometimes very high odds against them and in some very frustrating conditions," he said.

Nomination forms can be completed at www.neita.com or by phoning 1800 624 487.

Closing dates for nominations is October 31.

Newsletter, October 1

Safety House program has openings

The Safety House Program on the Peninsula has openings for local residents to join the scheme.

Businesses or households may nominate themselves as refuges for children who feel threatened while out in public or walking home from school.

President of the Safety House Program, Ms Tracy Forbes, said that the program was in desperate need of more monitors.

There are currently over 200 houses, 30 businesses and four schools involved in the program with 12 Safety House monitors who regularly monitor these houses or businesses.

The Peninsula Safety House Committee consists of a president, secretary, records officer and executive monitor and interviewer.

It currently has vacancies for vice-president and publicity officer.

They meet five times a year to discuss issues relating to the program.

The Safety House program has been operating on the Peninsula area for over 18 years.

It covers the whole of the Peninsula extending to Woy Woy Bay, Empire Bay and Patonga.

"The objective of the program is to provide a network of safe houses and businesses within

our community for children to go if they feel threatened, in danger, injured or lost while on their way to and from school," Ms Forbes said.

"A Safety House can be clearly identified by the bright yellow safety house plaque displayed on the letterbox and large signs placed in the window of a business," she said.

Every person who applies to become a Safety House or Business is screened by the police.

The check is made on all occupants 10 years and over.

For further information, telephone Tracy Forbes on 4343 1882.

Letter, September 30

Computer survey results released

Pretty Beach Primary School has released the findings of the computer education survey conducted during Education week.

The survey found that the majority of parents were impressed with their child's increased confidence in using the computer and consequent confidence in learning overall.

"Many noted a greater use of computers at home for purposes

other than playing games," the results found.

"Generally, parents are impressed at the skills and understandings that their children have developed as a result of our programs.

"The most common skill that parents wish their student to develop is the ability to touch type.

"Other requested improved research skills and web design.

"Of the 43 responses returned, 68 per cent felt that they were

well informed about the school's computer programs, while 16 per cent would like to know more and a further 16 per cent felt they were uninformed."

Of those surveyed, 58 per cent had visited the school website, but many not recently.

According to the report, the school improvement committee would make recommendations based on these results.

A touch-typing program was introduced mid-September.

Newsletter, September 30

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Public Notices

The Troubadour Folk and Acoustic Music Club
 brings musicians, singers, poets and story tellers to the Central Coast to perform with and entertain local residents and visitors.
The club next meets on Friday, October 17 at the Umina Bowling Club, Melbourne Avenue, Umina Beach, as part of the opening night of the Umina Beach Folk Festival
 All are welcome.
 Starts 7.30pm Entry \$8
 See special guest artists in concert: **Steve Bevis; Us Not Them; John Dengate; Urban Excentrics; Graham Dodsworth; and The Wheeze and Suck Band** all in one great night of fantastic entertainment.
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Club raises bowls flag

Bowlers from Woy Woy Bowling Club raised the Zone 15 Grade Three flag over the club on Saturday, September 20.

The flag was raised by Zone Senior Vice President Leo Finn. Ettalong Bowling Club president Alan Johnson and his team were present on the day and joined Woy Woy bowlers for lunch and an afternoon of bowling.

During the meal break, awards were made to several Woy Woy members for services to the club. Woy Woy Bowling Club is also looking for new members.

Chairman of selectors James Cook said that, while they had solid numbers in the higher

grades, more players were needed in the lower grades.

"After winning the zone flag last year, the bowlers from grade three have remained at the club," he said.

"We must now provide a grade two team.

"New and former members are very welcome.

"Any bowler looking for a fresh start will be given an opportunity to trial and play pennants."

Cost to join the club is \$41.50 for a full member, \$21.50 for a multi-member.

Bowling equipment and coaching is provided free.

For more information, phone James Cook on 43417598.

Letter, October 3



Woy Woy Bowling Club Members raises the Zone 15 Grade Three flag

Karen is sponsored

Karen King of Umina is one of eleven Central Coast athletes to have received \$1750 to take part in the State Soccer Titles to be held at Nowra from October 7 to 10.

Karen King was among 17 Central Coast junior athletes and teams who were awarded grants ranging from \$250 to \$2500, and the only Peninsula resident.

Under the Central Coast Regional Organisation of Councils' "Sponsorship for Central Coast Residents by Gosford and Wyong Councils" policy, grants are available to help Central Coast residents to participate in cultural and sporting events of a national, state and regional significance.

Press release, October 1

Rugby team comes third

The Year 10 rugby union team from Brisbane Water Secondary College Woy Woy campus came third in the state-wide knockout competition.

Coach Mr Bolte said that the team performed well following a night in the gym at Farrer Agricultural College in Tamworth.

Principal Mr David Beattie thanked the P&C and SRC for supporting the boys financially.

Newsletter, September 30

Golfers play last junior event

Everglades Country Club golfers Luke Johnson and Troy Scott played in their last event as district junior representatives in the regional championships at Charlestown Golf Club on September 10 and 11.

Luke was runner-up in the juniors' championship.

"We are urging all our junior members to play in this year's championships, and as many district junior events as possible, to gain experience in big events," junior development officer Mr Fred Quintrell said.

"With the absence of junior golfers the calibre of Luke Johnson, Troy Scott, Naithan Roberts and Matthew Winner, all members of our successful 2002 Junior Pennant Team, the

pennant selectors will be looking at the performances among our junior ranks," Mr Quintrell said.

Eleven juniors played in the Gosford Classic on Sunday, September 7, with Lachlan Baines winning the runner-up trophy in the 13 years boys and Mitchell Ryan winning a nearest the pin trophy.

Four of the juniors played in the Waratah Classic on Sunday, September 14, where Simon Hoyland won the 16 years division with a score of 79 in windy conditions.

The best on the day was 76, recorded in the Colts Division.

Lachlan Baines and Mitchell Ryan have been selected to join the district coaching program and will be sponsored in their tuition with Darren Chivas.

Fred Quintrell, September 30

Presidents and captains honored

Everglades Country Club held a luncheon for its women's club past and present presidents and captains on Monday, September 15.

Mim McCutcheon was guest speaker, with 39 women attending, including presidents and captains of district clubs and members of the district committee.

Everglades also held its Golfers versus Bowlers day on Tuesday, September 16.

"This was a great day and although we were a bit snowed under, catching up with the field, it all worked out well in the end," Irene Quintrell said.

"Our ladies seemed to enjoy the bowls and I hope the bowling ladies enjoyed their golf," she said.

Irene Quintrell, September 30

Skateboard clinics held

Gosford Council is conducting a skateboard clinic for beginners and intermediates at Umina Skate Park.

Experienced skate instructors, supplied by the Coastal Skateboarders Association, will conduct one-hour classes with a maximum of four to five people per instructor.

The clinics will be held on October 8 at Umina and cost

\$8.80 per session.

Participants must be over six years of age, wear a safety helmet and knee and elbow pads and have their own skateboard.

Some safety gear will be available for hire on the day.

Participants are urged to register early at Council's Gosford or Woy Woy office as classes fill quickly.

For more information, phone 4325 8426.

Press release, September 30

Cricket played for Milligan festival

The Woy Woy and Umina Cricket Clubs played in the inaugural match of the Puckoon Cup, named after the comic novel Puckoon by Spike Milligan, on Saturday, October 4.

The clubs were not able to participate in the Walking Backwards parade also on that day, but organisers said that they were happy to participate in a different tribute to the comic legend.

In Puckoon, the protagonists

contest the placement of a new boundary line between Northern Ireland and the Irish Republic.

In the Puckoon Cup, the players competed for a unique trophy lovingly crafted from a piece of heritage railway sleeper, a cricket ball and stumps and other items of a cricketer's accoutrements.

The cup will become a perpetual trophy to be contested each year by the Peninsula's budding test cricketers.

Cheryl Johnstone, October 3

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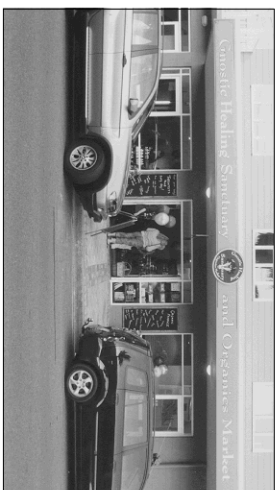
Gnostic Forest, Gnostic Mana Café and the new Gnostic business



Chris Holstein at the launch of the Organics Market



Tricia O'Day giving Emily Holstein a massage



Gnostic Healing Sanctuary and Organics Market

Gnostic Healing Sanctuary and Organics Market opens

A business selling organic food has opened in Woy Woy.

The Gnostic Healing Sanctuary and Organics Market opened on Wednesday, October 1, in The Boulevard, Woy Woy.

The new venture completes the Gnostic trilogy, which includes Gnostic Forest and Gnostic Mana Café.

The business is situated on the redeveloped site which previously housed the Gnostic Forest retail shop. Emily Holstein and Kerem Thaler, operators of the sanctuary and organic market, said that they were excited about the opening of the latest chapter in the Gnostic story.

"The building looks great and the Gnostic Forest team are excited to be moving back in," Ms Thaler said.

"When Gnostic Forest first came to Woy Woy in 1997, it was known that this site would be redeveloped and here it is," Ms Holstein said.

The Gnostic Forest retail shop will remain in its new location in The Boulevard.

The organic market will provide fresh organic produce as well as meats and grain.

It will also stock non-alcoholic wines and beers, natural beauty products and organic grains and products for a variety of dietary needs.

The sanctuary will have massage therapists, spiritual surgery and Reiki.

The centre will also have a massage table to facilitate head and shoulder massages during lunch hours.

Mary Holstein and Jacquie Birch own Gnostic Forest and have stakes in the healing sanctuary and organic market.

"The building looks great and landlord, David Chandler, has once again provided Woy Woy with a beautiful, top quality piece of architecture."

Mary said she was pleased to have her daughter, Emily, join Kerem Thaler to manage the new business.

"As this is their first business, these two young women are full of enthusiasm and excitement," Mary said.

Mary's son, Jacob, who is training in hospitality, and another daughter, Gabrielle, will take on the day to day management of the café next year.

Con Orlanos, leaflet, October 1

Peninsula COMMUNITY ACCESS News

Postage Paid Australia

No 77 The newspaper that cares about the Peninsula community 7 October 2003

Umina Beach Folk Festival 2003

The Umina Beach Folk Festival will be held around Club Umina and Umina Public School on the weekend of October 17 to 19

See pages 7, 8 and 9 for full details.



Top: Professional belly dancing troupe. Desert Flame are doing two belly dance demonstrations and a belly dance workshop on the Saturday and Sunday

Above: The much traveled and experienced Snake Gully Bush Band will be playing at the festival dance on Saturday.

Left: SASS, a dynamic vocal duo from Queensland are just two of the 100 performers booked to entertain audiences at the festival. Musical styles vary and include blues, contemporary, world, celtic, early English, traditional Australian, humorous and middle Eastern..



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